

UCCA 2016 Membership Drive: Page 8

People in UC: Pages 10 and 11

Oktoberfest Info: Back Page

WWW.UNIVERSITYCITYNEWS.ORG

## UC Kids Go Back to School



UC kids of all ages, and their families, are now back into full school schedules. The students are glad to be back with friends, and parents are happy to send them off to be with our excellent local teachers. Some of the first day back at school happy faces are seen above: top left – Brenden and Grady Kennedy; top right – Jack and Keeley Harvey; bottom left – Molly Ryan, Corrie Dudley, Sophia Knowles and Kennedy Selleck; and bottom right – Joaquin Martinez on his first day of Kindergarten.

Back to school is also a time to bring out the calendars to post the many events slated during the school year, including: **Curie Rock & Roll Laps for Learning** - Wednesday, October 14. Every year the entire student body comes out to walk, jog or run to support the many programs that the PTA provides. The students collect pledges for running and donates the funds to the Curie PTA, who uses the funds to provide additional Art, Science, PE, Music, a Multi-Cultural Fair, School Performance, Junior Olympics and many other enhancement programs. UCCA donated \$300 to Curie's Jog-a-Thon. For more info, visit www.curiepta.org/jog-a-thon/.

### SAVE THE DATE:

**Spreckels Spirit Sprint!** November 6, Spreckels Elementary PTA will host its 6th Annual Jog-A-Thon fundraiser. For more info: Jamie Apodaca, jamielya@yahoo.com.

Curie Elementary School PTA's 37th Annual Holiday Craft Fair on November 7 from 9:00 am to 3:00pm. For more info, www.curiepta.org/curie-craft-faire/. The UCCA newsletter will continue to cover these two and other school events in future issues.



## Oktoberfest

Saturday, October 10 2:00-6:00pm, Standley Park

## People for a Clean UC

Sunday, October 11 7:30-9:00 am Starbucks, 3202 Governor Dr.

## Columbus Day

Monday, October 12

### **UC Planning Group**

Tuesday, October 13, 6:00 pm Scripps, 10010 Campus Pointe Dr. First Floor (new location)

### **UCCA Meeting**

Wednesday, October 14 6:00 pm, UC Library

### **UC Celebration Committee**

Wednesday, October 21, 6:30 pm Standley Park Rec. Center

## **Doyle Recreation Council**

4th Tuesdays at 6:30 pm

## **Standley Recreation Council**

4th Thursdays at 6:30 pm

### Halloween

Saturday, October 31



## UNIVERSITY CITY COMMUNITY NEWSLETTER

Published by University City Community Association 3268 Governor Dr., Box 121 San Diego, CA 92122 www.universitycitynews.org 858-412-0786

universitycitynews@gmail.com

Distribution is 6,000 copies, 10 issues per year, hand delivered to South UC residents, schools, libraries, parks and businesses.

Editor Jemma Samala, UCCAEditor@gmail.com Advertising Terri Day, uccaADS@hotmail.com

### Be the Eyes and Ears of UC:

The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

#### **Guidelines:**

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The information contained in submissions may be edited and/or combined with others; for example: upcoming events.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to UCCAEditor@gmail.com or jemmasamala@gmail.com; email any questions.

### Deadline for the November 2015 Newsletter Publication is October 15

Please send your submission as early as possible. The deadline for the November issue is October 15, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter.

The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for same. Publication does not constitute an endorsement.

Follow UCCA on Facebook as University City Community Association, and on Twitter @UCCA SD.



## **UCCA President Barry Bernstein**

October is here...and I hope many of you are planning to attend and enjoy the wonderful EdUCate sponsored Oktoberfest event at Standley Park which supports our public schools. And while you're there, please stop by the "Imagine UC 2020" table for a first hand update on this VERY important community Standley Park improvement project.

Our schools are open, the "Blue Angels" and the Marines at Miramar are completing a great weekend of flying, and the Chargers are providing exciting football for their loyal fans. It's been a frustrating season for our Padres, but there's always next year. For sure there will be an All-Star game here in 2016, as well as a chance to see the Yankees and Red Sox in intraleague play. Our weather, well what can I say, the one day rainstorm was a pleasant relief from the humid hot weather we experienced in September. Now, meteorologists are predicting a monster wet winter calling it a "Godzilla" storm of great proportions blaming it all on the warm ocean waters carried by the El Nino currents; how many rain barrels will you be buying?

UCCA's election of officers takes place in November, see the info on page 3. At the September UCPG meeting a great deal of discussion took place regarding the ongoing UC "traffic study" promised by the Mayor. Read Nancy Groves column on page 12 for info. Whether it's nostalgia or annoyance...get used to the train whistle/horn as it goes through Rose Canyon these days. The state law requires the train engineer to signal in construction zones. Next month a full report on this railroad track expansion project will be published in our newsletter.

And I'd like to encourage each and every one of you to become a UCCA member. UCCA meets the second Wednesday of the month at our library on Governor Dr., please feel welcome to attend these meetings to learn more about events and issues in UC, and to let us know what we might do to help with any concerns. If you live, work, have a business in UC, then you should be a part of what's happening in UC. Check out our membership page and see what UCCA does to maintain and improve the quality of life in UC. Remember, we are "more than just a neighborhood". JOIN UCCA ~ Barry

### **IMAGINE UC 2020: AN UPDATE**

Plans for the Standley Park improvement project, "Imagine UC 2020" are moving forward as reported by committee members. With the approved San Diego Unified's bond funding, and the endorsement of the Standley Park Rec Council, the focus now turns to the City of San Diego. Meetings between San Diego Unified and San Diego City officials will be taking place to discuss and develop a "joint land use" agreement. In the meantime, underground electrical service to the planned Pavilion will be part of the Standley Park Marquis project, which is fully funded and expected to be completed by the end of this year. For further information or questions, you may contact Greg Zinser at greg@improveuc.org. \*Please stop by our information/display table at the Oct.10th Oktoberfest.

## TOOK A BASKETBALL TO MAKE ME FEEL AT HOME

by Ernie McCray

I first visited San Diego in the summer of '55, and didn't want to leave, as I lived in Tucson, the Old Pueblo, a place where you could fry an egg in the heat - if you didn't get fried first. But I really fell in love with the city back in '58 on a basketball trip

when my Arizona Wildcats lost to the Aztecs.



I'll always remember the sheer beauty of the drive from the Grant Hotel along, what was then, 395, to Highway 80, now I-8, passing beneath Balboa Park and alongside dairy farms where buildings have since replaced the cows.

Not forgetting the promise of evenina breezes. grabbed myself a couple of college degrees, in temperatures that registered in triple

degrees and made my way to a classroom of over 30 sixth graders at Oliver Hazard Perry Elementary.

Man, I loved those kids. They enjoyed my "let's have a bunch of fun and learn a bunch of stuff" approach to learning. But my spirit was a little low. I was homesick. Didn't feel like I belonged. And then a basketball bounced off the rim one day in P.E. and I jumped, palmed it, and dunked it for all my kids to see. And they let out a "Wow!" I can still hear today in my memory. I had found myself a home. And, having touched the hearts and souls and minds of so many children over the years, it has been well worth my while.

## **UCCA ELECTIONS**

## **November 11**

UCCA will be electing its officers for the 2016 calendar year. Positions that will be voted upon are the following:

**President** 

Vice-President

**Secretary** 

**Treasurer** 

The candidates' names will be published in our November newsletter. Nominations will be accepted at the election meeting. In order to run for office, you must be a member in good standing and have attended at least two UCCA meetings during this calendar year. If you are interested in running for office, or if you have any questions concerning the election process, please contact me.

