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## UCCA Membership Drive Begins



UCCA Membership dollars are at work improving the community through such projects as the street median beautification. At the project's ribbon cutting, pictured above is Co-Chair Barbara Gellman, Councilman Sherri Lightner, Angela Macuci, Joanna LaBahn-Cornett, and Chair Merle Berman.

### Here's What's Included When you Join UCCA or Renew Your Membership

Join UCCA or renew your membership for 2016 and get all this ... plus a FREE Insulated Shopping Bag if you join at the \$100 Gold Membership Rate.

- UCCA membership for calendar year 2016
- Local community volunteer opportunities
- 10 issues of University City Newsletter
- An updated news feed at [www.UniversityCityNews.org](http://www.UniversityCityNews.org)
- 10 Community Forum meetings at the Library on Governor
- City Council election candidate forum (Fall 2016)
- A personalized 2016 membership card
- Discounts at local businesses through the Buy Local with UCCA program when you show your membership card at participating local businesses
- A personalized 2016 desk calendar
- A UCCA membership sticker
- Support for local events, public schools and projects (such as Standley Park improvements, 4<sup>th</sup> of July Celebration, Summer Concerts)
- And a FREE Insulated Shopping Bag similar to the one shown on page 8 when you join at the \$100 Gold Membership level.

This year, you have three convenient ways to join the UCCA or renew your membership: Complete and return your payment with the envelope included in this issue; complete the membership form and return your payment in your own envelope; or pay online through PayPal at [www.UniversityCityNews.org](http://www.UniversityCityNews.org).

**UCCA Elections/Meeting: Wednesday, November 18, 4:00-6:00pm**

The special meeting will be held at the UC Library on Governor Drive. The Election info can be found on page 3. Agenda items (tentative), include; Costa Verde Revitalization, "Imagine UC 2020" update, CA Speaker of the House Toni Atkins, and planning for UCCA's December 11 Christmas Tree/Menorah. Please plan to attend.



**Daylight Savings Time Ends**  
**Clocks Fall Back One Hour**  
 Sunday, November 1  
 2:00am

**UC Library Book Sale**  
 Thursday, November 5, 1:00-5:30 pm  
 Friday, November 6, 9:30am-5:30pm  
 Saturday, Nov. 7, 9:30am-2:30pm

**People for a Clean UC**  
 Sunday, November 8  
 7:30-9:00am  
 Starbucks, 3202 Governor Dr.

**UC Planning Group**  
 Tuesday, November 10, 6:00 pm  
 Scripps, 10010 Campus Pointe Dr.  
 First Floor (new location)

**Veterans Day**  
 Wednesday, November 11

**UC Cluster Committee**  
 Monday, November 16  
 4:30-6:00pm, UCHS Media Center

**UCCA Board Election/Meeting**  
**Wednesday, November 18**  
**4:00pm Election/6:00pm Meeting**  
 UC Library

**Doyle Recreation Council**  
 4<sup>th</sup> Tuesdays at 6:30 pm

**Standley Recreation Council**  
 4<sup>th</sup> Thursdays at 6:30 pm

**Thanksgiving**  
 Thursday, November 26

## UNIVERSITY CITY COMMUNITY NEWSLETTER

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### Be the Eyes and Ears of UC:

The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

#### Guidelines:

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The information contained in submissions may be edited and/or combined with others; for example: upcoming events.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to UCCAEditor@gmail.com or jemmasamala@gmail.com; email any questions.

### Deadline for the December 2015/January 2016 Newsletter Publication is November 19

Please send your submission as early as possible. The deadline for the December/January issue is November 19, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter.

The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for same. Publication does not constitute an endorsement.

Follow UCCA on Facebook as University City  
Community Association, and on Twitter  
@UCCA\_SD.



### UCCA President Barry Bernstein

With Halloween fun now over, clocks "falling back", and finally relief from the long warm weather, we can begin to "batten down" the hatches before the projected wet winter for this holiday season. November 11 is Veterans' Day, and UCCA wants to take this opportunity to "salute" all of our veterans for their sacrifices and hardships endured to keep our country safe and prosperous. And of course, being November, our UC families will be looking forward to various Thanksgiving and family events.

Last month, besides participating in the annual Oktoberfest by EdUCate!, University City residents' concerns regarding the Rose Canyon railroad track construction and the Regents Road eastside hill brush clearing were addressed by both UCCA and UCPG at their respective monthly meetings. (see page 12 for photos/articles)

UCCA's election of officers for 2016 will be held on **Wednesday, November 18, 4:00pm** (The library will be closed on Veteran's Day which falls on our regular meeting date), at our Community Branch Library on Governor Drive. All UCCA members are encouraged to vote.

Please carefully detach the 2016 membership remittance envelope from this newsletter, designate your membership category and mail to us as soon as possible. Your membership dues go towards supporting the many community projects/events reflected on the membership application. New members and or those joining on November 18 are eligible to vote. See page 3 for a listing of the UCCA board's recommended nominees and the election process.

Plans have started for UCCA's "Tree Lighting." The date is Friday, December 11 and Carl's Jr and Coffee Bean Tea & Leaf have donated refreshments for the evening program, which starts at 6:30pm. After the Rec Center's "dinner with Santa", Standley Middle School band, along with the children's choir and Tuesday Nite Alibi, will provide some holiday songs and music. The large beautiful Christmas tree will be lit and Santa will be there for the children. This year Chabad will be lending us a large electric menorah to light in recognition of Hanukkah.

Special thanks to Merle Langston and Barbara Gellman for their extraordinary efforts in making our landscaped medians on Governor Drive something beautiful and lasting. See photo on the front page.

I hope to see many of you at our **November 18 election meeting**. Along with our elections we will have on the agenda the Costa Verde Shopping Center revitalization plans, and an update on "Imagine UC 2020."

Have a great November...JOIN UCCA!

Remember, we're more "than just a neighborhood"

~ Barry

**EDITOR'S NOTES...** by Jemma Samala

November brings to mind one of my most favorite topics...food! Okay, family and friends too. But really, FOOD.

Since I'm the sister with the kids, we usually have Thanksgiving at my house. But since my sisters and parents are the cooks, I get to sit back and let them take over the kitchen. My contribution is usually mashed potatoes, and some sauteed veggies – you can't mess those up. I'm actually the baker in the family, but for Thanksgiving I tend to travel the long road to get the Julian apple and pumpkin pies at our local Vons. Served with vanilla ice cream and homemade whipped cream, yummy.

The biggest tradition we observe during Thanksgiving, well of course, is football. Not just on TV, but at Standley Park. There was a time when we would host the Turkey Bowl at the park, if not on Thanksgiving Day, sometime that weekend. The boys and their dads would form teams, there was some sort of bracket going on, and we would potluck the snacks. The moms got a chance to visit with each other, getting a head start on pie sampling. Dads acted as quarterbacks, but as the boys got older, dads started getting sidelined and it was just for the kids.

Now the kids do the planning themselves. And since this year, many of them will be coming home for Thanksgiving from their respective areas of higher learning, I look forward to seeing this UC Turkey Bowl tradition continue.

Then once back home, while savoring the smells of the roasting turkey and adding pounds of butter to the potatoes, we turn on the DVD player to watch a friendly game of football, you know that Friends episode between teams headed up by Monica and Ross to compete for the family trophy. Yes, that lovely troll doll. Gotta love family traditions.

