

# University City

*more than a neighborhood...*

## SAFETY ON OUR STREETS

*by Barry Bernstein*

With our schools back in session and much needed street repair continuing in our community, it's so very important that vehicle drivers pay attention to speed limits, posted stop signs, and traffic signals. Not only has Governor Drive become an area to exercise caution, but speeding on our side/neighborhood streets has become epidemic.

**Do your part...DRIVE RESPONSIBLY!**

## October Calendar

**Oktoberfest**

**Saturday, the 4th**

**2:00–6:00 pm, Standley Park**

**Yom Kippur**

**Saturday, the 4th**

**UCCA General Meeting**

**Wednesday, the 8th**

**6:00–8:00 pm**

**UC Library**

**Columbus Day**

**Monday, the 13th**

**UCPG Meeting**

**Tuesday, the 14th**

**6:00 pm, Forum Hall/UTC**

**Celebration Team Meeting (UCCC)**

**Wednesday, the 22nd**

**Standley Recreation Center**

**Standley Recreation Council Meeting**

**Thursday, the 23rd**

**7:00 pm**

**Standley Recreation Center**

**Halloween**

**Friday, the 31st**

UCCA's election of officers will be held on November 12th, at 6:00 pm, at our community library. For more information see page 3.



# University City Community Newsletter

Published by:

## University City Community Association

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### Be the Eyes and Ears of UC:

The University City Community Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles that pertain to the community and residents.

### Guidelines:

- Your article should be approximately **250 words** typed in a document and attached to email or pasted inside the email. Be as brief and concise as possible. Editing may result in errors. Type in **plain text format**. **Please do not send pdf formats.**  
**If changes to an already submitted article need to be made, please do not send the entire article again.** Please send an email explaining the change(s) or highlight the change(s) in the new article. Some changes cannot be made due to deadlines.
- **Name the file appropriately** so it can be identified.
- The Editor reserves the right to edit articles as needed.
- Attach photos separately in a picture format at **high resolution** or straight from camera in a **jpeg or png format**.
- Send to: **[editorucca@gmail.com](mailto:editorucca@gmail.com)**
- Please no **pre-designed** flyers or announcements.
- Email any questions.

## Deadline for the November 2014 Issue of Newsletter Publication is October 10th

Please send your submission as early as possible. This deadline is the 15th of the preceding month, but **the newsletter can fill up before the deadline**. Articles reviewed on a first-come basis. Priority may be given to UCCA members and time sensitive material. Articles may also be edited down for allowed space. **For advertising**, please contact **[uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)**. The UCCA does not discriminate against nor endorse all information in the monthly newsletter.

## Message from the President

**Barry Bernstein**



A very busy first weekend in October. By this time, many of you have attended and enjoyed EdUCate's Oktoberfest. It is always a great event and a fun way to support our public schools in University City. Also, on the first Saturday of the month, many UC families observed Yom Kippur. Miramar MCAS Annual Air Show was here too, adding to the excitement, noise and activities in UC.

Northern Division Police Captain Hara introduced Lt. Tina Williams at UCCA's September 10th, board meeting (see photos on page 11). UCCA confirmed a commitment to pay for artists to work on our UC Little League storage sheds. We all met Sean Dunne, the new president of UC Little League. The UC High Hall of Fame introduced three new candidates at their September 26th celebration, and many attendees stayed to watch the Centurion football team. UCCA also made a donation to the UC high football boosters to purchase some new state-of-the-art helmets.

Please be sure to read all about our 2015 membership **Buy Local** program on page 9. We will be providing more information each month in our newsletter. You won't want to miss this opportunity to join UCCA and to take advantage of the special offers provided by our local businesses.

And finally, our election of officers will be held on November 12th. Please see the next page for more information.

Next month watch for some VERY exciting news regarding the ImproveUC pavilion project. Happy Halloween! If you're driving that evening be sure to watch out for our trick-or-treaters. Have a safe and wonderful October. Go Chargers!

*Barry*

# UCCA ELECTIONS November 12th

UCCA will be electing its officers for the 2015 calendar year. Positions that will be voted upon are the following:

**President**  
**Vice-President**  
**Secretary**  
**Treasurer**

The candidates' names will be published in our November newsletter. Nominations will be accepted at the election meeting.

In order to run for office, you must be a member in good standing and have attended at least two UCCA meetings during this calendar year. If you are interested in running for office, or if you have any questions concerning the election process, please contact me.

Thank you, Barry Bernstein, UCCA  
(858) 453-3713.

## Cluster Committee

by Lana Lo

Would you like to be part of the University City Cluster Committee for the 2014-15 school year? The committee is dedicated to improving educational endeavors and student achievement. The committee serves five University City public schools: University City High, Standley Middle, Curie, Doyle and Spreckels Elementary schools.

We need parents, middle and high school students to join our Cluster Committee board. We are seeking new board members who would be interested in being on our executive board as vice-chair and secretary. Our meetings are open to the public and generally meet on the 3rd Monday of each month. The meetings are from 4:30-6:00 pm in the Media Center at UCHS (in the middle of campus).

For more information about the University City Cluster Committee, please visit our website: <http://www.uccluster.com>.

