

STANDLEY PARK & RECREATION CENTER

**3585 GOVERNOR DRIVE
SAN DIEGO, CA 92122
PHONE: (858) 552-1652**

SUMMER 2017 PROGRAM



**EFFECTIVE JUNE 1, 2017 THROUGH AUGUST 31, 2017
CLASS REGISTRATION BEGINS MAY 13, 2017 AT 10:00 a.m.
SEE INSIDE COVER FOR REGISTRATION DETAILS.**

HOLIDAY CLOSURES

MONDAY, MAY 29, 2017 /TUESDAY, JULY 4, 2017 /MONDAY, SEPTEMBER 4, 2017

GENERAL INFORMATION

REGISTRATION INFORMATION

ONLINE CLASS REGISTRATION BEGINS:

Saturday, May 13, 2017 at 10:00 A.M.

- Registration is taken on a first come, first serve, walk-in basis. Telephone or mail registration is not accepted.
- When classes fill to capacity, waiting lists are formed. Classes may be expanded to accommodate additional students.

CENTER REGISTRATION HOURS

Monday	10:00 a.m. - 6:00 p.m.
Tuesday	1:00 p.m. - 8:00 p.m.
Wednesday	1:00 p.m. - 8:00 p.m.

PERMITS ARE ISSUED BY APPOINTMENT WITH THE CENTER DIRECTOR ONLY.

ONLINE REGISTRATION INFORMATION

Log onto: www.SDRecConnect.com

Returning Customers:

(previously registered for classes online)

- Click the "My Account" button.
- Enter your Login (email) and password.

For first time users only, please note the following:

- Parents and/or Guardians must create their own account first by providing their own information. Once your online registration account is completed, you will have the opportunity to add a child as a family member.

First-time Online User?

New Accounts - click on the "Create Account" button. Fill out the "New Account Request Form" completely by including all required fields; (Birth date, gender, email address, etc.). When finished, select submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided via e-mail to activate account.

If you need help, please click the FAQs (Frequently Asked Questions) button for information or call your local recreation center.

All customers will be charged a \$2.00 transaction fee for all online, in-house registrations and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process online payment. Rates are established by the service provider and are nonrefundable.

CENTER INFORMATION

CENTER HOURS OF OPERATION

Monday	9:00 a.m. - 9:00 p.m.
Tuesday	1:00 p.m. - 9:00 p.m.
Wednesday	12:00 a.m. - 9:00 p.m.
Thursday	1:00 p.m. - 9:00 p.m.
Friday	9:00 a.m. - 7:00 p.m.
Saturday	9:00 a.m. - 4:00 p.m.
Sunday	8:00 a.m. - 2:00 p.m.

PAYMENT POLICY

- Payment is required at the time of registration.
- Payment methods for registration taken at the center are credit cards, exact cash or a check.
- Credit cards accepted are VISA, MasterCard, American Express and Discover. Debit cards are accepted as well.
- Registration deadline is the second class meeting. No registrations will be accepted after the second scheduled class meeting.
- **A \$25.00 service fee will be charged for ALL returned checks.**
- Class fees are not pro-rated or discounted after the beginning of the scheduled session.

REFUND POLICY

- This policy applies to programs offered by the Standley Park Recreation Council. There are no refunds available for programs with less than four class meetings. There are no partial refunds or make ups for missed classes (i.e. illness, vacation etc.)
- All approved refund requests will be paid by check including transactions taken in with cash. A SPRC Refund Request Form (available at the Recreation Center) and the registration receipt must be submitted at least 48 business hours prior to the second scheduled class meeting.
- **A \$20.00 service fee will be charged per registrant for each refund request which takes ten business days to process.**
- If a class is cancelled due to class minimums not being met; registrants will be notified and a refund check will be issued and mailed to the address on the registration form.
- If registrants are unhappy or does not participate after the refund deadline, a refund cannot be processed.
- If the registrant has a medical emergency (non-regular/routine illness) after registration day and cannot continue participating in class SPRC staff must be contacted as soon as possible with the necessary medical documentation. A refund request form must be submitted. Refunds or credits will be determined on a case by case basis by the Center Director only.