Happy Thanksgiving...and make sure to see the recipes on pages 10 and 11 submitted by our local UC cooks.

**2015 UCCA Board Members****Executive Board**

President: Barry Bernstein, apdrfn@aol.com, 858-453-3713

Vice-President: Barbara Henshaw,  
barbarahenshaw@gmail.com

Secretary: Vince Reardon, vfreardon@gmail.com

Treasurer: Ginny Charvat, ginnycharvat@yahoo.com

**Appointed Positions**

Beautification: Merle Berman, Chair, mberman@san.rr.com,  
and Barbara Gellman, Co-Chair, bggellman@yahoo.com

Corresponding Secretary: Terry Jones,  
t17jones@roadrunner.com

Historian & Holiday Tree Lighting Coordinator: Darlene  
Ventimiglia, darleneven@yahoo.com

Membership: Hallie Burch, UCCAmembership@gmail.com

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bggellman@yahoo.com

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mack@pacificcoastcommercial.com

\*Non-Voting Member

**ELECTION NOTICE**

Wednesday, November 18

4:00-6:00pm

UC Library Meeting Room

Below are the current nominees for the 2016 UCCA officers positions, unanimously approved at the October UCCA meeting.

<b>President</b>	<b>Barry Bernstein</b>
<b>Vice-president</b>	<b>Diane Ahern</b>
<b>Secretary</b>	<b>Karen Martinez</b>
<b>Treasurer</b>	<b>Don Hotz</b>

\*Nominations/write-ins will be accepted if nominees are members and meet the two meeting requirement. Only current (2015) UCCA members are eligible to vote.

**A CONNECTION TO UC  
THROUGH THE JCC**

by Ernie McCray

I just found a picture of my departed, Nancy, and me and our girls, Tawny and Nyla, sitting on a diving board. It was taken around 1981 at the old Jewish Community Center on 54th Street. It reminds me that I've had a connection to University City before joining this community - as when the center moved we brought our family membership to the new JCC in UC.

I was still an active athlete back in the old JCC days. Played in the basketball and volleyball leagues and swam a few laps in the pool in my unsmooth, non-Michael-Phelps-like style. Our little girls were members of the center's swim team. We loved that pool; we thought of it as the epitome of pools, until we first set eyes on the amazing water facilities at the digs on Executive Drive.



After a while I let my part of the membership go because I didn't compete anymore and the little swimming I did wasn't worth the drive from Golden Hill. But Nancy, a woman who swam like a fish for miles, each week, in both pools and in the sea, enjoyed her time in the waters of the JCC in UC - she swam laps there until she passed away in the summer of 2009. I can see her moving through the water in a number of strokes, so smooth and lovely.

Such sweet memories make University City even more special to me. I'm liking it more and more each day.



## Suspects Caught in Northwestern Burglary Series

by Barbara Gellman

The San Diego Police Department Media Services Unit reports that over the past two months, there have been multiple residential burglaries, most being in the Scripps Ranch area but, two were in Clairemont. Due to the collaborative effort with Detectives and community members, leads were developed that led to the capture of the suspects. Stolen property was recovered and four individuals were taken into custody. The victims were contacted and encouraged to go to Northeastern Division to identify their property. Stolen merchandise was found in a Clairemont home, our neighboring community.

The investigation is ongoing. Anyone who may have additional information regarding this burglary is encouraged to contact Officer Susan Kelly at 858-538-8026.

Message: Report suspicious activity to 619-531-2000, such as strangers prowling a neighborhood. Your information could be the missing piece needed to crack the case. If you see a crime in progress, call 911.

## San Diego Police Department Runs Community Homeless Outreach Team

by Diane Ahern

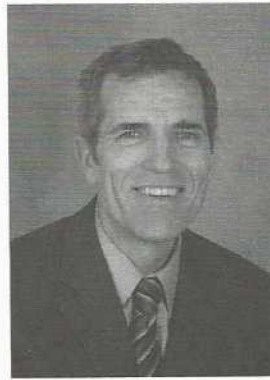
Homelessness is an extremely complex social problem that impacts the quality of life in our community. There are no easy solutions. The San Diego Police Department and elected officials in the County and City recognize that there is a fine line between homelessness as a social issue and homelessness as a criminal issue. Many homeless are on the street because of substance abuse, mental illness or both.

To assist the City and County provide better service to this at-risk population, the SDPD has created the Homeless Outreach Team (HOT). The team consists of police officers, County Health and Human Services specialists as well as psychiatric clinicians from the Psychiatric Emergency Response Team (PERT), a private non-profit organization.

HOT is available to assist the community with homeless-related issues. HOT provides field assessments for eligibility to public entitlements, crisis intervention, comprehensive case management, drug/alcohol rehabilitation placement, and psychiatric/medical treatment placement.

The police department recommends that San Diegans not offer food or money to those that appear homeless as it may encourage more panhandling. Those who are inclined to help the homeless should consider contributions to local charities, missions, food banks or social service organizations that assist the needy. If you feel someone needs service, the phone number to call is 858-490-3850. For more information, visit the city's website at [www.sandiego.gov](http://www.sandiego.gov).

Watch this page in the December/January issue for holiday safety tips. To learn more about scam alerts go to [aarp.org/fraudwatchnetwork](http://aarp.org/fraudwatchnetwork)



## What does "adequate funding" for our public schools mean?

John Lee Evans

Trustee, San Diego Unified

It is generally accepted that California schools have been inadequately funded for the past several years. We rank 46<sup>th</sup> in per pupil spending among the states, but no one has clearly defined what adequate funding would be. What would it cost to prepare our students for the innovative jobs of the future to fuel the California economic engine?

San Diego Unified is leading a movement in California to clearly define what is needed to with a new investment model for public education. We are starting with what taxpayers and professional educators agree is needed to ensure that all students graduate from high school with the skills necessary to succeed in college or a technical career.

We must lower class size after the recent increases. We must have more counselors, nurses and librarians to ensure that our students succeed academically. We must provide additional supports to make sure all of our students are proficient in English. We must offer more career technical courses in high school. None of these are controversial.

The new Local Control Funding Formula is a more equitable method of distribution of funds, but it does not work if the funds are not adequate. Proposition 30 only stopped the annual major cuts. But we have no long-term solution. The funds are insufficient and temporary.

California Education Code actually requires that the state's per pupil funding be at the level of the average of the top ten states. We are not even asking for that. Higher funding does not necessarily guarantee success without accountability. We will show exactly how we intend to spend the money.

Rather than simply saying we need more money every year, our investment model will show what we will do with the money. The San Diego School Board directed the staff to calculate the costs required to meet all of the goals of our Local Control Accountability Plan, which was developed with our own community. We are not talking about ideal funding, but funding for the essentials of a good education. The current funding gap is \$350 million per year.

With these additional funds we will still be a little below the national average. But we can produce great results at a good price. We are asking other districts across the state to make their own calculation this month. We are calling for the state legislature to hold hearings soon to define what an adequate investment is for quality schools across California.

The public has always supported quality schools in our neighborhoods. But the current method of financing our schools has been broken for a long time. Our schools are too dependent on volatile sales and income taxes. We need good schools in times of economic boom and in times of economic downturn.

Once we come to a consensus on what is required, the legislature could then ask the nonpartisan Legislative Analyst's Office we to develop a plan to finance this investment in education. Californians have a strong desire to support schools worthy of our stature in the world. Indeed, a strong public education system is the only way we can ensure that San Diego and all of California will continue to thrive in the competitive global economy.