### Upcoming Meetings:

**October 20th, 2014**

**November 17th, 2014**

**No December or January Meeting**

**February 23rd, 2015**

**March 16th, 2015**

**April 20th, 2015**

**May 18th, 2015**

## STANDLEY PARK PAVILION NOW ACCEPTING PLEDGES

by Greg Zinser

After many months of work to make this project a reality, we now have completed construction drawings and are accepting pledges. These will be collected only when we have sufficient funds collected or pledged to complete this project. Please help make it a reality by visiting our website at [www.improveuc.org](http://www.improveuc.org) and clicking on the Pavilion Pledges page. You can also find a complete summary of this project by going first to the *Projects page*, and then to the *Standley Park Pavilion*. Additional information may be requested by emailing us at [info@improveuc.org](mailto:info@improveuc.org). On behalf of the entire UC community, thanks so much for your support of this project.



# Neighborhood Watch

## Streets In Need

by Barbara Gellman

If you live on one of the streets listed below, it's an indication that your street does not have a Neighborhood Watch Captain. For effective crime prevention throughout our community, it's important that all residents participate in University City's Neighborhood Watch program in partnership with our local law enforcement. Please contact Barbara Gellman at [bggellman@yahoo.com](mailto:bggellman@yahoo.com) or 858-452-2326 to discover how easy it is to be a captain or co-captain on your street. Step right up and be in the loop.

Arnoldson, East  
Bothe  
Bovet  
Branting St.  
Briand, East  
Bromfield  
Bunche  
Caminito Araya  
Caminito Baeza  
Camrose  
Coralita Ct.  
Cozzens  
Dirac  
Ducommun, West  
Enders  
Farley Dr., Ln. & Ct.  
Finsen  
Fried  
Governor Dr. East & Central  
Gullstrand, North & South  
Haworth St.  
Ithaca St. & Place  
Lakewood St.  
Maynard St.  
Mercer St. & Ct.  
Merwell  
Murphy  
N. Carnegie  
Occidental  
Panel Ct.  
Pauling Ave.  
Pavlov, East & West  
Pennant  
Ramsy Ave.  
Renault St. & Place  
Robbins Way & Ct.  
Rous  
San Clemente Ter.  
Sandburg Ave. & Way  
Schenley Ter.  
Soderblom Ave.  
Stadium  
Steinbeck St.  
Stettler Way  
Syracuse Ln. & Ct.  
Teasdale Ave.  
Tula Ct.  
Tulane Way & Ct.  
Wellesley  
Werner  
Whipple  
Willard  
Wolfstar Ct.

*(Editor's note: UCCA also underwrites the Neighborhood Watch program with your membership fees.)*

**We welcome our newest neighborhood watch captains:  
Barbara Crozer-Honors Ave.  
Chris Scott-Stresemann, North  
Sandy Smith-Travers Way**

## Myrna Zambrano

by Barry Bernstein



Myrna Zambrano, special assistant to the California speaker of the assembly, Toni Atkins, spoke on September 16th. She came to meet with the community and residents at our local library.

## Flash! Sprouts is Remodeling!

by Barbara Gellman

**Our local Sprouts is in the midst of remodeling the entire store. They hope to complete it by October of this year. It will remain open during the process. Every area will be updated. Keep tuned for the details. It is exciting!**



**by John Lee Evans, Ph.D.**  
**San Diego**  
**Unified Board of Education Trustee**

## Upgrading Our Schools Could Benefit Students and the UC Community

University City has a jewel at its center. No, I am not talking about a traffic-laden intersection with four gas stations. I am talking about the non-commercial center, which stretches from Radcliffe to Stadium on Governor Drive. It is wholly owned by the community, i.e., San Diego Unified and the City of San Diego.

We have Little League and soccer games, swimming, basketball and tennis, as well as summer concerts on the green. But if the school district and the city and the community were to partner, it could be the gathering place of the community for all ages every day of the week.

San Diego Unified's Vision 2020 calls for quality neighborhood schools to be an integral part of the community, serving the specific needs of the community, not simply to be located within the community.

Across the school district each school cluster will begin a master facilities planning process. Each site has developed its own modernization plans, but now we want to look at what is collectively needed across the five schools of the cluster to best meet UC's needs.

Before developing plans we need to dream. ImproveUC has begun raising funds for a permanent outdoor stage in Standley Park with acoustics, which could serve as a performance venue for all of the schools. Wouldn't it be nice to upgrade our pool so that UC High swim teams could have their competitions at home? What about a jogging track for our students that circles the park from Spreckels to Standley Middle School? It would also be a great place for residents to walk and jog in the evening. What could we do to calm traffic between our schools on Governor? Perhaps a roundabout or some other feature could make the area more walkable and inviting.

These are just a few ideas. San Diego Unified potentially has funds available through Propositions S and Z for developing some of these facilities. This would all require cooperation for joint use between the schools, the city and the community. It's time to begin the conversation in University City.



**by Scott Peters**  
**Congressman, 52nd District**

## Making Necessary Reforms at the VA

Earlier this summer, Congress passed, and the President signed, legislation to make necessary reforms at the Department of Veterans Affairs (VA). It was a rare point of true bipartisanship that will bring needed relief to our veterans and begin to address the failures at the VA. But this will not be the last piece to solving the puzzle – it will take a concerted effort and constant oversight to root out the culture of complacency and ineptitude that has left too many of our veterans in the dark.

The reforms include provisions to increase access to healthcare for veterans by allowing the VA to lease more facilities, fill staff shortages, and let veterans see non-VA providers in certain situations. It will also improve accountability, allow veterans to access in-state tuition rates at public universities, and expand counseling care for victims of sexual assault.