PARK & FACILITY INFORMATION

AMENITIES

Standley Park Recreation Center is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor Basketball and Volleyball Courts
- Game room with Table Tennis & Foosball Table
- Two Racquetball courts
- Barbeques
- Large playground
- Picnic shelter
- Outdoor basketball court*
- Passive Picnic Areas
- Multi purpose fields*
- Horse shoe pit

*Open for paid rental reservations, pending

PARK USE INFORMATION

Park use and reservations for the listed facilities below including, but not limited to, sports field use, picnic areas, party jumps and special events can be reserved by contacting Standley Park Recreation Center (858) 552-1652. Events with 50 or more people require a permit approved by the Center Director.

NEIGHBORHOOD PARKS

University Gardens	6431 Gullstrand Street
University Village	7150 Florey Street
Marcy Neighborhood Park	5504 Stresemann Street

GYMNASIUM USAGE

A monthly gym schedule is available at the Recreation Center for all open play activities. Times are subject to change without prior notification. All individuals must be wearing gym shoes and a shirt at all times. Profanity is not allowed. **Drinks, food and black soled shoes are prohibited in the gymnasium, no exceptions!**

OPEN BASKETBALL

Free play Basketball is open daily inside and/or outside on a first come, first serve basis. Open play is meant to run full court games. The monthly gym schedule is available at the center. All ages are welcome. Private instruction or any organized activity requires a facility permit from the Center Director regardless of the class size, and is based on availability.

OPEN VOLLEYBALL

Free play Volleyball is Thursdays from 6:00 to 8:45 p.m. Participants are required to set-up and break down all nets and poles.

OPEN FLOOR HOCKEY

Players provide their own equipment and must be 18 years of age or older. More information is available by contacting Steve at: (858) 344-2629.

INDIVIDUALS WITH DISABILITIES - All classes or programs sponsored by the Recreation Council, the City of San Diego Park and Recreation Department can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide inclusion aides with additional assistance along with Standley Park Recreation Center Contractual Staff. Request for this service must be made at least three weeks prior to the first day of the program. For more information on Therapeutic Services call: (619) 525-8247.

GENERAL PARK RULES

- No Alcohol
- No Smoking
- No Littering
- No Golfing
- No Glass Containers
- No Balloons
- No Skateboards, Bikes, Scooters, or Roller Skates
- Dogs must be on a leash
- No overnight camping
- No open camp fires

COMMUNITY PHONE NUMBERS

Doyle Recreation Center	(858) 552-1612
Nobel Recreation Center	(858) 552-1626
Swanson Pool	(858) 552-1653
North UC Library	(858) 581-9637
South UC Library	(858) 552-1655
Mesa Soccer	(858) 558-MESA
UC Del Sol Girls Softball	(858) 568-2455
UC Little League	(858) 212-7583
UC Racquet Club	

RECYCLE

Standley Park has RECYCLING BINS located at the East end of the swimming pool parking lot. Containers take aluminum cans, newspapers, glass containers, cardboard and plastic bottles. Keep the park clean by RECYCLING in new bins now located around the park! Please do not overflow containers.

ILLEGAL DUMPING IS PROHIBITED.

GAME ROOM

Game room consists of Table Tennis and a Foosball table. All equipment check-out requires a photo ID or a green recreation card (\$0.25) for children up to the 5th grade. More information, hours and availability is available by contacting the office. Individuals under 18 years of age must be supervised by an adult.

RACQUETBALL

Racquetball courts are secured and will be opened by staff according to the RESERVATION schedule. Reservations are taken same day only. Two courts are available during normal hours of operation. Courts close 20 minutes prior to the recreation center closing.

TENNIS

Tennis courts are operated by the Golden Triangle Tennis Staff. More information regarding hours, membership and lessons is available by contacting: (858) 452-LOVE (5683) or www.ucrctennis.com

BOOK NOOK

"Take a book, leave a book," is the motto and way of the book nook. A gathering place where you can share your favorite literature and stories. If you like a book you can keep it, in return, donate a different book. The Book Nook is perfect place for children and adults.

INDEPENDENT CONTRACTOR REQUIREMENTS

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must maintain a business license and proof of insurance. City staff handles all registration for these programs. Contractor must provide Worker's Compensation Coverage.