**Black Friday. Cyber Monday.**  
**#GIVINGTUESDAY**  
 December 1, 2015

by Bonnie MacRitchie

We have a day for giving thanks. We have two for getting deals, Black Friday and Cyber Monday. Now, we have #GivingTuesday, a global day for giving back. On December 1, EdUCate! is participating in #GivingTuesday. Kick off the season of generosity by giving a gift that makes an impact right here in our own community -- our University City public schools. Your donations to EdUCate! fund teacher grants for classroom needs, principal grants for school wide needs, and cluster wide programs like Math Academy for middle and high school and Jr. Achievement BizTown for 5<sup>th</sup> graders.

EdUCate! is a nonprofit foundation established in 1993 to provide supplemental funds for all five of the University City Public Schools. For more than 20 years, EdUCate! has funded over \$1,540,000 in grants, programs and scholarships. [www.uc-educate.org](http://www.uc-educate.org).



**Curie's 37<sup>th</sup> Holiday Craft Fair**

The popular annual Curie Elementary Holiday Craft Fair will be on Saturday, November 7, 9:00am to 3:00pm – rain or shine! There will be over 100 crafters selling homemade items, food booths, baked goods, Cake Walk, entertainment and a kids corner. New handcraft vendors can email [curiecraftfair@gmail.com](mailto:curiecraftfair@gmail.com) or go to [www.curiepta.org/curie-craft-faire](http://www.curiepta.org/curie-craft-faire) for more info.

**Spreckels Spirit Sprint**

Spreckels Elementary's 6<sup>th</sup> Annual Spirit Sprint Jog-A-Thon will be held on Friday, November 6. Get those running shoes ready! It's sure to be a fun and active day at Spreckels.

Spreckels is looking for corporate sponsors at various support levels will have their company logo and website in a UCCA ad purchased by Spreckels PTA, company banner on Spreckels' fence facing Governor Drive, and recognition in online Spreckels communications and in the newsletter. For more info visit [www.SpreckelsCommunityUC.com](http://www.SpreckelsCommunityUC.com) or contact Jamie Apodaca, [jamielya@yahoo.com](mailto:jamielya@yahoo.com).



**UC DEL SOL OFFERS FREE SOFTBALL CLINIC**

Join UC Del Sol in kicking off their Spring season with a FREE Softball Clinic on Saturday, December 5 from 9:30am to 1:00pm, at Standley Adult Field, between Swanson Pool and Standley Middle School. Whether new to the sport or a loyal returning player...girls ages 5 to 14 are welcome and encouraged to attend.

Spring Early Bird Registration is now open. Go to [www.ucdelsol.com](http://www.ucdelsol.com) for more info and to register online. Save \$10 and register your daughter by December 5. Community boundaries do not apply.



*Photo of Spreckels students from San Diego Union Tribune website*

**Drop, Cover, and Hold On**

Local schools participated in the 2015 Great ShakeOut Drill, where students learned to 'drop, cover and hold on' and demonstrated what they would do in the event of an earthquake. The Spreckels Elementary ShakeOut was covered by the San Diego Union Tribune (photo above), the San Diego County News, and Fox 5 TV. Below University City High School students met at the football field during their ShakeOut drill. You can learn to create your own Earthquake disaster plan at Ready San Diego at [readysandiego.org/make-a-plan/](http://readysandiego.org/make-a-plan/).



**North University City Library November Highlights | 8820 Judicial Drive | 858-581-9637 | [sandiego.gov/public-library](http://sandiego.gov/public-library)****Events for Adults/Seniors**

**Small Business Assistance, Wednesdays at 11:30 AM.** Dr. Adolpho Sanchez offers help in navigating the process to starting a business. Appointments available by calling the library.

**Job Help Assistance, Wednesdays at 3:30 PM.** Dr. Adolpho Sanchez offers help with resume writing and job searching. Appointments available by calling the library.

**ESL Conversation, Thursdays at 4:00 PM.** Improve English conversation skills in an informal, small group setting.

**Gentle Yoga, Fridays at 10:00 AM.** Learn basic yoga techniques, perfect for beginners, expectant mothers, seniors and persons with disabilities. Please bring your own mat.

**Knitters' Circle, Thursday, November 5 and 19 at 1:00 PM.** Yarn enthusiasts at all skill levels are welcome. Basic instruction available.

**Concert: Villa Musica Classical Guitar Ensemble, Sunday, November 8 at 2:00 PM.** A sonic fusion of classical meets modern hip-hop, House-Lounge-Techno.

**Page Turners Book Club, Wednesday, November 18 at 5:30 PM.** The Book Club will be discussing *Behind the Beautiful Forevers* by Katherine Boo.

**Cinema Café, Wednesday, November 18 at 6:00 PM.** Enjoy refreshments while watching a thought-provoking film. Title TBA. Please inquire with library staff for further details.

**Events for Children/Families**

**Babies and Books, Mondays at 9:45 AM.** This lap-sit story time will introduce a love for books by using song, movement, rhythm and rhyme. Recommended age: Birth – 2 years.

**UC Community Library November Highlights | 4155 Governor Drive | 858-552-1655 | [sandiego.gov/public-library](http://sandiego.gov/public-library)****Events for Adults and Seniors**

**Qi Gong - Every Monday @ 9:30 - 11:30 AM. (except November 9).** Qi Gong (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body; suitable for any age and health condition.

**Zumba for Special Needs and Beginners - Every Monday @ 1:00 - 2:00 PM. (except for November 9).** Led by Lis Garces a licensed Zumba® instructor since 2007; Founder and Director of the Juan Carlos Organization which provides dance therapy exercise for the Special Needs Community.

**Adult Yoga - Every Tuesday @ 4:00 - 5:00 PM.** Gentle exercises to aid flexibility and improve concentration. Bring a yoga mat or towel.

**Chair Sit Yoga - Tuesday, November 3 and 17 @ 2:00 - 3:00 PM.** Get fit where you sit! Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support.

**Accordion Club - Saturday, November 14 @ 9:30 AM - 12:30 PM.** All are welcome! Second Saturday of each month.

**Ellie Lamson Band - Wednesday, November 4 @ 6:30 - 7:30 PM.** Ellie Lamson has been living in San Diego for over twenty years. Her original writing styles would be classified as Folk-Americana.

**Friends of the Library Book Sale - November 5 - 7 (Thurs. 1:00 - 5:30, Fri. 9:30 - 5:30, Sat. 9:30 - 2:30).** Come support your library and buy books, music CD's, DVD's, etc. at our book sale. All the money raised will be used for programming, materials, and equipment at the University Community Library.

**Peripheral Neuropathy Lecture - Tuesday, November 10 @ 1:00 - 3:00 PM.** Learn how to end neuropathy pain. Limited space, please call (619)275-3683 to RSVP. Presented by: The Foundation for Wellness Professionals, a nonprofit.

**2016 Medicare Changes - Thursday, November 12 @ 2 - 4 PM.** Open enrollment October 15 - December 7. Learn about the changes to Medicare plans for the new year, beginning January 1.

**UC Book Club - Wednesday, November 18 @ 2:00 PM.** The Book Club will be discussing *Shadow of the Wind*, which is also the book chosen for the 2015 One Book, One San Diego reading program.

