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UNIVERSITY CITY...*more than a neighborhood!*

# University City NEWS

UNIVERSITYCITYNEWS.ORG

OCTOBER 2018



## UNIVERSITY CITY SHOWS UP FOR COMMUNITY PLAN UPDATE OPEN HOUSE

*by Diane Ahern*

A large crowd of University City residents attended the City Planning Department's first University Community Plan Update Open House on Wednesday evening at Nobel Recreation Center. During the Open House, the Planning Department staff sought to begin to identify and consider important questions, issues, and opportunities including methods to reinforce the community's role as a major employment center; improve transit, housing options, and climate action plan compliance; and foster University City as a place to live, work, and play.

District 1 Councilmember Barbara Bry and City Planner Mike Hanson provided opening remarks. Also in attendance were University community planners Dan Monroe and Melissa Garcia; as well as University Community Planning Group (UCPG) chair Chris Neilson and many planning board members.

Those who were not able to attend the Open House are encouraged to visit the University Community Plan Update website at [www.sandiego.gov/planning/community/cpu/university](http://www.sandiego.gov/planning/community/cpu/university) and to contact Melissa Garcia, Senior Planner at [magarcia@sandiego.gov](mailto:magarcia@sandiego.gov).

For additional information, attend the University Community Planning Group meeting on Tuesday, October 9, at 6:00pm, at 10300 Campus Point Drive. The meeting room is on the second floor, above the Green Acre Campus Pointe restaurant. All are welcome.

**Next UCCA Meeting is Wednesday, October 10, 6:00pm**  
**UC Library, 4155 Governor Drive**

## UNIVERSITY CITY COMMUNITY NEWSLETTER

Published by **University City Community Association**  
3268 Governor Dr., Box 121  
San Diego, CA 92122  
**[www.universitycitynews.org](http://www.universitycitynews.org)**  
858-412-0786 [universitycitynews@gmail.com](mailto:universitycitynews@gmail.com)

Distribution is 6,000 copies, 10 issues per year, hand delivered to South UC residents, schools, libraries, parks and businesses.

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**Be the Eyes and Ears of UC:** The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

### Guidelines:

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The information contained in submissions may be edited and/or combined with others; for example: upcoming events.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com) or [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com); email any questions.

### Deadline for the November issue: OCTOBER 15, 2018

Please send your submission as early as possible. The deadline for the November issue is October 15, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

### 2018 UCCA Board Members

#### Executive Board

President: Barry Bernstein, [apdrfn@aol.com](mailto:apdrfn@aol.com), 858.453.3713  
Vice-President: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)  
Secretary: Deanna Ratnikova, [deanna.ratnikova@gmail.com](mailto:deanna.ratnikova@gmail.com)  
Treasurer: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)

#### Appointed Positions

Beautification: Merle Langston, Chair, [merlelangston1@gmail.com](mailto:merlelangston1@gmail.com), and Barbara Gellman, Co-Chair, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
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Special Events: Barbara Henshaw, [barbarahenshaw@gmail.com](mailto:barbarahenshaw@gmail.com)  
\*Non-Voting Member

## UCCA Meeting Synopsis

### September 12

by Deanna Ratnikova  
UCCA Secretary



- Dan Monroe invited community members to attend the Community Plan Open House on Wednesday, September 26, 3:00-7:00pm at Nobel Recreation Center (8810 Judicial Drive). This is an opportunity to share input for the future of the University community planning area related to land use, mobility, employment and sustainability. (Note: Information about the Community Plan Update is available on the city's website.)
- Captain Scott Wahl and Officer Brandon Broaddus from SDPD joined the meeting to discuss the new neighborhood policing division and local issues. Capt. Wahl noted that calling their dispatch system can take hours and is a frustrating experience for residents. For homeless-related issues, he recommended instead that residents submit reports via the "Get It Done" app. There were questions about the unclear/difficult to understand helicopter announcements and the recent indecent exposure at Standley Middle School.
- County Supervisor Gaspar emphasized a strategy to address the unsheltered, vulnerable members of the diverse communities in San Diego County. She also highlighted the Live Well San Diego initiative and opportunities to serve on regional boards.
- Ruth DeSantis of UCCF announced the planned January hearing on the Pure Water Pipeline. She also provided a Pure Water Pipeline Working Group update, noting that there will be two more meetings (which are open to the public).
- Chevelle Tate with State Senator Toni Atkins discussed the state's approach to homelessness. She noted that Housing First is a priority for the state.
- UCCA heard requests for funding from EdUcate! (for Oktoberfest) and from the Friends of the University Community Library (for youth materials). The board approved funds for the Doyle Park and Recreation Council's 25-year anniversary celebration event.
- Elizabeth Fattihapour presented on the dangers of Round-Up and noted that it is used by the City of San Diego.
- Pia Mantovani-Sud announced that there will be a memorial on December 8 to remember the neighbors who died 10 years ago in the F-18 jet crash on Cather Avenue. As part of the event, she would like to plant four trees at the nearby park.
- Dr. Robert Brown asked for UCCA's support for the draft Environmental Impact Report (EIR) pertaining to UCSD's 2018 Long Range Development Plan.
- Diane Ahern announced her resignation as UCCA Vice President. Barry thanked her for her outstanding service and recommended Mack Langston be appointed as interim Vice President.







