

Play Fall Ball UC: Page 9 Summer in UC: Pages 10 & 11 UC's Dog Days of Summer: Back Page

WWW.UNIVERSITYCITYNEWS.ORG

NEW TOT LOT IN UNIVERSITY CITY



The groundbreaking ceremony, pictured above, for the new Tot Lot in University City was held on August 24. City and community leaders were in attendance for the long awaited Tot Lot located at University Village Park, at the intersection of Florey Street and Cather Avenue (at Gullstrand Street). Construction for the Tot Lot is scheduled to conclude in Winter 2017, which when completed will include a play area for children from ages 2 to 5, and related accessibility improvements for persons with disabilities. Other improvements will include walkways, landscaping, drainage improvements, picnic facilities, and a drinking fountain.

San Diego City Council President Sheri Lightner stated that she is "extremely pleased to see construction of this Tot Lot begin. The community has been waiting for decades to see this Tot Lot installed. It will be a great addition for the young families living in the surrounding neighborhoods."

Special recognition goes out to Gordon and Carol Parham, pictured below, two important UC residents that have championed for the Tot Lot for many years. Thanks Gordon and Carol.





Labor Day Monday, September 5

Patriot Day Sunday, September 11

Grandparents Day Sunday, September 11

People for a Clean UC

Sunday, September 11, 7:15-9:00am Cleanup volunteers meet at Starbucks 3202 Governor Dr. Supplies provided.

UC Planning Group

Tuesday, September 13, 6:00pm Scripps, 10010 Campus Pointe Drive

UCCA Meeting

Wednesday, September 14 6:00pm, UC Library

Standley Recreation Council Thursday, September 22, 7:00pm

Doyle Recreation Council

Tuesday, September 27, 6:30pm



UCHS Principal Jeff Olivero's Twitter (@MrOatUCHS) post of the August canyon fire threatening homes in North University City. Thanks to our firefighters at Fire Station #35 for their quick, successful and appreciated response to the fire. Well done.

UNIVERSITY CITY COMMUNITY NEWSLETTER

Published by University City Community Association 3268 Governor Dr., Box 121 San Diego, CA 92122 www.universitycitynews.org

858-412-0786

universitycitynews@gmail.com

Distribution is 6,000 copies, 10 issues per year, hand delivered to South UC residents, schools, libraries, parks and businesses.

Editor Jemma Samala, UCCAeditor@gmail.com Advertising Terri Day, uccaADS@hotmail.com

Be the Eyes and Ears of UC:

The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

Guidelines:

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The information contained in submissions may be edited and/or combined with others; for example: upcoming events.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to UCCAeditor@gmail.com or jemmasamala@gmail.com; email any questions.

Deadline for the October 2016: SEPTEMBER 15, 2016

Please send your submission as early as possible. The deadline for the October issue is September 15, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

Follow UCCA on Facebook as University City Community Association, and on Twitter @UCCA SD.



UCCA President Barry Bernstein

September sure came around fast this summer! With lots of high temperatures with little or no rain, makes for a very dangerous fire season in San Diego County. We should be thankful water restrictions have been modified, thanks to good City planning, so our lawns and gardens can perhaps do more than just survive. And be careful to look out for the safety of our school children...they started on August 29.

The fourth of July "Celebration" was once again a major community event...something we U.C. residents all can be proud to "brag" about. The Sunday/Friday summer concerts were wonderful ways to enjoy the evening hours. Some of you brought extra bananas to share and go along with the great toppings at the Standley Park Annual Banana Split event...On July 28, the Standley Park Rec. Council approved the "ImagineUC 2020" concept...which now will be reviewed for approval by the City's Park and Rec. Department. On July 31, at the Rifftide Concert at Standley Park, UCCA was pleased to recognize its more than 200 volunteers, (newsletter delivery volunteers and Neighborhood Watch captains). Watch for their new UCCA Volunteer Visors! Also, at our Volunteer Recognition Event, City Council President Sherri Lightner welcomed and thanked our volunteers, and then surprised me with a City Proclamation recognizing July 31st as "Barry Bernstein Day". It was quite a surprise.. The intermission program ended with County Supervisor Dave Roberts congratulating us on winning two Neighborhood Enhancement grants and announcing UCCA's membership in the County's "Live Well" coalition.

In early August, Northern Division SDPD and UCCA sponsored the national "Night Out"...with many small neighborhood events on August 2, followed by the big event at Spreckels Elementary on August 3 in coordination with EdUCate! On Tuesday, August 16, Barbara Gellman and Officer Holly Tafoya initiated the very first "Meet and Greet" with our Northern Division SDPD at the UC MarketPlace...Sprouts provided coffee and muffins for the dozens of attendees. And, special thanks to Gordon and Carol Parham for never giving up and making the Gullstrand Tot Park a reality. (see page 1)

At July's UCPG meeting, their board voted overwhelmingly in favor of the amendment to eliminate the Regents Road Bridge and Genesee Widening from the University Community Plan. The UCPG vote is advisory and our City Council will make the final decision on the amendment sometime this Fall.

The UCPG board has six members representing South UC (see below), three residents and three business. They are elected, and you should know who they are and how influential they can be in prioritizing the millions of dollars generated by building permits in North University City. If you are interested in reviewing the balances in the two North University City accounts you can go online to: https://www.sandiego.gov/sites/default/files/iffysumfbanorthuniversitycity1.pdf And, https://www.sandiego.gov/sites/default/files/iffysumdifnorthuniversitycity1.pdf

Due to Ray Ellis' withdrawal from the City Council election, (however, his name will still be on the ballot), we want to congratulate Barbara Bry on her very positive and impressive campaign. Ms. Bry, who had her campaign office in the UC MarketPlace, worked very hard to be known in our community. Congratulations to her and to her staff for their victory. The UCCA/SD League of Women Voters "Candidates Forum" scheduled for October 5 has been CANCELLED.

UCCA will be meeting at our community library on Wednesday, September 14 at 6:00pm. Please join us. Remember, "We're more than just a neighborhood" ~Barry

*The six elected South UC members of UCPG, (University Community Planning Group) are as follows: Resident reps (3) - Nancy Groves, Meagan Beale, (vice-chair of UCPG), and Andy Wiese. Business reps, (3) - John Bassler, Caryl Lees Witte, and Nan Madden. UCPG meets the second Tuesday of the month. See frontpage calendar for meeting location/time.

EDITOR'S NOTES... by Jemma Samala

Back to school, not for me, but for my boys. One has to pack up again for college, the other facing his last year of high school - I say woohoo (for both of us) -- it's my retirement year for school volunteering! This year I will chair the UCHS Grad Nite, continuing the tradition that started over 20 years ago (stay tuned for further solicitations!). And I'm thankful again that UC produces so many smart and loval volunteers then and now.

After 15 years of back-to-school anxiety, this time of year is a pure nightmare. First, kids have to get up early after sleeping in all summer - when are they gonna change this ridiculous 7:00am hour start for high school students? Then it's coordinating activities, meetings, dropoffs and pick-ups (we've also added an exchange student to our household). Oh, and in between all that is the work thing.

Yes, we have welcomed Steven from Beijing into our home, who will be attending La Jolla Country Day as a junior. We tend to focus on our public schools in our publication, but we have a number of kids attending our local private ones too, such as Mission Bay Montessori (next to Marcy Park), a number of pre-schools, and charter schools. Luckily, we have so many community groups, such as scout troups, and baseball and softball leagues, no matter your school, UC kids all get to know each other.