**Fine Wine Seminar - Wednesday, November 18 @ 6:30 - 7:30 PM.** Wine Basics or a Common Sense Approach to Wine. Join Bill Curtis



**Homework Help, Tuesdays and Thursdays at 5:00 PM.** Basic homework help for all grades and subjects. For more information please call the library.

**Kids' Art Studio, Wednesdays at 1:00 PM.** A fun art lesson every week! No registration required. For grades K-6.

**Music and Movement, Fridays at 11:00 AM at the Nobel Recreation Center.** Sing, Dance and Play! Children enjoy songs and movement activities that build motor skills and increase independence.

**Arts & Crafts, Saturdays at 1:00 PM.** Let your creativity run wild with a fun craft activity! Children under 8 welcome with an adult or older sibling.

**Yoga Storytime, Monday, November 9 and 23 at 10:30 AM.** Stretch both your body and your mind in this unique program that combines stories, songs and simple yoga poses. Families enjoy healthy fun and bonding. Please bring your own mat.

**STEAM 2 Academy, Tuesday, November 10 at 3:00 PM.** Science-based educational activities geared to students in grades K-3. November topic is Animal Science: Classifications.

**Paws to Read, Monday, November 16 at 4:30 PM.** Practice reading out loud to a furry friend! Certified therapy dogs provided by Love on a Leash, San Diego Central Chapter.

**Story Times**

Chinese – Mondays at 11:30 AM  
 English – Thursdays at 10:30 AM  
 French – Thursdays at 11:15 AM  
 Russian – Thursday, November 12 at 9:45 AM  
 Sign Language – Thursday, November 12 at 12 noon

who will share what questions to ask clerks in a wine shop, and servers in a restaurant when ordering wine.

**Oasis: Estate Planning in 2015: What You Need To Know - Thursday, November 19 @ 2:00 - 4:00 PM.** This class focuses on the main aspects that every estate plan should include, as well as specific pointers for certain age groups, family situations, and income levels.

**Scrabble Club - Tuesday, November 24 @ 5:00 PM. - 8:00 PM.** All are welcome! Bring your own board and meet new friends!

**Events for Children**

**Preschool StoryTime for Kids - Every Thursday @ 10:30 - 11:30 AM.** Join us for stories, crafts, finger plays and songs.

**Makerspace Craft Station - All week long (Monday - Saturday).** A craft station is available in the Children's Area during library hours with a different craft each week.

**Exotic Animal and Magic Show - Wednesday, November 4 @ 2:00 - 3:00 PM.** This show is guaranteed to take your breath away as 7 live exotic animals are produced during the magic show. One lucky kid will float in the air and all the kids will get a chance to pet the animals at the end of the show.

**Events for Tweens/Teens**

**Go Gaming - Every Tuesday @ 2:30 - 4:30 PM. (except November 3).** Learn the ancient mind game of Go from the President of the San Diego Chapter of the American Go Association.

**Kendama Club - Every Wednesday @ 1:30 - 2:30 PM. (except November 4).** Test your skills against others learn new tricks and just have FUN!!!

**Video Game Fridays - Every Friday @ 3:00 - 4:00 PM. (except November 6).** Wii gaming with your friends. Get your game on!

**Teen Writing Club - Thursday, November 12 @ 4:00 PM. -The Significance of Small Things: Making the Ordinary Extraordinary.** Write to a prompt, read it if you want, and have fun in the process. All will write for fifteen minutes, and then share with the rest of the group, voluntarily. The assignment is general enough so you control the content. You will be surprised, and maybe even delighted, with what you can write in a short time.

**Notes:** Many thanks to the Friends of the Library for their generous sponsorship. You, too, can be a Friend; ask at the Check Out Desk. Please call the libraries to confirm any given program. Changes are rare, but may occur. **All public libraries will be closed November 11, Veterans' Day.**



## BROWN BAG OPERA: *Le Fille Du Regiment*

Our Mother of Confidence Church continues their Brown Bag Opera Series on Sunday, November 8, starting at 1:00pm. They will be showing *Le Fille Du Regiment*, composed by Gaetano Donizetti, and

performed by the Metropolitan Opera Company.

Madcap physical comedy and impeccable coloratura come together for Natalie Dessay's indelible portrayal of the feisty tomboy raised by a regiment of French soldiers. Juan Diego Flórez is the young Swiss villager who conquers her heart—and a slew of high Cs. Also featuring uproarious performances by Felicity Palmer and Alessandro Corbelli, as well as a cameo by Tony Award winner Marian Seldes, this laugh-out-loud production was a runaway hit that left audiences exhilarated.

You are invited to bring a sack lunch, snacks, and your beverage of choice and come enjoy an afternoon of great music drama. There is no charge for the event and all are welcome. This is OMC's gift to the UC community, and no prior registration is needed.

## Preparing for El Niño at Home and at Work

With winter fast approaching, remember to use resources for El Niño preparedness to help prevent flooding and storm water pollution.

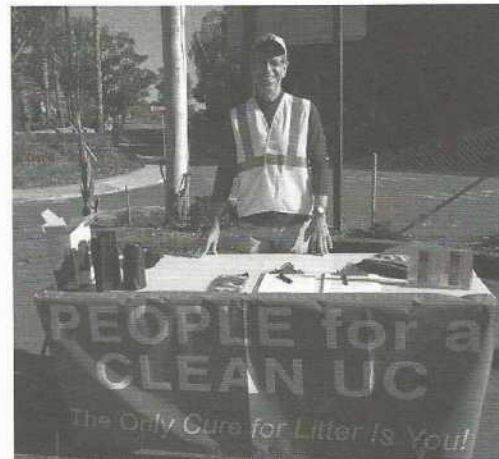
- **Yard/Patio:** Inspect area for dead trees or limbs, debris, furniture, or other objects. Tidying up and storing/securing furniture can prevent loss/damage during high wind.
- **Drains/Gutters:** Clear gutters and drains of debris. If you do not have them, consider installing them. Storm water runoff should be directed into a collection system.
- **Roofs:** Inspect the roof for loose tiles and holes.
- **Retaining Walls:** Inspect retaining walls, drains, culverts, ditches, etc.
- **Slopes:** Inspect slopes for gullying, cracks, slumping etc., which might indicate slope movement.
- **Bare Ground:** Reduce large bare areas that could create mudflows during a storm. Use mulch and establish plants to help prevent flows.
- **Storm Drains:** Inspect storm drains. If obstructed, clear material from the drain or call the Storm Water Hotline at 619-235-1000.
- **Follow-up and Other Concerns:** Consider sandbags and sheeting. Sandbags can be stacked to keep water from flooding low areas. Plastic sheeting can be placed on slopes and secured with sand bags to prevent erosion.

For more information about heavy rain preparedness, please visit: <http://www.coastal.ca.gov/elniño/genckl.html>. Information courtesy of Council President Sherri Lightner, from her September 2015 SpotLight e-Newsletter.



## Costa Verde Center Connects with Open House

Regency Centers, owner of Costa Verde Center, 8650 Genesee Avenue, plan to revitalize the center with new shops, restaurants and more, and they want ideas from the public. Costa Verde Center is hosting a "Let's Connect" open house on Thursday, November 12, from 5:00-7:00pm, at the center next door to The Boxing Club. Share ideas to reimagine a better Costa Verde while enjoying free pizza and ice cream. Regency Centers was a major sponsor of the 2015 Summer Concert Series at Standley Park.