Thank you, Mack Langston

**Chair UCCA Nominating Committee** 

619.818.4205

### 2015 UCCA Board Members

### **Executive Board**

President: Barry Bernstein, apdrfn@aol.com, 858-453-3713

Vice-President: Barbara Henshaw,

barbarahenshaw@ymail.com

Secretary: Vince Reardon, vfreardon@gmail.com

Treasurer: Ginny Charvat, ginnycharvat@yahoo.com

### **Appointed Positions**

Beautification: Merle Berman, Chair, mberman@san.rr.com, and Barbara Gellman, Co-Chair, bggellman@yahoo.com

Corresponding Secretary: Terry Jones,

t17jones@roadrunner.com

Historian & Holiday Tree Lighting Coordinator: Darlene

Ventimiglia, darleneven@yahoo.com

Membership: Hallie Burch, UCCAmembership@gmail.com

Neighborhood Watch: Barbara Gellman,

bggellman@yahoo.com

Newsletter Chair/Distributor: Valerie O'Neill,

voneill95@yahoo.com

\*Newsletter Ads: Terri Day, uccaADS@hotmail.com

\*Newsletter Editor: Jemma Samala, UCCAEditor@gmail.com Publicity & Promotion: Diane Ahern, ahern.diane@gmail.com

Improve UC Rep.: Mack Langston,

mack@pacificcoastcommercial.com

\*Non-Voting Member



UCCA traditionally hangs the 9/11 Flag of Honor a day before Patriots Day at Standley Park in hopes that some children will read the names of all those victims who lost their lives on September 11, 2001 and question why. Above, Barbara Henshaw, UCCA Vice President, helped put up the flag.



## Wanted: Neighborhood **Watch Street Captains**

by Barbara Gellman

Do you know all your neighbors? Do you know who is a stranger? Do you know about locks and lights? What do you know about scams? Who do you contact for disturbances from "party houses"?

You can find out answers to all these questions and more by being part of a Neighborhood Watch. Our goal is for everyone in a community to know what to do and who to call regarding emergency and non-emergency crimes. This program is in partnership with law enforcement; we help them so they can help us.

The streets listed below need a street captain or co-captains to ensure that all residents are in the loop so, please contact me at bggellman@yahoo.com to set up a short 15 minute meeting to discuss the step by step process. Be part of the solution, sign

#### Available Streets:

Arnoldson, East	Brannick PI	Bromfield
Bunche	Caminito Araya	Caminito Baeza
Camrose	Cascade St & Ct	Ducommun
Enders	Farley Dr, Ln & Ct	Finsen Ave
Florey S & Ct	Fried	Haworth St
Kantor St	Maynard St	Mercer St & Ct
Murphy	N Carnegie	Occidental St
Panel Ct	Pauling Ave	Pennant
Ramsay Ave	Renault St. & PI	Robbins Way & Ct
Rous	San Clemente Terrace	SandburgAve/Way
Soderblom Ave	Stadium St & PI	Steinbeck St
Stetson Ave & PI	Stettler Way	Stresemann, North
Syracuse	Teasdale Ave	Tula Ct
Tulane Way, Ct	Via Lapiz	Wellesley
Werner	Whipple	Willard

Governor Dr-North & South sides, East & West of Genesee Gullstrand, North & South

Wolfstar Ct



## Who ya gonna call...211

by Diane Ahern

2-1-1 San Diego: Connecting People to the Help they Need

Serving all in San Diego, city and county, 2-1-1 San Diego connects people with community, health and disaster services through a free, 24/7 stigma-free phone service and searchable online database. Using the power of technology and innovation, 2-1-1 San Diego connects people to the help they need.

Service areas are many and include Alcohol & Drug, Clothing & Household Goods, Consumer Services, Counseling & Behavioral Health, Education, Emergency Response & Preparedness, Employment, Environment & Public Health, Family and Individual Support, Food Assistance, Health & Dental, Housing & Shelter, Legal, Military & Veteran, Physical Activity & Nutrition, Public Benefits & Financial Assistance, Transportation, Utility Assistance & Energy Efficiency, and Volunteer & Community Support.

Help is a Phone Call Away: Every hour of every day, someone in San Diego County searches for services, from substance abuse treatment to care for a child or aging parent, food, housing or financial assistance. With more than 6,000 health and human service programs, finding help can seem insurmountable. 2-1-1 can help.

By calling 2-1-1, clients are linked to a live highly-trained Client Service Representatives (CSR) who will navigate them through their situations by assessing their needs and then matching them to the best and closest resource in their community. Assistance is confidential and offered in more than 200 languages and dialects. CSRs provide a wide range of immediate resources to local individuals and families.

Online Database of Community, Health and Human Services: Currently, 2-1-1 San Diego website/database holds information for more than 6,000 health and human service programs. Anyone with Internet access can search the 2-1-1 database to find community resources www.211sandiego.org.

Scams and fraud website provided by the U.S. government: How to recognize and what to do.

usa.gov/scams-and-frauds





"We want to personally thank our wounded warriors, veterans and military families at this year's air show. We take great pride in the men and women who fight our country's battles and the families who support them," said (former) commanding officer Col. John Farnam when making the announcement. "This is also our single-greatest opportunity to open our doors to our neighbors and welcome you to our flight line."

As the largest military air show in the nation, the Miramar show features military and civilian performers and static aircraft displays from around the world. Headlining this year's show is the U.S. Navy Blue Angels demonstration team. Other notable attractions include the Marine Air-Ground Task Force demonstration, the F-35B Lightning II Joint Strike Fighter, the Patriots Jet Team and the Breitling Jet Team for their first U.S. tour.

Practice day is Thursday, October 1. Air Show days are Friday through Sunday, October 2 through 4. Twilight show and fireworks is Saturday, October 3. The air show is free to the public; however, tickets are now on sale for upgraded seating options. For ticket information and up-to-date air show information, please visit the Miramar Air Show website http://miramarairshow.com/. Source: Marine Corps Air Station Miramar Public Affairs Officer, miramarmedia@usmc.mil.

## Dog Feces in the Parks

by Mark Salata

A recent conversation on NextDoor brought about some great consultation concerning dog feces in the parks, and in general. There seems to be many people who own dogs and those who don't that are troubled by dog feces being left in our local parks. Some shared the unfortunate events of needing to clean dog feces from strollers or children's clothing after using the parks. One idea shared was to identify and hire services that will provide dog waste stations to encourage more owners to clean up after their pets. Another was to have a dog park, or special area within the larger parks, to be created in the South UC and Clairemont areas. A third was to place signs around the park to kindly remind dog owners to clean up after their dogs. Lastly, another person brought up the San Diego code under sanitation that applies to private property: "It is a public offense for any person to allow a dog in his or her custody to defecate or to urinate on any property other than that of the owner or person having control of the dog. Persons having control of a dog are required to restrain or control the animal so that it urinates or defecates only in the street gutters, and to immediately remove any feces to proper receptacle. SDCC Section 62.670". What do you think we can do to help reduce dog feces in the parks and around UC?

# Halloween Carnival

Have you decided on a costume? Halloween will be here before you know it and what better way to celebrate than with family and friends at Standley Park's annual Halloween Carnival and Costume Contest, Friday, October 30, 4:30 to 6:30pm, 3585 Governor Drive. Kids of all ages will enjoy carnival games and jumpers.

Costume contest times are as follows:

5:00 PM - Non-Walking

5:10 PM - Walking to 2 years

5:20 PM - Ages 3 to 4 years

5:30 PM - Ages 5 to 7 years

5:40 PM - Ages 8 to 10 years

5:50 PM - Ages 11 years and older

Volunteer opportunities are always available for Recreation Center events such as the Halloween Carnival and the Dinner with Santa event in December. For more information on volunteer opportunities, please stop by Standley Park Recreation Center or call 858.552.1652.

## GIVE ME YOUR BLOOD

On Halloween, Saturday October 31, the UCUC San Diego Blood Bank Bloodmobile Blood Drive will be at the Sprouts/ Starbucks Marketplace on Governor Drive from 8:00am — 1:30pm. If you plan on donating, sign up in advance at www.mysdbb.org, which will help the Blood Bank know how many to expect for a smooth running day. Spontaneous Blood Donors and Blood Buddies are always welcome, and since this is Halloween, Bat and Dracula Costumes are encouraged.

According to final tallies, the 8/8/15 Blood Drive received 39 pint donations, on 4/11/15 - 41 pints, on 1/24/15 - 43 pints, and on 11/15/14 - 31 pints. Anything more than 30 for a Bloodmobile is OUTSTANDING, so THANK YOU UC!

Also, be sure to eat your beans and greens before you give blood, so you pass the Iron Test. We've done really well in that area, too. And what did the Snowman ask the other Snowman?...Do you smell carrots?

Thanks, and all the best, Ray the Bloodman (aka Ray Vance)

### UC Community Library October Event Highlights | 4155 Governor Drive | 858-552-1655 | sandiego.gov/public-library

#### Adults

**Qi Gong - Every Monday @ 9:30 - 11:30 AM.** Qi Gong (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body. These gentle exercises are suitable for any age and health condition.