Washington press credited my effort to find a bipartisan solution, when I led a *motion to instruct* House leadership to stop bickering and agree with a Senate approved version of the bill, as a catalyst for this final agreement.

Now that this legislation has become law, Congress and community leaders must continue to provide aggressive oversight over the VA to ensure that our veterans receive the benefits and care that they were promised and deserve.

### DISCLAIMER

The University City Community Association Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does the UCCA assume responsibility for same. Publication does not constitute an endorsement by the Editor or UCCA.

## Wheeling Around – The Inexperienced Camper

*by Sharon Goodis*

**I don't know what prompted me to say yes, but I decided to join some friends on a road cycling and camping trip. Although I had done a lot of cycling, I had never camped. I never even attended summer camp (first child, protective parents, etc.)**

**I had no camping gear to speak of, and I was not prepared to invest in everything that was required until I saw a future in this activity. I had a borrowed tent, my daughter's Little Mermaid sleeping bag and a yoga mat to keep the sleeping bag off the ground. I had heard in passing that it was not good to have the sleeping bag directly on the ground.**

**We enjoyed the day cycling around the Lake Morena area in Campo. Campo is about 60 miles east of San Diego along highway 94. It was October. The weather was grand; there were few cars, and it was peaceful and enjoyable to ride. We visited the Truck Museum, where we viewed vehicles and transportation of the past; a fascinating spot to visit, even if you aren't really enamored with old trucks.**

**After riding, we gathered back at our campsite. Someone built a fire. Each person had brought food to share. We had an enjoyable dinner and interesting conversation. The fire kept us all warm. Eventually we headed to our tents. (I'll spare you the details of my getting that tent set up. I'm certain some parts were missing!) However, it was lovely to fall asleep outdoors with the sounds of nature. I drifted off thinking I could enjoy this.**

**Sometime during the night, the temperature dropped. The cold woke me up. My toes and fingers were stiff and so very cold. The sleeping bag and yoga mat were not adequate camping gear for these conditions. Newspaper left outside became damp overnight and was frozen solid by the morning. Each time I think back to this first camping experience, I remember part of it fondly, but I shiver with the memory of that chilly morning!**

**The next time I went camping (yes, I did go again!), somehow the tent poles were left at home, and I had to sleep in the truck.**

**Want to ride with us? [www.knickerbikers.com](http://www.knickerbikers.com) or [info@cyclequestsd.com](mailto:info@cyclequestsd.com)**

# AUGUST-SEPTEMBER 2014 UCCA MEMBERSHIPS

## General Members

Iris Clauss  
Ann Gantt – Dance Hula  
Aron Hauser  
Susan Jeannette  
Stephanie Laam – Wake Up Beautiful!  
Linda O'Connor  
Maria Rasmussen  
Michael & Shirley Roche  
Diane Rorabaugh  
Maija Vyas – Outcast Grill  
Rohit Vyas – Remcon Design Build  
Websational Sites Web Design

## Community Angel

Mark Lathom

## Gold Membership

First Baptist Church of San Diego  
Yudell Reiz

## Community Supporter

Dr. Lori Bende – Golden Triangle  
Optometric Center  
Amy Butros & Mark K imatis  
Lynn Daniel  
Robert Payne

## Silver Membership

Bob & Pam Allen  
Sharon McFadden

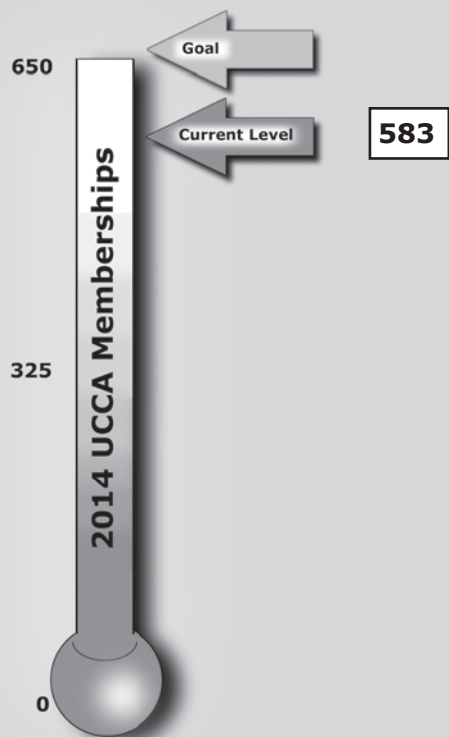
## What is the University City Community Association?

*by Diane Ahern*

As outlined in its bylaws, the University City Community Association (UCCA) is a non-profit (501C4) organization funded through membership dues, which provides and promotes the civic, cultural, social, educational and recreational development and improvement in University City; and provides a forum where the interests of residents may be expressed and contributions made to the protection of life and property in the community.

Thank you to all who support the UCCA and its purpose by joining the UCCA. The 2015 membership drive will begin next month.