People for a Clean UC's Vince Reardon welcomed volunteers to pick up litter. Cigarette butts abound.

## Volunteers Cleaning the Community

As part of I Love A Clean San Diego's annual Coastal Cleanup Day, People for a Clean UC, cleaned litter, plastic and debris along a two-mile stretch of Gilman Dr. from the Park & Drive to the entrance of UCSD. The group cleaned both west and east sides of the busy Drive. They collected 6 bags of trash, weighing approximately 100 lbs. Participants noted that numerous cyclists shouted their thanks and motorists beeped their horns in gratitude.

People for a Clean UC's next neighborhood cleanup is on Sunday, November 8 from 7:30-9:00am. They meet at Starbucks, 3202 Governor Dr., at approximately 7:15am. All cleanup materials are provided.



## Thanks to the following new 2016 members!

### Individual:

Create – A – Design  
 Curie PTA  
 Franklin & Shirley Cowell  
 Alexandra Dudine  
 Mariya  
 Reiki for Wellness

Inge Davidson  
 Ruth Kaplan  
 Eileen & Tony McKay  
 Paul Hewitt – Hewitt Watershapes

**Community Supporter:**  
 Jackie Caffee  
 Hugh & Mary Pates  
 East County Center for Jewish Life  
 Maureen Kennedy & Iraj Hashemzadeh

Lee & Judy Bausch  
 Ana Maria Corshack  
 Reagan

**Community Angel:**  
 Robert Simmons

Grace Tao

**Gold:**  
 Mary Beebe & Charles Reilly  
 Chase Bank  
 Don & Jeri Newman  
 Robert Daigneault, M.D. & Madeline Adkins  
 Pres & Judy Plumb – PBP Construction  
 Brisa Romero – Fusion Academy Solana Beach  
 Brian Ballard – Edward Jones Investments  
 Jacqueline & Barry Bernstein      Darren Klassen

Thomas & Diane Ahern  
 Hallie Burch  
 Robert Morrison  
 Gail & Fred Shatsky

## Back by Popular Demand: Buy Local with UCCA

Buy Local with UCCA program connects individual UCCA members with local businesses. Customers must present their valid, current UCCA membership card at participating Buy Local businesses at the time of purchase in order to take advantage of Buy Local offers. Join UCCA now; then, in January 2016, look for the Buy Local signs at participating local UC businesses. Here's a sneak peek at just some of the local businesses, which have already committed to the 2016 Buy Local program:



- AlphaGraphics on Governor
- Better Than Home Placement
- Dance Hula Fitness
- ElizabethAnn Photography
- Hewitt Watershapes
- Klassen Painting
- Mariya's Skin Care
- Powell Brothers Realty
- Professional Roofing Services
- Reiki For Wellness
- Round Table Pizza on Governor
- Steve Gray, Gray Loan Team
- Steve Lyons State Farm Agency
- Studio A Salon
- Terri Day, Realtor, First Choice Properties

The 2016 UCCA membership drive starts now, and the Buy Local business partnership discounts for UCCA members begin in January.

When you make a purchase with one of our Buy Local partners, tell them you read about their offer in the UCCA newsletter; and thank them for their Buy Local participation.

## University City Community Association 2016 UCCA Membership Application\*

2016 Members will receive our new membership card and a special thank-you gifts for joining.  
 \_\_\_ Individual Member \$20    \_\_\_ Community Supporter \$40    \_\_\_ Community Angel \$60  
 \_\_\_ Gold Membership \$100

2016 Gold category members will receive the UCCA shopping bag, along with other gifts.

Please print Name(s) \_\_\_\_\_  
 Address \_\_\_\_\_  
 Business name \_\_\_\_\_  
 Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Individual and Business members' names will be listed in the newsletter.

Please indicate if you do NOT want your name to be listed. \_\_\_ Do NOT list my name.

Make your check payable to UCCA. Mail to UCCA, 3268 Governor Drive, Box 121, San Diego, 92122. Payment is also accepted through PayPal on our website www.universitycitynews.org

*Your UCCA membership dues make a big difference in our community. These funds help support our many worthwhile organizations, (i.e. public schools' fundraising, Standley Park, EdUCate!, Neighborhood Watch, Garden Club, ImproveUC, Buy Local) as well as many special projects and activities such as median beautification, painted electrical boxes and street banners, 4th of July Celebration, summer concerts, December holiday tree lighting, and of course our monthly newsletter delivered to your home and/or business.*

\*This membership is valid for the 2016 calendar year. Thank you for joining UCCA.

If you have any questions, please contact our membership chairperson Hallie Burch at UCCAmembership@gmail.com.





## HONORING A VETERAN

by Jerry Herrman

Have you met the eighth oldest living Coast Guard aviator? You can spot him wearing his straw hat slowly and determinedly walking along Pavlov Avenue each morning. That is Leslie D. High, one of the many dedicated early morning walkers in University City. He is a 91 year-old widower who moved with his family to UC upon retirement from the Coast Guard in 1975. A 1946 graduate of the Coast Guard Academy, Les served 29 years, retiring as a captain. He describes his career as "an unbelievable, rewarding, and challenging life".

Among his outstanding achievements was serving as project officer building the Coast Guard Air Station in Mobile, Alabama in 1966, where a street is named after him. Shortly thereafter he became the chief training and recruiting officer for the Coast Guard. At the Coast Guard Aviation Association meeting in San Diego last month, Les was recognized for his exemplary service.

Although his 29 years of service were remarkable and fulfilling, Les considers his 66 year marriage to his wife Carol, a nurse, the most meaningful event of his life. "Although it took me seven years to get her to marry me, she gave me a perfect life, which was 'heaven on earth' our whole time together. We raised five wonderful children". When they reached age 65, Les and Carol began walking for their health three miles daily, which continued for 18 years until Carol passed away three years ago.

Les is an example of the many UC residents who came here, loved the area, and decided to stay for the duration. If you are out early and happen to see Les walking in the neighborhood, be sure to say hello, and thank him for his service to our country.

## PAVE PHYSICIAN ADVOCATES FOR VETERANS

*Paving the way to better healthcare*

Are you a veteran or family member with questions about your health care? If so, you may want to know about PAVE4vets, a non-profit organization that can help you to understand your healthcare options, prepare questions for medical providers, and make better decisions. PAVE is a wonderful group of retired physicians (all volunteers) in San Diego who pair up with veterans or their families/caregivers to help them understand their health concerns. The dedicated physicians do not practice medicine, but they generously take time to listen, educate, support and advocate for veterans. They can help you understand what your doctor or nurse just told you.

This service is free, fast, and incredibly helpful (and supportive to those clinicians who are dealing with such a backlog of requests). The program was started by Dr. Harvey Shapiro as a community service to help support military veterans. Dr. Ira Levine, a former UC resident, leads a team that meets in the volunteer office of the VA Hospital, but physician advocates are available throughout the county. To start meeting with a PAVE physician advocate call 858.753.5873. For more information, check out the website at [www.pave4vets.org](http://www.pave4vets.org).



## Retired Commander C. Wayne Wood

by Terri Day

My dad joined the Navy at the age of 17. Eventually graduating from the Naval Post Graduate School in Monterey. He was the XO and CO of several tours overseas of Mine Sweepers and Destroyer Tenders during the Vietnam and Korean Wars. One of his last assignments before retiring was heading up the Pacific Fleets Maintenance in Hawaii. At one of the earlier assignments, he was stationed in San Diego and that is when his wife, Rita Wood found University City, becoming one of the original homebuyers in the community in the 1960's. After transferring away, they kept the home and moved back in 1979 when he retired after 30 years in the Navy. UC has been his home since. He enjoys the concerts in the park during the summer and loved running his dog Sammy at Standley Park. He turned 87 in September and is currently battling Alzheimers. He still enjoys his dog Sammy and UC.