YOUTH PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body and a strong spirit.

AGES: 7-10 Years

Day: Tuesday

Time: 5:00 – 6:00 p.m.

Session: May 30 – August 22, 2017 [38351]

Fee: \$120.00/12 weeks

Instructor: Martin Katz, 6th Degree Black Belt
Kathy Matthews, 3rd Degree Black Belt

AGES: 11-15 Years

Day: Thursday

Time: 5:00 – 6:00 p.m.

Session: June 1 – August 29, 2017 [38352]

Fee: \$120.00/12 weeks

Instructor: Martin Katz, 6th Degree Black Belt
Michael Reaves, 3rd Degree Black Belt

More information available at: ryushinkandojo.org

CITY DANCE, TAP & JAZZ

The City of San Diego Dance Department offers dance classes at affordable prices in order to enable both adults and children the ability to fully participate in the study of various styles of dance. Each class meets once a week for 45 minutes.

Registration: Saturday, June 24, 2017 at 10 a.m.

No class on city holidays.

Mondays:

5:45 p.m. Musical Theatre 2A (Ages 13 and up)

Tuesdays:

3:00 p.m. Pre Ballet (Ages 3-5)

3:45 p.m. Pre Tap (Ages 4-5)

Fee: \$41.00/ 10 weeks

For more information contact the Dance Department at (619) 235-5255 or visit them on the web at:
www.cividdancearts.org

TEEN ATHLETIC TRAINING

SPRC Staff will lead training sessions over the Summer for teens wanting to stay in shape and improve their athleticism as they prepare for their middle school or high school sports teams. More information available soon.



LITTLE MASTERS ART

Bring your child to a class where fun, creativity and learning are all encouraged! Children will discover the history of famous artists, their works of art and how to use various forms of media, while creating their own masterpieces!

DA VINCIS 6 –10 Years

Parent participation— optional

Day: Tuesday

Time: 3:30 – 4:15 p.m.

Fee: \$20.00 per session/ per participant

Session I: June 6 – June 27, 2017 [39218]

Session II: July 11 – July 25, 2017 [39219]

Session III: August 8 – August 29, 2017 [39220]

Instructor: Standley Recreation Staff

For More Information, Call 858-552-1652

JUNIOR GOURMET COOKING CLASS

Children will learn the basic fundamentals of cooking and how to use kitchen equipment in a safe manner while making healthy and delicious cuisine.

Parent Participation is *not* required

AGES: 6 – 11 Years

Day: Wednesday

Time: 1:00 – 2:00 p.m.

Fee: \$20.00 per session

Session I: June 7 – June 28, 2017 [38457]

Session II: July 5 – July 26, 2017 [38458]

Session III: August 2 – August 30, 2017 [38459]

Instructor: Standley Recreation Staff

Limited class size of 6; first come first serve basis.

For More Information, Call 858-552-1652

PEE WEE YOUTH SPORTS

Children will engage in various activities while learning and having fun.

Parent Participation is *not* required

Ages: 3-7 years

Times: 4:00 – 4:45 p.m.

Days: Tuesdays

Cost: \$20.00/ session

Session I: June 1 – June 29, 2017 [39225]

Session II: July 6 – July 27, 2017 [39226]

Session III: August – August 31, 2017 [39227]

Instructor: Standley Recreation Staff

For More Information, Call 858-552-1652

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGION, CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, & AIDS-RELATED COMPLEX.) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK & RECREATION DEPARTMENT CONTACT THE DISTRICT MANAGER AT (619) 235-1132 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

YOUTH PROGRAMS

YOUTH TENNIS

Please Register with UC Racquet Club staff. More information is available by calling UC Racquet Club at: (858) 452-5683 or online at www.ucrctennis.com.



