



*Friday Night Lights: Page 7*

*UC Summer Scene: Pages 10 and 11*

*National Night Out: Back Page*

WWW.UNIVERSITYCITYNEWS.ORG

## ***UC Under Construction***



*Aerial view of UC High School construction. Photo courtesy of Daniel Webber and Jack Gallegos.*

***Driving up and down along Genesee*** it is clearly evident that the University City area has become a neighborhood construction zone. And the hammers will continue to be swinging for quite some time, as the University City Planning Group Active Project List currently includes 15 public projects, 20 private projects, and 3 potential projects, including a possible expansion of the Costa Verde Center.

While most of the construction is north of Rose Canyon, in what is considered UTC, many south UC residents will be affected by the ongoing improvements at University City High School. Proposition funds are being used to redirect the school driveways and finish upgrades to athletic fields, including upper field parking, three new snack bars, and a central grand walkway to enter the stadium. Due to construction, the main entrance remains closed, and when school starts, cars will have to all enter via the cattle gate on Genesee by the school marquee.

Westfield UTC has started Phase 2 of their renovation project. The \$500 million budget includes a new two-story location for Nordstrom's, 251,000 sq. ft. of new retail and restaurant space, special event facilities, and a multilevel parking garage. Set to be completed by end of 2017, plans also call for pedestrian bridges to allow direct access to the new trolley location on Genesee. Other projects underway include: Mid-Coast Trolley, Fire Station 50 (Nobel Dr. & Shoreline), Rapid Response Unit for South UC, UC Terrace East apartment addition, Senior housing on Governor Drive, Monte Verde Towers, UCSD apartments, La Jolla Crossroads expansion, Illumina expansion, Scripps Medical Office Ximed 2, Spinal Surgery Center VA, and UCSD Outpatient Pavillion.

The Golden Triangle area continues its growth as a key hub for retail, medical, and real estate. Take some photos now, because in five years they'll be historical.



### **Labor Day**

Monday, September 7

### **First Day SDUSD Schools**

Tuesday, September 8

### **UC Planning Group**

Tuesday, September 8, 6:00 pm  
Scripps, 10010 Campus Pointe Dr.  
First Floor (new location)

### **UCCA Meeting**

Wednesday, September 9  
6:00 pm, UC Library

### **Patriot Day**

Friday, September 11

### **Rosh Hashana**

Sunday, September 13  
\*Begins at Sunset

### **People for a Clean UC**

Sunday, September 13  
7:30-9:00 am  
Starbucks, 3202 Governor Dr.

### **First Day of Fall**

Wednesday, September 23

### **Yom Kippur**

Wednesday, September 23

### **Doyle Recreation Council**

4<sup>th</sup> Tuesdays at 6:30 pm

### **Standley Recreation Council**

4<sup>th</sup> Thursdays at 6:30 pm

# UNIVERSITY CITY COMMUNITY NEWSLETTER

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 858-412-0786  
[universitycitynews@gmail.com](mailto:universitycitynews@gmail.com)

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**Editor** Jemma Samala, [UCCAEditor@gmail.com](mailto:UCCAEditor@gmail.com)  
**Advertising** Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)

**Be the Eyes and Ears of UC:**

The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

**Guidelines:**

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The information contained in submissions may be edited and/or combined with others; for example: upcoming events.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to [UCCAEditor@gmail.com](mailto:UCCAEditor@gmail.com) or [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com); email any questions.

**Deadline for the October 2015 Newsletter Publication is September 15**

Please send your submission as early as possible. The deadline for the October issue is September 15, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter.

The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for same. Publication does not constitute an endorsement.

**Follow UCCA on Facebook as University City Community Association, and on Twitter @UCCA\_SD.**



**UCCA President Barry Bernstein**

Happy Labor Day Holiday! Summer is almost gone and our children are back in school. Be careful and watchful on our streets! I hope these past summer months, although very dry except for the rare storm or two, have been fun and safe for you and your families. The summer concerts and "banana split" events at Standley Park were so much fun! And the 4th of July "Celebration" was a huge success...thanks to the many community volunteers and Rec Center staff who made it happen. On Friday, August 21, at a summer concert, UCCA honored its newsletter volunteers and Neighborhood Watch captains. Thanks so much for all of you who make University City "more than just a neighborhood."

Genesee/UTC area, as predicted, has become a UC's traveler's nightmare! Unfortunately, the needed improvement work projects at UC High have only added to the congestion, (and lots of noise and dust for some of our residents). Our UCCA web site, [universitycitynews.org](http://universitycitynews.org), has been enhanced to include links to Facebook, Twitter, NextDoor, Improve UC, and other accounts to provide you access to current news, traffic and other activities. If you haven't opened our newly improved web site, I encourage you to do so.

**Looking ahead...**The Jewish New Year holiday period, which begins the evening of September 13, is just around the corner, as is the upcoming EdUCate's "Oktoberfest". The needed improvement work on two Governor Drive medians will be continuing. The "ImagineUC 2020" project is moving forward now that San Diego City Schools has endorsed the funding and city planning staff has reviewed the shared land use proposal. UCCA will hold its annual election of officers in **November**, so if you're interested in running for office, the only requirement is being a member in good standing and having attended a minimum of two meetings during the year. We invite you to attend our September meeting...which will include a special topic focusing on Northern Division Police coordination efforts with our UC Neighborhood Watch program. And finally, our 2016 UCCA membership drive will begin next month...watch for information regarding membership in our October newsletter. Have a wonderful September. . . ~ Barry

**SEPTEMBER UCCA MEETING**

**September 9, 6:00pm, UC Library on Governor Dr.**

**Special Guest Officer Holly Tafoya, UC Community Liaison, will introduce Carl Radar from the police dispatcher's unit to discuss the non-emergency calling process and how to be a more effective caller. Plan to be there at the start of the meeting so as not to miss out on the eye-opening info!**

**EDITOR'S NOTES...** by Jemma Samala

Transition. The one word that sums up this month for me. My younger son starting driving, and my parents moved out of UC. And the biggest change is of my older son leaving for college. At least he's still in California, but a little too far away to come home on weekends to do his laundry. Although who knows, he might since I refused to buy the college's laundry service plan. Shouldn't Laundry 101 be the first thing they learn?