Now, new moms and dads to the whole school thing, my suggestion is embrace the whole "Bad Moms" movie attitude - you can still volunteer while having some fun! Of course, I haven't had a chance to see the movie yet, I've been too busy. One day I will take my own advice. But really, volunteering at the schools and community groups has enriched my life a thousand fold. The many friends I've met - the parents, the teachers, the staff - they have made my life a quality one. As Mike Paredes, UCHS VP, reminded me at the Welcome Back Breakfast, "not all schools are like this." And not all communities are like UC.

Thanks to everyone for showing me throughout all these years what community really means. Our students see our volunteering examples every day - in the schools, for supporting interests and issues, and on the field - we've got the best teachers right here. And yes, we can brag about our excellent test scores, but the real education comes from their adult examples. Let's hope they get straight A's on that report card.

2016 UCCA Board Members

Executive Board

President: Barry Bernstein, apdrfn@aol.com, 858-453-3713 Vice-President: Diane Ahern, ahern.diane@gmail.com Secretary: Karen Martinez, kmartinez1957@att.net

Treasurer: Don Hotz, don.hotz@yahoo.com

Appointed Positions

Beautification: Merle Langston, Chair, mberman@san.rr.com, and Barbara Gellman, Co-Chair, bggellman@yahoo.com

Corresponding Secretary: OPEN

Historian & Holiday Tree Lighting Coordinator: Darlene

Ventimiglia, darleneven@yahoo.com

Membership: Hallie Burch, UCCAmembership@gmail.com

Neighborhood Watch: Barbara Gellman,

bggellman@yahoo.com

Newsletter Chair/Distributor: Valerie O'Neill,

voneill95@yahoo.com

*Newsletter Ads: Terri Day, uccaADS@hotmail.com

*Newsletter Editor: Jemma Samala, UCCAEditor@gmail.com Publicity & Promotion: Diane Ahern, ahern, diane@gmail.com

Parliamentarian and Improve UC Rep.: Mack Langston,

mack@pacificcoastcommercial.com

Special Events/Banner: Barbara Henshaw,

barbarahenshaw@gmail.com

*Non-Voting Member

EduCate!'s 8th Annual Oktoberfest October 1, 2016 - 2:00-6:00 pm at Standley Park

Live music provided by:

The Standley Marching Band, UCHS Band, Harbor Church Band, and Victims of Authority Special Guest Appearance by Supervisor Dave Roberts



Tickets \$1 each or 25/\$20

Includes five tickets good for one 4 oz. pour

Visit our Food Vendors

A portion of the proceeds go to EdUCate!

Hot Dogs • Brats • Kettlecorn

Shaved Ice . Pretzels . Bake Sale Bottled Water . Gigantic Book Sale

Food Vendors are Cash Only!

Commemorative cup for sodas ...

each and commemorative cup.

FUN AND GAMES!

Including the Rock Climbing Wall, Castle Super Jump, Penguin Flinger, the Principals' Challenge and more!

UC TEACHERS!

Stop by the ticket booth to get your 10 tickets for non-alcoholic beverages as a thank you for all you do!

UNLIMITED POURS!

Donate \$180 to our Dollar-A-Day campaign before or during Oktoberfest and receive two commemorative reusable cups and ALL-YOU-CAN-TASTE beer or specialty soda. Plus, receive VIP service in the beer garden!

UC SCHOOLS ALLIM!

Wear any school spirit gear and get one FREE ticket for a FREE pour (adults) or FREE game (kids)!

HOME BREW CONTEST!

www.mashheads.com | Category 21: American IPA 1st Place will receive a \$100 Gift Card from Home Brewing Co.







.... (1-5 tickets)

\$20









Thank you to our Major Sponsors: Nancy Beck - Realtor and University City Community Association (UCCA)

The trolley will be running the length of Governor and North/South down Genesee to Nobel from 2:00pm to 6:00pm Sponsored by: Coldwell Banker UC Agents

Special thanks to the County of San Diego Board of Supervisors

www.uc-educate.org

Cash, checks, and credit cards accepted only for ticket purchases and Dollar-A-Day donations. Visit our website to use your credit card to make Dollar-A-Day donations prior to the event.

UC'S CRUZ CARRIES OLYMPIC FLAG

Facebook excerpt from Sanem Berksov Ahearn

University City resident Joaquim Cruz, a 1984 gold medalist in track's 800 meters, was one of eight Brazilian sports figures who carried the Olympic flag Friday night, traditionally one of

the most reverent moments that comes toward the end of the ceremony, the stadium hushed, a lone spotlight on the flag as it solemnly is paraded through the sea of athletes on the infield. He has coached track at La Jolla Point Loma High, High, Clairemont High and UC San Diego. Since 2005, Cruz has coached at the Olympic Training Center in Chula predominantly with Paralympic track athletes. He has nine going to Rio in September for the Paralympics that follow the



able-bodied Games. The complete post from Discover SD is at: http://www.discoversd.com/news/2016/aug/08/olympicsjoaquim-cruz-olympic-flag-rio/.



Coffee with the Cops

by Officer Holly Tafoya, SD Police Dept.

Thank you for participating in Coffee with the Cops. This is one way SDPD Northern Division is reaching out to connect with the community we serve. This event gives the community a chance to meet the officers and the command staff. We want to have an informal setting where the community can have a casual conversation with police. Northern division kicked off this event in University City right outside the Sprouts Farmers Market. We enjoyed meeting everyone from the community and thank you for coming out. A big thanks to Sprouts for donating the coffee and baked goods. A special thanks to UCCA, Barry Bernstein and Barbara Gellman for all of their support.

Pictured above: Lt. Edwin Manansala from Northern Division is pictured shaking hands with a participant. Dorie Heckman, one of the NW captains, stands nearby. Photo courtesy Barry Bernstein.

Extreme Heat Precautions

by Alexei Prohoroff, Medical Team Leader, UC CERT

Are you aware that heat kills over 675 people each year in America? According to the National Weather Service, extreme heat kills more people than hurricanes, tornados and lightning combined. In conditions of excessive heat and high humidity, our bodies have to work very hard to sustain normal temperatures. Sweating is very advantageous; when sweat evaporates, it removes heat off the skin, cooling the body. When the humidity increases, the surrounding air is less able to accommodate additional moisture, so sweat does not evaporate sufficiently, causing body temperatures to rise. This places extra stress on the body systems and can lead to heat cramps, heat exhaustion, even heat stroke and death if not treated in time. Extreme heat especially affects the elderly, infants, children, those that work outdoors and people with chronic medical conditions.

Some safety tips:

- Stay hydrated: drink lots of water, even if you don't feel thirsty; avoid caffeinated drinks, alcohol and sugary liquids
- Stay cool at home or at public facilities such as shopping malls, theatres, libraries and community centers. Dial 211 to find a designated cool center near you.
- Take cool showers or baths.
- Check in regularly with people in your neighborhood that are elderly, ill and those that don't have air conditioning; you may save a life.

For warning signs and symptoms, as well as first aid steps, please visit: http://www.cdc.gov/extremeheat/warning.html

Transformer Box Painting Time Again

by Barbara Gellman

We have five unpainted transformer boxes along Governor Drive that need the artistic attention of some local artists. They are located on the NE corner of Governor & Gullstrand, northside of Governor & Agee, NE corner of Governor & Genesee, NW corner of Governor & Genesee, NE corner of Governor & Regents.

When creating an acceptable design, it should depict some University City highlights or "Welcome to University City" as a theme on two of the boxes. It is important that you are able to complete a box within a three-week period of time and your design must be submitted by October 10 for consideration. You will be paid an honorarium and will include the cost of supplies and paint.