Zumba for Special Needs and Beginners - Every Monday @ 1:00 - 2:00 PM. Led by Lis Garces, a licensed Zumba® instructor since 2007. Lis is the Founder and Director of the Juan Carlos Organization which provides dance therapy exercise for the Special Needs Community.

Adult Yoga - Every Tuesday @ 4:00 - 5:00 PM. Gentle exercises to aid flexibility and improve concentration. Bring your own yoga mat or towel.

Chair Sit Yoga - Tuesday October 6 and 20 @ 2:00 - 3:00 PM. Get fit where you sit! Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support.

Yale Strom & Hot Pstromi - Wednesday October 7 @ 6:30 - 7:30 PM. Yale Strom is a pioneer among Klezmer revivalists. The Hot Pstromi bandleader did extensive field research in Central and Eastern Europe and the Balkans among the Jewish and Roma communities. His scholarship underlies the foundation for one of the hottest, most limber and entertaining Klezmer units around. Hot Pstromi's sound – a fusion of traditional Klezmer, new Jewish music, Gypsy, Chassidic, world beat, and Balkan is infused with jaw-dropping roller-coasters of improvisational breaks

Memoir Writing Group - Thursday October 8 and 22 @ 1:15 - 3:00 PM. Make your memoir sparkle. Your memories are priceless. You are the only one who can write them. Find guidance, inspiration and acceptance of the past in this new writing group. Space is limited. To RSVP please call (858)552-1655.

Accordion Club - Saturday October 10 @ 9:30 AM - 12:30 PM. All are welcome! Second Saturday of each month.

Diabetes Lecture - Tuesday October 13 @ 1:00 - 3:00 PM. How to prevent, control, and eliminate diabetes. Limited space please call (619)275-3683 to RSVP. Presented by: The Foundation for Wellness Professionals, a nonprofit. Oasis: Food and Mood: The Nutrition Connection - Thursday October 15 @ 2:00 - 3:30 PM. What you eat and drink, as well as how much and how often, can have a significant effect on your mood, energy level, mental health, and ability to cope with stress. Common imbalances connected to nutrition are known to worsen mood and motivation. Emphasis will be on dietary choices that support normal blood sugar levels and supply the amino acid-building blocks for neurotransmitters, as well as the B-vitamins and essential fats required for normal brain function

Scrabble Club - Tuesday, October 27 @ 5:30 PM - 8:00 PM. All are welcome! Bring your own board and meet new friends! UC Book Club - Wednesday, October 28 @ 2:00 PM. The Book Club will be discussing The 19th wife. It is 1875, and Ann Eliza Young has recently separated from her powerful husband, Brigham Young, prophet and leader of the Mormon Church. Expelled and an outcast, Ann Eliza embarks on a crusade to end polygamy in the United States.



#### Children

Preschool StoryTime for Kids - Every Thursday @ 10:30 - 11:30 AM. Join us for stories, crafts, finger plays and songs.

Makerspace Craft Station - All week long (Monday - Saturday). A craft station is available in the Children's Area during library hours with a different craft each week.

SD Book Arts - Wednesday October 21 @ 1:30 - 2:30 PM. "Dia de Los Muertos" Flip and Fold Book. Celebrate this colorful holiday with your drawings responding to the words that are significant to the day. The simple book is a traditional structure that is fun to make.

#### Tweens/Teens

**Go Gaming - Every Tuesday @ 2:30 - 4:30 PM.** Learn the ancient mind game of Go from the President of the San Diego Chapter of the American Go Association.

**Kendama Club - Every Wednesday @ 1:30 - 2:00 PM.** Test your skills against others learn new tricks and just have FUN!!!

Video Game Fridays - Every Friday @ 3:00 - 4:00 PM. Wii gaming with your friends, Get your game on!

**Teen Writing Club - Thursday October 8 @ 4:00 - 5:00 PM.** A fable is a story that helps us make our lives work, as individuals and as a society. Why? How? With modern fabulist Margaret Harmon, read a 21st-century fable and discover how to make your own wishes come true.

### North University City Library October Event Highlights | 8820 Judicial Drive | 858-581-9637 | sandiego.gov/public-library

### Events for Adults/Seniors

Small Business Assistance, Wednesdays at 11:30 AM. Dr. Adolpho Sanchez offers help in navigating the process to starting a business. Appointments available by calling the library.

Job Help Assistance, Wednesdays at 3:30 PM. Dr. Adolpho Sanchez offers help with resume writing and job searching. Appointments available by calling the library

**ESL Conversation, Wednesdays at 5:00 PM.** Improve English conversation skills in an informal, small group setting.

Gentle Yoga, Fridays at 10:00 AM. Learn basic yoga techniques, perfect for beginners, expectant mothers, seniors and persons with disabilities. Please bring your own mat.

Knitters' Circle, Thursday, October 1 and 15 at 1:00 PM. Yarn enthusiasts at all skill levels are welcome. Basic instruction is available.

Neighborhood Watch Meeting, Wednesday, October 7 at 5:30 PM. "How to Make Your Home and Neighborhood Less Attractive to Bad Guys". Presenters include: Officer Holly Tafoya, SDPD Community Liaison Officer, Barbara Gellman, University City Neighborhood Watch Commander, and Diane Ahern, one of South University City's Neighborhood Watch Street Captains.

Concert: SWARMIUS, Sunday, October 18 at 3:00 PM. A sonic fusion of classical meets modern hip-hop, House-Lounge-Techno. Fluidly blending electronics and virtuosic acoustic performance, SWARMIUS is simultaneously boundary pushing and intimately connected to the music of our times.

Page Turners Book Club, Wednesday, October 14 at 5:30 PM. The Book Club will be discussing The Second Machine Age by Eryk Brynjolfsson and Andrew McAfee.

San Diego Philosophy Forum, Tuesday, October 27 at 6:30 PM. Education Author Bill Madigan will speak on "Embodied Cognition and Epigenetics," current topics in learning neuroscience.

### Events for Children/Families

**Babies and Books, Mondays at 9:45 AM.** This lap-sit story time will introduce a love for books by using song, movement, rhythm and rhyme. Recommended age: Birth – 2 years.

Homework Help, Tuesdays and Thursdays at 5:00 PM. Basic homework help for all grades and subjects. For more information please call the library. \*NEW\* Kids' Art Studio, Wednesdays at 1:00 PM. A fun art lesson every week!

No registration required. For grades K-6.

Music and Movement, Fridays at 11:30 PM. Sing, Dance and Play! Children

enjoy songs and movement activities that build motor skills and increase independence.

Arts & Crafts, Saturdays at 11:30 AM. Let your creativity run wild with a fun craft activity! Children under 8 welcome with an adult or older sibling.

Yoga Storytime, Monday, October 12 and 26 at 10:30 AM. Stretch both your body and your mind in this unique program that combines stories, songs and simple yoga poses. Families enjoy healthy fun and bonding. Please bring your

STEAM 2 Academy, Tuesday, October 13 at 3:00 PM. Science-based educational activities geared to students in grades K-3.

Paws to Read, Monday, October 19 at 4:30 PM. Practice reading out loud to a furry friend! Certified therapy dogs provided by Love on a Leash, San Diego Central Chapter.

Halloween Carnival, Thursday, October 29 at 11:00 AM. Music, treats, carnival games and more! This Carnival is a joint event presented by the North University Community Library and the Nobel Recreation Center.

#### Story Times

English – Thursdays at 10:30 AM French – Thursdays at 11:15 AM Russian – Thursdays, October 1 & 15 at 9:45 AM Sign Language – Thursday, October 8 at 12 noon

**Notes:** Many thanks to the Friends of the Library for their generous sponsorship. You, too, can be a Friend; ask at the Check Out Desk. Please call the libraries to confirm any given program. Changes are rare, but may occur.

## Big Things Are Happening at Spreckels Elementary School

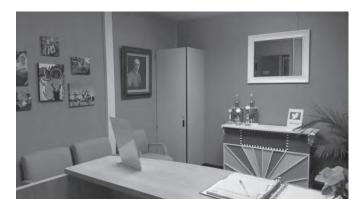
by Michel Cazary

Spreckels Elementary has a long history within the UC community as being one of the outstanding schools located in the neighborhood. This summer, Spreckels staff and parents decided to give the office a facelift. In an effort to revitalize the shared spaces of the school, the front office made sense as a great starting place. The office was painted, new furniture was brought in, as well as a number of decorative touches were added to create a welcoming and beautiful space that is worthy of our students, staff, parents, and community members. When it comes to an educational setting, the way a campus looks and feels is greatly connected to the way students learn and are taught. This office makeover has set the tone for a number of amazing things to come at Spreckels. Stop by and visit! Our office is open daily from 8:00am-4:30pm. You can also follow us on Twitter for ongoing updates @SpreckelsSD.