## UC Locals Share Recipes with their UC Family



### Starting with the Sauce

#### Cranberry Sauce

Submitted by  
Sandy Lippe

This recipe is from an adult ed class by the famous Mrs. Allen in the 70s. She always had a waiting list, and it was a big deal to get into her class at Collier Jr. High (now Correia). A lot of UC moms carpooled to Pt. Loma to take her cooking classes.

1 cup orange juice	2 tbsp. orange rind
1/2 cup water	1 lb. cranberries
2 cups sugar	1/4 cup sherry

Wash fresh cranberries combine in a large saucepan with orange juice, water, sugar and orange rind. Bring to boil, stirring until the sugar is dissolved. Simmer until the cranberries pop open. Add Sherry, cook additional 2 or 3 minutes. Turn into a bowl, chill.

### Next Comes the Potatoes, or is it?

#### Cauliflower Mashed "Potatoes"

Submitted by Tama Varano

Much healthier than traditional mashed potatoes, but they taste just the same. I can eat even without vegan butter, which I could never do without on mashed potatoes.

Dairy free cauliflower mash recipe  
Serves: 3

Ingredients:

- 1 whole head of cauliflower
- 2 cloves of garlic
- 1/4 cup nutritional yeast
- pinch sea salt
- handful fresh parsley
- 2 tsp. chives

Instructions: First steam up cauliflower. Once soft and slightly cooled place cauliflower in blender (food processor would work too). Blend a little with 1/4 cup soy or other dairy free milk. Then add in seasonings. (\*Do not have nutritional yeast – you can use almonds or cashews. \*\*can put some vegan butter or coconut oil in as well, maybe around 1 tbsp. - I skip this step.) Adjust flavor to taste. Keep blending till smooth!

Then have fun scraping it out of the blender, haha. Enjoy as side dish, or even as a snack.



## Rolling in the Dough

Perfect Holiday Dinner Rolls Submitted by Jill Harvey

I have MANY great tested recipes that I have either borrowed and adapted or created on my own. I am submitting this dinner roll recipe since homemade bread makes every meal special.

#### Ingredients:

- 1 tablespoon active-dry yeast
- 1/2 cup (4 oz.) warm water
- 1/2 cup (4 oz.) milk (whole, 2%, or skim)
- 1 large egg
- 2 tablespoons vegetable oil
- 2 tablespoons sugar
- 1 teaspoon salt
- 3 cups (15 oz.) all-purpose flour
- 1 tablespoon butter

#### Equipment:

- Standing mixer or a mixing bowl, if making rolls by hand
- Bench scraper or sharp knife
- Parchment paper
- 9x13 baking dish

#### Instructions:

1. Combine the ingredients for the dough: In the bowl of a standing mixer (or a large bowl, if mixing by hand), stir the yeast into the warm water and let it sit until dissolved. In a separate bowl, whisk together the milk, egg, oil, sugar, and salt. Add this to the yeast mixture and stir until combined. Add all the flour and stir until it forms a shaggy dough.
2. Knead the dough: Knead at low speed, or by hand against the counter, for 8-10 minutes, until smooth but slightly tacky. It should spring back when poked.
3. Let the dough rise: Cover the mixing bowl and let the dough rise in a warm spot until doubled in bulk, about an hour.
4. Shape the rolls: Dust your work surface with a little flour and turn the risen dough out on top. Divide the dough into 12 pieces with a bench scraper. To shape into rolls, tuck the edges underneath to form a plump little package, then roll the dough against the counter or between your palms until round.
5. Heat the oven and let the rolls rise: Line a 9x13 pan with parchment and spray with nonstick coating. Arrange the rolls inside the pan spaced a little apart. Let the rolls rise until they look pillowy and fill the pan roughly 30-40 minutes. *While the rolls are rising, pre-heat the oven to 375°F.*
6. Brush the rolls with butter. Melt the butter and brush it over the risen dinner rolls. This helps the tops to brown and keeps the crust soft. Sprinkle sparingly with kosher or course salt and pepper or your favorite dried herb.
7. Bake the rolls: Bake the rolls until golden, 15-18 minutes.



Lift the rolls from the pan using the parchment and let the rolls cool on a wire rack until cool enough to handle. They are best if eaten within a day or two, but will keep in an airtight container on the counter for up to a week. Rolls can also be frozen for up to 3 months and reheated in a warm oven.

## Don't Forget the Dessert!

Cranberry-Walnut Pie Submitted by Edith Frampton

My family comes from Plymouth Colony settlers who were introduced to cranberries by the Wampanoag people. Cranberries were harvested in the fall and provided a colorful and nutritious addition to the colonists' winter diet. Until the end of World War II my family lived in Plymouth County and continued to enjoy the foods traditional to southeastern Massachusetts. Mother eagerly awaited the arrival of cranberries in the market, which she used in pies, cakes, tea breads, and relishes.



### Ingredients:

- Pillsbury refrigerated pie crust (contains two crusts)
- 4 cups fresh cranberries, rinsed and drained or 4 cups unsweetened whole cranberries
- 1 orange, carefully washed (preferably Valencia)
- 1 cup granulated sugar
- 1/4 cup flour
- 1/2 cup raisins
- 1/2 cup chopped walnuts
- 3 tablespoons butter, melted
- 1/8 teaspoon salt

Preheat oven to 400 degrees Fahrenheit. Place a rack in the center of the oven.

Roughly chop fresh cranberries using a knife, food grinder, or food processor. Frozen cranberries can be chopped with a food processor without the need to thaw.

Using a food grater, gently grate the skin of the orange, being careful to leave the bitter white pith behind. Cut the orange in half and squeeze the juice into a small container.

In a large bowl combine all ingredients except crust, stirring well to thoroughly combine.

Open the package of refrigerated crusts and place one crust in the bottom of 9-inch pie pan. Press the crust into the sides and bottom of pan. Spoon filling into crust-lined pan. Unroll remaining crust and place on top of filling. Fit edges of the two crusts together and decoratively crimp with fingers or a fork. Use a sharp knife to cut several steam vents in the top crust.

Place pie pan on a rimmed baking sheet (to catch drippings) and bake in oven for 1 hour. Serve warm or cold.



**Having turkey problems?** Who you gonna call? Call the Butterball Turkey Talk Hotline at 1-800-BUTTERBALL (1-800-288-8372). They have been answering turkey questions for over 30 years.

## Pumpkin Muffins for Any Time of the Day

Best Ever  
Pumpkin  
Muffins

Submitted by  
Shannon  
Wilson



So the recipe I use isn't an original recipe ... but who has original recipes any more? The nice thing is that these are dairy free but super moist and beyond yummy.