I can't share my feelings yet, since as of this writing he hasn't left. But I can share the reaction of his group of friends when the first one left on a plane to Oregon. More than a dozen of his friends and us moms gathered at the airport. Our farewell was extended due to numerous flight delays, but we spent the time reminiscing, eating in the food court, and playing cards. As the time of departure drew near, we slowly walked to the gate, much like a funeral procession. The boys were sad not only that their friend was leaving, but knowing life for all of them was changing. My son was the first to shed tears. They have grown up together since Kindergarten, in the comfort of this UC community. And us moms have grown up together too, having the strong bonds we developed through elementary school volunteering, sporting events, and the oh so tough teenage high school years. But as us moms shed those tears goodbye, we have comfort in knowing that we will transition together from packing lunches to sending care packages.

So for those of you with the wee youngsters, when they say enjoy those early years, savor each moment. And realize that back-to-school shopping days are happy ones...because when you shop to start college, add a few thousands to your budget.

And on a really serious note, I can't wait to transition to the fall weather. As I write this, I am comfortably laying in a beautiful corner air-conditioned room at the Embassy Suites next to Westfield UTC, with construction cranes in the background. Because with no air conditioning at home, like many of us in UC, there was no way I could work on the newsletter there. Can I write off the expense?



**Save the Date: EdUCate!'s 7th Annual Oktoberfest**

Get some local brew tastes, as well as support local schools, on Saturday, October 10, 2:00-6:00pm, at Standley Park during EdUCate!'s Oktoberfest.

Besides the beer garden, there will be entertainment from

German bands and our UC schools, games, and food. Home brewers can enter the Home Brew Contest (a BJCP sanctioned event). The winner will be able to serve their winning brew on tap at Home Brewing Co. in North Park.

Contributors to EdUCate!'s Dollar-A-Day (DAD) program, \$180 or more, get VIP status, which includes all-you-can-taste beer, wine or non-alcoholic beverages. Donate on the EdUCate! website ([www.uc-educate.org](http://www.uc-educate.org)) or day of the event. Anyone interested in volunteering, sponsoring, and/or donating beer and/or wine, please contact Dawn Yandel, Oktoberfest Chair at [dawnyandel@aol.com](mailto:dawnyandel@aol.com).

*Enjoying and Easing into UC*

by Ernie McCray

Life. I've lived in the Golden Hill/South Park area for 40 years. But one of my daughters needed more time away from her work to give her two young ones the kind of care and start in life she desires for them. So she and her family moved in with me - and I gradually moved in with my sweetheart in University City who came into my life after my wife passed away.



But I'm enjoying and gradually easing into UC. It's a different pace, however, as my old stomping grounds, high above downtown, is a little more energized. More people moving about, it seems. Cafes and little shops here and there intermingled with old historic craftsman homes.

I'm a walker and that's been different for me in my new community. I'm used to stepping out of my house onto the streets and then just taking off in any direction. However, now living on Cozzens, my fast-paced walks begin with only one way to go: up and up and up. The workout starts immediately.

I'm discovering the canyons, though, and that's been a delight for this old hiker. Oh, we never know what life might bring, do we? I, having grown up in Tucson, Arizona, find myself in a community wherein there lives an old friend, and colleague, Barry Bernstein (president of UCCA), who hails from the same town. Just knowing that makes the move nice for me. I'm digging UC.

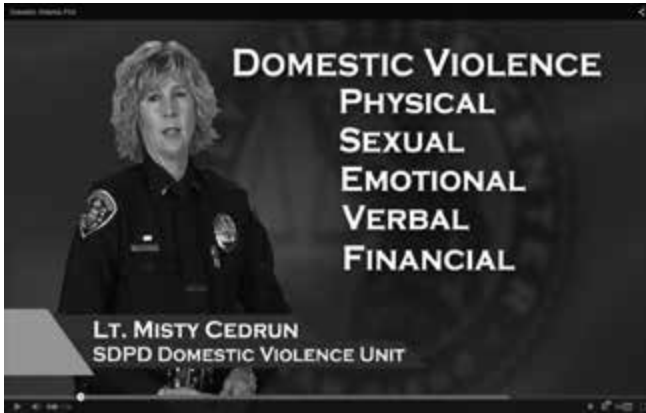
**2015 UCCA Board Members**

**Executive Board**

President: Barry Bernstein, [apdrfn@aol.com](mailto:apdrfn@aol.com), 858-453-3713  
 Vice-President: Barbara Henshaw, [barbarahenshaw@ymail.com](mailto:barbarahenshaw@ymail.com)  
 Secretary: Vince Reardon, [vfreardon@gmail.com](mailto:vfreardon@gmail.com)  
 Treasurer: Ginny Charvat, [ginnycharvat@yahoo.com](mailto:ginnycharvat@yahoo.com)

**Appointed Positions**

Beautification: Merle Berman, Chair, [mberman@san.rr.com](mailto:mberman@san.rr.com), and Barbara Gellman, Co-Chair, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
 Corresponding Secretary: Terry Jones, [t17jones@roadrunner.com](mailto:t17jones@roadrunner.com)  
 Historian & Holiday Tree Lighting Coordinator: Darlene Ventimiglia, [darleneven@yahoo.com](mailto:darleneven@yahoo.com)  
 Membership: Hallie Burch, [UCCAMembership@gmail.com](mailto:UCCAMembership@gmail.com)  
 Neighborhood Watch: Barbara Gellman, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
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 Improve UC Rep.: Mack Langston, [mack@pacificcoastcommercial.com](mailto:mack@pacificcoastcommercial.com)  
 \*Non-Voting Member



**Lt. Misty Cedrun: Welcome to the San Diego Family Justice Center**

by Diane Ahern

Ever wonder what became of Northern Division's Lt. Misty Cedrun? UCCA found her at the Family Justice Center celebrating her one-year anniversary with SDPD's Domestic Violence Unit.