## UCCA President Barry Bernstein

Happy October Everyone, Autumn is here! Let's turn off our AC and get sweaters out of the mothballs! (Does anyone still store special woolen clothing in mothballs?) Our schools are going "Fall" blast these days with so many exciting events for students and parents. I hope many of you will show your support of our public schools by attending EdUCate's "Oktoberfest" at Standley Park on Saturday, October 13th. Halloween is just around the corner too as we head towards resetting our clocks in early November. For many of us the World Series, college and NFL football, and the almost daily barrage of political issues, will be taking up much of our "free" time.

September 26th was the kick-off event for our new University City Community Plan which was held at the Nobel Rec. Center. City Councilperson Barbara Bry was there to lend support to the process. This "PLAN" is our feature article this month as it will become our community blueprint for managing the anticipated issues related to projected growth and needs of UC for decades! UCPG, the City's authorized quasi-governmental organization representing all of UC, will be the agency through which a representative committee will be formed and the new community plan will be developed. The committee membership will be formed based on City Planning Department standards, UCCA will have one (1) vote on the committee of nineteen, (19). UCPG may have as many as ten (10) members, with other "seats" to be made up of other local organizations, businesses, and individual residents.

The very important City/State/National elections will soon be here...with many extremely complicated state and local issues to be decided. The two-part ballot will cost 71 cents to mail...So you might want to take the short drive up to our North UC Library Branch on Judicial starting on October 29 with your mail-in ballot. That branch has been designated an official "drop-off" location. In addition, since our Governor Drive Community Branch Library is a "polling" location on voting day, you can drop off your mail-in ballot there...BUT ONLY ON VOTING DAY.

As you can see UCCA's new full color newsletter has been upgraded to a higher definition paper...which our increased advertising costs will support. The newsletter printing company staff at Futura Printing, is pictured on page 11. The very appreciated volunteers who deliver the newsletters will be carrying a little heavier load nowadays because of the slight increase in paper weight. But you won't have an increased "wait" for the free delivery. Be sure to thank them when you have the opportunity.

Mack Langston, our parliamentarian and Town Council Coalition liaison, was appointed as UCCA's interim Vice-president at our September meeting. Diane Ahern, who recently resigned from that role, will continue serving on our board as the manager of our website, as well as her publicity and promotion work. Please read our UCCA September meeting summary on page 2 to catch up on what you may have missed.

UCCA's 2019 membership drive is beginning...see the 2019 membership application on page 14. In addition to your choice of a 2019 membership category, please consider supporting a favorite UCCA activity listed on the membership application. If you have time and the interest in volunteering for any of these of these activities please let us know...as Volunteering and participating in UCCA's efforts in keeping University City "more than just a neighborhood" is what it's all about. Have a great month of October and Happy Halloween! ~ Barry



The first step to participating in the November 6 election is to check your registration status with the San Diego County Registrar of Voters. Voting material mailings begin the month before the election. To ensure your voting materials are delivered on time, check your registration status today. If you find you are not registered or you need to update your address, you can complete the registration process online. You can also request to Vote by Mail and to view a sample ballot. For San Diego registration and election information, visit [www.sdvote.com](http://www.sdvote.com).