Entries will be evaluated as they are received. The selection process is competitive and solely the responsibility of the Beautification Committee. Preference may be given to **UCCA** members. Submission is not a guarantee of acceptance. This is exciting for the artist



and the community; watching the progress has been one of the highlights of the process.

For further information or questions, please contact Merle Langston, Beautification Chair at mberman@san.rr.com or Barbara Gellman, Beautification Co-Chair at bggellman@yahoo.com. To take a look at UCCA's Transformer Art Project and the work of other talented artists, visit http://www.universitycitynews.org/transformer-art-project/

Who's at the Front Door?

If you haven't checked this out online, please go to Ring.com and see why this is a winner for home protection and peace of mind. Purchase during the month of August, put in the promo code "2ucitynno16" at the box on the bottom after you click on checkout. \$25 will be discounted from your purchase of a product that normally sells for \$199. The Ring Video Doorbell company was a proud sponsor of National Night Out this year and have provided this special offer.

MIRAMAR AIR SHOW STARTS EARLY



The Miramar Air Show comes to town early this year and celebrates Marine Corps Reserves centennial. Arrival day Wednesday, practice September 21; Thursday, September 22; show days Friday to Sunday, September 23 to departure day Monday, September 26. No evening show this year. Visit http://miramarairshow.com for details.



SHERRI LIGHTNER City Council, District 1

I hope everyone had an enjoyable summer. It's hard to believe that it is already time to head back to school. We've had a very busy few months at City Hall, as the City Council voted to place 12 measures on the November ballot. In the coming months, I'll be providing more information about these measures. Please feel free to contact my office with questions about any of the city ballot measures.

I was fortunate to attend a summer concert in Standley Park where I had the opportunity to recognize all the community volunteers who put on so many great events and programs year round. The volunteers in the University City Neighborhood Watch program deserve special recognition for their efforts in making the community safer.

Another example of what makes this community such a great place to live is the annual "Night Out" event, which was held in August in support of our firefighters and police officers. We all owe them our gratitude for their daily service and sacrifice.

A big thank you is owed to the 60 firefighters who responded to the brush fire near Nobel Drive and Town Center Drive in mid-August. Only two acres of brush were affected as a result of the fast acting Fire-Rescue Department.

Now is the time for homeowners who live along canyon edges to do a refresher on canyon fire safety tips. Visit the webpage www.sandiego.gov/fire/services/brush for more information. Please call the Fire Hazard Advisor to make a brush management complaint at 619.533.4444.

In closing, I'm pleased to announce that the University Village Park Tot Lot is now under construction at the corner of Cather Avenue and Florey Street. Thank you to all of the community members who have advocated for this project. This muchanticipated improvement project is expected to be completed in early 2017.

I hope everyone has a great end to the summer as we look forward to an action-packed fall.

ELECTION NOTE FOR COUNCIL DISTRICT 1
Candidate Ray Ellis has withdrawn from the race, although his name will remain on the ballot. Congratulations to presumptive winner Barbara Bry.



November 9

UCCA will be electing its officers for the 2017 calendar year. Positions that will be voted upon are the following:

President

Vice-President

Secretary

Treasurer

The candidates' names will be published in our November newsletter. Nominations will be accepted at the election meeting. In order to run for office, you must be a member in good standing and have attended at least two UCCA meetings during this calendar year. If you are interested in running for office, or if you have any questions concerning the election process, please contact me.

Thank you, Mack Langston,

Chair UCCA Nominating Committee

619.818.4205

Imagine UC 2020 One Step Closer to Reality

John Lee Evans SD Unified Board of Education

We are one step closer to implementing Imagine UC 2020. After a presentation by San Diego Unified staff and analysis by city parks representatives, the Standley Recreation Council voted to recommend approval of the revised General Development Plan for Standley Park and the neighboring schools.

This project is an excellent example of the school district and the city combining resources to benefit the students and the community of University City. One highlight will be an enhanced joint use aquatic center for the benefit of the high school swim team and student instruction, as well as many hours for public use. The school district will provide the capital funds and the city will provide the operational funds.

Additional amenities will include a permanent stage/pavilion for school and community events, added green space for the park next to Spreckels Elementary and a jogging path around the perimeter for school and community use.

The city and school district will need to negotiate details for joint use, which must be approved by the school board and the city council. There will also be open meetings to provide community input on the actual design of the project. Stay tuned for further developments.

University Community Branch September Highlights | 4155 Governor Drive | 858-552-1655 | sandiego.gov/public-library; now open Saturdays from 9:30 AM to 6 PM!

Events for Adults and Seniors

Qi Gong (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body. These gentle exercises are suitable for any age and health condition. Every Monday @ 9:30 - 11:30 a.m.

Zumba for Special Needs and Beginners led by Lis Garces (licensed Zumba instructor since 2007), Founder/Director of the Juan

Carlos Organization providing dance therapy exercise for the Special Needs Community. **Every Monday** @ 1:00 - 2:00 p.m.

Chair Sit Yoga is a gentle form of yoga that is practiced sitting in a chair or standing using a chair for support. **Tuesday**, September 6 & 20 @ 2:00 p.m.

Adult Yoga Gentle exercises to aid flexibility and improve concentration. Bring your own mat or towel. **Every Thursday** @ 4:00 - 5:00 p.m.

CERT Meeting educates individuals about disaster preparedness for hazards that may impact their area. **Tuesday**, September 6 @ 6:30 p.m.

Concert: The Bassett Brothers (Sean and Ian) are an identical twin guitar duo who have played together since the age of fourteen. Renaissance, Baroque, and Classical eras and spans to more contemporary genres like Rock, Blues, and Heavy Metal.

Wednesday, September 7 @ 6:30 p.m.

Accordion Club meets the second and fourth Saturday of each month. Saturday, September 10 & 24 @ 9:30 a.m. - 12:30 p.m.

End Peripheral Neuropathy pain. Presented by: The Foundation for Wellness Professionals, a non-profit. Tuesday, September 13 @ 12.

Covered California: Q & A and updates. Tuesday, September 13 @ 2:00 p.m. Join experts from the Family Health Center of San Diego to find out more about how the Affordable Healthcare Act works and how

University City Community Association (UCCA) meets monthly on the 2nd Wednesday. This is a community meeting featuring updates from law enforcement, fire-rescue service, legislative and other community leaders, All are welcome **Wed.**, **Sept.** 14 @ 6-7:30 p.m.

Latin Dance Class - Learn the basics of bachata, merengue and salsa. Help integrate different parts of your brain through the coordination, rhythm and strategy of dance. Wednesday, September 21 @ 6:30 p.m.
Cal Coast Estate Planning. Learn what you need to know to protect yourself and your loved ones.
Tuesday, September 27 @ 2:00 p.m.



Events for Children

Preschool Storytime for Kids; stories, crafts, finger plays and songs. Every Thursday @ 10:30 - 11:30 a.m.

Makerspace Craft Station is available in the Children's Area with a

Art with Elizabeth, where school aged children can learn how to draw and do other art projects. Tuesday, August 2 @ 5:00 p.m.

Events for Tweens and Teens

Kendama Club Test your skills against others, learn new tricks and just have FUN!!! **Every Wednesday** @ 1:30 - 2:30 p.m.

Video Game Fridays, Wii gaming with your friends, Get your game on! Every Friday @ 3:00 - 4:00 p.m.

Teen Writing Club will talk about different techniques to improve your writing. Wednesday, September 14 @ 1:00 - 4:00 p.m.

Button Making craft, make a button of your favorite character.

Wednesday, September 21 @ 2:00 p.m.