# Memberships



## 2014 UCCA Board Members

President	Barry Bernstein	apdrfn@aol.com 858-453-3713
Vice-President	Barbara Henshaw	barbarahenshaw@ymail.com
Secretary	Bonnie Hornbeck	blossom1942@yahoo.com
Treasurer	Ginny Charvat	ginnycharvat@yahoo.com
Corresponding Secretary	Terry Jones	t17jones@roadrunner.com
Newsletter Editor*	Sue Nizyboriski	editorUCCA@gmail.com
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Newsletter Ads*	Terri Day	uccaADS@hotmail.com
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Membership	Hallie Burch	hallie8@san.rr.com
Beautification	Merle Berman	mberman@san.rr.com
Beautification	Barbara Gellman	bggellman@yahoo.com
Garden Club Chair*	Ginger Steketee	designsbyginjo@san.rr.com
Garden Club	Merle Berman	mberman@san.rr.com
Historian/Holiday Tree Lighting Coordinator	Darlene Ventimiglia	darleneven@yahoo.com
UCPG Rep.	Mark Powell	Markpowellhomes@hotmail.com
UCCF Rep.	Mack Langston	mack@pacificcoastcommercial.com
Election Procedures		
Publicity & Promotion	Diane Ahern	ahern.diane@gmail.com
Newsletter Oversight*	Valerie O'Neill	voneill95@yahoo.com
Newsletter Chair	Sandy Lippe	sandylippe@gmail.com
Webmaster	Don Hotz	don.hotz@yahoo.com

\* Not a voting Board member

## Trash Got Bashed in UC on Coastal Cleanup Day

by Vince Reardon

Litter and debris in UC were running scared on Saturday, September 20th, from 9:00 am to noon. That's because 31 local residents, children, high school students, Moms/Dads, and seniors, participated in I Love A Clean San Diego's Coastal Cleanup Day. In UC, People for a Clean UC organized the event.

The neighborhood litter brigade collected 18 bags of trash, weighing 151 lbs., and covered nine miles of major streets and roadways, including Governor Dr., Regents Rd., Genesee Ave., and Nobel Dr. The trash was deposited in a bin at Standley Park provided free of charge by Republic Services. It was later collected by the solid waste and recycling company.

There was one additional feature in Saturday's Coastal Cleanup activities: data collection. One member of each of the UC teams was provided with a data collection form to tally the number of litter items picked up. Not surprisingly, the most common item plucked off UC streets was cigarette butts, followed by plastic bottles, plastic lids and straws.



Photo by Tim Niegocki showing some of our volunteers: Brooke Choi and two high school students, cleaning up around UCHS

This data will be collected by I Love A Clean San Diego and forwarded to Ocean Conservancy, the organization that sponsors International Coastal Cleanup Day. Ocean Conservancy will analyze the data and publish its 2015 Ocean Trash Index Report.

Why were we collecting trash off UC streets if the end result is an ocean trash report? Because 80 percent of ocean pollution comes from the land.

People for a Clean UC will hold their next neighborhood cleanup on Sunday, October 12th, from 7:30-9:00 am. We will meet and greet at Standley Park, 3585 Governor Dr., from 7:00-7:30 am. All cleanup materials are provided.

# GOVERNOR DR. LIBRARY

4155 Governor Drive,  
San Diego, CA 92122 • 858 552-1655  
<http://tinyurl.com/universitycommunitylibrary>

## Award-winning Author Visit

*Border Field Blues: A Rolly Waters Mystery* by Corey Lynn Fayman. Murder, sex, politics, and classic rock guitar collide in this original and compelling mystery set in the backcountry along the San Diego-Tijuana border. Winner of the 2013 Hollywood Book Festival Award for Genre-Based Fiction, *Border Field Blues* is a sequel to *Black's Beach Shuffle*, the first Rolly Waters novel.

**TUESDAY, October 7th, at 6:30 pm**

## The Office of California Assembly Speaker Toni Atkins

will be on-location at the University Community Branch Library for you to meet with her staff and obtain information on state services and events in your community. Please join us!

**TUESDAY, October 14th, at 5:00-6:00 pm**

## Finding Your Life's Purpose (Regardless of Your Age): OASIS CLASS

Judy Winkler, author and coach, will guide you through three steps to reveal your hidden uniqueness and true purpose.

*Please bring a notebook and a pen to class.*

**THURSDAY, October 16th, at 2:00**

## The Best of British Crime and Mystery TV Series

Join Sheila Fisher and friends the second Wednesday of every month to enjoy the best of British Crime and Mystery TV Series

**WEDNESDAY, October 8th at 2:00 pm**

# NORTH UC LIBRARY

8820 Judicial Drive,  
San Diego, CA 92122 • 858-581-9637

## Job Search Assistance

**Mondays, 2:00 pm**

Get help with job hunting. Appointments available by calling the library.

## ESL Conversation

**Wednesdays, 5:00 pm**

Improve English conversation skills in a small group setting.

## Gentle Yoga

**Fridays, 10:00 am**

Learn basic yoga techniques, perfect for beginners, expectant mothers, seniors and persons with disabilities. Please bring your own mat.

## Craft Time

**Saturdays, 11:45 am**

Let your creativity run wild with a fun craft activity! Children under 8 welcome with an adult or older sibling.

## Young Artist Series

**Saturdays, 1:00 pm**

We offer a venue to showcase the talents of local young musicians. Please call the library if you are interested in performing.

## K itters' Circle

**Thursday, October 2nd & 16th, 1:00 pm**

Yarn enthusiasts at all skill levels are welcome.

## Music Makers

**Monday, October 6th, 10:00 am**

Young children (ages 2-5) explore different aspects of music.

## Family Yoga

**Monday, October 13th & 27th, 10:30 am**

Families enjoy healthy fun and bonding while exploring yoga poses and breathing exercises. Please bring your own mat.