#### Office Entrance Before



Office Entrance After



### **Restaurant Discount Cards on Sale**

Please do not miss out on this fantastic opportunity to raise money for Standley's PTSA. The Restaurant Discount Card can only be purchased in the office. The Standley Middle School Discount card costs only \$20., and \$10 goes back to the school. Bonus: you can save hundreds of dollars all year at Yogurtland, Jersey Mikes, VeggieGrill, Wetzel Pretzel, and OutCast...just to name a few! Contact Jennifer Ryan, caferyan2@aol.com for more info.

## UCHS ALUM VYING FOR COUNTY TEACHER OF THE YEAR

Blakeslee Detisch has recently been recognized as "Teacher of the Year" for her school district and is currently competing for San Diego County's "Teacher of the Year." For this outstanding teacher, this honor is only part of the journey.

Blakeslee graduated from University City High School in 1989. She returned as an instructional assistant where she tutored students with learning difficulties. One student didn't have the grades to graduate, nor the skills and confidence to pass the examination required for the U.S. Marine Corp. They worked together



until his math grades improved and his self-confidence grew. One day, after his high school graduation, the newly inducted Marine returned to U.C. High in uniform to thank Detisch. She knew then what her professional goal would be.

Now nearly 18 years have passed since Blakeslee received her credential for teaching special education. She's quick to admit that the road was challenging and sometimes discouraging. Blakeslee struggled in her early childhood with learning, because of dyslexia. One teacher, however, believed in, inspired, and became a role model for Blakeslee. From Jean Boothby, she learned perseverance, self-confidence, and to fight back.

Recognition as teacher of the year is another of Blakeslee's accomplishments. She implemented after-school programs for the City of San Diego in low-income areas. She incorporated homework centers, athletic activities, and a community food program, frequently facing gang hostility. For her efforts, Blakeslee was rewarded community service awards from the Office of the President of the United States, the United States Attorney General's Office, and the Medical Director of Mexico, Juan Ramon de la Fuente.

Detisch uses her own experiences to inspire her students, telling them: "Not only do I discuss the obstacles I faced, I share my achievements and empathize with their frustrations or discouragement. I hold high expectations— no watering down subject matter." Blakeslee's road is only half finished. Giving voice and inspiring students who struggle and teachers that give so much of themselves is where her passion lies. Her recognition will gain respect and acknowledgement for those who have traditionally been overlooked for their struggles and achievements, when obstacles can be immense.

Good luck to UC's Blakeslee Detisch as she stands with other outstanding educators at the Teacher of the Year ceremony, 25th anniversary, to be held at Balboa Theater on October 10.



## What is University City Community Association?

University City Community Association (UCCA) is a non-profit (501c4) organization funded through membership dues, which provides and promotes the civic, cultural, social, educational and recreational development and improvement in University City; and provides a forum where the interests of residents may be expressed and contributions made to the protection of life and property in the community.

Thank you to all who support UCCA by joining. Use the enclosed membership coupon to join UCCA for the 2016 membership year; or visit www.UniversityCityNews.org to join online. All members receive a membership card and thank you gifts. In addition, those who join at the \$100 level receive an insulated shopping bag.

### THANKS TO THE FOLLOWING AUGUST 2015 MEMBERS

INDIVIDUAL: William Barbour

Jose Aurrecoechea & Lisa Sutton

## Here's What Happens When UCCA Members Connect with Local Businesses

by Diane Ahern

Why shop at local businesses and restaurants? When we Buy Local, eat local, and drink



local, we keep our money and tax dollars in our own community. Many local businesses are owned by local residents (just like us) who contribute to local events, schools and charities. Additionally, we support the stores and restaurants that make our community more than a neighborhood.

UCCA and its local business partners make it easier than ever to Buy Local. UCCA has enlisted many local businesses to provide special offers to UCCA members. When you become 2016 UCCA member, you are issued a 2016 membership card. That membership card entitles you to take advantage of special offers provided by UCCA's Buy Local Business participants.

The 2016 UCCA membership drive begins this month. In addition to a membership card, all members receive thank you gifts. Those who join at the Gold Membership (\$100) level receive an insulated shopper bag. There are two ways to join UCCA. Complete and return the membership coupon included in this newsletter; or visit UCCA's website at www.universitycitynews.org/ and join through PayPal.

## **University City Community Association 2016 UCCA Membership Application\***

	Gold Membership \$100
2016 Gold category memb	ers will receive the UCCA shopping bag, along with other gifts.
Please print Name(s)	
Please print Name(s) Address	
• • • • • •	

Individual and Business members' names will be listed in the newsletter.

Please indicate if you do NOT want your name to be listed. \_\_\_\_ Do NOT list my name.

Make your check payable to UCCA. Mail to UCCA, 3268 Governor Drive, Box 121, San Diego, 92122. Payment is also accepted through PayPal on our website www.universitycitynews.org

Your UCCA membership dues make a big difference in our community.
These funds help support our many worthwhile organizations, (i.e. public schools' fundraising, Standley Park, EdUCate!, Neighborhood Watch, Garden Club, ImproveUC, Buy Local) as well as many special projects and activities such as median beautification, painted electrical boxes and street banners, 4th of July Celebration, summer concerts,

December holiday tree lighting, and of course our monthly newsletter delivered to your home and/or business.

\*This membership is valid for the 2016 calendar year. Thank you for joining UCCA. If you have any questions, please contact our membership chairperson Hallie Burch at UCCAmembership@gmail.com.



by Randall Tonini

On Sunday October 4th at 10:30am Grace City Church will be having its first worship service at University City High School. All are welcome. The heart behind Grace City Church is to be a church that serves University City. After the service, Grace City will be partnering with EdUCate! to raise money for University City schools. Food trucks will be at the school serving food from 12noon-2:00pm. Ten percent of the Food Truck proceeds go directly to EdUCate!, plus Grace City Church will be matching all money raised, making your total donation 20% of food truck purchases. It will be a great chance to get lunch, connect, & invest in our schools. You can learn more about Grace City Church at gracecitysd.com."

## Host families sought for international students

by Sabrina Steiner

Have you ever thought about hosting an international student? Perhaps you know someone who currently hosts or who has hosted an international student in the past?

International Education Management (IEM) provides access to an American education for high school students from around the world and is seeking caring and nurturing families to host international students attending La Jolla Country Day School from fall 2015. Most of the students come from China, between the ages of 15-17. They are proficient in English and are highly motivated to succeed during their studies and hope to continue their education at top-notch colleges and universities in the US.

There are several benefits to being a host family with IEM. They offer families the opportunity to inspire a child and develop a strong cultural awareness and appreciation. As you open your heart and your home to an exceptional young global citizen from another country, you are afforded a priceless opportunity to share your culture, and experience a new culture right in your home. The commitment of an academic year or a semester allows time to forge meaningful and lasting relationships with your student.

IEM understands the time and dedication that goes into hosting a student, so host families will receive a monthly compensation to cover additional expenses including groceries, utilities, and gas. Living with an American family is integral to the success of the international student's stay. The student benefits from total immersion in an English-speaking environment.

Families who would like to learn more about opening their home to an international student. please contact IEM at 888.505.8941, ext 315 or homestay@ieducationm.com.

## 2<sup>nd</sup> Annual Newman Gala at OMC

Brook Feerick, long time UC volunteer, is currently planning UCSD Newman Center's 2nd annual Newman Gala, a fundraiser for over 800 students, 100 plus young adults and grad students, and a vital resident community. These brainy UCSD students are also full of social justice. They are involved with outreach to the homeless, the immigrant population, and all those in need.

This year's gala will be held at Our Mother of Confidence Church hall on Saturday, November 7 starting at 6:30 pm. In an ecumenical spirit, the whole community is invited to attend the dinner, auctions, and entertainment. Adult tickets are \$75 each and student tickets are \$50. If you have BIG WOW items for the auction, contact Brook at bfeerickrn@gmail.com.

