



Park & Recreation

STANDLEY PARK & RECREATION CENTER

3585 GOVERNOR DRIVE

SAN DIEGO, CA 92122

PHONE: (858) 552-1652

ONLINE REGISTRATION BEGINS: FEBRUARY 18, 2017 at 10:00 a.m.

SEASON BEGINS: MARCH 1, 2017

SEASON ENDS: MAY 31, 2017

SEE INSIDE COVER FOR REGISTRATION DETAILS.

ALL PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION.

HOLIDAY CLOSURES

CESAR CHAVEZ DAY - FRIDAY, MARCH 31, 2017

MEMORIAL DAY - MONDAY, MAY 29, 2017

REGISTRATION INFORMATION

REGISTRATION INFORMATION

ONLINE CLASS REGISTRATION BEGINS:

Saturday, February 18, 2017 at 10:00 A.M.

- Registration is taken on a first come, first serve, walk in basis. Telephone or mail registration is not accepted.
- When classes fill to capacity, waiting lists are formed. Classes may be expanded to accommodate additional students.

CENTER REGISTRATION HOURS

Monday	10:00 a.m. - 6:00 p.m.
Tuesday	1:00 p.m. - 8:00 p.m.
Wednesday	1:00 p.m. - 8:00 p.m.

****PERMITS ARE ISSUED BY APPOINTMENT WITH THE CENTER DIRECTOR ONLY.**

ONLINE REGISTRATION INFORMATION

Log onto: www.SDRecConnect.com

Returning Customers: (previously registered for classes online)

- Click the "My Account" button.
- Enter your Login (email) and password.

For first time users only, please note the following:

-Parents and/or Guardians must create their own account first by providing their own information. Once your online registration account is completed, you will have the opportunity to add a child as a family member.

First-time Online User?

New Accounts- click on the "Create Account" button. Fill out the "New Account Request Form" completely by including all required fields; (Birth date, gender, email address, etc.). When finished, select submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided via e-mail to activate account.

If you need help, please click the FAQs (Frequently Asked Questions) button for information or call your local recreation center.

All customers will be charged a \$2.00 transaction fee for all online, in-house registrations and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process online payment. Rates are established by the service provider and are nonrefundable.

PERMIT HOLDER REQUIREMENTS

Permit holders must provide proof of insurance. Registration is handled by the permit holder. The permit holder is not required to submit proof of fingerprinting for their coaches, volunteers or instructors. No commercial animal activities are permitted on park property.

STANDLEY RECREATION CENTER

CENTER HOURS OF OPERATION

Monday	9:00 a.m. - 9:00 p.m.
Tuesday	1:00 p.m. - 9:00 p.m.
Wednesday	12:00 a.m. - 9:00 p.m.
Thursday	1:00 p.m. - 9:00 p.m.
Friday	9:00 a.m. - 7:00 p.m.
Saturday	9:00 a.m. - 4:00 p.m.
Sunday	8:00 a.m. - 2:00 p.m.

PAYMENT POLICY

- Payment is required at the time of registration.
- Payment methods for registration taken at the Center are credit cards, exact cash or a check.
- Credit cards accepted are VISA, MasterCard, American Express and Discover. Debit cards are accepted as well.
- Registration deadline is the second class meeting. No registrations will be accepted after the second scheduled class meeting.
- A \$25.00 service fee will be charged for ALL returned checks.
- Class fees are not pro-rated or discounted after the beginning of the scheduled session.

REFUND POLICY

- This policy applies to programs offered by the Standley Park Recreation Council. There are no refunds available for programs with less than four class meetings. There are no partial refunds or make ups for missed classes (i.e. illness, vacation etc.)
- All approved refund requests will be paid by check including transactions taken in with cash. A SPRC Refund Request Form (available at the Recreation Center) and the registration receipt must be submitted at least 48 business hours prior to the second scheduled class meeting.
- A \$20.00 service fee will be charged per registrant for each refund request which takes ten business days to process.
- If a class is cancelled due to class minimums not being met; registrants will be notified and a refund check will be issued and mailed to the address on the registration form.
- If registrants are unhappy or does not participate after the refund deadline, a refund cannot be processed. Cooperation and understanding is appreciated.
- If the registrant has a medical emergency (non-regular/ routine illness) after registration day and cannot continue participating in class SPRC staff must be contacted as soon as possible with the necessary medical documentation. A refund request form must be submitted. Refunds or credits will be determined on a case by case basis by the Center Director only.