North University Community September Highlights | 8820 Judicial Drive | 858-581-9637 | sandiego.gov/public-library

Events for Adults and Seniors

Hatha Yoga, Mondays at 12:00 pm. This Hatha Yoga class uses postures and stretches in combination with the breath to increase flexibility and relaxation. Please wear comfortable clothes and bring a yoga mat or floor towel.

Small Business Assistance, Wednesdays at 11:30 am. Dr. Adolpho Sanchez offers help in navigating the process to starting a business. Appointments available by calling the library.

Job Help Assistance, Wednesdays at 3:30 pm. Dr. Adolpho Sanchez offers help with resume writing and job searching. Appointments available by calling the library.

ESL Instruction, Tuesdays at 3:30 pm. Review of vocabulary and grammar with a native speaker.

ESL Conversation, Tuesdays at 4:30 pm. Improve English conversation skills in a small, informal group setting.

Gentle Yoga, Fridays at 10:00 am. Learn basic yoga techniques, perfect for beginners, expectant mothers, seniors and persons with disabilities. Please wear comfortable clothes and bring a yoga mat or floor towel.

Knitters' Circle, Thursday, September 1 & 15 at 1:00 pm. All yarn enthusiasts are welcome.

Fiction Fanatics Book Club, Saturday, September 10 at 10:00 am. Fiction Fanatics will discuss *The Martian* by Andy Weir.

Page Turners Book Club, Wednesday, September 14 at 6:00 pm. Page Turners will discuss *A Thousand Splendid Suns* by Khaled Hosseini.

Cinema Café, Wednesday, September 21 at 6:00 pm. Enjoy refreshments while watching a thought-provoking film. Title TBA. Please inquire with library staff for further details.

Events for Children and Families

Babies and Books, Mondays at 9:45 am/Fridays at 10:00 am. This lap-sit storytime will introduce a love for books by using song, movement, rhythm and rhyme. Recommended age: Birth – 2 years. **Homework Helpers,** Tuesdays and Thursdays at 5:00 pm. Homework help for students in grades K-6.

Kids' Art Studio, Wednesdays at 12:00 pm. A fun art lesson every week! No registration required. For grades K-6.

Music and Movement, Fridays at 11:00 am *at the Nobel Recreation Center*. Sing, Dance and Play! Children enjoy songs and movement activities that build motor skills and increase independence.

LEGO Club, Fridays at 3:00 pm. Make new friends and build amazing creations every week.

Arts & Crafts, Saturdays at 1:00 pm. Let your creativity run wild with a fun craft activity! Children under 8 welcome with an adult or older sibling.

Yoga Storytime, Monday, September 12 & 26 at 10:30 am. Stretch both your body and your mind in this unique program that combines stories, songs and simple yoga poses. Families enjoy healthy fun and bonding. Please bring your own mat.

STEAM 2 Academy, Tuesday, September 13 at 3:00 pm. Science-based educational activities geared to students in grades K-3.

Tiny Tots Storytime, Wednesday, September 21 at 5:30 pm. Miss

Kim reads books and plays the plano in this fun sing-along storytime complete with percussion instruments.

Paws to Read, Monday, September 19 at 4:30 pm. Practice reading out loud to a furry friend! Certified therapy dogs provided by Love on a Leash, San Diego Central Chapter.

Weekly Storytimes

Chinese – Mondays at 11:30 am; English – Thursdays at 10:30 am; French – Thursdays at 11:15 am; Sign Language – Thursday, September 8 at 12 noon



Sale times and dates:

Thursday, September 29, 1:00pm to 5:30pm Friday, September 30, 9:30am to 5:30pm Saturday, October 1, 9:30am to 5:30pm

Terrific selection of books, many for \$1.00 or less and lots of specially priced and collectible books too. All proceeds directly benefit the UC branch. Thanks, Helen Lebowitz, UC Friends

Celebrate Diversity at Doyle Park

by Deanna Ratnikova

The Doyle Park and Recreation Council is pleased to announce the inaugural "Celebrating Diversity at Doyle" event. The event will be held Saturday, September 24, 3:00-5:00pm, at the Doyle Community Park (8175 Regents Road) and will focus on the country of India and its culture. This event complements the popular International Festival hosted by Doyle Elementary each summer.

With its close proximity to the University of California, San Diego, which attracts students and talent from around the world, the community surrounding Doyle Park is extremely diverse. The Doyle Rec Council aims to celebrate this diversity to unify residents and build a better sense of community. The timing of the event near the beginning of the school year was intentional, and the council hopes "Celebrating Diversity at Doyle" can serve as a nice welcome to the new students and families of North University City. Each year will feature a different country and culture.

A main feature of the September 24 event will be a performance by Divya Devaguptapu, a senior disciple of the world-renowned Dhananjayans from India. She is an internationally acclaimed Bharatanatyam dancer and choreographer. Divya's performance will be accompanied with arts and crafts highlighting Indian culture.

Partners and vendors interested in participating in the event are invited to contact the Doyle Rec Council via their Facebook page: www.facebook.com/DoyleRecCouncil

This event is free and open to the public. It is made possible with support from Supervisor Dave Roberts and the County of San Diego's Community Enhancement Program.

ARTISANS WANTED FOR CURIE CRAFT FAIR

by Megan Bryden

Do you make your own handcrafted wares? We're looking for artisans to sell their unique handmade items at our annual holiday craft fair to be held on Saturday, November 5. The Curie Craft Fair is in its 38th year and features 100+ vendors displaying goods that are completely hand made. It's a fun event for patrons and vendors alike with a relaxed, friendly atmosphere, filled with families ready to start their holiday shopping. The event also helps support the Curie Elementary PTA! To find out more about participating with a booth at the fair, or to request a booth application form, please email curiecraftfair@gmail.com.



SPRECKELS, STEM AND ENGINEERING-4-KIDS

This past spring students from Spreckels Elementary took part in the inaugural "Engineering-4-Kids" STEM enrichment program spearheaded by MIT alums Maroula Bratakos and Mark Wintersmith. As "Apprentice Engineers" (2nd-5th grade) in the Mechanical Engineering track they were able to design, create, test, and refine a variety of machines and "contraptions".

The students learned fundamental physics concepts, simple mechanics and design concepts -- all while having fun! Projects included roller coasters, egg-drop vehicles, dragsters and other inventions that they got to keep at the end of the course. The program will be back in the fall. For info contact Mark Wintersmith, wintma@ga.com.

POYLE ELEMENTARY NEWS

Join Doyle for Pizza with the PTA on Tuesday, September 13 at 6:00pm in the auditorium. This is an opportunity for families to meet and greet each other as well as learn about all that our PTA does for our students...Meet Principal Kimberly Moore and Vice Principal Mary Taylor at the Coffee with the Principal Meeting Thursday, September 15 at 8:00am in the lounge. All parents are invited to attend...It's Back to School Night on Wednesday, September 21. Meet in the auditorium at 5:15pm to learn how Title 1 Funds are used at Doyle Elementary to provide support and services for our students. Also, learn about our Title One Parent Involvement Policy and our Home School Compact. Both documents outline ways we engage parents in their child's education at Doyle Elementary.



Local Boy Scouts Trek through New Mexico Wilderness

by Ton van Daelen

This summer, Boy Scouts and leaders from University City's Troop 271 went on a trek through the Sangre de Cristo Mountains at Philmont Scout Ranch in Cimarron, New Mexico. Philmont Scout Ranch is over 214 square miles of vast beautiful trails that rise as high as 12,441 feet and is the Boy Scouts of America's premier high adventure camp. During their trek the Troop 271 crew hiked 100 miles over 11 days and every person carried over 40 pounds of gear while hiking from camp to camp. There were many backcountry programs the crew participated in along the way including rock climbing, mountain biking, cowboy action shooting, and gold prospecting. Their favorite activity was climbing a 30-foot tall pole with spiked boots. The trek also included a conservation project where the crew helped build a new mountain biking trail.

