San Diego Public Library University Community Branch



November Events 2015

Adults

Qi Gong - Every Monday @ 9:30 - 11:30 a.m. (except November 9)

Qi Gong (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body.

These gentle exercises are suitable for any age and health condition.

Adult Yoga - Every Tuesday @ 4:00 - 5:00 p.m.

Gentle exercises to aid flexibility and improve concentration. Bring your own yoga mat or towel.

Chair Sit Yoga - Tuesday, November 3 and 17 @ 2:00 - 3:00 p.m.

Get fit where you sit! Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support.

Accordion Club - Saturday, November 14 @ 9:30 a.m. - 12:30 p.m.

All are welcome! Second Saturday of each month.

Ellie Lamson Band - Wednesday, November 4 @ 6:30 - 7:30 p.m.

Ellie Lamson is a singer-songwriter that was born and raised in New Orleans, LA and has been living in San Diego for over twenty years. Ellie's original writing styles would best be classified as Folk-Americana.

Friends of the Library Book Sale - November 5 - 7 (Thurs. 1:00 - 5:30, Fri. 9:30 - 5:30, Sat. 9:30 - 2:30)

Come support your library and buy books, music CD's, DVD's, etc. at our book sale. All the money raised will be used for programming, materials, and equipment at the University Community Library.

Peripheral Neuropathy Lecture - Tuesday, November 10 @ 1:00 - 3:00 p.m.

Learn how to end neuropathy pain. Limited space, please call (619)275-3683 to RSVP. Presented by: The Foundation for Wellness Professionals, a nonprofit.

2016 Medicare Changes - Thursday, November 12 @ 2:00 - 4:00

Learn about the changes to Medicare plans for the new year, beginning January 1, 2016. Open enrollment October 15 - December 7.

UC Book Club - Wednesday, November 18 @ 2:00 p.m.

The Book Club will be discussing *Shadow of the Wind*, which is also the book chosen for the 2015 One Book, One San Diego reading program. The books takes place in Barcelona, 1945: while the city slowly heals in the aftermath of the Spanish Civil War, Daniel, an antiquarian book dealer's son who mourns the loss of his mother, finds solace in a mysterious book entitled The Shadow of the Wind.

Fine Wine Seminar - Wednesday, November 18 @ 6:30 - 7:30 p.m.

Wine Basics or a Common Sense Approach to Wine. Join Bill Curtis who will share what questions to ask clerks in a wine shop, and servers in a restaurant when ordering wine.

Oasis: Estate Planning in 2015: What You Need To Know - Thursday, November 19 @ 2:00 - 4:00 p.m. This class will focus on the main aspects that every estate plan should include, as well as specific pointers for certain age groups, family situations, and income levels. This seminar will emphasize what you should do and what you should NOT do!

Scrabble Club - Tuesday, November 24 @ 5:00 p.m. - 8:00 p.m.

All are welcome! Bring your own board and meet new friends!

Children

Preschool StoryTime for Kids - Every Thursday @ 10:30 - 11:30 a.m.

Join us for stories, crafts, finger plays and songs.

Makerspace Craft Station - All week long (Monday - Saturday)

A craft station is available in the Children's Area during library hours with a different craft each week.

Exotic Animal and Magic Show - Wednesday, November 4 @ 2:00 - 3:00 p.m.

This show is guaranteed to take your breath away as 7 live exotic animals are produced during the magic show. One lucky kid will float in the air and all the kids will get a chance to pet the animals at the end of the show.

Tweens/Teens

Go Gaming - Every Tuesday @ 2:30 - 4:30 p.m. (except November 3)

Learn the ancient mind game of Go from the President of the San Diego Chapter of the American Go Association.

Kendama Club - Every Wednesday @ 1:30 - 2:30 p.m. (except November 4)

Test your skills against others learn new tricks and just have FUN!!!

Video Game Fridays - Every Friday @ 3:00 - 4:00 p.m. (except November 6)

Wii gaming with your friends, Get your game on!

Teen Writing Club - Thursday, November 12 @ 4:00 p.m.

The Significance of Small Things: Making the Ordinary Extraordinary. Write to a prompt, read it if you want, and have fun in the process. All will write for fifteen minutes, then share with the rest of the group, voluntarily. You will be surprised, and maybe even delighted, with what you can write in a short time. Maybe you'll start your Great American Novel today.

This content is available in alternate formats upon request. Please call the library to confirm any given program. Changes are rare but may occur. Many thanks to the Friends of the UC Library for their generous sponsorship. You too can be a Friend. Ask at the Check Out Desk!

Hours of Operation:

Monday

9:30 a.m. - 6:00 p.m.

Tuesday & Wednesday 11:30 a.m. - 8:00 p.m.

Thursday & Friday

9:30 a.m. - 6:00 p.m.

Saturday

9:30 a.m. - 3:00 p.m.

Sunday

Closed

The Library Will Be Closed November 11 for Veterans Day & November 26 for Thanksgiving



Feature Events

Exotic Animal & Magic Show - Nov. 4

Ellie Lamson Band - Nov. 4

Book Sale - Nov. 5 to 7

Peripheral Neuropathy - Nov. 10

Fine Wine Seminar - Nov. 18

Oasis: Estate Planning - Nov. 19

University Community
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