JAMIE'S TINY TOTS

Jamie's Tiny Tots is a structured learning environment for children entering kindergarten. Children will make new friends while enjoying music, games, arts & crafts. They will learn their ABC's, 123's, shapes and much more! (Must be potty-trained)



Ages: 3 - 5 years old
Days: Monday - Friday
Time: 9:30 a.m. - 12:30 p.m.
Session I: June 5 - June 30 [39258]
Session II: July 3 - July 28 [39259]
 (No class July 4)
Session III: July 31 - Aug. 25 [39260]
Cost: \$450 per session

For more information, go visit: JamiesTinyTots.com

STANDLEY SEAHAWKS Flag Football Camps Summer 2017



The flag football camps are designed to teach basic skills and rules of Flag Football. Participants can use the camps to make friends, work out, have fun and get ready for the upcoming fall season. There will be two week-long Flag Football camps at the Standlee Park Recreation Center.

Date: July 17 - 21 [38279]
Date: August 14 - 18 [38280]
Time: 9:00 a.m. - 12:00 p.m.
Ages: Camps are for ages 9 - 12
Cost: \$60.00 per week

Camps will be organized and ran by SPRC staff.
 For more information, call 858-552-1652.

MASTER SPORTS*

Basketball Classes

Tuesdays:
 K-2 grade: 4:00 pm - 5:00 pm
 3-6 grade: 5:00 pm - 6:00 pm



Volleyball Classes

Tuesdays:
 Beginner: Ages 9 - 13 years 4:00 pm - 5:00 pm
 Intermediate: Ages 9 - 13 years 5:00 pm - 6:00 pm

Summer Basketball League

Assessments June 2, 2017 at 5:00 p.m.

For more information or to Register, please visit the website at www.MasterSports.com

DRAMA KIDS*

3-5 years	Preschool	2:15 - 3:00 p.m.
12-18 years	Acting Academy	3:15 - 4:15 p.m.
6-11 years:	Composite Class	4:15 - 5:15 p.m.

Fee: \$129 / 8 week session

Interactive Life Skills Workshops: 3-11 years

Activities include innovation problem-solving scenes, improvisation, speech exercises, theater games and creative movement. Programs are designed to develop public speaking and collaboration skills that bolster self-confidence in students.

Acting Academy Workshops: 12-18 years

Acting Academy is open to all students ages 12-18 who wish to explore, and expand their speaking, acting and auditioning skills through our accelerating drama activities. Classes are interactive and fast paced.

Register at: <http://dramakids.com/ca1/d>
For more information, call: (619) 846-2407
Email: www.sandiegodramakids@gmail.com

YOUTH YOGA

Ages: 10 and older
Day: Monday
Time: 4:45 - 5:45 pm
Session I: June 5 - July 17 (no class July 3)
Session II: July 24 - August 28
Fee: \$80.00/session



For more information, call 858-552-1652

***PERMIT HOLDER REQUIREMENTS**

Permit holders must provide proof of insurance. Registration is handled by the permit holder. The permit holder is not required to submit proof of fingerprinting for their coaches, volunteers or instructors. No commercial animal activities are permitted on park property.

ADULT & SENIOR PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body, and strong spirit.

Day: Tuesday (*Beginners*) [38353]

Ages: 16 years - Adult

Time: 6:30 - 8:30 p.m.

Session: May 30 - August 29, 2017

Fee: \$120.00/12 weeks

Day: Thursday (*Advanced*) [38354]

Ages: 16 years - Adult

Time: 6:30 - 8:30 p.m.

Session: June 1 - August 24, 2017

Fee: \$120.00/12 weeks

Day: Saturday (*Mixed Levels*) [38355]

Ages: 16 years - Adult

Time: 10:30 a.m. - 12:30 p.m.

Session: June 3 - August 26, 2017

Fee: \$120.00/12 weeks

Instructor:

Martin Katz, 6th Degree Black Belt (Tu, Th, Sa)

Siu-Wait Wu (Tu), Michael Reaves (Th) Tom Groot (Sa)

More information available at: ryushinkandojo.org

CITY DANCE ADULT TAP & JAZZ

The City of San Diego Dance Department offers dance classes at affordable prices to enable adults full participation in the study of various styles of dance. Each class meets once a week for 45 minutes.

Registration: June 24th, 2017 at 10 am.

Monday:

5:45-6:30 p.m. Adult Musical Theatre Ages 13 +

6:30-7:15 p.m. Adult Beg Tap 1A Ages 18 +

7:15-8:00 p.m. Adult Beg Jazz 1A Ages 18 +

8:00-8:45 p.m. Adult Adv. Beg Tap 2A* Ages 18 +

*Students must be promoted by instructor to enroll.