Along the trek, the crew had to take precautions as Philmont is in bear and mountain lion territory. The crew also had to endure the constantly shifting weather that is typical to Philmont. At the top of Mount Baldy, the tallest point on Philmont property, the crew experienced eighty mile per hour winds and they lost several possessions that day, including a rogue-sleeping pad that flew out of a boy's pack and over the peak. The crew also witnessed lightning hit a tree while hiking. All and all, Philmont was an amazing experience that they can recommend that to any boy scout. Philmont 2016 crew from Troop 271: Rowan Hicks, Tyler Morton, Brandon Sutton, Daniel Fitchmun, Nathan Michalek, Adam Turken, Nick van Daelen, Dillon Carr, Nicolas Cridlig, Alan Turken (adult leader), and Ton van Daelen (adult leader).

BROWN BAG OPERA: OTTELO

Our Mother of Confidence Church continues their monthly Brown Bag Opera Series on September 18, at 1:00pm. OMC will show Giuseppe Verdi's Ottelo. Tony Award winner Bartlett Sher's bold new production probes the psychological underpinnings of Verdi's dynamic setting of Shakespeare's great tragedy. At the helm of this performance is riveting conductor Yannick Nézet-Séguin, who brings out all the cascading emotions in Verdi's turbulent score. OMC is located at Regents and Governor. These events are free to the community and there is no prior registration required. And you can bring your own lunch!

UC Blood Donor Champs

On Saturday, September 10, we'll have a UCUC San Diego Blood Bank Bloodmobile Blood Drive at the Sprouts/Starbucks Marketplace on Governor Drive from 8am - 1:30pm. You'll find the Bloodmobile in the center of the parking lot. If you know you're coming, you can sign up at: www.mysdbb.org. Spontaneous Blood Donors and Blood Buddies are always welcome and I recommend that you pop in between 11:00am-1:00pm, as that's generally the time with the fewest reservations.

As a reminder, we usually have a couple people get turned away each Blood Drive for Iron Deficiency. So, keep eating your beans and greens in the days before you give blood. And if you're sick or on antibiotics, skip this Blood Drive. Also, keep in mind that your body will temporarily be down a pint of life-giving liquid for about a day, and depending on your body size, that could be 10% of your total blood. So, drink lots of water before and after you give blood, stay cool, and relax, as your body replenishes with new blood.

According to the official tallies, the Blood Drives collected: July 16-35 donations, April 16 – 31; January 23 – 39; October 31, 2015 – 35; August 8, 2015 – 39, April 11, 2015 – 41, January 24, 2015 – 43; and November 15, 2014 – 31 donations. This is, in technical terms, BLOODY EXCELLENT, as 27 is the general Bloodmobile Goal. In fact, UC is so relatively excellent that on July 16, the San Diego Blood Bank had a Bloodmobile with no particular place to go, so they chose the Sprouts/Starbucks Marketplace. A Nextdoor.com posting and 35 Pints later, and the UCUC San Diego Blood Bank Bloodmobile Blood Drive at the Sprouts/Starbucks Marketplace earned an extremely rare Double Trifecta for 2016, adding the Maximum 6th Blood Date. And as long as we keep giving, they'll keep sticking us with needles.

So, after September 10, the next UCUC San Diego Blood Bank Blood Drives at the Sprouts/Starbucks Marketplace will be on Saturdays: November 12, and in 2017 – January 14, March 11, May 13, July 8, September 9, and November 4. All 8+ weeks apart for your perpetual bloodletting pleasure. And what did the termite say when he walked into a bar?...Where is the Bar Tender? Thanks, enjoy, and all the best, Ray the Bloodman

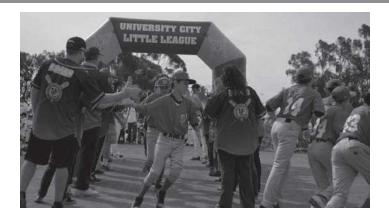
University City Students Perform in J* Company's Youth Theatre's Alladin Jr.



Several extremely talented University City students have scored roles in J*Company's

Youth Theatre's Disney's Aladdin Jr. Casted in the play are UC Students Mikel Arielle Lemoine (jafar), Powell (Jasmine), Romi Bendet (peddler), Micah (Prince of Baba Ganoush), Jamee Newman (Harem Girl), Carolyn Sutton (Baker). We are so very proud of our University City students who demonstrate a love for the arts and you are encourage to attend performance in support of

these outstanding youths. Performances are from September 10 - 25, and tickets can be purchased at lfjcc.org.



PLAY BALL IN YOUR COMMUNITY

by Meredith Kennedy

University City Little League (UCLL) signups for Fall Ball-Registration is OPEN and online at www.ucll.org. DEVELOPMENTAL FALL BALL for ages 7-15 is from August-November 2016. UCLL is offering Maps (7-8), Minors (9-11), Intermediate (11-13) & Juniors (13-15). All games are played on Sundays and is great for players moving up a division to get familiar with the new rules or looking for more development in a particular position (i.e. pitching). UCLL will interleague with other leagues within District 32.

T-BALL CLINIC is for ages 4-6 and is on Saturday mornings from 9:00am-10:00am on September 17, 24 and October 1, 8 and 15 at STANDLEY PARK (Fort Field to the west of the tennis courts). The fee is \$45 for a 5-week clinic and includes jersey and hat. The goal of the clinic is to have fun, develop new skills, enjoy wearing a hat and jersey, and be part of a team in a non-competitive environment. PARENT PARTICIPATION ENCOURAGED!

Skills covered are:

Hitting
Catching/Fielding
Throwing
Running the Bases
Field Positioning
Team Work
Hand/Eye Coordination



PLAY BALL IN YOUR COMMUNITY!

Like UCLL on Facebook at @UCLLbaseball. For more info and to register online, go to www.ucll.org.

UNIVERSITY CITY HIGH SCHOOL HOME GAME FOOTBALL SCHEDULE

Fridays, 6:30pm at UCHS STADIUM

September 9 vs. Scripps Ranch September 16 vs. La Jolla Country Day October 7 vs. Serra (Homecoming) October 21 vs. Patrick Henry November 4 vs. Crawford

UC Del Sol Fall Ball

by LeeAnn Anderson

Fall Softball is for new and continuing softball players that would like to maintain and or improve their skill level for the spring season. Girls have the opportunity to learn the next higher level of competition, pitching distance and larger ball size. Games will begin in September and go until November. There will be an end of season Tournament to conclude the Fall Ball Season.

Season Information and Format:

- •Games are on Sundays, either morning or afternoon games
- •Games are played against other recreational leagues in our area
- •Practice is typically once a week, coaches may choose to add optional additional cages or practices
- •Team jerseys and socks are included in the registration fees
- •Registration \$125

Team placement is not guaranteed, registration is first come first serve. We will make every attempt to place all girls onto a team however the season is dependent upon having enough Pitchers, Catchers and Coaches. Wait lists have been added for each division. Users must create an account prior to registering a participant. Go to www.ucdelsol.com/fallball to register TODAY!

FREE Movie Night at Standley Park

Enjoy the movie Zootopia with friends and family on Friday, September 9, starting at dusk in the lawn area between Standley Middle and Swanson Pool. Hosted by the Standley Recreation Center, the snack bar will be open for business with a grill and yummy snacks for everyone! All profits from the snack bar (open at 5:00pm) and awesome RAFFLE will benefit the UC Del Sol Girls Fast Pitch Softball program. Swag bags will be given to the first 50 families.