## Danny Green Jazz Trio

The Danny Green Trio was nominated "Best Jazz Artist" for the 2014 San Diego Music Awards! Join us we celebrate classical and Latin influenced jazz with Danny on the piano and friends.

**TUESDAY, October 21st, at 6:30 pm**

## Memoir Writing Class

Make your memoir sparkle! Your memories are priceless! Find guidance, inspiration and acceptance of the past in this new writing group.

**THURSDAY, October 9th & October 23rd, at 1:00 pm**

## UC Open Book Club

*City of Women* by David Gillham  
Hiding her clandestine activities behind the persona of a model Nazi soldier's wife at the height of World War II, Sigrid Schroeder dreams of her former Jewish lover and risks everything to hide a mother and two young children who she believes might be her lover's family.

**WEDNESDAY, October 22nd, at 2:00 pm**

## Accordion Club

New members are always welcome!

**SATURDAYS**

**October 11th & 25th, from 9:30-11:30 am**

## STEAM 2 Academy

**Tuesday, October 14th, 3:00 pm**

Science-based educational activities geared to students in grades K-3. This month's topic is botany.

## Page Turners Book Club

**Wednesday, October 8th, 5:30 pm**

The Book Club will be discussing *Doctor Zhivago* by Boris Pasternak.

## Cinema Café

**Wednesday, October 15th, 6:00 pm**

Enjoy refreshments while watching a thought-provoking film. Please inquire with library staff for further details.

## LEGO Club

**Saturday, October 18th 9:30 am**

Recommended for ages 5 - 13. No sign up needed. Parent supervision required for younger children.

## Senior Health and Wellness Fair

**Saturday, October 25th, 10:00 am-1:00 pm**

Enjoy a variety of informational booths, plus a gentle yoga session and healthy cooking demonstration.

## San Diego Philosophy Forum

**Tuesday, October 28th, 6:30 pm**

This month's topic: SDSU's Sandra Wawrytko on "Why Metaphysics is for Hedgehogs and Epistemology is for Foxes: Global Philosophy in the 21st Century"

## Storytimes:

**Hebrew-Thursdays at 9:45 am**

**English-Thursdays at 10:30 am**

**French-Thursdays at 11:15 am**

**Chinese-Saturday, October 4th & 18th at 11:00 am**

**Family-Saturday, October 11th, at 10:00 am**

**Japanese-Saturday, October 25th, at 11:15 am**

**Sign Language-Thursday, October 9th at 12:00 noon**

**Songbirds-Friday, October 24th, at 12:45 pm**

## Adult Yoga

Gentle exercises to aid flexibility and improve concentration. Bring your own yoga mat or towel.

*(Suggested donation of \$2 per class)*

**TUESDAYS at 4:30 pm**

## Preschool Storytime

Stories, crafts, finger plays, and songs with Ms. Gerri.

**THURSDAYS at 10:30 am**

## Weekly Signing Storytime

Sign language fun for babies, toddlers and preschoolers with Jennifer Duncan.

**MONDAYS at 3:00-3:30 pm**

## Go Gaming

Learn the ancient mind game of Go from the president of the San Diego Chapter of the American Go Association.

**TUESDAYS at 2:30-3:30 pm**

## Paws To Read

Trainers from Love on a Leash bring their gentle assistance dogs to encourage children to practice their reading skills.

**October 23rd, at 4:00 pm**

**Please call the library  
to confirm any given program.  
Cancellations are rare,  
but may occur.  
Many thanks to the  
Friends of the UC Library  
for their generous sponsorship.  
This information will be made  
available in alternate formats  
upon request.**

**All library locations will  
be closed on  
Friday, October 10th,  
for a  
Staff Development Day  
to better serve you.**





## Buy Local

# Here's What Happens When UCCA Members Connect with Local Businesses

*by Diane Ahern*

Why patronize local businesses and restaurants? When you Buy Local, eat local, and drink local, you keep your money and tax dollars in your own community. Many local businesses are owned by local residents (just like you) who contribute to local events, schools and charities. Additionally, you support the stores and restaurants that give your neighborhood its community feel.

In 2015, the UCCA and its local business partners will make it easier than ever to Buy Local. The UCCA has enlisted many local businesses to provide special offers to UCCA members. When you become a 2015 UCCA member, you will be issued a 2015 membership card. That membership card will entitle you to take advantage of the special offers provided by our Buy Local Business participants.

Here's a sneak peak at just some of the local businesses which have already committed to the 2015 Buy Local program:

### 2015 UCCA Buy Local Partners as of September 14, 2014

- **Better Than Home Placement, Merle Berman**
- **Century 21 Award, Ana Campos**
- **Chabad Center of UC**
- **Cycle Quest**
- **Dance Hula**
- **Discovery Property Group, Mark Powell**
- **Terri Day, Realtor/First Choice Properties**
- **Helping Hands Senior Concierge Services**
- **Outcast Grill**
- **Pacific Sotheby's International Realty, Diane Medina**
- **Remcon Design Build**
- **Roberts Carpets Cleaning**
- **STUDIO A SALON**
- **UCSolarClub.org**
- **Wells Fargo Home Mortgage, Steve Gray**

The 2015 UCCA membership drive will begin in November with the release of the November newsletter. That's when you'll find out more about our participating businesses. We'll also tell you about the thank you gifts for all 2015 members and the special promotion available to those who join the UCCA at the Gold Membership (\$100) level.