## Also at OMC: Knights of Columbus Breakfast

The Knights of Columbus Council of Our Mother of confidence Church offers a Buffet Breakfast after the 7:30am and 9:00 am masses on the first Sunday of every month, this month on October 4. Mass is usually over in one hour and so breakfast is available from 8:30am and 10:00am respectively. Featured fare includes Eggs Benedict, Scrambled Eggs, Country Potatoes, Sausage, Bacon, Doughnut Holes, Pancakes, Quiches, Tea, Coffee and Orange Juice. The cost is \$8 per person or \$18 for a family of two adults and two kids. This is open to all. Come with neighbors and friends, ALL ARE WELCOME.



### **GARDEN CLUB OCTOBER MEETUP**

Saturday, October 24, 10:00am to noon at the garden of Carol Costarikis and Rolf Haas on Sandburg Avenue. Please note this is a morning event. The Club returns to the location of its very first garden meetup. The home is featured in this year's October issue of San Diego Home and Garden. The centerpiece of the garden is a large koi pond with giant fish of different colors, surrounded by bromeliads and succulents of all kinds, as well as several tillandsia (air plants). Waterfalls cascade into the pond. Mosaics on tabletops, fancifully decorated animals, and stained glass ceramics and pottery abound. Carol, who is an interior designer by profession, will speak on her vision of gardening. If you must attend only one meetup a year, this is the one!

# UC's Mia Ryan Completes Catalina Island Relay Swim with Ocean's Seven Team

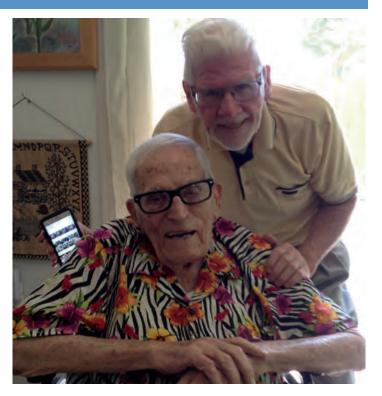


On September 12, a group of seven teens, including UCHS's Mia Ryan, known as "Ocean's Seven" completed a 20.2 mile relay swim from Catalina Island to Rancho Palos Verdes to raise funds for Fresh Start Surgical Gifts, a local nonprofit that performs free facial reconstructive surgeries worldwide for disadvantaged children born with deformities.

They completed the relay in 7 hours, 51 minutes and 37 seconds, not quite breaking the record, but did beat their fundraising goal and raised \$15,000 for Fresh Start. Despite the jellyfish stings and the sometimes rough currents throughout the night swim, the girls were excited to set out and complete their goal of finishing the race. The girls are very competitive and pushed through. Along with Mia Ryan, Ocean's Seven comprises of Mia Thomas, Heloise Leblanc, Lindsay Turner, Anna Brooker, Erin Taggart, and Tegan Preston.

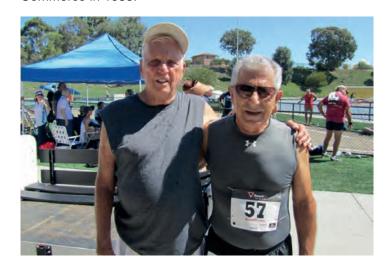
Reflecting upon her experience, Ryan says that, "The water and conditions were great so it made if really fun to swim at night and the dolphins followed us to the finish, so that made it really fun too. I really wanted to do the relay for the team bonding experience." Plus "It feels good to do what you love to do, (swimming) and help other children in need too!"





## BIRTHDAY WISHES TO LOCAL CENTENARIAN

Belated good wishes to Jack Schredder who turns a hundred and a half on October 1. His good pal John Walsh was among the hundred guests at Jack's birthday bash on May 1, 2015. John and Jack (pictured above) founded the current La Jolla and Golden Triangle Chamber of Commerce in 1983.

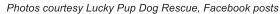


## CONGRATS TO SENIOR OLYMPIANS

Two UC residents successfully competed in Track and Field events at San Diego Senior Games at Mesa College in September. Noel Durkin (pictured left) took home a Silver Medal in the javelin and Iraj Hashemzadeh (right) took home a Silver Medal in the 100-meter dash and Bronze Medal in the 50-meter dash. For more information on the Senior Games, visit sdseniorgames.org/.

## Lucky Pup Dog Rescue Opens in University City

By Christine and Steve Haslet





The dust has settled in the little cottage next to Sprouts grocery store but the adventure may be just beginning for many Southern California homeless rescue dogs. Last month, we opened Lucky Pup Dog Rescue in the UC Marketplace as San Diego's first retail adoption center for shelter dogs. Not only did the UC Marketplace Shopping Center management and owners welcome Lucky Pup rescue with open arms, but the entire neighborhood has embraced us as well. Thank you, University City.

The dogs we rescue come from some of the highest kill shelters around California. It's always been our goal to increase adoptions by putting a new twist on the way rescue dogs are seen by the community. Knowing that many people aren't comfortable with the shelter setting, we are happy to be showing the "adoptables" in a healthy, happy, homey environment.

Our hours are a bit limited right now until we increase the number of volunteers. Currently, we are open Wednesday, 1-4 PM, Saturday, 10-2 PM and Sunday, 1-5 PM. We can always arrange a showing by appointment.

Lucky Pup will be holding our 4th annual Halloween Doggy Costume fundraiser at the Mission Brewery, on Thursday, October 22, from 6-9 PM, sponsored by "Hearts of San Diego" and Earthwise Pet Supply. Tickets are \$10 to \$15. Please visit the Lucky Pup website at LuckyPupDogRescue.com for the "Upcoming Events" details. Lucky Pup Dog Rescue is a 501c3 non profit neighborhood charity and charitable donations are tax deductible.





## Local Charity Rescues Small Animals

by Girl Scout Troop 3782

Do you know about Wee Companions? Wee Companions is located right beside Sprouts on Governor Drive near Regents Drive. You can visit this wonderful small animal rescue and adoption center on Saturdays from 11:00am to 4:00pm. They are also open Wednesdays 4:00 to 8:00pm for buying supplies. They rescue animals like guinea pigs, bunnies, hamsters, rats and mice. So far in 2015, they have saved 725 animals. 725 animals is a lot of animals saved, which means they need you to help adopt the animals and volunteer.



Here are some ways you can help. Wee Companions always needs monetary donations, but there are many other things you can donate. Wee Companions needs donations of toilet paper rolls and paper towel rolls, laundry detergent, white printer paper, bleach, paper towels, polyester fleece fabric, used clean cotton clothing, Ziplock bags, and trash bags. Wee Companions also needs volunteers with experience with small animals to help in socialization and cage cleaning. You can also go to www.weecompanions.org for suggestions.

Girl Scout Troop 3782 worked with Wee Companions as part of their Bronze Award project. They sewed hamster sleeping bags and hammocks and made treats for the animals. They also made a Do-It-Yourself packet that lists various ways others can make things for the animals.

Wee Companions is a great animal rescue and we hope that you will come adopt an animal or, help Wee Companions out in other ways. People should go here because there are lots of adorable animals to adopt. Contact at 619.934.6007.

### THE U.C. PLANNING GROUP REPORT

by Nancy Groves, UCPG Rep District 1

The UCPG meeting was a 4-hour marathon with many reports, updates and discussions. The following is a condensed summary.

Council President Sherri Lightner briefed us on her work with MTS on advertisements, Rose Canyon railroad work, fire stations, and introduced Council Chair of Public Safety and Livable Neighborhoods Committee, Marti Emerald. Emerald is sponsoring a bond initiative to build more fire stations based on the City Gate Report (completed 5 years ago). Although the city has 48 fire stations 19 more are needed. The bond will be on the 2016 ballot for \$230 million to build and staff each station, and \$40 million a year will be needed to maintain. Fire Chief Javier Mainar stated that in UC we are short 3 stations: 1) station #50 is already in the works at Nobel and Shoreline, 2) an emergency response station will be in place in Jan/Feb 2016 in South U.C. and 3) Lightner is working on UCSD to build a station on campus. The goal is a 7½ min. response time since 87% of all calls are for medical. Using firemen/ paramedics is much cheaper and more efficient than contracting outside agencies. Independent Budget Analyst Andrea Tevlin gave a detailed report on this \$230 million bond and what it would mean to tax payers. The estimated property tax would go up by \$6 per every \$100,000 of assessed property value or \$30 per year on value of \$500,000. (For most S. UC residents that is about \$30-\$60 per year to have adequate fire and emergency medical services.)