Instructor: Debbie Hardesty **Fee:** \$41.00/ semester

For more information contact the Dance Department at: (619) 235-5255 or visit them on the web at www.civildancearts.org

SENIOR BRIDGE & PINOCHLE CLUB

Senior Club meets every Friday from 9:00 a.m. to 12:00 p.m. Bridge, Pinochle and other card games are played. New players are welcome.

Participants can bring a sack lunch. Coffee and tea is provided.

More information is available by calling Vern at: (619) 465-6463.

HAPPY, HEALTHY, HATHA YOGA

BEGINNING

Participants will enjoy two hours of serenity, reduce stress and tension, while increasing strength, flexibility, balance, and inner harmony. Participants will learn the foundation poses of yoga that will assist them in developing their own routine. Appropriate for all levels. Participants should bring a towel or blanket. **Please DO NOT EAT before class.**

Session I: June 5 - August 28, 2017 [39242]

Day: Monday

Time: 6:00 - 8:00 p.m.

Fee: \$210.00/12 weeks

INTERMEDIATE

Intermediate Hatha Yoga is a continuation of beginning yoga, deepening the experience of flexibility, strength, awareness and joy. Additional breathing techniques and advanced poses are added according to student ability. Students must have previous yoga experience. **Please DO NOT EAT before class.**

Session I: June 7 - August 30, 2017 [39243]

Day: Wednesday

Time: 6:00 - 8:00 p.m.

Fee: \$210.00/12 weeks

MIXED LEVEL

Session I: June 10 - July 22, 2017 [39245]

Session II: July 29 - September 9, 2017 [39246]

Day: Saturday

Time: 10:30 a.m. - 12:00 p.m.

Fee: \$96.00/6 weeks

Instructor: Shelley Aanerud, E-RYT, 500 hours and Certified Ananda Yoga Instructor: (858) 587-0171

SPRC FITNESS: Newcomers Welcome!

Participants will actively train using weights to build strength while enjoying a creative aerobic exercise.

Days: Wednesday

Time: 4:45 - 5:45 p.m.

Ages: 14 years - Adult

Fee: \$30.00/ per month

Session I: June 7 - June 28, 2017 [39228]

Session II: July 5 - July 26, 2017 [39229]

Session III: August 2 - August 30, 2017 [39231]

Instructor: Yvonne Bennett-Niang, AFAA Certified

More information, email: ybennettniang@yahoo.com

ZUMBA GOLD*

Days: Monday and Thursday

Time: 12:00 - 12:55 pm

Session: May 15 - June 15

Fee: \$45.00/ 5 weeks



The popular Zumba Gold class is moving from the South UC Library to here at Standley Park. **To register please contact the instructor at zumbawithlis@gmail.com**

ADULT & SENIOR PROGRAMS

SAN DIEGO CONTINUING EDUCATION PROGRAMS*

The San Diego Community College District offers FREE Continuing Education courses for adults and seniors at Standley Park Recreation Center.

Physical Fitness:

Tuesday & Thursday 9:00 a.m. – 11:00 a.m.

Ikebana (Japanese Flower Arrangement):

Monday 9.00 a.m. – 2:30 p.m.

Students will learn practical application, using diverse media and techniques. Explore principles of art and its place in various cultures.

Magic of Pastels (Art):

Thursday 9:00 a.m. – 2:00 p.m.

Using watercolor and mixed media students develop a mixed painting using watercolor with gouache, ink, pastels, colored pencils and/ or collage elements.

More information is available by contacting the West City campus at: 619-388-1950.

TENNIS (ADULT)

The main goal of this tennis clinic is for participants to hit many tennis balls in order to practice strokes and get in a great workout!

Day: Tuesday

Time: 6:00–7:00 p.m.

Fee: \$20.00/per class

Instructor: UC Racquet Club Staff

More information is available by calling UC Racquet Club at: (858) 452-5683. Registration is made with UC Racquet Club staff.

GOURMET COOKING CLASS (ADULT)

The purpose of this class is to learn the skills and techniques of gourmet cooking. Emphasis on holiday parties and special events.