# calendar

**COLUMBUS DAY**  
**NATIVE AMERICAN DAY**  
**Monday, October 8**

**UC PLANNING GROUP**  
**Tuesday, October 9, 6:00pm**  
**10300 Campus Point Drive**

**UCCA MEETING**  
**Wednesday, October 10, 6:00pm**  
**UC Library, 4155 Governor Drive**

**OKTOBERFEST by EDUCATE**  
**Saturday, October 13**  
**1:00-6:00pm, Standley Park**

**PEOPLE FOR A CLEAN UC**  
**Sunday, October 14, 7:30-9:00am**  
**cleanup volunteers meet at Starbucks**  
**3202 Governor Drive**  
**supplies provided**

**UC CLUSTER MEETING**  
**Monday, October 15**  
**University City High School**

**BOSS'S DAY**  
**Tuesday, October 16**

**DOYLE RECREATION COUNCIL**  
**Tuesday, October 23, 6:30pm**

**STANDLEY RECREATION COUNCIL**  
**Thursday, October 25, 7:00pm**

**Halloween Carnival**  
**Friday, October 26**  
**5:00-7:00pm, Standley Park**

**HALLOWEEN**  
**Wednesday, October 31**



## Capt. Scott Wahl "Gets it Done"

by Barbara Gellman

On September 12, Capt. Scott Wahl, who is in charge of the new Neighborhood Policing Division of the SDPD, spoke regarding how to report homeless issues; which are the vast majority of community complaints

that they receive. Use the "get it done" app on your cell phone or computer. When entering a complaint, use the "other" or illegal dumping" reason. There is a person who screens the entries and routes them to the appropriate department for service. The reporting person can describe the issue and it will make its way to the police without any other input.

Regarding the use of [neighborhoodpolicing@pd.sandiego.gov](mailto:neighborhoodpolicing@pd.sandiego.gov), for reporting; it is for citizens that do not like using an application or the police website to file complaints. The problem with the email is it adds a couple extra steps and is a bit slower than using the app. So there is a choice, however, we strongly recommend using the "Get it Done" app to log complaints for homeless related issues. Unrelated issues will be forwarded to Officer Brandon Broadus if within his jurisdiction.



## Yard Work is Hard Work

University City Community Association may be able to help.

- Is yard work becoming too much for you?
- Are you feeling overwhelmed by weeds and overgrown plants?
- Do you know someone who can use some assistance?

For more information about how UCCA may be able to help, please contact our Beautification Committee via email at [universitycitynews@gmail.com](mailto:universitycitynews@gmail.com) or through our voice mail at 858.412.0786. Thank you for supporting our efforts to make and keep University City more than just a neighborhood.

## Smoke Alarms from Burn Institute

If you are 65 or older and a homeowner and don't have smoke alarms, please call 858.541.2277 and ask for Serafina at ext. 25 and request installation. This service is free of charge and volunteers from the Institute will install them.

## Just hang up on phone scammers

Info taken from Jon Miller Steiger  
a Director of the Federal Trade Commission

We all wonder what we can do about those annoying recorded calls. How can we at least cut down, if not stop, robocalls? Robocallers often use technology to have their caller ID number match your area code and even the first three digits of your phone number, just to trick you into thinking the call is from someone nearby. Calls that show up as being from area codes 619 or 858 may really be coming from a laptop in a foreign country. Technology lets scammers hide by displaying fake caller ID information.

What you can do:

**Sign up** for the Do Not Call Registry at [donotcall.gov](http://donotcall.gov). This prevents unwanted calls from lawful telemarketers, so you'll know that if you get sales calls after you register, they will probably be illegal. Report robocalls and other unwanted calls to [donotcall.gov](http://donotcall.gov). The more data and information the Federal Trade Commission and other law enforcement have, the better they can target the offenders.

**Hangup.** Most robocalls are illegal, so, if you pick up the phone and you hear a prerecorded sales pitch, you know the call is from a scammer: especially if you registered. If you have to answer and it turns out to be a robocall; hang up immediately, don't engage with the call, including pressing 1 to be removed from their lists. The less you interact, over time, the fewer you will get. Besides trying to get money from you, sometimes scammers call just to see if a live person answers the phone. They can then sell that information to another telemarketer: because a phone number that gets answered by a person is more valuable to scammers than a phone that doesn't get answered.

**Block.** There are many call blocking apps and services. Check your cell phone's app store or your phone provider for your land line. Specific guidance can be found at [consumer.ftc.gov/features/how-stop-unwanted-calls](http://consumer.ftc.gov/features/how-stop-unwanted-calls).