Located in downtown San Diego at 1122 Broadway, Suite 200, San Diego, CA 92101, the San Diego Family Justice Center is a public safety initiative launched by the City of San Diego to assist victims of family violence. It was the first comprehensive "one-stop shop" in the nation for victims of family violence and their children.

Under one roof, more than twenty-five agencies have come together to provide consolidated and coordinated legal, social, and health services to women, men, children, and families in need. Victims of family violence can now come to one location to talk to an advocate, get a restraining order, plan for their safety, talk to a police officer, meet with a prosecutor, receive medical assistance, and receive information on shelter.

The San Diego Family Justice Center is a unique and safe place where victims of domestic violence are their highest priority. Lt. Cedrun and her staff are committed to providing victims and their children the help they need to break the cycle of family violence that so often damages and destroys families. They work diligently to help stop domestic violence in the families of San Diego County.

If you are in immediate danger, please call 911 or the San Diego Domestic Violence Hotline at 888.DV-LINKS (888.385.4657). If you would like more information about the San Diego Family Justice Center, call the Center's toll-free Information Line at 1.866.933.HOPE (4673). The Center's trained staff and volunteers can offer help, answer questions, or give you information about the resources available to you. Come to the San Diego Family Justice Center and find safety and support.

Source: Lt. Misty Cedrun and <http://www.sandiego.gov/sandiegofamilyjusticecenter/>

Lt. Cedrun recently recorded a public service announcement about the Family Justice Center; the YouTube link is available on the website.

**Discover a New Way to Get Around with ShiftSanDiego.com**



**Don't let traffic get you down.** ShiftSanDiego.com is your source for transportation solutions that will reduce the stress of driving in traffic and save you money on gas and parking.

**Tools at your fingertips.** Try our custom trip planning tools to find a better commute and navigate through construction in the greater Golden Triangle. With ShiftSanDiego.com, take advantage of resources and incentives that make it easier for you to leave your car at home:

- Find out how much you could save with the Commute Calculator
- Find a carpool or vanpool partner with TripPlanner
- Learn about the regional vanpool program subsidy of up to \$400 per month
- Register for the Guaranteed Ride Home service and never get stranded
- Track your trips, watch your savings, and win prizes with TripTracker

**Don't let construction slow you down.** A number of transportation improvements are underway in and around the Golden Triangle including improvements at the Interstate 5/Genesee Avenue interchange. Learn more about these improvements using Shift's interactive transportation map.

Shift is a partnership between SANDAG and Caltrans to help people make informed travel choices and get through construction.

To learn more about how you can help improve your commute, visit [www.shiftsandiego.com](http://www.shiftsandiego.com), email [shiftsandiego@sandag.org](mailto:shiftsandiego@sandag.org), or call the construction hotline at 888.720.9321. Follow @iCommuteSD on Facebook and Twitter for the latest iCommute news. Search #ShiftSanDiego for project updates and travel tips.

**NATIONAL PRESCRIPTION DRUG TAKE-BACK DAY**

**SEPTEMBER 26, 10:00am – 2:00pm**

**SCRIPPS GREEN HOSPITAL**

10666 N. Torrey Pines Road, La Jolla

Additional locations at [www.DEA.gov](http://www.DEA.gov). For info about Scripps Health participation, contact Amber Ter-Vrugt, Director of Community Relations, at 858.678.6202 or [ter-vrugt.amber@scrippshealth.org](mailto:ter-vrugt.amber@scrippshealth.org)



**John Lee Evans,  
Trustee, San Diego  
Unified**

Spreckels Elementary is undergoing a major transformation, as it is being improved to more closely fit the needs of the neighborhood. Staff and parents are excited about the new leadership under Principal Michel Cazary. Academic rigor is being increased and more families

will now be choosing their neighborhood school. This is a wonderful time for families entering Spreckels.

Public schools in San Diego are on the rise. The goals of Vision 2020 are steadily becoming a reality. Our high school students are going to be better prepared for college and career as we transform high schools across the district with broader curriculum and internships. The University City Cluster is no exception. The elementary schools and middle school are collaborating to better prepare our students for high school with an emphasis on critical thinking. We are shifting from an emphasis on rote memorization of content to an ability to critically sift through the plethora of information now available via the Internet.

Vision 2020 emphasizes the importance of quality neighborhood schools. As the quality goes up at all of the schools across the district we anticipate fewer kids attending outside their neighborhood. As the number of outside students in UC schools goes down, we also expect more UC neighborhood kids to attend their local school. At the UC Cluster this year we will be discussing ways to balance the enrollment at our three elementary schools, possibly making some boundary changes. All of this will depend upon community input.

*Volunteer  
Opportunity*

Willing to make a difference in the life of a child in University City? Doyle Elementary, as well as all elementary schools, is looking for reading tutors for the 2015-16 school year. You will read with students who have been identified by their teachers as needing help. Training is available through San Diego County Office of Education at community sites. The tutoring commitment is about two hours, one morning a week during the school day, October through May. Materials are provided and you'll be working with the same students each week. Tutors substitute for one another for appointments, traveling and unexpected events!