Dan Monroe, City Planning Department gave a brief introduction and update to the traffic study being prepared for an update to the University Community Plan Amendment which was initiated a year ago. He introduced the traffic engineers from Kimley-Horn who then gave details on how traffic studies are performed. Dave Sorensen, traffic consultant reported on the technical work as of today which covers peak traffic areas, ADP 24 hr. analysis, land use inventory, coordination with MTS, SANDAG, and CALTRANS. Mobility studies of individual cars, busses, pedestrians, transit, trolley will be completed by next spring and posted on the Planning Dept. web site. Counting was done at 76 intersections from the last week in April - May and traffic and intersections were videoed from poles. All major arteries and freeways 5, 805, 52, were included from Cal Trans. The engineers answered many questions from the audience about the importance of velocity of traffic, school hours, and building occupancy. The mobility assessment impacts will be completed by Spring/Summer and a draft EIR (Environmental Impact Report) available for public review by Oct. 2016, and to the City Council by Nov. 2016.

Lisa Canning, Project Manager from City Engineering Dept. gave a report on the sewer rehab of laterals in S. UC. Rehabbing does not mean digging up the streets but running a pipe through the sewer access into the sewer lines and strengthening them from the inside out. She did not list the streets but I have them and will post here: Angell Ave, Arnoldson Ave & Ct, Brannick PI, Branting St, Briand Ave, Buisson St, Bunche Ave & Terrace & Way, Ducommun Ave, Dunant St, Fried Ave, Governor Dr, Honors Dr, Regents Rd, Stresemann St, Travers Way. Address questions to LCanning@sandiego.gov.

Next meeting: October 13, 6:00 pm at Scripps Office Bldg, 10010 Campus Pointe Dr Preliminary agenda: \*SANDAG Trolley station design, \*Scripps signage, \*station naming rites, \*return of Marengo & Morton conversion of office space to R & D at 9339 Genesee, \*Climate Action Plan, \*City cost of services for water and recycled water, \*Scripps Research Institute



## Raptors in Rose Canyon

by Deborah Knight, Friends of Rose Canyon

Keep your eyes and ears open, and you may see or hear raptors (hawks and owls) in or near Rose Canyon. Here are two of our most common ones. To learn more about them and

listen to their calls go to: allaboutbirds.org

Red-shouldered hawk (photo above from Mike L. Baird, Creative Commons) This is a noisy hawk, the one you may hear calling repeatedly, especially when it is defending its nesting territory from ravens or being mobbed by crows. The loud two-note call has a descending second note. In the sun, you'll see its beautiful reddish chest and black and white barred tail. To hunt they perch on a tall tree and watch the ground. When they see a ground squirrel or mouse or lizard, they swoop down and grab it in their talons.

Red-tailed hawk (photo right from Creative Commons, Brocken Inaglory) These are the large hawks that soar in circles over open areas like Rose Canyon looking for prey. When they bank and the sun is out, you'll see their red tails. Sometimes a courting pair will soar together high in the sky, or swoop at each other, their legs hanging down. They nest in trees in or adjacent to Rose Canyon, and catch rabbits, ground squirrels, voles, mice, and even snakes. If you are lucky, you might see them flying with prey in their talons.



Friends of Rose Canyon invites you to

**Meet Native Birds of Prey** 

Sunday, October 11, 3:00 pm

Marcy Park, Stresemann St. (West UC off Governor Dr.)

Arrive before 3:00 pm to get seated – program lasts 60 minutes. We'll sit on the grass – bring a blanket or lawn chair to sit on if you wish. Free - Kids and adults welcome.

The Raptor Institute will showcase several owls and hawks that are species native to San Diego and Rose Canyon. You'll see them up close and learn about their lifestyle, natural history and conservation. Rose Canyon is an urban greenbelt that provides habitat for numerous birds of prey. Friends of Rose Canyon is dedicated to the protection, preservation and restoration of Rose Canyon and the Rose Creek watershed.

Questions: Debby Knight, Friends of Rose Canyon, rosecanyon@san.rr.com, 858-597-0220, rosecanyon.org. Learn about the Raptor Institute: raptorinstitute.org. Friends of Rose Canyon thanks for their support:





## **Taking Action to Fight the Bite**



by Dave Roberts

A countywide campaign to kill mosquitos is in full force after the county's first human case of West Nile virus was confirmed last week. A 73-year-old man from Del Mar has tested positive for the mosquitoborne disease. Earlier in August, the man was hospitalized with symptoms of encephalitis, an inflammation of the brain that can be caused by viral or bacterial

infections. Authorities later confirmed his diagnosis of West Nile virus. The diagnosis has triggered many inquiries about how people should protect themselves and what the county is doing to control mosquito breeding.

The county's Vector Control Program employs a team of technicians to treat sources of mosquito breeding with larvicide and tiny fish that eat mosquito larvae. Drainage ditches, unmaintained swimming pools, ponds, horse troughs and anyplace else where water can stand for a week can become a breeding source. For hard-to-reach places,the county employs helicopters to apply larvicide from the air. As part of an ongoing effort, aerial larvicide applications are scheduled for this week. The active ingredient of the larvicide is a biological material specifically targeted to the larval stages of mosquitos. That means it presents no health risks to people, wildlife or pets.

What about pets and West Nile virus? We know that certain kinds of birds are highly susceptible to the disease. That's why we ask people to report any discovery of a recently dead crow right away. We also use flocks of sentinel chickens to track the disease. Chickens don't get sick from West Nile virus but exposure to the virus can be detected in their blood.

A chief from the county's Dept. of Environmental Health wrote that no cases of West Nile virus have been reported in dogs or cats. Healthy dogs and cats, Comm. Health Div. Chief Rebecca Lafreniere wrote, are quite resistant to West Nile virus, much more so than are people, birds and horses. Many studies have shown that when dogs contract the virus, symptoms are seldom detectable and amounts of the virus are too low for mosquitos to transmit it to other organisms. By contrast, birds such as crows and jays can develop high amounts of virus within their tissues, enough to transmit it to mosquitoes, which in turn can infect people. Horses can get sick from West Nile virus but don't produce enough of the virus to infect mosquitoes. Fortunately, effective West Nile virus vaccines exist for horses.

As for people, 80% of those who are exposed to the virus show no symptoms. People experiencing flu-like symptoms after being bitten are encouraged to report the exposure to their doctor. A patient can be tested for West Nile virus but no specific treatment exists for the disease. Public health authorities urge residents to apply repellent or wear long sleeves and pants when outdoors or stay inside at dawn and dusk, when mosquitoes are most active. Be sure the screens on your windows and doors are in good shape. Dump any standing water on your property, and if you're harvesting rainwater, be sure container openings are well-screened.

Thank you for helping us to fight the bite. To learn more, call (858) 694-2888 or visit www.SDVector.com. Dave Roberts represents the Third District on the San Diego County Board of Supervisors.

## **Council President Sherri Lightner**

Fall is here and I have been enjoying the return of weekly City Council meetings after our summer legislative recess.

I was honored to attend the recent grand opening of the One La Jolla Center just north of UTC on Judicial Drive. Tenants can exercise at a five-star gym, dine at a world-class café and even wash their surfboards and store them in a giant locker. There are opportunities companies of all



sizes and in multiple industries. Naturally, in keeping with the theme of our excellent biotech and technology sector, some of the first occupants are technology companies. I can't wait to hear what they are developing, and I'm sure it will be on par with our other innovations.

Once again UC is set to host the MCAS Miramar Air Show the first weekend of October and we are also welcoming a new commanding officer to the base, Colonel Woodworth. I look forward to continuing working together and strengthening our growing partnership.

On an important note, many University City residents have called our office with questions about the construction on the north side of Rose Canyon. This is a SANDAG project associated with a double tracking project further south of SR-52. The construction staging and equipment storage is taking place at the end of Regents Road. You can contact Sharon Humphreys with SANDAG directly at (619) 595-5305 with concerns or to get more information about this project.