Special thank you to all local businesses that donated prizes for the \$1 raffle: Sprouts, USS Midway, San Diego Ice Arena, Lee Galloway's Piano Lessons, Trimm Spa, Scentsy, Chubby Cakes, Scripps Performing Arts, Kidventures, Victory Gymnastics, South Coast Winery, Bella Tosca Day Spa, Pieology, Boston Bites, Starbucks, Kyung Hee Tae Kwon Do, Rancho Bernardo Inn, Hometown Buffet, Sprinkles Cupcakes, Souplantation, Mom & Dom's Pizza, Coffee Bean, Sports Clips, Charlie Rose, Sports Authority, New Children's Museum, Great Clips, Dublin Square, San Diego Botanic Garden, Boomers, Maritime Museum, and the San Diego Chargers.

National Night(s) Out in UC Double the Fun

By Barbara Gellman

University City was one of over 16,000 communities across the United States and Canada to celebrate NATIONAL NIGHT OUT on August 2 and August 3.

On August 2, between 5:00-9:00pm, at least 12 Neighborhood Watch Captains invited their neighbors to their home for food, conversation and comaraderie, solidify the importance of a policecommunity partnership and send a message to criminals that neighborhoods are organized and fighting back. Each gathering included 15-70 participants, all waiting to greet the visit from our police department.

August 3 was the Community National Night Out at Spreckels Elementary School with the Food Trucks and uniformed personnel. Representatives from Northern Division headed by Capt. Mark Hanten and Officer Holly Tafoya, fire and rescue squads, a K-9 trainer with his dog, a motorcycle officer, EdUcate reps, face painters from Target (NNO sponsor), a representative from the Elder Abuse division of SDPD and a chance to win a Ring Video Doorbell (sponsor of NNO) and music provided by a young group of talented musicians.

UCCA, the main sponsor of this event, provided all uniformed personnel "tickets to dine" in appreciation for all they do in our community. It was an electric charged event that gave the community a reason to celebrate and offer thanks to our first responders.



NNO hosted by Don Hotz, which included a presentation by a CERT rep.



Over 50 neighbors gathered at Karen and Jorge Martinez's home to honor many of Northern Division's finest. Capt. Mark Hanten was there to express his gratitude for the community support shown to his officers.



NNO gathering on Cather Street, photo courtesy Pia Sud.



Over 60 neighbors gather at Ruth DeSantis' home to hear about Neighborhood Watch from Barbara Gellman and Officer Holly Tafoya. Photo courtesy Sandy Lippe.



NNO gathering on Radcliffe Drive hosted by Greg and Marsue May, photo courtesy Elizabeth Linder.

NNO scenes at Spreckels Elementary, courtesy Diane Ahern.



4TH OF JULY





Summer at Standley Park



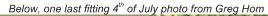
Aerial view of concert at the park, courtesy Steve Gomez



Our community swinging at a concert at the park, courtesy Barry Bernstein



Another successful Banana Split Day, sponsored by the Heimburger Family, a yearly UC tradition.







2016 UCCA Memberships

Thanks to the following new and renewing UCCA Members

Individual
Michael Alston
Alexandra Dudine
Nessa O'Shaughnessy

Community Supporter Liz Linder Studios Nancy Weiss

Gold Rob & Claire Shaughnessy Helga & Sam Strong NOTE: The 2017 UCCA Membership Drive will start in early November. Watch for further information in our October issue.

Community Invited to Jacobs Medical Center Open House

When: Saturday, September 24

Time: Walking tours every 10 minutes between 9:00am and

1:00pm (registration required)

Where: Jacobs Medical Center, 9300 Campus Point Drive



This year, UC San Diego Health will open an advanced medical center that will redefine the standard of inpatient care for residents of University City and the greater San Diego County area. The 245-bed Jacobs Medical conveniently Center. located the in Jolla/UTC area adjacent to Thornton Hospital, specialize in advanced specialty care in three key areas:

- Advanced surgical care, offering the region's most advanced intraoperative imaging suite for safer complex surgeries
- Cancer care, providing inpatient care for any kind of malignancy with design elements that allow patients greater freedom of movement and faster recovery
- Obstetrics and infant care, offering a full-range of services for every kind of birth - from a midwifery staffed Birth Center to a Level III Neonatal Intensive Care Unit

In addition providing the highest level of specialty care in these areas, Jacobs Medical Center has been designed with "home-to-hotel" amenities, including outdoor courtyards and garden terraces, floor-to-ceiling windows, restaurant-style room service, and family areas with lounges and kitchenettes. UC San Diego Health is building the future of medicine in your community. Residents of University City are warmly invited to tour Jacobs Medical Center and celebrate our 50th year of caring for the community. Space is limited - to sign up for a tour, visit http://health.ucsd.edu/jmccommunityopenhouse

UCCA Receives Two Grants from San Diego Board of Supervisors

by Diane Ahern



UCCA thanks County Supervisor Dave Roberts and the San Diego Board of Supervisors for approving our grant requests for both a Community Enhancement grant and a Neighborhood Reinvestment Program grant.

- The Community Enhancement grant will be used to design attractive and uniform street banners to welcome visitors to University City and highlight key gateways to the area as well as promote the community as a place to dine, shop and play. The banners will assist visitors to the area with wayfinding by providing place identification. The Neighborhood Reinvestment Program grant will fund banner production and installation.
- The Community Enhancement grant will also be used to design and paint electrical transformer boxes. The project integrates art into existing civic architecture and provokes public engagement in the neighborhood and appreciation for public art. This project recognizes and celebrates local artists and contributes to the vitality and appeal of the streetscape.

UCCA is currently soliciting local artists to design and paint five

transformer boxes along Governor Drive (see article on page 4). UCCA is working with AlphaGraphics on Governor Drive to design street banners. The County of San Diego Community Enhancement and Neighborhood Reinvestment Program grants will allow UCCA to continue serving the community with support for local events and projects while enhancing its support for tourism and economic development. We look forward to partnering with the County of San Diego to build a stronger identity and community in University City, where we're more than just a neighborhood. For more information about San Diego County's Third District and the Community Enhancement and Neighborhood Reinvestment Program grants, visit www.SupervisorDaveRoberts.com.

Pure Water San Diego North City Projects Underway

To create a new reliable, local water source, the City of San Diego is moving forward with Pure Water San Diego, a multi-year program that will provide one-third of San Diego's water supply by 2035. The program uses proven water purification technology to clean recycled water to produce safe, high-quality drinking water. The first phase of the Pure Water Program is underway and includes the design and construction of the North City Pure Water Facility that will produce 30 million gallons of purified water each day.

A pump station and pipeline will be constructed to transport the purified water to Miramar Reservoir. The route of the eight-mile pipeline will begin at the existing North City Water Reclamation Plant on Eastgate Mall, follow Miramar Road, and continue through Scripps Ranch to Miramar Reservoir. There the purified water will be blended with imported and local water sources treated again at the Miramar Drinking Water Treatment Home/
Business

Drinking Water
Transment
Plant

Water Source

- Local Rand

Water Source

Plant before going to homes and businesses.

The North City Pure Water Pump Station and Pipeline is being designed now with construction expected to begin in 2019. The project is expected to be operational in 2021.

The public is also invited to a free open house event at the North City Water Reclamation Plant, Saturday, October 22, from 10:00am to 3:00pm. Please visit www.purewatersd.org for more information.