PARK & FACILITY INFORMATION

AMENITIES

Standley Park Recreation Center is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor Basketball and Volleyball Courts
- Game room with Table Tennis & Foosball Table
- Two Racquetball courts
- Large playground
- Outdoor basketball court*
- Multi purpose fields*
- Barbeques
- Picnic shelter
- Passive Picnic Areas
- Horse shoe pit

*Open for paid rental reservations, pending availability.

PARK USE INFORMATION

Park use and reservations for the listed facilities below including, but not limited to, sports field use, picnic areas, party jumps and special events can be reserved by contacting Standley Park Recreation Center (858) 552-1652. Events with 50 or more people require a permit approved by the Center Director.

NEIGHBORHOOD PARKS

Marcy Neighborhood Park	5504 Stresemann Street
University Gardens	6431 Gullstrand Street
University Village	7150 Florey Street

GENERAL PARK RULES

- No Alcohol
- No Smoking
- No Littering
- No Golfing
- No Glass Containers
- No Skateboards, Bikes, Scooters, or Roller Skates
- Dogs must be on a leash
- No overnight camping
- No open camp fires
- No Balloons

COMMUNITY PHONE NUMBERS

Doyle Recreation Center	(858) 552-1612
Nobel Recreation Center	(858) 552-1626
Swanson Pool	(858) 552-1653
North UC Library	(858) 581-9637
South UC Library	(858) 552-1655
Mesa Soccer	(858) 558-MESA
UC Del Sol Girls Softball	(858) 568-2455
UC Little League	(858) 212-7583

RECYCLE

Standley Park has RECYCLING BINS located at the East end of the swimming pool parking lot. Containers take aluminum cans, newspapers, glass containers, cardboard and plastic bottles. The bins should not be over filled.

ILLEGAL DUMPING IS PROHIBITED.



GAME ROOM

Game room consists of Table Tennis and a Foosball table. All equipment check-out requires a photo ID or a green recreation card (\$0.25) for children up to the 5th grade. More information, hours and availability is available by contacting the office. Individuals under 18 years of age must be supervised by an adult.

RACQUETBALL

Racquetball courts are secured and will be opened by staff according to the RESERVATION schedule. Reservations are taken same day only. Two courts are available during normal hours of operation. Courts close 20 minutes prior to the recreation center closing.

TENNIS

Tennis courts are operated by the Golden Triangle Tennis Staff. More information regarding hours, membership and lessons is available by contacting: (858) 452-LOVE (5683) or www.ucrctennis.com

BOOK NOOK

"Take a book, leave a book," is the motto and way of the book nook. A gathering place where you can share your favorite literature and stories. If you like a book you can keep it, in return, donate a different book. The Book Nook is perfect place for children and adults.

INDEPENDENT CONTRACTOR REQUIREMENTS

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must maintain a business license and proof of insurance. City staff handles all registration for these programs. Contractor must provide Worker's Compensation Coverage.

GYMNASIUM USAGE

A monthly gym schedule is available at the Recreation Center for all open play activities. Times are subject to change without prior notification. All individuals must be wearing gym shoes and a shirt at all times. Profanity is not allowed.

Drinks, food and black soled shoes are prohibited in the gymnasium, no exceptions!

OPEN BASKETBALL

Free play Basketball is open daily inside and/or outside on a first come, first serve basis. Open play is meant to run full court games. The monthly gym schedule is available at the center. All ages are welcome. Private instruction or any organized activity requires a facility permit from the Center Director regardless of the class size, and is based on availability.

OPEN VOLLEYBALL

Free play Volleyball is Thursdays from 6:00 to 8:45 p.m. Participants are required to set-up and break down all nets and poles.

OPEN FLOOR HOCKEY

Players provide their own equipment and must be 18 years of age or older. More information is available by contacting Steve at: (858) 344-2629.

INDIVIDUALS WITH DISABILITIES

All classes or programs sponsored by the Recreation Council, the City of San Diego Park and Recreation Department can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide inclusion aides with additional assistance along with Standley Park Recreation Center Contractual Staff. Request for this service must be made at least three weeks prior to the first day of the program.

For more information on Therapeutic Services call: (619) 525-8247.



YOUTH PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body and a strong spirit.

7-10 Years

Day: Tuesday

Time: 5:00 - 6:00 p.m.

Fee: \$120.00/12 weeks

Session: February 28 - May 16, 2017

[35515]

Instructor: Martin Katz, 6th Degree Black Belt

11-15 Years

Day: Thursday

Time: 5:00 - 6:00 p.m.

Fee: \$120.00/12 weeks

Session: March 2 - May 18, 2017

[35516]

Instructor: Martin Katz, 6th Degree Black Belt

More information available at: ryushinkandojo.org

LITTLE MASTERS ART

PRE-PICASSOS 3-5 Years

Parent participation— required.