Meanwhile, want to do something now? When you make a purchase with one of our Buy Local partners, tell them you read about their offer in the UCCA newsletter; and thank them for their 2015 Buy Local participation. Then, show this article to other local businesses so that they also have an opportunity to participate.

### More on Buy Local

**If you are a local business owner/operator who would like more information or if you would like to see all participating businesses to date, please visit the UCCA website at <http://www.universitycitynews.org/> and click on the Buy Local link.**

## Spreckels Elementary Fall Fundraiser 5th Annual Spreckels Spirit Sprint Jog-A-Thon

by Staci Torgeson

On Friday, November 7th, Spreckels Elementary PTA will host its 5th Annual Jog-A-Thon fundraiser. Would you, or someone you know, be interested in sponsoring the event? Your tax-deductible donation contributes to enhanced educational opportunities for Spreckels' students. Sponsors at various support levels will have their company logo on the Jog-A-Thon t-shirts, company banner on Spreckels' fence facing Governor Drive and recognition in online Spreckels communications and in the newsletter. Please contact us for more information. Thank you UC for your continued support! For more information visit [www.SpreckelsCommunityUC.com](http://www.SpreckelsCommunityUC.com) or contact Jamie Apodaca at [jamielya@yahoo.com](mailto:jamielya@yahoo.com).

**See you on the track! Friday, November 7th!**



## Swanson Pool Hours

by David Fullen

### Lap Swim

Monday, Wednesday and Friday  
Monday and Wednesday  
Tuesday and Thursday

7:30 am–1:00 pm  
6:00–7:00 pm  
4:00–7:00 pm  
(limited lanes available)

Saturdays in September  
Saturdays starting in October

12:00–3:00 pm  
9:00am–2:00 pm

### Recreational Swim

Monday, Wednesday and Friday  
Monday and Wednesday  
Tuesday and Thursday  
Saturdays in September  
Saturdays starting in October

10:30 am–1:00 pm  
6:00–7:00 pm  
4:00–7:00 pm  
12:00–3:00 pm  
12:00 am–2:00 pm

Swanson Pool also offers water-fitness classes for adults as well as swim team and water polo for children. The city is also offering several lifeguard-training courses during the winter as well as a Water Safety Instructor course. If you have any questions about the hours listed above or you are interested in taking a class, please call Swanson Pool at (858) 552-1653. These above will be the hours until the pool closes for its seasonal closure on January 12th.

## OCTOBER UC GARDEN CLUB

by Robert Byrnes

Our September meet-up was held at the garden of Elaine and Don Shankles. Elaine presented us with a *kings' table* of extraordinarily tempting, homemade dishes from their garden harvest. Lucky us!

Their garden is a semi-tropical oasis featuring covered patio greenhouse which includes a waterfall, plumerias, bromeliads and orchids.

The abundance of delights circling the main backyard's lush lawn include succulents, fruit trees, herbs, vegetables, a huge children's complete playhouse and terraced delights. A jungle-like environment is created by an immense curtain of orange African Honeysuckle grown as a hedge barrier. Butterflies, bees and birds of all kinds are in the air, and through the plants, a huge treat for all nature lovers.

The kingpin feature of the day was an excellent talk by member UC resident, and active Native Plant Society member, Tish Berge. She extolled drought-tolerant plantings and native-plant gardening. She shared with us knowledgeable handouts that depicted her newly completed (if a gardener can say completed) waterwise landscaping at her University City home.

Our next meet-up will be on Sunday, October 19th, from 1:00-3:00 pm, off Gullstrand. Revolution Landscape speaker, Ari Tenenbaum, will present details of the edible and native plants the firm included in their garden design. Again, a meet-up winner upcoming soon.



Don Shankles explains how he constructed his garden.

*(Editor's note: UCCA also underwrites the UC Garden Club with your membership fees.)*

## Scripps Offers Free Blood Pressure Screening at the August 22nd Summer Concert



Scripps' booth at summer concert

by Sandy Lippe

UCCA wants to thank Scripps Healthcare for being the main sponsor of our popular concert series in the summer. Not only was Scripps a generous sponsor, but booths were set up at two of the concerts. On the Friday night concert in August, people were able to have their blood pressure taken, and some were given some bright orange bags with Scripps on them.

According to Amber Ter-Vrugt, director of community relations, the Prebys Cardiology Center will open in 2015, and the Proton Center is providing a treatment to target tumors with high control and precision. She gave an example of a 5-year old cancer patient at Rady's Children's Hospital who was a success story at the Proton Center.

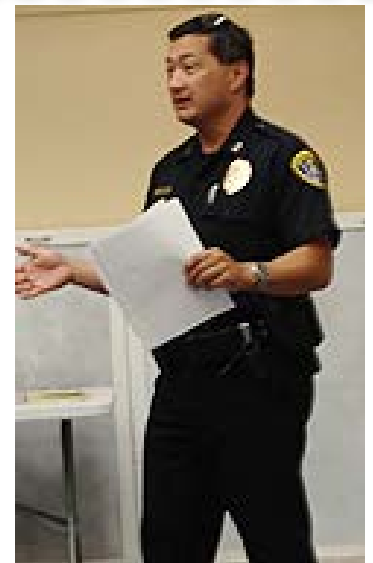
*(Editor's note: UCCA also underwrites the summer concert series with your membership fees.)*