### Ingredients:

- |                              |                                 |
|------------------------------|---------------------------------|
| 1 3/4 cups all purpose flour | 1 cup sugar                     |
| 1/2 cup dark brown sugar     | 1 teaspoon baking soda          |
| 1/2 teaspoon salt            | 2 teaspoons cinnamon            |
| 1/4 teaspoon ground cloves   | 1/4 teaspoon nutmeg             |
| 2 eggs                       | 1 15 oz. can pure pumpkin puree |
| 1/2 cup coconut oil          | 1 teaspoon vanilla extract.     |

Directions: Preheat the oven to 375 degrees and place 12 paper liners into each well of your standard size muffin-baking pan. Measure out the flour, sugars, baking soda, salt and spices in a medium bowl and whisk together. Set aside. In another bowl, whisk together the eggs, pumpkin puree, coconut oil and vanilla extract. Pour the wet ingredients into the dry ingredients and stir together. Do not over mix, just stir until everything is incorporated into the batter. It is helpful to use a large scoop (like an ice cream scoop) to evenly distribute the batter into each well. They will be nearly full. This will help give your muffins a nice puffy dome. Bake your muffins for 20-22 minutes or until a toothpick inserted into the center of a muffin comes out clean.

Note: If your coconut oil is solid, warm it up a bit so that it is in liquid form.

## Are You Stuffed yet?

Vegetarian UnStuffing Submitted by Terri Day



- |   |                              |
|---|------------------------------|
| 1 12 oz. box of Seasoned Cornbread Stuffing | 1 cup fresh sliced mushrooms |
| medium Red onion chopped                    | 1 cup celery chopped         |
| 2 Granny Smith Apples chopped               | 1 cube butter                |
| 1 cup fresh cranberries                     | 1 cup vegetable broth        |
| 1/2 cup White Wine                          | Salt, pepper to taste        |
| 1 tsp. Tarragon                             |                              |

Heat oven to 375. Melt butter in medium pan and add chopped onions and celery. Add seasonings. Mix all the other ingredients into a large bowl, mix and place into a baking dish coated in olive oil. Cover with foil and bake for 45 minutes. Remove cover and bake an additional 15 minutes.

A recipe I created for the vegetarians in our family. Enjoy!

## THE UC PLANNING GROUP REPORT

by Nancy Groves, UCPG Rep District 1

At the October 13 meeting Chair Janay Kruger announced Rose Canyon soil studies, new turfing at city parks, and LOSSAN issues with the track renovation in Rose Canyon. With massive amounts of construction all at the same time in North UC there will be many challenges. When the Regents Road section between La Jolla Village Drive and Genesee is under construction the city will keep two lanes open.

**Mid Coast Corridor Transit Project:** SANDAG is coordinating the extension of the blue line, from Old Town north parallel to the 5 freeway along with relocation/renovation of the sewer, water, and telephone lines as well as changing Voigt Dr. to a four-lane street. There will be stations at La Jolla Village by CA. Pizza Kitchen, VA Hospital, UCSD at Pepper Canyon, Voigt Dr. for access to Scripps and UCSD Medical Centers, Executive Dr., and UTC. Parking space approximations: Tecolote 250, Balboa 280, Clairemont 150, La Jolla Village 250, and UTC 260. There will be five trolley cars on the line with each holding 200 people. There was discussion of the parking, crime being brought into the neighborhood, and the current 220 security guards. The blue line extension will provide transit for office workers, hospital workers, UCSD students and staff, and UTC clerks; this will get many commuters off the freeways and streets. The blue line extension final engineering was accepted in April, full funding grant to give 50% of the \$2 billion in Spring 2016, and construction should start summer 2016.

As part of the SANDAG project, MTS showed the signage for the trolley. The object of the signs is to maintain consistency of size, clarity, and to avoid clutter. UC Health paid 30 million for naming rights to the stations and wraps for five cars. Two big problems surround the signage: 1. No one was informed that there was any bid or public notice for the naming rights, 2. Station signs have lost their function by becoming advertising rather than directional signs. For instance, "Old Town-UC San Diego Hillcrest" is very misleading since Hillcrest is nowhere near Old Town.

San Diego Public Utilities Dept. gave a very clear but disturbing presentation on the cost of water. The presenter stated that the increase is due to the rise in the rate the Metropolitan Water District is charging San Diego, and the investment in Pure Water, the new desalinated water plant, and replacing 35 miles of aging pipes. Each homeowner or bill payer was sent a Notice of Public Hearing for proposed water rate increases with their water bill. The hearing is Nov. 17 at City Administration Bldg., 202 C Street, 12<sup>th</sup> floor. The rate increase goes up each year for a total of 41% increase in 5 years. The County has sued the MWD yet it will be 2 more years before the final judgment. If 51% of the ratepayers protest, then the City Council cannot approve the rate increases. You can protest the proposed water rate increases by tearing off the form on the back of your notice and mailing it before the end of the public hearing on Nov. 17. If you have lost your form, you can download it at [sandiego.gov](http://sandiego.gov), go to tab 'water& sewer bill/rates' and click on "Notice of Public Hearing." The price of reclaimed water has increased 80 cents to \$1.73 and will go to \$2.14. Since they decided to stop extending the purple pipes, they have more reclaimed water than they can sell.

**Next meeting: November 10, 6:00pm at Scripps Office Bldg, 10010 Campus Pointe Drive.** Preliminary agenda: Scripps Research Inst., Rose Canyon Trunk Sewer Repair, GHD, Regents Road widening, MTS signage, Costa Verde renovation.



Looking north from the dirt road in Rose Canyon Open Space Park.  
Photo: Courtesy Deborah Knight

### Rose Canyon Railroad Project

By Deborah Knight

SANDAG has a railroad project underway in Rose Canyon. They are adding cross-overs between the inbound and outbound rail lines. These are a short piece of track between the two lines that allow trains to move from one track to the other. They are widening the distance slightly between the two lines, and moving them a few feet to the north. There is railroad right of way along either side of the tracks, but the grading and vehicle access has impacted areas outside of that right of way.

This project was planned without any public environmental review and without general public knowledge until construction was about to begin. Neither Friends of Rose Canyon nor the UCPG received any word of it. Friends of Rose Canyon is watching this project closely. Stay tuned.



View of  
railroad  
project.

Photo  
Courtesy of  
Barry  
Bernstein.

### Regents Road Hillside Brush Clearing Project

At UCCA's October 14th meeting, a community concern related to the brush control work on the east hillside opposite Pennant Rd along Regents was addressed. The owner of the property, Jahangir Vahid, who purchased the land in a city auction in March, was present, along with representatives from the city's fire dept./brush management and city Councilwoman Sherri Lightner's office. After much discussion and explanation/questions, it was explained that the owners will be cited by the city for lack of an appropriate permit. After which the owners, once obtaining the required permits, will be continuing with the next phase of surveying the property hillside.

The young couple owning the property, 3.07 acres, do not have plans to develop the property beyond one residence, and stated that they will not sell the property to inquisitive developers/speculators. They feel certain that University City residents will be very pleased with the added fire safety being provided by the project's preparation, the elimination of large portions of poison oak, and the added ultimate aesthetic enhancement to the surrounding community.

## Supervisors Approve Mental Health Plan



by Dave Roberts, 3<sup>rd</sup> District

I am proud to serve on a board that sends resources where they are needed most. That's what happened at a recent Board of Supervisors meeting: a 4-0 vote to approve \$10 million to provide housing for severely mentally-ill, paving the way to expand our Behavioral Health Services Permanent Supportive Housing Prog., which developed 241 dwelling units since its inception in 2008.