Day: Tuesday

Time: 2:00 - 2:45 p.m.

Fee: \$20.00 per session/ per participant

Session I: March 7 - March 28, 2017

[35538]

Session II: April 4 - April 25, 2017

[35539]

Session III: May 2 - May 23, 2017

[35540]

Instructor: Standley Recreation Staff

DA VINCIS 6-10 Years

Parent participation— optional.

Day: Tuesday

Time: 3:30 - 4:15 p.m.

Fee: \$20.00 per session/ per participant

Session I: March 7 - March 28, 2017

[35535]

Session II: April 4 - April 25, 2017

[35536]

Session III: May 2 - May 23, 2017

[35547]

Instructor: Standley Recreation Staff

JUNIOR GOURMET COOKING CLASS

Children will learn the basic fundamentals of cooking and how to use kitchen equipment in a safe manner while making healthy and delicious cuisine.

Parent Participation is not required

6-11 Years

Day: Wednesday

Time: 1:00 - 2:00 p.m.

Fee: \$20.00 per session

Session I: March 8 - March 29, 2017 [35531]

Session II: April 5 - April 26, 2017 [35532]

Session III: May 3 - May 24, 2017 [35533]

Instructor: Standley Recreation Staff

Limited class size of 6; first come first serve basis.

CITY DANCE, TAP & JAZZ

The City of San Diego Dance Department offers dance classes at affordable prices in order to enable both adults and children the ability to fully participate in the study of various styles of dance. Each class meets once a week for 45 minutes.

Registration: June 24th, 2017 at 10 am.

Mondays:

4:15 p.m. Adv. Beg. Jazz 2B (Ages 6-17)

5:00 p.m. Adv. Beg. Tap 2B (Ages 6-17)

Tuesdays:

3:00 p.m. Pre Ballet (Ages 3-5)

3:45 p.m. Pre Tap (Ages 4-5)

Fee: \$41.00/semester

Instructor: MaryAllison Dunsmore

For more information contact the Dance Department at (619) 235-5255 or visit them on the web at: www.cividdancearts.org

No class on city holidays.

YOUTH PROGRAMS

Pee Wee Youth Sports

Children will engage in various activities while learning and having fun.

Parent Participation is *not* required

Ages: 3-7 years

Times: 4:00 - 4:45 p.m.

Days: Thursdays

Cost: \$20.00/ session

Session I: March 9 - March 30, 2017 [35541]

Session II: April 6 - April 27, 2017 [35542]

Session III: May 4 - May 25, 2017 [35543]

YMCA Gymnastics*

This YMCA Gymnastics class challenges youth to persevere to new levels of achievement. Gymnasts gain self-confidence, build self-esteem, and learn basic gymnastics skills. For more information, visit lajolla.ymca.org or contact Suzy O'Neal at: (858) 453-3483, Ext. 12837 or soneal@ymca.org

Master Sports* Register at MasterSports.com

Basketball Class

Tuesdays:

K-2 grade: 4:00 pm - 5:00 pm

3-6 grade: 5:00 pm - 6:00 pm

Volleyball Class

Tuesdays:

Beginner: Ages 9 - 13 years 4:00 pm - 5:00 pm

Intermediate: Ages 9 - 13 years 5:00 pm - 6:00 pm

Youth Tennis

Tennis Classes

Ages: 5-8 years and 9-13 years

Times: 4:00 - 4:45 pm & 4:45 - 5:00 pm

Days: Tuesday and Thursday

Cost: \$12 (ages 5-8) / \$17 (ages 9-13)

Please Register with UC Racquet Club staff. More information is available by calling UC Racquet Club at: (858) 452-5683 or online at www.ucrctennis.com.

More Youth Program Information is available on page 8 →

UPCOMING SPECIAL EVENTS

SPRING EGG HUNT

WHEN: SATURDAY, APRIL 8TH, 2017

WHERE: STANDLEY PARK AND RECREATION CENTER & GYM

TIME: 10:00 A.M. - 12:00 P.M.

AGES: 0-10 YEARS

- EGG HUNTING WILL BEGIN AT 10 A.M. PROMPTLY FOR ALL AGES

PLEASE NOTE: CHILDREN SHOULD ARRIVE EARLY WITH THEIR OWN BASKET

ACTIVITIES INCLUDE: FACE PAINTING, ARTS & CRAFTS, EGG COLORING AND MORE!

ADULT & SENIOR PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body, and strong spirit.

Day: Tuesday (*Beginners*)

Ages: 16 years - Adult

Time: 6:30 - 8:30 p.m.