City staff in the Planning Department have provided an update on the University Community Plan Amendment. This initiative is intended to update the transportation facilities necessary to serve existing and future development in University City. A traffic study was conducted in May 2015, and the data gathered is being used to compile a report on existing conditions. Next, staff will work on the future conditions assessment. Community stakeholders are encouraged to participate and provide input in the amendment process at the future Environmental Impact Report Scoping Meeting which will take place sometime this Fall.

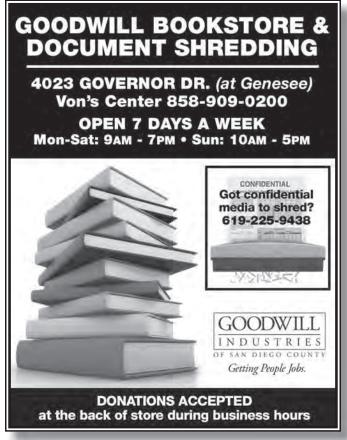
### UNIVERSITY CITY CLUSTER COMMITTEE

The University City Cluster Committee is dedicated to improving educational endeavors and student achievement in the UC cluster of San Diego Unified public schools. The UC committee has representatives from each of the five neighborhood schools including the principals, teachers, students and parents. "PARENTS, we need you voice". The meetings will be held on the 3rd Monday of each month from 4:30-6:00 pm in the UC High School Media Center (it is located in the center of campus).

The next meeting is October 19.

Thanks! University City Cluster Committee

info@uccluster.com | www.uccluster.com





## FREE Placement and Consulting Services for Elders and Their Families

Assisted Living Medicare Alzheimer's Veterans Benefits In Home Care Independent Living Relocation Skilled Nursing Spouse's Benefits Hospice

Merle Berman, Consultant mberman@san.rr.com betterthanhomeplacement.com 619.772.1125



## To Advertise in our November 2015 Issue

Contact TERRI DAY at uccaAds@hotmail.com Deadline: October 18th



## NANCY BECK UNIVERSITY CITY SPECIALIST

Centuiy<sub>2</sub>

REALTOR® - CalBRE# 1229297

San Diego, CA 92122

Direct: (858) 945-LIST (5478)

3202 Governor Drive #100

TOP 1% OF ALL CENTURY 21 AGENTS

NancyBeck@Century21Award.com

SAN DIEGO MAGAZINE FIVE STAR AGENT 7

www.NancyBeckRealtor.com

## For Sale



## **2664 Gobat Avenue**

4 Beds, 2 1/2 Baths, 1,667 Sq. Ft. Unbelievable Panoramic Canyon Views
OFFERED AT \$789,000

### In Escrow



### 3422 Wellesly

4 Beds, 2 Baths, 1,754 Sq. Ft. Move-In Ready OFFERED AT \$750,000

### In Escrow



### 3346 Millikin Avenue

4 Beds, 2 1/2 Baths, 2,546 Sq. Ft. Perfect for Entertaining OFFERED AT \$950,000

## NANCY BECK CAN SELL YOUR HOME, TOO!!

\*NOTE: I have many listings "Coming Soon"...contact me for more info!

If you are currently listed with another broker, this is not a solicitation. Information obtained from realiable sources but not guaranteed.

## NEW IN THE NEIGHBORHOOD! Lucky Pup Dog Rescue Adoption Center ••• Awesome Rescue Dogs For Adoption •••

UC Marketplace Center 3368 Governor Drive



Cottage near "Sprouts" 619.756.6376

www.LuckyPupDogRescue.com

Wed 4-7pm and Sat 10-2 by appointment too! 501c3 IRS charity non profit dog rescue #90-0753223





General Liability & Workmans Comp Insured

\*Lifetime of Product. \*Repairs Excluded

www.professionalroofingservices.com



Providing Insurance and Financial Services

Michael A. Cohen, Agent Lic. #0506499 Linda Cohen LUTC, Marketing Representative

Lic. #0732318

3232 Governor Drive, Suite G San Diego, CA 92122-2931 **Bus 858.457.3520** Fax 858.457.1488 Michael@MichaelACohen.com Linda@MichaelACohen.com



Thank you for your loyalty. We appreciate you.

Professional & Reliable

Doug Hackley, CEO



## Bay Park Moving

Free Estimates

Cal # T-190145

6495 Lipmann Street, San Diego, CA 92122 (858) 535-1911 Fax (858) 535-9192 Cell (858) 472-4123 email: bpmove@aol.com

**OPTIONS FOR SENIORS** 

ARIANA ALMAJAN 858-414-8414 aaofs@yahoo.com

MEDICARE 101
CHOOSING A MEDICARE HEALTH PLAN

**CHOOSING A MEDICARE PRESCRIPTION DRUGS PLAN** 

ONE-ON-ONE OR SMALL GROUP CONSULTATION

KNOWLEDGE IS POWER

## WE FIX YOUR COMPUTER!

We come to you or you come to us for the lowest rates!

Call Robert

858-449-1749



858.382.1618

SUMMER

European SPA facial - \$55 (reg.\$100)

Brow design (waxing/threading) - \$15

OFFER

Man's Facial - \$45 (\$85)

mariyasalon@san.rr.com facebook.com/MariyasSkinCare

www.europeanbeautytouch.com



RESIDENTIAL BROKERAGE NO ONE SELLS **MORE** HOMES IN SOUTHERN CALIFORNIA THAN COLDWELL BANKER<sup>.</sup>

# **more**Selling Power

Home sales in California require more than **80 pages** of documents. There are **55 new laws** for 2015 that affect real estate transactions.

Selling Power Work with our **more** highly trained Coldwell Banker University City agents to navigate your sale or purchase!

### 92122 Market Snapshot - Last 60 Days - Single Family Homes



35

Homes Currently for Sale



Homes Sold



\$735,287

Avg. Sale Price



**\$427.85**Avg. Price/Sq Ft.

Save the Date: Oktoberfest / Saturday October 10th / Ride the Coldwell Banker Trolley!



John S.



Carol U.



John B. 858.583.5157



Delton G. 619.200.1256



6. Kathleen M. 858.449.7014



Carol S. 619.203.2424



Lydia H. 858.472.0608



Kathleen W. 619.944.6520



June K. 858.353.0406



Katie D. 858.775.1239

Based on information from the Association of PEALTORS®/Multiple Listing as of January 14th, 2015. Display of MLS data is deemed reliable but is not guaranteed accurate by the MLS. The Broker/Agent providing the information contained herein may or may not have been the Listing and/or Selling Agent.

Based on information total sales volume from California Peal Estate Technology Services, Santa Barbara Association of PEALTORS, SANDICOR, Inc. for the period 1/1/2013 through 12/31/2013 in Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura Counties.





### **Steve Lyons**

Agent, Lic. #0637001

4005 Governor Drive San Diego, CA 92122-2522 Bus 858-455-9440 Fax 858-455-6524 www.stevelyonsinsurance.com

steve@stevelyonsinsurance.com

Manager - Standley Rec. Center 1977-83





Dr. Craig A. Ditzler, D.C. Gonstead · Nutrition · Spinal Health

DITZLER FAMILY CHIROPRACTIC
3202 Governor Drive Suite 200 • San Diego, California 92122
www.ditzlerchiropractic.com

858.452.2202 • Fax 858.452.2379

### HAPPY, HEALTHY HATHA YOGA

Classes at Standley Rec. Ctr. 3585 Governor Dr. SD, CA 92122 Monday 6-8p.m. Beginning Wednesday 6-8p.m. Intermediate Saturday 10am-12noon Mixed Levels

For other locations, times or private lessons call:858-587-0171 Or email: shelley aan erud 108@gmail.com Pure Hatha Yoga



Instructor: Shelley Aan eru d, Anan da certified, E-RYT-500

## HAVE YOU TRIED OUR SELF SERVE DOG WASH?

- . DO IT YOURSELF AND SAVE
- · WE CLEAN UP THE MESS
- SHAMPOO/OATMEAL INCLUDED



University City Self Serve Dog Wash 3861 Governor Drive San Diego, CA 92122 Located in the MOBIL Gas Station

Whole House \$3,950 Installed 8 Windows\* and 1 Patio Door

Studio Series, White Vinyl, Retrofit, LowE 366, Dual Paned, Max. 96 UI\*, Patio Door 6/0 6/8 Exp. 11/15/15

### Whole House with Blinds \$4,950 Installed 8 Windows\* and 1 Patio Door

Studio Series, White Vinyl, Retrofit, LowE 366, Dual Paned, Max. 96 UI\*, Patio Door 6/0 6/8, 2" Softwood Blinds Expires 11/15/15

### Whole House with Shutters \$6.450 Installed 8 Windows\* and 1 Patio Door

Studio Series, White Vinyl, Retrofit, LowE 366, Dual Paned, Max. 96 UI\*, Patio Door 6/0 6/8, 3 1/2" Polywood Shutters Expires 11/15/15

Entry & Interior Doors

Security & Screen Doors

Shades & Blinds

• Motorization Awnings

www.JBsandiego.com sales@jbsandiego.com





CSLB Lic. 982811

## Homes LISTED by LORI!

## Homes SOLD by LORI!

I SELL University City! Helping Sellers Get the MOST they Can & SAVING them THOUSANDS!