The \$10 million appropriation is part of a \$145.5 million spending plan for funds from California's Mental Health Services Act. Approved by voters in 2004, the Act – and the programs it has funded – has provided promise for many people who had long since given up hope. Tops among them are homeless people who suffer from serious mental illness. Meeting their extraordinary needs begins with finding them a decent place to live. As a member of the county's Behavioral Health Advisory Board, that's what I hear again and again from mental health experts and clients – that supportive housing is key to changing the life of a mentally-ill person.

The behavioral health board was one of many groups that endorsed the update to the county's Mental Health Services Act plan ahead of the Supervisors' vote. The update now heads to the CA Mental Health Services Oversight and Accountability Comm. In addition to funds for housing, the mental health plan includes:

- Resources for Psychiatric Emergency Response Teams, In-Home Outreach Teams and the implementation of Laura's Law, which provides for court-ordered treatment of severely mentally-ill people who refuse care and present a risk to themselves or others;
- Funding for prevention and early-intervention programs;
- The development of "Innovation" programs that provide family therapy, treatment for caregivers, hoarding intervention and peer-based assistance;
- Resources for the care – and caregivers – of Alzheimer's disease and dementia patients;
- Workforce education and training; and
- Physical and technological improvements to existing mental health centers, including the completion of a residential crisis stabilization center in Escondido.

In related business, in September we reported a decline in suicides and the launch of a suicide-prevention campaign: Know the Signs, Find the Words, Reach out. And in October, at locations across the county, our Behavioral Health Services division will host a series of forums. We want to hear your thoughts on mental health services, how we can improve them and how Mental Health Services Act funds should be spent. Please take advantage of this opportunity to engage with experts on the topic of mental health. For times and locations, visit the county's "It's Up to Us" Web site: [www.up2sd.org](http://www.up2sd.org). Since 2005, the County of San Diego has spent more than \$700 million of funds from the Mental Health Service Act.

We truly take seriously our obligation to allocate these funds. That's why we develop our plans in close consultation with community partners, clients and advocates to identify needs and areas where service can be improved.

## Council President Sherri Lightner



Fall is finally here, and University City always celebrates in style. I had a great time attending the Oktoberfest and watching the principals challenge. I was also pleased to join UCCA and community members to "cut the ribbon" on a newly landscaped median on Governor Drive near Stresemann Street. Our office worked with the UCCA on the City permit needed for the improvements, and it is great see the project completed. Projects like this help beautify our communities and save water. Thanks to everyone who worked to make this happen.

An important item coming to City Council on November 17<sup>th</sup> is the Public Utilities Department's cost of service study and a proposed water rate increase. The proposed increase is primarily due to an increase in the cost of imported water, investments in water reliability and improvements in the City's aging infrastructure. Investments are planned to reduce dependence on imported water by developing more locally controlled water supplies, like the Carlsbad desalination plant and the City's Pure Water initiative. Please look for the informational mailer that has been sent out to all water customers which contains additional details about the proposal.

If there are any questions or concerns that relate to City issues, don't hesitate to contact my office. We have a new Council Representative for University City, Kyle Heiskala. He is proud to be working in this community and would be glad to assist you. Send him an email at [KHeiskala@sandiego.gov](mailto:KHeiskala@sandiego.gov) with any of your questions.



## Congressman Scott Peters (CA-52)

In the wake of four shootings on college campuses in September and early October, I joined former Mayor and Police Chief of San Diego Jerry Sanders, a large group of local mothers, and others from the San Diego County chapter of the Brady Campaign to call on Congress to take action and pass universal background checks.

Children should not have to fear that a crazy person with a gun is going to walk into their school and shoot them. Parents shouldn't fear that when they send their kids off to college, they will never come home again. It's time for Congress to act.

Lawmakers have a responsibility to keep guns out of the hands of the mentally ill, domestic abusers, and criminals in part by making the background check system more robust, ending the gun show loophole, and having checks cover internet sales. That is why I am a co-sponsor of the bipartisan King-Thompson background check legislation (H.R. 1217) and a member of the Gun Violence Prevention Task Force in the U.S. House of Representatives.

I have heard from so many who are frustrated and angry about Congressional inaction on common-sense efforts to stop mass gun violence. I share that anger, and I will continue to call on Congressional leaders to take action to end the epidemic of gun violence across the country.

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**5727 Honors**

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2523 Quidde \$998K

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5829 Haber \$699,000

5682 Tulane \$640K

6758 Dennison \$640K

5404 Bragg \$805K

2947 Honors Ct \$984K

7028 Dennison \$789K

2526 Quidde

\$1,110,500

2604 Gobat \$830K

4166 Combe \$930K

3446 Stadium Pl \$860K

3416 Stadium Pl \$675K

3214 Millikin \$827K



Upgraded 3/2, best value on market! Newer windows, sliders. Shows great. Large eat-in kitchen. Private rear yard. Curie school. \$659,000  
**7248 Teasdale**



Gorgeous, 4/3 spacious single story ranch w/vaulted ceilings, large living spaces, 2 fireplaces, custom detail - pool & VIEW!!  
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**5561 Stresemann**



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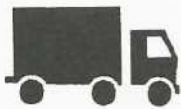
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## 92122 Market Snapshot - Last 60 Days - Single Family Homes



**31**  
Homes Currently for Sale



**23**  
Homes Sold



**\$778,407**  
Avg. Sale Price



**\$433.61**  
Avg. Price/Sq Ft.

Save the Date: Annual Food Drive Saturday, December 5th 2015!

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92122 Market Data: Based on 10/14/15 report from San Diego MLS for market activity for SFD homes for previous 60 days. "More" Campaign Data Based on information from the Association of REALTORS® Multiple Listing as of January 14th, 2015. Display of M.S. data is deemed reliable but is not guaranteed accurate by the M.S. The Broker/Agents providing the information contained herein may or may not have been the Listing and/or Selling Agent. \* Based on information total sales volume from California Real Estate Technology Services, Santa Barbara Association of REALTORS, SANDICOR, Inc. for the period 1/1/2013 through 12/31/2013 in Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura Counties.

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A donation drive benefiting: **Father Joe's Villages**

**Sunday, Nov 8<sup>th</sup>**  
**10am to 3pm**  
**at Standley Park**

**Donations accepted rain or shine!**  
 Bring your gently used items to benefit the men, women and children of Father Joe's Villages

**Requested Items:**

- Coats, jackets & sweaters • Long pants
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## FUNraiser, FRIENDraiser, FUNDraiser

By Dawn Yandel, Oktoberfest Chair

Thank you UC and all those that attended this year's Oktoberfest. It has truly become a wonderful community event. EdUCate! could not have done it without your support, sponsorships and donations. Through ticket sales and Dollar-a-Day donations, this year's event continues to raise funds to support our five UC public schools.

We were entertained by the ALSI Ensemble, the Standley Middle School Marching Band, and The El Cajon German Band. Our Emcee Derick Boerner conducted the Principals Challenges. In the final round, UCHS Principal Jeff Olivero won with his Ninja-like card throwing skills.

Our thanks to the many breweries that donated kegs, and please thank them by going to their businesses (see website for list). The EdUCate! Mash Heads home brew contest broke all records with 26 entries.

Big thanks to our sponsors, including our Gold sponsors Nancy Beck Real Estate and UCCA. Please go to our website [uc-educate.org](http://uc-educate.org) to see a list of all our sponsors, a link to see more photos taken by Greg Hom, for more info about and to donate to EdUCate! Apples to you all, UC-U Know!