Session: February 28 - May 16, 2017 [35518]

Fee: \$120.00/12 weeks

Day: Thursday (*Advanced*)

Ages: 16 years - Adult

Time: 6:30 - 8:30 p.m.

Session: March 2 - May 18, 2017 [35517]

Fee: \$120.00/12 weeks

Day: Saturday (*Mixed Levels*)

Ages: 16 years - Adult

Time: 10:30 a.m.-12:30p.m.

Session: March 4 - May 20, 2017 [35519]

Fee: \$120.00/12 weeks

(Above Fees are per participant, per session.)

Instructor: Martin Katz, 6th Degree Black Belt

More information available at: ryushinkandojo.org

HAPPY, HEALTHY, HATHA YOGA

BEGINNING

Participants will enjoy two hours of serenity, reduce stress and tension, while increasing strength, flexibility, balance, and inner harmony. Participants will learn the foundation poses of yoga that will assist them in developing their own routine. Appropriate for all levels. Participants should bring a towel or blanket. Please DO NOT EAT before class.

Day: Monday

Time: 6:00 - 8:00 p.m.

Fee: \$210.00/12 weeks

Session I: March 6 - May 22, 2017 [35524]

INTERMEDIATE

Intermediate Hatha Yoga is a continuation of beginning yoga, deepening the experience of flexibility, strength, awareness and joy. Additional breathing techniques and advanced poses are added according to student ability. Students must have previous yoga experience. Please DO NOT EAT before class.

Day: Wednesday

Time: 6:00 - 8:00 p.m.

Fee: \$210.00/12 weeks

Session I: March 8 - May 24, 2017 [35525]

MIXED LEVEL

Day: Saturday

Time: 10:30 a.m. - 12:00 p.m.

Fee: \$96.00/6 weeks

Session I: March 11 - April 15, 2017 [35526]

Session II: April 22 - May 27, 2017 [35527]

Instructor: Shelley Aanerud, E-RYT, 500 hours and Certified Ananda Yoga Instructor: (858) 587-0171.

SPRC FITNESS: Newcomers Welcome!

Participants will actively train using weights to build strength while enjoying a creative aerobic exercise.

Days: Wednesday

Time: 4:45 - 5:45 p.m.

Ages: 14 years - Adult

Fee: \$30.00/ per month

Session I: March 1 - March 29, 2017 [35544]

Session II: April 5 - April 26, 2017 [35545]

Session III: May 3 - May 31, 2017 [35546]

Instructor: Yvonne Bennett-Niang, AFAA Certified

More information is available at: ybennettning@yahoo.com

SENIOR BRIDGE & PINOCHLE CLUB

Senior Club meets every Friday from 9:00 a.m. to 12:00 p.m. Bridge, Pinochle and other card games are played.

New players are welcome. Participants can bring a sack lunch. Coffee and tea is provided. More information is available by calling Ben at: (858) 453-2340.

CITY DANCE ADULT TAP & JAZZ

The City of San Diego Dance Department offers dance classes at affordable prices to enable adults full participation in the study of various styles of dance. Each class meets once a week for 45 minutes.

****Students must be promoted by instructor to enroll.**

Registration: June 24th, 2017 at 10 am.

Monday:

4:15-5:00 p.m. Adv. Beg. Jazz 2B

5:00-5:45 p.m. Adv. Beg Tap 2B

5:45-6:30 p.m. Adult Musical Theatre

6:30-7:15 p.m. Adult Beg Tap 1A

7:15-8:00 p.m. Adult Beg Jazz 1A

8:00-8:45 p.m. ****Adult Adv. Beg Tap 2A**

Instructor: Debbie Hardesty

Fee: \$41.00/ semester

For more information contact the Dance Department at:

(619) 235-5255 or visit them on the web at www.civildancearts.org

ADULT & SENIOR PROGRAMS

SAN DIEGO CONTINUING EDUCATION PROGRAMS*

The San Diego Community College District offers FREE Continuing Education courses for adults and seniors at Standley Park Recreation Center.

Physical Fitness:

Tuesday & Thursday 9:00 a.m. - 11:00 a.m.

Ikebana (Japanese Flower Arrangement):

Monday 9:00 a.m. - 2:30 p.m.

Students will learn practical application, using diverse media and techniques. Explore principles of art and its place in various cultures.

Magic of Pastels (Art):

Thursday 9:00 a.m. - 2:00 p.m.

Using watercolor and mixed media students develop a mixed painting using watercolor with gouache, ink, pastels, colored pencils and/ or collage elements.

More information is available by contacting the West City campus at: 619-388-1950.