For more information contact [cidunlevy@sdcoe.net](mailto:cidunlevy@sdcoe.net). For information specific to Doyle Elem., please contact Carol Parham at [cjparham@gmail.com](mailto:cjparham@gmail.com) or (c) 858.864.3141.



**EAGLE SCOUT GARRETT  
WOODWORTH HONORED**

UCHS Senior Garrett Woodworth is pictured above being honored for reaching the level of Eagle Scout. Woodworth consistently performed community service and leadership skills to get to the level. Congrats Garrett!

**SCHOOL SHORTS**

**UCHS:** The PTSA asks all UC individuals and businesses to consider joining the UCHS team as a community partner. The PTSA funds support student programs (assemblies, testing snacks, club grants, SAT workshops), teacher support (mini-grants, appreciation luncheons), senior activities (Grad Nite, Disneyland, scholarships), and overall school support (sponsored presentations, hospitality, honorary service awards, and UCHS Adopt-A-Family). All community partners will be recognized on the PTSA website. Join at [www.uchspsta.org](http://www.uchspsta.org) and for questions contact [uchsmail@gmail.com](mailto:uchsmail@gmail.com).

**CURIE: SAVE THE DATE** - Join us for Curie Elementary School PTA's 37th Annual Holiday Craft Fair on November 7 from 9:00am to 3:00pm. There will be 100+ vendors selling a wide array of handmade items. Plenty of exciting activities for the whole family are being planned. Proceeds from the event will help fund art, music, science, and physical education programs. Booths are still available for vendors. For more information, visit [www.curiepta.org/curie-craft-faire/](http://www.curiepta.org/curie-craft-faire/).

**School Hours**

UCHS: 7:24am to 2:18pm, early Wednesdays end 12:54pm

Standley (NEW HOURS): 8:00am to 3:00pm, Wed. end 1:38pm

Curie: 7:50am to 2:10pm, Wed. end 12:15pm

Doyle: 7:40am to 2:00pm, Wed. end 11:45am

Spreckels: 8:55am to 3:25pm, Wed. end 12:20pm



**UC Community Library on Governor September Event Highlights | 4155 Governor | 858-552-1655 | [sandiego.gov/public-library](http://sandiego.gov/public-library)**

**Adults**

**Qi Gong** - Every Monday @ 9:30 - 11:30 AM. Qi Gong (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body. These gentle exercises are suitable for any age and health condition.

**Adult Yoga** - Every Tuesday @ 4:30 - 5:30 PM. Gentle exercises to aid flexibility and improve concentration. Bring your own yoga mat or towel.

**Chair Sit Yoga** - Tuesday September 1 and 15 @ 2:00 - 3:00 PM. Get fit where you sit! Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support.

**Fine Wine Seminar** - Wednesday September 2 @ 6:30 - 7:30 PM. Wine Basics or a Common Sense Approach to Wine. Join Bill Curtis who will share what questions to ask clerks in a wine shop, and servers in a restaurant when ordering wine.

**Memoir Writing Group** - Thursday September 10 @ 1:15 - 3:00 PM. Make your memoir sparkle. Your memories are priceless. You are the only one who can write them. Find guidance, inspiration and acceptance of the past in this new writing group. RSVP please call (858)552-1655.

**Accordion Club** - Saturday September 12 @ 9:30 a.m. - 12:30 PM. All are welcome! Second Saturdays.

**UC Book Club** - Wednesday September 23 @ 2:00 PM. The Book Club will be discussing *Don't Let's Go to the Dogs Tonight*, a memoir of life with Alexandra Fuller and her family on a farm in Rhodesia after the Rhodesian Bush War ended in 1980.

**Online Security for Seniors** - Thursday September 24 @ 2:00 - 4:00 PM. Learn how to protect your computer and yourself while on the internet.

**Concert: Duo Decorus** - Wednesday September 30 6:30 - 7:30 PM. Duo Decorus is a virtuoso ensemble comprised of violinist Päivikki Nykter and cellist Cecilia Kim. They are friends on and off stage, which is apparent in their seamless and graceful ensemble playing.



**Children**

**Preschool StoryTime for Kids** - Every Thursday @ 10:30 - 11:30 AM. Join us for stories, crafts, finger plays and songs.

**Makerspace Craft Station** - All week long (Monday - Saturday). A craft station is available in the Children's Area during library hours with a different craft each week.

**SD Book Arts** - Thursday September 17 @ 11:00 - 12:00. "Who Am I?" A learning book. Make colorful rubbings of 10 animals and their names on the cardstock pages with your preschooler. Decorate the cover with a favorite animal peeking through the window. Every book is bound securely and includes a separate window card so you can play a guessing game of "Who Am I?" with your child and their book.

**Tweens/Teens**

**Kendama Club** - Every Wednesday @ 1:30 - 2:00 PM. Test your skills against others learn new tricks and just have FUN!!!

**Video Game Fridays** - Every Friday @ 3:00 - 4:00 PM. Wii gaming with your friends, get your game on!

**Challenge Island** - Wednesday September 30 @ 2:00 - 3:00 PM. Your kid and their tribe mates will use their creativity and problem-solving skills in this Minecraft-inspired Challenge Island class. They will design their own shelter in the microworld of Steve and the gang and protect it by creating a trap to capture critters that may attack.

**North University City Library September Event Highlights | 8820 Judicial Drive | 858-581-9637 | [sandiego.gov/public-library](http://sandiego.gov/public-library)**



**Revised Storytime Schedule – new dates and/or times:**

**Babies & Books**, Mondays at 9:45 AM (begins 9/14). This lap sit Storytime will introduce a love for books by using song, movement, rhythm, and rhyme.

**Preschool Storytime**, Thursdays at 10:30 AM. This Storytime program engages young children with short stories, finger

plays, action rhymes, and songs.