SOLD!

West end single story 4/2. 1430 sq.ft. Large eat-in kitchen. Spacious living room w/fireplace & vaulted ceiling. Best value! \$690,000

2653 Lange

"Casabella" 4/3.5, 2917 sq.ft. of elegant living. Custom & quality upgrades throughout - chef's kitchen. Private yard. \$1,249,000 5324 Renaissance

5727 Honors

4/2.5 - 17800 sq.ft. corner lot. Upgraded, picture windows, Split level. HUGE yard w/pool. SOLD \$880.000

### LORI MILLER SOLDS!

6611 Dennison \$620K

2523 Quidde \$998K

5650 Bloch \$865,000 5829 Haber \$699,000 5682 Tulane \$640K 6758 Dennison \$640K 5404 Bragg \$805K 2947 Honors Ct \$984K 7028 Dennison \$789K 2526 Quidde \$1,110,500

2604 Gobat \$830K 4166 Combe \$930K 3446 Stadium PI \$860K 3416 Stadium PI \$675K 3214 Millikin \$827K



Upgraded 3/2, best value on market! Newer windows, sliders, Shows great. Large eat-in kitchen. Private rear vard. Curie school. \$659,000

7248 Teasdale



Gorgeous, 4/3 spacious single story ranch w/vaulted ceilings, large living spaces, 2 fireplaces, custom detail - pool & VIEW!! \$889,000

5561 Stresemann



**Proven Results!** You may be surprised how much your

home

Beautiful upgraded 4/2.5, 1488 sq.ft. single story. Front courtyard. Fireplace. Large patio, yard, spa & canyon view. Won't last long! \$690,000

4451 Paylov

## **Lori Miller**

(858) **452-9000** lorimillerhomes@gmail.com www.everyhomeuc.com

Selling U.C. & SAVING YOU THOUSANDS! CA BRE#01190485

is worth! Contact me TODAY! Cell/Text/Direct: 619-987-9070







## Interested in Advertising In Our Community Newsletter?

Next Issue: November 2015

Deadline: 10/18/15

Ad size (width by height) and prices are as follows:

Business Card 3.5" x 2" - \$60

Qtr Page 3.5" x 4.5" - \$150

Half Page 8.5" x 5.5" - \$300

Ad space if available on a first come, first served basis.

Sizes are limited and can fill up before the deadline.

Ad Payment is due 9/18/15

Mail check payable to UCCA Ads

prior to deadline to secure your space.

JPG and PDF format required. Email ad prior to the deadline.

For more detailed information, contact:

Terri Day at UccaAds@hotmail.com



www.411sandiegohomes.com



## Jack E. Klein

**Golf Professional PGA Apprentice** 

On-course Instruction Putting Lessons



## Ask about the UC Discount

858.699.3164

jack@golfandfaith.com



Please contact Keith today at 858.490.4288 x 203 to get started.

### KEITH PAGLIERANI, CFP\*, AAMS\*

Financial Advisor

### The Financial Planning & Investment Group

A financial advisory practice of Ameriprise Financial Services, Inc.

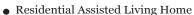
4455 Morena Boulevard, Ste 215 San Diego, CA 92117 keith.x.paglierani@ampf.com ameripriseadvisors.com/ keith.x.paglierani CA Insurance #0E77559

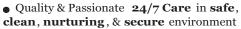


Ameriprise Financial Services, Inc. Member FINRA and SIPC.

Right Choice Senior Living Lic#374602704 (UTC/La Jolla) See photos & videos at www.rightchoiceseniorliving.org

(619) 246-2003 Call for Tour. Private rooms w/bath





- Loving Care, Great Location, Great Food
- Memory/Dementia Care Offered
- Hospice, Short term stays (respite) OK







# PBP CONSTRUCTION, INC. GENERAL CONTRACTOR Superior Craftsmanship and Value For Your Project, Repair or Remodel

Call to see how we can help - Insured, References, Photos

Pres Plumb (858) 784-1504 plumbsb@earthlink.net

Lic. No. 999205



The Mills Team 1299 Prospect Street La Jolla, CA 92037

858.345.0240

JenAndersonHomes@gmail.com InspiredSanDiegoHomes.com

## JENNIFER ANDERSON LOCAL UC REALTOR

**TOP 1% OF ALL BHHS AGENTS** 



UC Resident Since 2003



667 Dell Street Solana Beach

4 bedrooms, 3 bathrooms, 2,828 sf.

\$1,355,000



3696 Caminito Cielo Del Mar Carmel Valley

3 bedrooms, 2.5 bathrooms, 1,352 sf.

\$621,000



7876 Camino Tranquilo University City

4 bedrooms, 2 bathrooms, 1,472 sf.

\$455,000

## Curious What Your Home is Worth?

Contact me for your free, no obligation, custom home valuation or visit *sendhomevalue.com* to get an instant value report for your home.

## Trust our full-service brokerage firm for all your home selling and buying needs

- Retirement/Assisted Living Communities
- Nationwide Relocation Services
- Moving Up or Downsizing Locally
- Coastal & Luxury Homes
- Investment Properties

## Who You Work With Matters

Berkshire Halhawy HomeServices California Propersion © 2015 BHH Affiliates, LLC, Real Estate Brokerage Care returns the network member franchises of BHH Affiliates, LLC, Most franchisees are independently owned and operated. Berkshire Halhaw HomeServices California Propersion © 2015 BHH Affiliates, LLC, Most franchisees are independently owned and operated. Berkshire Halhaw HomeServices and the Berkshire Halhaw HomeServices California Propersion of Halhaway HomeServices and the Berkshire Halhaway HomeServices and the Berkshire Halhaway HomeServices and the Berkshire Halhaway HomeServices (ABIFER) (A

## EdUCate!'s 7th Annual Oktoberfest October 10, 2015 - 2:00-6:00 pm at Standley Park

## Live music provided by:

The ALSI Ensemble (2-3pm), El Cajon German Band (4-6pm) and an appearance by the Standley Middle School Marching Band! Special Guest: Council President Sherri S. Lightner



Fun and games including a Rock Climbing Wall, Castle Super Jump, Penguin Flicker and more! Plus, don't forget the Principals' Challenge!

Home Brew Contest www.mashheads.com
Categories: America
1st Place Beer will be Brewed and
Served on Tap at Home Brewing Co.

## **Tickets \$1 each or 25/\$20**

Brat (4 tickets)		
Hot Dog (3 tickets)		
Pretzel (3 tickets)		
Strudel (3 tickets)		
Pickle (1 ticket)		
Games (1-3 ticket)		
Root Beer \$1		
(Commemorative cup for sodas \$1)		
Beer \$20		
Includes five tickets good for one 4 oz.		
pour each and commemorative cup		

## **UNLIMITED POURS**

Donate \$180 to our Dollar-A-Day campaign before or during Oktoberfest and receive two commemorative reusable cups and ALL-YOU-CAN-TASTE beer or specialty soda. Plus, receive VIP service in the beer garden!

### **UC TEACHERS!**

Stop by the ticket booth to get your 10 tickets for food and non-alcoholic beverage as a thank you for all you do!



# UC Schools Alum! Wear any school spirit gear and get one FREE ticket for a FREE pour (adults) or FREE game (kids)!

The trolley will be running the length of Governor Drive from 2:00 to 6:00 pm Sponsored by: Coldwell Banker UC Agents



Thank you to our major sponsors:

Nancy Beck - Realtor & University City
Community Association (UCCA)!

## www.uc-educate.org

Cash, checks, and credit cards accepted only for ticket purchases and Dollar-A-Day donations Visit our website to use your credit card to make Dollar-A-Day donations prior to the event