TENNIS (ADULT)

The main goal of this tennis clinic is for participants to hit many tennis balls in order to practice strokes and get in a great workout!

Day: Tuesday

Time: 6:00-7:00 p.m.

Fee: \$20.00/per class

Instructor: UC Racquet Club Staff

More information is available by calling UC Racquet Club at: (858) 452-5683.

Registration is made with UC Racquet Club staff.

GOURMET COOKING CLASS (ADULT)

The purpose of this class is to learn the skills and techniques of gourmet cooking. Emphasis on holiday parties and special events.

Day: Friday

Time: 6:00 - 7:00 p.m.

Fee: \$38.00 per session

Session I: March 10 - April 7, 2017

[35521]

Session II: April 14 - May 5, 2017

[35522]

Session III: May 12 - June 2, 2017

[35523]

Instructor: Standley Recreation Staff

ADULT SPORTS LEAGUES

COED VOLLEYBALL LEAGUE

Adult Coed 4's Volleyball League offers two divisions, A and B. League plays

Day: Monday

Time: 6:00 - 9:00 p.m.

Ages: 21 years and older

Dates: February 27 - June 12 [32865]

Fee: \$280.00 per team.

For more information contact League Director, Farid at: (619) 871-0047 or via e-mail at: farid@volleyballetec.com

MEN'S BASKETBALL LEAGUE

Interested teams may contact League Director, Anthony LaChica, via email at: anthonydlachica@gmail.com

Day: Tuesday

Time: 6:00 - 8:45 pm

Team Start Date: April 4, 2017

[35534]

Fee: \$295/ team

VAVi CoEd Social Softball League*

VAVi Sport and Social Club has year round Coed Social Softball leagues at Standley Recreation Center. VAVi's leagues are a great way to meet new friends and play social sports.

More information and registration is available by contacting Sports Director, Dave Draizen at: (858) 273-3485 ext. 10 or www.qovavi.com/softball

ADULT SOFTBALL LEAGUE*

Games are held on Mondays or Tuesdays, 6:00 - 10:00p.m.

Team or individual entries are accepted.

More information is available by calling:

League Director, Pete McNamara at: (858) 453-6208.

Note: All Permit Holders are identified in this brochure with an *asterisk.

EVENTS & OPPORTUNITIES

JAMIE'S TINY TOTS

Jamie's Tiny Tots is a structured learning environment for children entering kindergarten. Children will make new friends while enjoying music, games, arts & crafts. They will learn their ABC's, 123's, shapes and much more!

Ages 3 - 5 years old

Monday—Friday 9:30 a.m.—12:30 p.m.

\$450 per session

Session I.: Feb. 27—March 24 [35528]

Session II.: March 27—April 21 [35529]

Session III.: April 24—May 19 [35530]



(Must be potty trained)

JamiesTinyTots.com

DRAMA KIDS*

Thursday: March 2 – April 27, 2017

3-5 years: Preschool - 2:15 - 3:00 p.m.

12-18 years: Acting Academy - 3:15 - 4:15 p.m.

6-11 years: Composite Class - 4:15 - 5:15 p.m.

Fee: \$129 - 8 week session

No Class Held on March 29, 2017

Interactive Life Skills Workshops: 3-11 years

Activities include innovation problem-solving scenes, improvisation, speech exercises, theater games and creative movement. Programs are designed to develop public speaking and collaboration skills that bolster self-confidence in students.

Acting Academy Workshops: 12-18 years

Acting Academy is open to all students ages 12-18 who wish to explore, and expand their speaking, acting and auditioning skills through our accelerating drama activities. Classes are interactive and fast paced.

Register at: <http://dramakids.com/ca1/d>

Call: (619) 846-2407 or

E-mail questions to sandiegodramakids@gmail.com



NEW VOLUNTEERS ARE NEEDED FOR UPCOMING EVENTS!

UCCA COMMITTEE IS SEEKING NEW MEMBERS TO HELP
PLAN AND RUN THE 29TH UC CELEBRATION

**THESE EVENTS CANNOT TAKE PLACE WITHOUT
ENOUGH VOLUNTEERS FOR THESE COMMITTEES**

Community members interested in assisting with the planning and coordination of special events may contact Hallie Burch at: uccamembership@gmail.com for further information

STANDLEY PARK RECREATION COUNCIL

This group of concerned residents volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the University City Community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcome. The Standley Park Recreation Council meets on the 4th Thursday of each month at 7:00 p.m. at the Standley Recreation Center. Any adult who is interested in making an impact or has concerns about these neighborhood parks and recreation center, should attend the meetings.