**Fun with French**, Thursdays at 11:15 AM. Explore the French language through song in this bilingual program.

**Russian Storytime**, September 10 & 24 at 9:45 AM. Stories and Songs in the Russian language.

**Library Fines Got You Down? San Diego Public Library announces Library Fine Discount Month, September 1 - 30, 2015.**

Return overdue books and materials and the Library will match your fines dollar for dollar. Pay 50% of your book and material fines due and the Library will match the remaining 50%.

**Discount Guidelines:**

- Offer does not apply for accounts sent to the Treasurer's Office for collection or for Interlibrary Loan or San Diego Circuit charges.
- Fines can be paid multiple times throughout the month

and will be eligible each time for half price discount, however, this discount offer will not be extended beyond September 30, 2015.

- This discount does not apply to payments made online via debit or credit. Payments must be made in person by cash or check (or debit card at the Central library). For more information, visit <http://www.sandiego.gov/public-library/> or inquire at your local library.

**Notes:** Many thanks to the Friends of the Library for their generous sponsorship. You, too, can be a Friend; ask at the Check Out Desk. Please call the libraries to confirm any given program. Changes are rare, but may occur. Libraries will be CLOSED Monday, September 7, 2015 - Labor Day.



**Venture Crew pictured from left to right (starting with back row):** Clark Smith, Tiffany Smith, Krzysztof Bigaj, Luka Stojic, Rayph Cosford, Rebecca Cosford, Nick Cosford, Terri Evans, Anika Porter, Jordynn Burney, Serina Wilson, Luke Vickrey, Paul Vickrey and Lydia Cosford.

## Local Venture Crew Backpacks Through New Mexico Wilderness

by Lydia Cosford

Five students from University City High School went with their Venture Crew on a life-changing summer trek through the Sangre de Cristo Mountains at Philmont Scout Ranch in Cimarron, New Mexico. During their trek, the Venture Scouts and Advisors from Crew 506 hiked 75 miles over 11 days this past June.

The co-educational crew of thirteen carried everything on their backs they needed to survive. They participated in backcountry programs along the way, including rock climbing, horseback riding, pole climbing, archery, shotgun and rifle shooting and tomahawk throwing. Together, they also summited the peaks of Mount Phillips (elevation 11,711 feet) and the famous Tooth of Time (elevation 9,003 feet). The trek included a conservation project where they learned and participated in the upkeep of Philmont's ecosystem by rebuilding a historic trail.

Venturing is a co-educational, high adventure, outdoor scouting program for youth ages 14-21 that is operated through Boy Scouts of America to build character, peer-to-peer bonds and independence. For more information about Venture Crew 506, please contact Clark Smith 858.204.9151 or the San Diego Council of Boy Scouts 619.298.6121.

## CENTURION FOUNDATION LOYALTY

The Centurion Foundation of UCHS is a non-profit organization dedicated to supporting athletics and extracurricular groups, including the UCHS football program. The UC community can help support the foundation through much needed donations. For those that generously donate \$100 or more, you receive three Loyalty Cards good for admission to ALL home varsity football AND basketball games during their regular seasons. To make your contribution, and be part of the Centurion Spirit, go to [uc-centurionfoundation.com](http://uc-centurionfoundation.com). Or find the CF table at the September home football games.

## FRIDAY NIGHT LIGHTS RETURN

by Theresa Fox

The 2015 UCHS Centurion Football season is finally here! Like the Centurions of the past, this year's team has skill, speed, and strength, and has been vigilant in their practices showing ATTITUDE and EFFORT! The players have been preparing all summer, including their 1<sup>st</sup> Annual Lineman Camp at The Boxing Club in UTC, and participating in three passing tournaments, including the North County Passing Tournament, where the Cents were Champions of their bracket! This year is especially exciting as the entire Centurion family welcomes first year Head Coach Ryan Price.

Coach Price was with the Centurions the last two seasons where he has served as Co-Defensive Coordinator, Defensive Line Coach, Tight Ends Coach, and Strength and Conditioning Coach. Coach Price was instrumental in the UC football program reaching the CIF Division IV Quarterfinals the last two seasons. Price has assembled an excellent coaching staff to assist him, and is excited about his first year leading the Centurions, "We have a strong core of Seniors going into their 3<sup>rd</sup> year as Varsity starters, and have some young, exciting players who we are looking to step up this year. This group loves to compete, which we're hoping has a direct impact on our success this year."

The team has five home games starting on September 4 (see schedule below). Our players and coaches are working hard to represent their families, our school, and our great community. If you would like to become a sponsor or make a tax deductible donation please contact our Treasurer, Nancy Weiss, by sending an email to [treasurer@uchsfball.org](mailto:treasurer@uchsfball.org). UC U Know!



*The UCHS varsity football team after their first season game and big win over Del Norte High School on August 28 with a score of 34-14. Photo courtesy Heidi Keller-Lapp.*

## UCHS Varsity Football Schedule

September 4	6:30pm	Mission Bay at <b>UCHS</b>
September 11	7:00pm	at El Cajon Valley
September 18	6:30pm	San Ysidro at <b>UCHS</b>
October 3 (Sat.)	3:00pm	at Francis Parker
October 9	6:30pm	Coronado at <b>UCHS</b>
October 16	6:30pm	Bishop's at <b>UCHS</b>
October 23	6:30pm	at Kearny
October 30	6:00pm	Clairemont at <b>UCHS</b>
November 9	6:30pm	at San Diego



## THERE'S A NEW MINISTER ON THE MESA

by Betsy Sickels

There's a new minister on the Mesa and her name is Iona Dickinson! She hails from Delmar, in upstate New York, and is now the pastor of the UC United Church of Christ on Governor at Stresemann.