## UCCA Meeting in September Draws Captain Hara and New Lieutenant

by Sandy Lippe

*The people in attendance at UCCA in September heard the sad news for UC that Lt. Misty Cedrun was moving on to head Family Justice for the San Diego Police Department. Captain Jerry Hara then shared the good news; he asked for and got Lt. Tina Williams to fill the position. She was his first choice. Lt. Williams is anxious to serve the UC community. Be aware of scams going on; there were 50 frauds in the last six months in this area.*

*On another note, the fire captain reminded the community that fire season is now year round. This month of October is a critical one. In regard to other disasters, the group was told to have a family plan: where to meet, how to connect with someone outside the region. For example, have everyone contact the same friend or relative outside the area to assure your well being in case you cannot make contact with your family members locally.*





Pictured from left to right: Megan Sardina, Sophia Cook, Sarah Shademan, Christina Doering.

## Cadette Silver Award Project

by UC Girl Scout Troop 3459

Girl Scout cadettes, Christina Doering, Megan Sardina, Sophia Cook and Sarah Shademan, created four informational panels for the interactive kiosks at Marian Bear Natural Park. The panels are designed to help inform park visitors about the diversity and delicate ecosystem that exists in the canyon.

The girls worked as a team with Deron Bear, Chairman of Marian Bear Natural Park Recreation Council council members and San Diego Tri-Canyon Park Ranger Staff, in creating their visually attractive panels that are packed with useful and interesting information. Park visitors now have wonderful panels to better understand the birds, plants, insects/spiders and small mammals that live in the canyon when they visit the kiosk. In addition to the panels, the girls created a Marian Bear Park *Fun Activity Guide* so that park visitors, school groups and other troops have a guide to find information contained in the panels. The *Fun Activity Guide* can be found on the Recreation Council's website located at <http://marianbearreccouncil.wordpress.com/>.

The council hopes that the displays will encourage other community organizations to create informational panels as well, which is the intent of the kiosk program in Marian Bear Natural Park. Please contact [marianbearpark@yahoo.com](mailto:marianbearpark@yahoo.com) or Matt Sanford, Senior Park Ranger, at [msanford@sandiego.gov](mailto:msanford@sandiego.gov) or (858) 581-9952 if you are interested in creating a panel for the kiosks.

We hope you can visit the park and check out the kiosks on the west side of the entrance off of Regents (south side of 52 freeway entrance). You'll also find the answers to the *Fun Activity Guide* on the panels.

## TUTORS NEEDED FOR EVERYONE A READER AT CURIE ELEMENTARY SCHOOL

by Kathy Glasebrook

Do you love to read? Would you like to share your passion for reading with a child? Curie Elementary School is looking for tutors for their *Everyone a Reader Program*. It involves listening to individual children read from leveled readers for 15 minute segments to help them develop confidence and fluency in their reading. The sessions are from 7:45 to 9:15 am and 12:45 to 2:00 pm on Monday, Tuesday and Thursday.

The program runs from October through May. The most effective way to help a child improve their reading skills is for an adult to listen to them read. In little over an hour a week, you can make a positive contribution to a child's life and to our community!

If you are interested, please call Kathy Glasebrook at 317-701-2793.

## FALL ART SHOW!

Sunday, October 19th, 2014

2:00 - 4:00 pm

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by Glenn J. D'Abreo

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[www.omcshowtime.org](http://www.omcshowtime.org) for more info.

## 5 Easy Ways to Reduce Your Water & Sewer Bill

by Diane Ahern

The months of October and November can be some of the hottest and driest months of the year making water conservation more important now than ever. The City of San Diego Water Conservation Team shares 24 ways to save hundreds of gallons at [www.WasteNoWater.org](http://www.WasteNoWater.org), both indoors and outdoors. For example:

- Reduce grassy areas and use drought-tolerant plants such as succulents, rock garden plantings, native shrubs, trees and wildflowers in yards and gardens.
- Water your lawn and landscaping before dawn or after the sun sets when there's less evaporation. Adjust your sprinklers so they don't spray on sidewalks, driveway or street.
- Repair all leaky faucets, fixtures and pipes both inside and outside your home.
- Keep your showers down to five minutes or less using a low-flow showerhead. Turn the water off while lathering-up in the shower. Turn the water back on to quickly rinse.
- While waiting for the hot water, catch the cool, clean, water in a bucket or a watering can. You can use it later to water plants, run your garbage disposer or wash the car.

Join in the *Waste No Water* campaign; use water-saving methods yourself and share your water conservation tips with friends and neighbors. And keep this in mind: the more water you conserve, the more money you'll save on your water and sewer bill.



The front yard of the Berge Family on Stadium Street features native and drought-tolerant plants and hardscape.

## Municipal Codes Help UC Look Good

by the Beautification Committee

While most UC residents, both renters and owners, abide by the municipal codes outlined by the City of San Diego, occasionally homeowners and renters need a reminder. Your community association is concerned with keeping the neighborhood looking good without interfering with your right to individuality.

Please review the following municipal codes and see if you are adhering to them.

Homeowners are responsibility for parkways; the area between the sidewalk and street, also known as a right-of-way. Folks on Tulane and Stadium Place must keep the sidewalk clear of pickle weed and grass on Governor between Scripps and Stadium. People on Fisk must do the same for a portion of Genesee on the west side. Carnegie Street folks need to maintain Regents Road and part of Governor.