Crime and Safety Tips

by Officer Holly Tafoya Community Relations Officer Northern Division

PERSONAL PROTECTION

WALKING

- 1. Walking alone Be aware of surroundings and observe everything around you. Be aware of bushes and alleys.
- a. <u>Don't text while walking!</u> This gives thieves the opportunity to take items from you such as cell phones and iPods when you are not paying attention.
- b. <u>Don't have jewelry showing.</u> Someone can walk up to you and grab a necklace. Tuck a necklace inside of your shirt.
- Hang on to your backpacks. Thieves know people usually carry computers in them.
- d. Don't give a thief an opportunity to take anything from you.
- 2. Don't let anyone enter your personal space.

Personal Space:

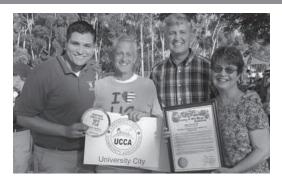
Intimate space =1 to 1.5 feet
Personal space =1.5 to 4 feet
Social space =4 to 12 feet
Public space =12 or more feet

- 3. Trust your thoughts.
- 4. If someone asks for the time, keep walking.
- Stay away from the curb so someone cannot grab you from a passing car.
- 6. Vary your route.
- 7. Carry a flashlight at night.
- 8. Know your location.
- 9. If you are attacked, DO SOMETHING!
- AVOID walking alone. If there is security available have them walk you to your car.
- 11. AVOID walking near bushes, fences and doors.
- 12. AVOID alleys.
- 13. AVOID stairwells.
- Don't overload yourself with packages. Do not allow your attention to be distracted from your purse or packages.
- 15. If you carry a purse keep it close to your body, flap towards your body. If there is a strap, carry the purse across your body. If you are wearing a coat/jacket, put coat over the purse strap.
- 16. If possible, carry keys and wallet on your person, in your pockets (pants or inside jacket pocket).
- 17. If you are dropped off by a taxi, ask the driver to wait until you are
- 18. If you are waiting for a ride, wait in a busy well-lit place.
- If you suspect someone is following you, cross the street or walk into an open business.

VEHICLES

- 1. Park in well lit areas.
- 2. Park by a camera.
- 3. Lock your car!
- Lock garage doors.
- 5. Walk at an angle back to you car so you can see 3 sides.
- 6. Use your peripheral vision. Most people are 180 degrees USE IT!
- 7. Look in front, behind and underneath your car as you approach it.
- Look inside!
- Don't leave items visible in your car. This invites thieves. Place packages in trunk.
- Don't leave your purse or wallet inside of your vehicle. If it is broken into or stolen the thief will have all of your information including your credit cards.
- 11. Have your keys ready to open the door.
- 12. Report anyone looking into vehicles or checking doors.
- 13. Try not to park by large vehicles (SUV's, vans or trucks) where people can surprise you.
- If you live in a building with underground parking, watch for pedestrians who enter via the garage vehicle entrance gates.

*Part I of Crime and Safety Tips from Officer Tafoya. Next month: Tips on Reporting an Incident.



UCCA Thanks Volunteers and Receives Honors from City and County

by Diane Ahern

At the Summer Concert at Standley Park featuring Jill Harvey and Rifftide on Sunday, July 31, the intermission was filled with thanks and recognition. John Schindel, president of the Standley Recreation Council welcomed both the audience and Rifftide and thanked them for their support. Barry Bernstein then took the stage and thanked and expressed support for the San Diego Police Officers, especially Northern Division. Audience members gave the Sargent a standing ovation. Barry also thanked Scripps Health, as represented by Amber Ter-Vrugt and her family, for their ongoing support of the Summer Concert Series.

Sherri Llghtner, City Council President, was introduced and in a surprise to both Barry and the audience, Sherri proclaimed Sunday, July 31, to be "Barry Bernstein Day" in San Diego in recognition for his ongoing leadership with University City Community Association. Sherri also thanked UCCA's newsletter delivery and Neighborhood Watch volunteers and UCCA presented each of the volunteers with a volunteer sun visor.

County Supervisor Dave Roberts was then introduced and spoke of the "Live Well San Diego", the County's vision for a healthy, safe, and thriving county for all residents. He spoke of one of the County's recognized Live Well partners, Voices for Children, and the street banners from Voices for Children, that are currently displayed on light poles throughout University City.

Dave then announced that University City Community Association, represented by Barry, and vice president Diane Ahern, was being recognized as a "Live Well San Diego" partner for the events and projects that the organization initiates and sponsors that are in alignment with the goals of a healthy, safe and thriving community. Roberto Ramirez, UCCA's Live Well liaison, shared in the recognition. After many pictures and much applause, Rifftide was able to retake the stage and complete their concert.

Pictured Above: Live Well designation with Roberto Ramirez, Barry Bernstein, Dave Roberts and Diane Ahern. Below: Newsletter volunteers



Professional & Reliable

Doug Hackley, CEO



Bay Park Moving

Free Estimates

Cal # T-190145

6495 Lipmann Street, San Diego, CA 92122 (858) 535-1911 Fax (858) 535-9192 Cell (858) 472-4123 email: bpmove@aol.com





ADVENTURE IS WAITING!

La Jolla YMCA Adventure Clubs

- Parent/Child adventures ages 5-10
- Weekend campouts, activities and more!

Learn more at our Information Day Sunday, September 11, 1:30pm La Jolla YMCA 8355 Cliffridge Ave, La Jolla ymca.org/lajolla



COLDWELL BANKER 19

Coldwell Banker UC & You



3959 Governor Dr. @ VONS

858-352-6587



6097 Charae , UC
Desirable Mid-Century single-level
home in the heart of University City.
\$785,250



6106 Via Regla, UC
This home is one of the largest available with 5 bedrooms, 3 1/2 baths. Canyon views!
Please Call for Price

Last Month's UC Sales

Address	BR	BA	Sales Price
7151 Whipple Ave	3	2	\$645,000
4232 Pavlov Ave	4	2	\$720,500
4430 Pavlov Ave	3	2	\$720,000
6775 Dennison St	3	2	\$723,000
5854 Lamas St	4	2	\$710,000
5720 Mott St	3	3	\$767,000
6097 Charae St	4	2	\$785,250
7217 Steinbeck Ave.	3	2	\$773,000
3275 Welmer Pl	4	2.5	\$740,000
6021 Charae St	4	2.5	\$740,000
3286 Villanova Ave	5	3	\$867,500
3124 Carnegie Court	4	3	\$875,000

Average Days on Market: 30



6910 Dennison St., UC
Beautifully remodeled single story home
with pool on quiet street in University Cityl
\$775,000

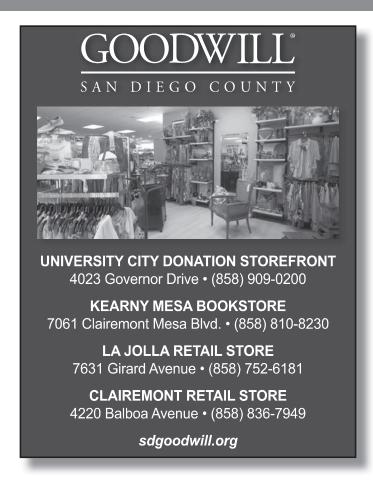


3810 Governor Dr., UC
Enter front gate to your own private sanctuary.
Tropical plants, huge front courtyard & more!
\$775.000

EdUCate! Oktoberfest | Standley Park | October 1st | 2pm-6pm

60018 Octowel Burker Real Entre LLC. All Pyter Reserved. Cottoed Barker Real Estate LLC July supports the principles of the fair Housing Act mod the Equal Opcortunity Act. Each Coldated Barker Real Estate LLC. All you protest the principles of the fair Housing Act mod the Equal Opcortunity Act. Each Coldated Barker Real Estate LLC. All you prote the principles of the Coldated Barker Previous International Logs, and represented excellent and protein your protein prot







- San Diego Native
- · Long-time UC Resident
- · CA State Cont. Lic. #509021
- B.S.–Ornamental Horticulture

 Cal Poly San Luis Obispo

Daniel A. Dew *Owner*(619) 235-4431



www.TreeTechSD.com



Call Jean, 619-252-95<u>92</u>

Bonded & Insured





Thank you for your loyalty. We appreciate you.