Born and raised in Wynantskill, NY, she has been serving as Associate Pastor at First United Methodist Delmar, NY since September 2010. Prior to Delmar, Iona served as Associate Pastor at the Claremont UCC in Southern California for 8 years. Before that, she studied Environmental Science and Religious Studies at Allegheny College in PA, and earned her Master of Divinity at the Claremont School of Theology.

As pastor at UCUC, she sees her job as helping the congregation articulate who God is calling the church to be in this time and place. Through listening to the stories of the past, getting a sense of the concerns of today, a vision can be set that will help the entire church move in one direction.

When not at church, Iona spends time in her UC home with her family (spouse Phil Jenkins and daughters Eliza (6) and Salina (3)), reading, canoeing, swimming, cooking, or napping (with two small kids this goes with the territory).

For more information, check out our website at [ucuc.org](http://ucuc.org) or call 858.453.3444.



## Raptors in Rose Canyon

The Friends of Rose Canyon will be holding a free event on October 11 in Marcy Park. The Raptor Institute will bring hawks and owls for a presentation. This will be the third year the Friends has provided the free event for kids and adults. More info next month.

## BROWN BAG OPERA: THE MERRY WIDOW



On September 13 Our Mother of Confidence Catholic Church will offer, in The Brown Bag Opera Series, the comic masterpiece *The Merry Widow*, composed by Franz Lehár. Starting time is 1:00 pm (note new start time).

The story is based on the fairly dated idea of marrying off a wealthy widow to a son of a bankrupt Balkan State so that her money will keep the country afloat. Plenty of hijinks, sparkling music, memorable melodies and some very fine singing by the leading lady: Renee Fleming. The operetta has enjoyed extraordinary international success since its 1905 premiere in Vienna and continues to be frequently revived and recorded. Film and other adaptations have also been made. Well-known music from the score includes the "Vilja Song", "Da geh' ich zu Maxim" ("You'll Find Me at Maxim's"), and the "Merry Widow Waltz".

There is no charge for the event and all are welcome. This is OMC's gift to UC, and no prior registration is required. More info can be found on the Brown Bag website: [www.brownbagopera.com](http://www.brownbagopera.com). The website provides updated info on upcoming brown bag operas, including opera synopses.

## Soroptimists Seeking New Members

by Maureen Flores

Soroptimist International of Mission Bay is a non-profit service organization of women in San Diego County who volunteer to make a difference in the lives of women and girls. We believe that through education and training, women will become more empowered with self-esteem, financial rewards and community recognition. Through empowerment, these women are able to overcome obstacles of the past, heal themselves and have a stronger voice in their communities. We are looking for friendly, helpful women over 18 to join our organization to help with our mission to improve the lives of women and girls. Please see our website at: [www.soroptimistmissionbay.org](http://www.soroptimistmissionbay.org) for membership information and more about our club and service efforts.

Our club does several fundraisers each year so that we can provide assistance to the following programs: Live Your Dream Program, Christian Community Service Agency, Polinsky Center and Pan American Institute. The Live Your Dream program provides a woman in need the opportunity to earn a \$1,000 grant to assist with college/technical school expenses. We are currently looking for applicants for the 2015-16 program. Applications and eligibility requirements are available on our website. Our next fundraiser is the Handmade Craft Fair at Our Mother of Confidence Catholic Church on Saturday, September 12, from 9:00am-3:00pm located at the corner of Governor and Regents. Please come out and support our fundraising efforts! We are also looking for assistance with making hats for the Tecate Christmas Train project. Please see our website for details.





### *Green Thumb, Green House*

by Tama Becker-Varano

*(Pictures courtesy of Theresa Fassel and Marilyn Mehr)*

What a treat it was to host the July UC Garden Club and gather with our UC neighbors, both new and familiar. Our garden is a reflection of my husband Marshall's green thumb and my green minded design. To maximize our opportunity to grow fresh, organic fruit and vegetables we have utilized our front and back yard to accommodate over 25 fruit trees and various vegetables as well as drought tolerant flowers. In doing so, we have also incorporated various water saving techniques and overall green living into our daily home life, such as:

- The installation of several rain barrels, including a 530 gallon Slimline rain barrel which fits in our side yard. As a reminder, San Diego is offering a rebate on rain barrels up to \$400. SoCal Water Smart is also offering another \$75 rebate.
- The installation of a greywater system that allows the water from our washing machine to be redirected to our fruit trees and other non-vegetable type plants.
- The installation of artificial turf in our backyard in 2009 as our daughters Marina and Sierra, both avid volleyball players, needed an area to practice and have fun with friends. We haven't experienced any issues with its quality or maintenance, it has not faded or torn after years of play/use.
- All trees and plants are on an automatic drip system. We also compost all fruit and vegetable scraps.



### Give Cigarette Butts a Kick in the Butt

by Vince Reardon

As a former two-pack-a-day cigarette smoker I've tossed my share of butts on the ground. That's what cigarette smokers did, back in the day. They flicked their butts... wherever.

Was I simply unaware of the harmful effects of cigarette litter? Yes and no. As much as we like to think of ourselves as rugged individualists, we are always under the sway of a powerful but subtle influencer called "social proof," according to social psychologist Robert Cialdini. In social situations Cialdini says we look around to see if our behavior is acceptable or not. If we see smokers tossing their butts, we'll likely believe it is okay to do the same. I mean, how could something so small and inconsequential as tossing a butt really matter?

Unfortunately, it does matter. Cigarette butts remain the most littered item in the U.S. and across the globe, according to Keep America Beautiful (KAB). KAB says most cigarette butt littering is caused by lack of awareness about its environmental impact. In addition, KAB says new ordinances are moving more smokers to outdoor areas without ash receptacles, and automakers have phased out ashtrays as a standard feature in new cars.