Cars may not block driveways or sidewalks. A car may not be parked on the front lawn or hardscape across driveways. Dry grass and weeds cannot exceed 18 inches. Homeowners must maintain parkways that have bushes and trees, and water, trim, and maintain them. When Scott Peters was City Council representative, he oversaw a tree planting on Governor Drive. Many of the UCCA board members went door-to-door to ask residents if they would like a free tree and would be willing to take care of that tree. You can see the results every day and you know who kept the promise.

Finally, for your safety and that of your neighbors, as well as maintaining appearances that contribute to the value of your home and your neighbors' homes, please maintain your roof. UCCA would be happy to recommend a roofing/repair company to provide you with a free estimate and reasonable financing. Each month reputable roofers advertise in our monthly UCCA newsletter.

Thanks for being a good neighbor.

## Support Standley PTSA and SAVE \$\$\$

by Jennifer Ryan

Purchase a Standley PTSA Discount card for \$20 and enjoy big savings at wonderful local businesses.

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Any questions feel free to contact Jennifer Ryan at [caferyan2@aol.com](mailto:caferyan2@aol.com).

Thank you and as always thank you for supporting Standley PTSA!!

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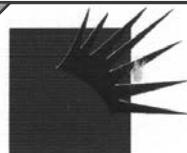
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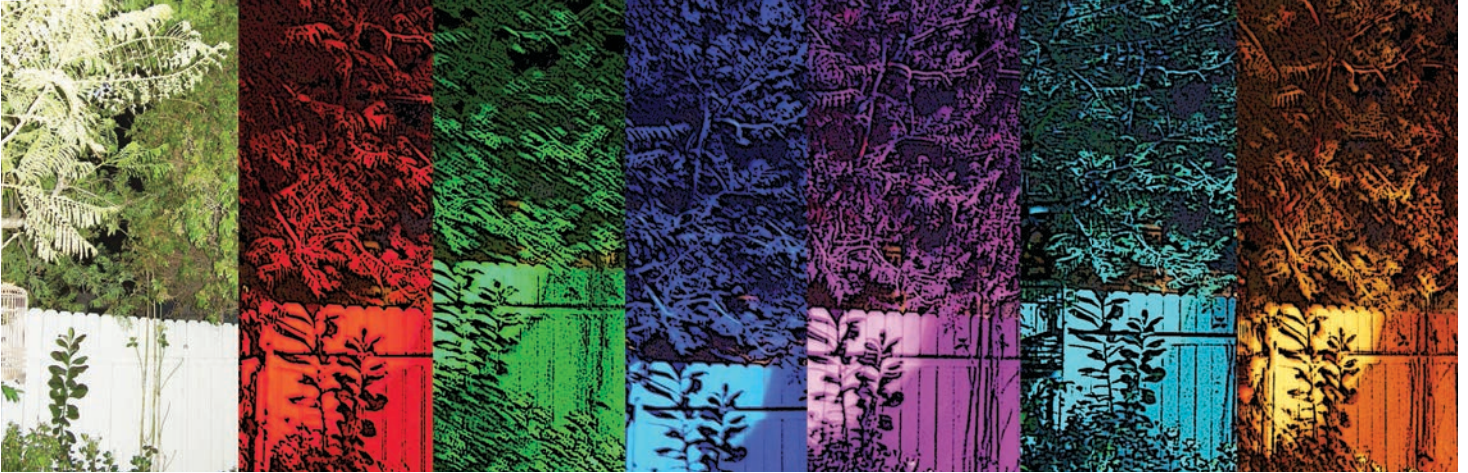
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# An Idea for Fun Lighting During the Holiday Season!

by the Editor



Above is an example of a 35 watt, LED, color changing, weather resistant flood light. It can be set to fade, flash/strobe and display stationary colors. Most come with a remote. Not only are they fun for Halloween, winter holiday lighting and parties, but they can add the security of illuminating your home and yard. Look on Amazon and other websites for pricing and more information.

## Friends of Rose Canyon Invites You to

Meet native birds of prey  
Watch a live flight demonstration  
Sunday, October 19th, at 3:00 pm  
Marcy Park, Stresemann Street  
For kids and adults – **Free**

by Deborah Knight

Please arrive before 3:00 pm to get seated. The program lasts 60 minutes.

You will sit on the grass so bring a blanket/lawn chair if you wish.

The Raptor Institute will showcase several native raptor species, including a live flight demonstration that will reveal one of the raptor's flight characteristics and hunting style. You will meet several native raptor species (hawks and owls) found throughout San Diego and Rose Canyon. The Raptor Institute is a non-profit organization dedicated to the support of San Diego's local raptor species. They strive to educate the public about these wonderful aerial predators in an effort to promote conservation and respect for some of San Diego's favorite natural residents.

Friends of Rose Canyon is dedicated to the protection, preservation and restoration of Rose Canyon and the Rose Creek watershed. Rose Canyon provides habitat for a number of different species of birds of prey.

### What is a raptor?

Raptors are usually predators. They have keen eyesight, hooked beaks for tearing flesh, and powerful, curved talons and strong leg and toe muscles for grabbing and holding prey. Hawks, eagles, kites, ospreys, falcons and owls are among the birds sometimes considered raptors, or birds of prey. The Raptor Institute birds are *ambassador animals*. They all have some disability that prevents them from being released back to the wild.

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Harris's hawk at last year's Raptor Institute presentation organized by Friends of Rose Canyon