"The American Dream Makers" Do It Again!

Just Listed &/or Sold In UC By Caryl Lees & Linda Bernstein



2948 Curie Street 3 Bedrooms / 2 Baths, 2042 SF Beautiful Upgrades Throughout • Inviting Pool Huge 12,500 SF Private Lot Offered @ \$929,000





5953 Agee Street 4 Bedrooms / 2.5 Baths, 2324 SF Offered @ \$899,000

5454 Barkla Street 4 Bedrooms / 2.5 Baths, 1901 SF Offered @ \$920,000



Caryl Lees 858.449.7760 caryllees@gmail.com BRE# 00558976



Multi-Million Dollar Producers

As The Top Team In The Top Office In The Golden Triangle, We Have Listed &/or Sold More Homes In UC In The Last 30 Years Than Any Other Team!



Linda Bernstein 858.245.6711 lindahomes@aol.com

BRE# 00857298

-Announcement-LAW OFFICE OF CARINNE SENSKE University City Divorce Attorney

DIVORCE - SUPPORT - CUSTODY

- UC Location
- Free Consultations

(858) 860-6334

LaJollaFamilyLawAttorney.com

the Computer (

MAC & WINDOWS IPHONE & ANDROID

OVER 15 YEARS OF EXPERIENCE

858-598-3171

ComputerTanya@gmail.com



Steve Lyons

Agent, Lic. #0637001

4005 Governor Drive San Diego, CA 92122-2522 Bus 858-455-9440 Fax 858-455-6524 www.stevelyonsinsurance.com

steve@stevelyonsinsurance.com

Manager - Standley Rec. Center 1977-83





HAVE YOU TRIED OUR SELF SERVE DOG WASH?

- · DO IT YOURSELF AND SAVE
- WE CLEAN UP THE MESS
- SHAMPOO/OATMEAL INCLUDED



University City Self Serve Dog Wash 3861 Governor Drive San Diego, CA 92122 Located in the MOBIL Gas Station



Dance Hula Fitness

Dance, Hula, & Tai Chi Fitness

ages 3 to adult 3202 Governor Dr. suite 209



dancehula.wix.com/vineyards

dancehula@mail.com 858-202-1337





6688 Hollycrest Court **Sorrento Mesa**

In Escrow - Resort-like living in Sorrento Mesa! 6 BR/3 BA, 3076 sq. ft. cul-de-sac home..

\$877,000



3286 Villanova Ave **University City**

SOLD! - 5 BR/3 BA, 2383 sq. ft. home with lovely yard, updated kitchen and AC.

\$867,500

Discover the Difference Great Marketing Makes!

Lydia

Hwang Vosovic

Kathleen

Williams

Katie

Dunahoo

June Kubli

3959 Governor Drive 858.633.6411



www.411sandiegohomes.com

PureRest Organics

Providing organic and natural bedding and mattresses in sizes Cradle to King to San Diego County since 1993.



Call us at (800) 596-7450 (888) ecobaby (326-2229)



www.purerest.com

9541 Ridgehaven Ct. San Diego, CA 92123

Right off the 15 at Balboa Ave.

Homes for Heroes

Military Veterans Law Enforcement Firefighters Border Patrol EMT

Teachers Medical workers

We Give U.C.'s Heroes (buyers & sellers)

25% of our commission (and an additional 5% to charities)

Our way to say Thank You!









Mike & Alicia O'Sullivan **University City Residents & Real Estate Specialists**

Former Naval Aviator U.S. Naval Academy Grad Military Relocation Professional (MRP)

www.homesforheroes.com/affiliate/mike-osullivan 619-955-3569 MikeandAliciaSellSD@gmail.com

Right Choice Senior Living Lic#374602704 (UTC/La Jolla) See photos & videos at www.rightchoiceseniorliving.org



(619) 246-2003 Call for Tour. Private rooms w/bath

- Residential Assisted Living Home
- Quality & Passionate 24/7 Care in safe, clean, nurturing, & secure environment
- Loving Care, Great Location, Great Food
- Memory/Dementia Care Offered
- Hospice, Short term stays (respite) OK





Michael A. Banta, MBA

Independent Student Loan & Financial Aid Counselor

MBCollegePlanning.com

Michael@mbcollegeplanning.com

HAPPY, HEALTHY HATHA YOGA

Classes at Standley Rec. Ctr. 3585 Governor Dr. SD,CA 92122 Monday 6-8p.m. Beginning Wednesday 6-8p.m. Intermediate Saturday 10am-12noon Mixed Levels

For other locations, times or private lessons call: 858-587-0171 Or email:

YogiShelley 108@gmail.com

Pure Hatha Yoga



Instructor: Shelley Aan eru d, Anan da certified, E-RYT-500

Interested in Advertising in Our Publication?

Contact TERRI DAY at UccaAds@hotmail.com or visit www.UniversityCityNews.org for more info.

Ad Sizes:

Business Card \$60.00 Qtr Page \$150.00 Half Page \$300.00

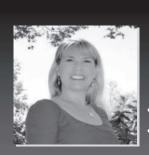
Ad must be submitted via email in a PDF or JPG format print ready.

Next issue: October 2016

Ad and Payment deadline: 9/18/16

WE FIX YOUR COMPUTER!

We come to you or you come to us for the lowest rates! Call Robert 858-449-1749



NANCY BECK

UNIVERSITY CITY SPECIALIST

REALTOR® - CalBRE# 1229297



3202 Governor Drive #100

San Diego, CA 92122

Direct: (858) 945-LIST (5478)

NancyBeck@Century21Award.com

www.NancyBeckRealtor.com

TOP 1% OF ALL CENTURY 21 AGENTS

CAN DIECO MACAZINE FINE CTAR

SAN DIEGO MAGAZINE FIVE STAR AGENT 7 YEARS IN A ROW

In Escrow



3541 Stetson Avenue 3 Beds, 2 Baths, 1,674 Sq. Ft. Heated Tile Floors in Master Suite

Offered at: \$829,000

Just Sold



6021 Charae Street 4 Beds, 3 Baths, 2,433 Sq. Ft. Impeccable Quality Throughout

Sold Price: \$880,000

Just Listed



5967 Erlanger Street 4 Beds, 2 Baths, 1,606 Sq. Ft. Resort-Style Living

Offered at: \$685,000

For a FREE Home Valuation, Contact Nancy Beck TODAY!

If you are currently listed with another broker, this is not a solicitation. Information obtained from realiable sources but not guaranteed.

Labor Day Monday, September 5th

Special Offer for the Month of September
Free Consultation

If something just doesn't feel right, let's talk and make that change, because if nothing changes, nothing changes.

Maxine Weseley, MS 619-251-8543 Certified Counselor — CADC-II

4370 La Jolla Village Drive, Suite 400 San Diego, CA 92122



THE BACK PAGE...

UC's Dog Days of Summer

The term the Dog Days of Summer is evident all over UC. Besides hanging out at the local parks, some of our neighborhood dogs get to enjoy the local waters and play ball. Below are a few photos of our UC dogs enjoying their days of summer.