What can you do? If you smoke, toss butts in the trash, not out the car window. Remind other smokers to do the same. And get involved in your community. Join us, People for a Clean UC, at our next neighborhood cleanup on Sunday, September 13, from 7:30-9:00 am at Starbucks, 3202 Governor Dr. All supplies are provided. Together let's kick butts in the butt!



I have been a vegetarian for 29 years and vegan since 2013. Did you know that eating less meat is the best way to conserve water? Better than a rain barrel and better than artificial turf or drought tolerant landscaping. Meat production creates one of the most intensive uses of water in California and elsewhere. Go to [www.truthordrought.com](http://www.truthordrought.com) for more FAQs on why you should consider eating less meat to save water. My decision was based on the humane treatment of animals, but to know that it coincidentally reduces my water footprint is an added benefit.

Other ways we have gone green include:

- Solar energy system installed in 2008
- Line dry clothes (all year long in San Diego!)
- Pack zero-waste lunches and bring "tubberware" when eating out
- And much more, email me for more ideas!

Supporting local businesses is also part of our green mission. I proudly recommend the following green businesses:

- Rain Water Systems-Rain barrel consultation & installation
  - Ong Nursery-All types of fruit trees
  - JR Organics-Produce Coop, local farm
- Happy Gardening UC! [Tamambv@msn.com](mailto:Tamambv@msn.com)

# UC's Summer Scene...

## ...Summer Concerts

### ...Banana Split Day



UCCA President Barry Bernstein scooping it up. Photo: Greg Hom.



Looks like a beautiful day for ice cream. Photo: Greg Hom.



Thanks to the Heimburger Family for continuing the tasty UC tradition. Shown above is Karsten and Jorgen Heimburger, with nephew/grandson Otto Mansfield. Photo: Sandy Lippe.



Teaser performs during a Friday night performance, including UC's Rick Kern. While below, it's family, friends and food. Photos: Teaser



UCCA Board Member Diane Ahern was awarded the Volunteer of the Year award at the Friday Night Summer Concert, seen here with UCCA President Barry Bernstein. Ahern has been instrumental in her work on publicity, promotions, Buy Local, and social media. Her energy, effort, and capabilities have made UCCA a much stronger, viable community organization.



**... 4<sup>th</sup> of July UC Celebration**



*Fourth of July photos courtesy of Greg Hom, who seems to be everywhere in University City, as the UCCA newsletter committee can always rely on him to submit photos.*



**Thanks to the following new and renewing**

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**GOLD**

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 Chase Bank  
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**UCCA Wants to  
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UCCA is seeking local businesses to participate in **Buy Local with UCCA**, a program that connects local businesses with UCCA members. Here's how it works.

- **The local business provides a discount or special offer to UCCA members;**
- **UCCA promotes the business and offer on its website and newsletter;**
- **and the local business gets more customers more often.**

This year, 33 local businesses participated. UCCA is now ready to enroll additional businesses for the 2016 membership year. The only 'cost' to participate is a current UCCA membership.

If you are a business owner/operator, think about the unique services and/or products your business offers. Then select a special discount, a free consultation, a UCCA discount day, a give-away, or whatever you choose to promote your business.

Register your special offer with UCCA and it will be listed on the UCCA website [www.universitycitynews.org](http://www.universitycitynews.org) and promoted in the UCCA newsletter. Each business is limited to one offer at a time. Go to [www.universitycitynews.org/buy-local-with-ucca/](http://www.universitycitynews.org/buy-local-with-ucca/) to register. Contact Diane Ahern at 858.246.6064 for more info.

The 2016 UCCA membership campaign will officially launch in October.



**POWELL BROTHERS HOLOCAUST  
 MEMORIAL PROJECT**

UC residents and brothers, Mark (past UCCA board member and sponsor of Buy Local) and Frank Powell, are proposing a WWII Holocaust Memorial in Tuna Harbor Park, next to the kiss statue and the USS Midway Museum. The memorial would honor the US Army troops who liberated Nazi death camps making it a rare tribute to the Army in San Diego.

The memorial features a bronze statue of Gen. Dwight D. Eisenhower along with soldiers and Holocaust survivors standing on a map of Europe during WWII. Arcing overhead is an 18-foot-tall piece of barbed wire, the international symbol of oppression, with two of the figures trying to pull it down to symbolize the struggle against tyranny and oppression. One of the soldiers has a hand outstretched, as if motioning to people for help.

The Powell brothers wanted a memorial that shows strength, liberty and freedom and to recognize San Diego's Army history, which includes Camp Callan, an anti-aircraft training facility in La Jolla during World War II, and Fort Rosecrans, which dates back to the 1850s. Miramar was an Army base (Camp Kearny) before it belonged to the Marines. San Diego was an Army town before it was a Navy town and Army troops often shipped out from the waterfront next to where the memorial is proposed.

The estimate the cost is \$995,000 and will be funded through private donations. The Powell brothers have submitted a preliminary application and are hopeful to have the memorial in place by next July. If you have any questions, contact Mark Powell at 858.922.7725 or go to [www.militaryliberation.org](http://www.militaryliberation.org).



*Pictured on the deck of the USS Midway with Holocaust survivors Max and Rose Schindler, who were imprisoned in Nazi concentration camps; their parents and siblings were all killed in the camps. The memorial will honor and acknowledge the US Army's History in San Diego during WWII and will remember those who were killed in the concentration camps and will also celebrate the survivors who were rescued by the US military. . .survivors like the Schindlers.*



## Green Living is Easy at Workshops

by Dave Roberts



Have you wanted to “go green” but don’t know where to begin? One way is to get expert advice at a Green Living Workshop. The workshops are part of the educational program at Solana Center for Environmental Innovation. Since its founding in 1983, the nonprofit group in Encinitas has been a local leader in protecting the planet. This month’s

Green Living Workshop is all about creative and colorful succulent landscapes. And where better to hold the workshop than at San Diego Botanic Garden? Succulents are among the many, many plants in the Garden’s collection. I am signed up to attend the workshop at 10:00am, September 20 at 230 Quail Gardens Drive, Encinitas.