Day: Friday

Time: 6:00 – 7:00 p.m.

Fee: \$38.00 per session

Session I: June 16 – July 7, 2017 [39214]

Session II: July 14 – August 4, 2017 [39216]

Session III: August 11 – Sept. 1, 2017 [39217]

Instructor: Standley Recreation Staff

For More Information, Call 858-552-1652

ADULT SPORTS LEAGUES

CO-ED VOLLEYBALL LEAGUE

Adult Co-ed 4's Volleyball League offers two divisions, A and B. League plays

Day: Monday

Time: 6:00 – 9:00 p.m.

Ages: 21 years and older

Dates: Next season begins on June 26, 2017

Fee: \$280.00 per team.

For more information contact League Director, Farid

Phone: (619) 871-0047

Via email at: farid@volleyballetc.com

VAVI CO-ED SOFTBALL LEAGUE*

VAVI Sport and Social Club has year round Co-ed Social Softball leagues at Standley Recreation Center. VAVI's leagues are a great way to meet new friends and play social sports.

More information and registration is available by contacting Sports Director, Dave Draizen at: (858) 273-3485 ext. 10 or www.govavi.com/softball

MEN'S BASKETBALL LEAGUE

Day: Tuesday

Time: 6:00 – 9:00 pm

League Begins: May 9 and runs for 12 weeks

Fee: \$295/ team

Interested teams may contact League Director, Anthony LaChica.

Email: anthonydlachica@gmail.com

SOCAL ADULT SOFTBALL LEAGUE*

Games are held on:

Day: Mondays or Tuesdays

Times: 6:00 – 10:00p.m.

Team or individual entries are accepted.

More information is available by calling: League Director, Pete McNamara at: (858) 453-6208.

Note: All Permit Holders are identified in this brochure with an *asterisk.

SPECIAL EVENTS

UNIVERSITY CITY CELEBRATION



Come celebrate independence Day at the University City Celebration. The U.C. Celebration is a great way to come together as a community and enjoy the Fourth of July.

This all day event includes:

- 5K Fun Run/1 mile
- Bike/Pet Parade
- Pancake Breakfast
- Craft Fair
- Games and Live Entertainment
- Beer Garden

SPRC SUMMER CONCERT SERIES

Sunday, July 9: 5:00-7:00 pm

Sunday, July 16: 5:00-7:00 pm

Sunday, July 23: 5:00-7:00 pm

Sunday, July 30: 5:00-7:00 pm

Sunday, August 6: 5:00-7:00 pm

Sunday, August 13: 5:00-7:00 pm

Friday, August 18: 6:00-8:00 pm

Friday, August 25: 6:00-8:00 pm

(Bands TBA)



SUMMER MOVIE IN THE PARK



The Sandlot
Saturday, June 3
Hosted by UC Little League

Moana
Friday, September 8
Hosted by UC Del Sol



MOVIES BEGIN AT DUSK

36TH ANNUAL BANANA SPLIT



This ice cream social event is free and open to the public. Come enjoy free ice cream and toppings with your family and friends.

In honor of the late Mr. Heimberger.

Parks Fit San Diego 2017

Challenge: Walk, Run, Roll or Swim

30, 90 or 120 miles between

June 12 and August 12

Reward: Get fit, stay healthy and

receive a Parks Fit San Diego bag!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit San Diego bag!

Kickoff Event - 1 Mile Fun Run & Festivities

Saturday, June 17, 2017 at 8:00am

Morley Field, 2221 Morley Field Drive, San Diego 92104

Finale Event - Family Celebration & 5K Run/Walk

Saturday, August 12, 2017 at 7:30am

NTC Park, 2455 Cushing Road, San Diego 92106

Stay Fit San Diego!

Visit: www.sandiego.gov/park-and-recreation

for more information.



Proudly Presented by:

STANDLEY PARK RECREATION COUNCIL

This group of concerned residents volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the University City Community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcome. The Standley Park Recreation Council meets on the 4th Thursday of each month at 7:00 p.m. at the Standley Recreation Center. Any adult who is interested in making an impact or has concerns about these neighborhood parks and recreation center, should attend the meetings. New membership is welcome.