28th ANNUAL



University City 4th of July Celebration Monday July 4, 2016 1 Mile Fun Run – 8:00 am 5k Race – 8:15 am Pancakes – 8 to 10 am

Bib Pick-Up/Late Registration 5 pm-7 pm Saturday July 2 or 6:30 am-8 am Monday July 4 (by Swanson Pool)

Your entry benefits Standley Park and includes a Pancake Breakfast. Courses start and finish in the grass field east of Swanson Pool at Standley Park. The 5k course is two loops around Standley Park and Standley Middle School along sidewalks, paved areas, and grass athletic fields. The 1 mile course is a loop around Standley Middle School.

Stay for activities and music throughout the day.

Race website: www.universitycitynews.org/uc-4th-of-july

Contact Info:		
(phone, e-mail, or address)		
Age (on Race Day):	Gender: M / F (circle)	Event: 5k / 1 Mile (circle)

Fill out one form per participant. Drop off or mail completed form and check **payable to SPRC** to: Standley Park Recreation Center Attn: UC Celebration

3585 Governor Drive San Diego, CA 92122

Name:

Entry Fee (Circle Price)		
<u>5k</u> <u>by</u> .	<u>June 26</u>	after June 26
17 & under	\$15	\$20
18 & over	\$20	\$25
1 Mile		
17 & under	\$10	\$15
18 & over	\$15	\$20

RACE WAIVER - PLEASE READ AND SIGN TO PARTICIPATE

I hereby release the City of San Diego, San Diego Unified School District, Standley Park Recreation Council, all sponsors, and all race officials and volunteers from responsibility for any injuries or damages I may suffer as a result of my participation in University City 1 Mile Fun Run and 5k Race. I hereby certify that I am in good condition and am able to safely participate in this event. I will permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, websites, etc. I also understand that the entry fee is non-refundable and non-transferable. THIS WAIVER IS MANDATORY FOR EACH PARTICIPANT. By signing below I acknowledge having read it and agreeing to it.

IF ATHLETE IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete in the University City 1 Mile Fun Run and 5k Race, is in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.