Two presenters, Melissa Teisl and Jon Hawley of Chicweed Landscape Design, will share tips on how to design a garden, how to incorporate succulents into an existing landscape and how to save a lot of water while you’re doing it. Water conservation – a timely subject during California’s historic drought – is the topic of Green Living Workshops in October (Gray Water Demystified) and November (Watershed Gardens: How to Retain Water and Reduce Runoff Pollution). A workshop in June covered barn owl nesting boxes. In July, attendees sorted out the facts and fiction of household solar energy generation. Another workshop covered backyard chickens. The workshops are short and get right to the point. “It’s just an hour out of your day,” said Jamie Higgins, the Center’s communications coordinator. “What we try to do is present topics people are interested in. We bring in experts and they are able to answer a lot of questions.”

I appreciate the Solana Center using the workshops to promote local businesses and the relevant goods and services that they provide. I also appreciate how the Solana Center reinvented itself from a hauling company to one devoted to environmental education. Starting in 1983, the nonprofit agency known as Solana Recyclers operated a fleet of trucks, which lumbered through the streets of Encinitas, Solana Beach and Del Mar. As a pioneer of the county’s first curbside recycling program, the company emblazoned its name and logo on its vehicles and on the green and yellow recycling buckets it distributed to every household. That made the nonprofit company unavoidably visible. Its purpose was easy to understand and so was its name: Solana Recyclers. In 1996, Solana Recyclers got out of the curbside recycling business and turned its focus toward education.

Today, local children might recognize the company as the one that leads talks in their schools about pollution prevention. The presentations about household hazardous waste teach children about the harm detergents, oils and pesticides can cause to the ocean, rivers and lagoons. At the center’s modest headquarters on county-owned property in Encinitas, people can attend composting workshops and purchase containers for growing worms. I hope you will join me on Sept. 20 at the San Diego Botanic Garden for the succulents workshop. Green living is easy and good for us, too!

*Dave Roberts represents the Third District on the San Diego County Board of Supervisors.*

## Council President Sherri Lightner

*Lightner joins UC residents during National Night Out event.*



I hope everyone enjoyed the summer! I was happy to attend the “Oh Say Can UC” 4<sup>th</sup> of July Celebration at Standley Park as well as the National Night Out at Spreckels Elementary School on August 5. National Night Out is an annual community event that promotes partnerships between the Police and the community. Thank you to all of the community members that continue to be such great partners with our hardworking SD Police Officers.

On July 13, the City Council unanimously approved a Zero Waste Plan. The goals outlined in the plan are to divert 75% of the City’s waste from the landfill by the year 2020 and to divert 90% by 2035. The end goal is to become a zero waste city by 2050. I am also pleased that the University Village Tot Lot project is scheduled to go out for bid in the fall with construction set to begin in February of next year.

On a different note, I am disappointed to report that the Metropolitan Transit System (MTS) recently approved a thirty-year contract granting naming and advertisement rights for the planned Trolley extension to University City without prior notification to the community. The details of the deal can be found here: [www.sdmts.com/MTS/documents/2015-07-16.pdf](http://www.sdmts.com/MTS/documents/2015-07-16.pdf). It is discouraging to see a lack of communication between UCSD, MTS and University City community leaders on such an important project. Despite the issues created by this, I am hopeful that we will have an improved public outreach process in the future.

As summer comes to a close, take advantage of the summer hours at the Swanson Pool through September 7, listed below. Please see the City’s Park and Recreation Department website for more information on hours and scheduled closures.

- **Mon/Wed/Fri 7:30am-4:00pm**
- **Tue/Thurs 10:00am-4:00pm**
- **Sat/Sun 12:00pm-4:00pm**

The City of San Diego has released the July 2015 Draft Climate Action Plan and the Climate Action Plan Draft EIR for public review. To view the documents, go to: [www.sandiego.gov/planning/genplan/cap/](http://www.sandiego.gov/planning/genplan/cap/)

Comments on the Draft EIR can be sent to: **Rebecca Malone, Associate Planner, City of San Diego Planning Department, 1222 First Avenue, MS 501, San Diego, CA 92101** or emailed to [DSDEAS@sandiego.gov](mailto:DSDEAS@sandiego.gov).



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# Neighborhood Residents Show Up Strong for National Night Out Events



by Sandy Lippe

Over a hundred residents of all ages showed up in front of the Spreckels parking lot on August 5th for a special night of Food Truck entrees that support EdUCate! Tim Napper, EdUCate! board member, was pleased with the evening. Thanks to Chicho from Chubby's who organized a good assortment of food trucks.



National Night Out guests gathering at the Hotz residence.



Besides the fine food, our devoted police and firefighters were onboard. Special thanks to Officer Tafoya, Captain Mark Hanten, and Lt. Tina Williams who herded their crew, along with RSVP and Council president Sherri Lightner. Fire Station 35 made a lot of people happy too.

UCCA's Barbara Gellman and Diane Ahern organized the evening activities, hopefully a new UC tradition to continue making us more than a neighborhood.



Over 60 neighbors attended the NNO organized by Radcliffe Block Capt. Elizabeth Linder, and hosted by Claire and Rob Shaughnessy. They were pleasantly visited by Officers Eric Weisman, Andrew Scheidecker, Mark Hanten, Tina Williams, and Holly Tafoya.