The FTC depends upon victim complaints, so if you or someone you know gets scammed, contact 877.382.4357 or go to [ftc.gov/complaint](http://ftc.gov/complaint).

## THINK YOU HAVE BEEN SCAMMED?

If you are not sure about the correct process when hiring a contractor or there are problems contact: **Contractors State License Board** at [www.cslb.ca.gov](http://www.cslb.ca.gov) or call 800.321.2752

Learn to recognize fraudulent offers before they cause damages or if you are a victim: **U.S. Postal Inspection Service** at [postalinspectors.gov](http://postalinspectors.gov) or call 877.876.2455

Need help in resolving an IRS issue from a suspicious call or letter: **Internal Revenue Service Taxpayer Advocate Service** at [www.taxpayeradvocate.irs.gov](http://www.taxpayeradvocate.irs.gov) or call 619.744.7156

Had a bad experience with an auto repair: **Bureau of Automotive Repair** at [www.bar.ca.gov](http://www.bar.ca.gov) or call 858.716.1025

Avoid unscrupulous or unqualified people who promote deceptive or unsafe services. Get license verification. **Department of Consumer Affairs** @ [www.dca.ca.gov](http://www.dca.ca.gov) or call 800.952.5210

To investigate charities before giving: **Charitynavigator.org**





### District 1 Updates from Council President Pro Tem Barbara Bry

I am pleased that e-commerce giant Amazon will now have an office location here in University City. I had the opportunity to tour their UC office space which is an inviting and creative work space for their employees. In fact, some of my staff members joked about applying for a job with Amazon just so they could work from their University City office...

At the end of last month, my UC Community Representative, Bridger Langfur, attended UC's Volunteer Appreciation Party at Standley Park. I was disappointed that I was unable to attend, so I would like to take this opportunity to personally thank all the dedicated volunteers who help make UC a welcoming and friendly community. Our UC volunteers are the eyes and ears throughout the area, and we all benefit greatly from your dedication and ongoing efforts.

This fall, from September through October, there will be partial intersection closures along Genesee Avenue in support of the Trolley bridge construction. Crews will be building the Trolley bridge, also known as a viaduct, that will carry the Trolley down the middle of Genesee Avenue. Crews will be installing aerial, pre-cast girders, which are large beams used to support the Trolley alignment, and supported by the columns to build the viaduct. As crews place the pre-cast girders above the Genesee Avenue median, six different intersections will be partially closed.

The Mid-Coast Trolley project will extend trolley service from Old Town Transit Center to the University City community, serving major activity centers including Mission Bay, the VA Medical Center, UC San Diego, and Westfield UTC. Nine new stations will be constructed with service anticipated to begin in 2021.

The first series of the Pure Water Working Group meetings recently came to a close. I appreciate the willingness of community members to serve on this important committee. Eleven construction topics and operation safety were covered in the various meetings. The next series of Working Group meetings will take place prior to the construction contracts coming to the City Council. This will likely take place this winter.

If you would like an update on a City project or need assistance with a community concern, please feel free to contact Bridger Langfur at [blangfur@sanidiego.gov](mailto:blangfur@sanidiego.gov) or 619.236.6611. My staff and I are here to serve and represent you!

### San Diego County Board of Education Member Mark Powell

As your San Diego County Board of Education Trustee I want to provide you with information on the support services the County Board of Education provides our schools. The San Diego County Office of Education serves our county's most vulnerable students, and supports school leaders, teachers, and students across the county. We support nearly 780 schools and more than 500,000 students, including the nearly 10,000 children we educate each year through our Juvenile Court and Community Schools. We also provide a variety of services for the 42 school districts, 124 charter schools, and five community college districts in the county.



In recent months there have been several safety issues regarding our neighborhood schools and school safety is a top priority at the San Diego County Office of Education. In the wake of last month's arrest of a teenager suspected in two indecent exposure cases near Standley Middle School numerous questions have been raised about school safety particularly focused on what education agencies are doing to keep students safe and how they notify parents and the community when there is a threat to students.

Schools remain among the safest places for students and as your county board member, community resident and parent of students who attend school in University City I want to keep it that way. Safety takes many forms and it is important for schools to be prepared for a variety of situations. That's why the San Diego County Office of Education provides numerous safety-related supports and training opportunities for the region's school districts, including workshops, technical assistance, and direct services on developing and supporting comprehensive school safety plans; options-based responses in active-shooter situations, threat assessment and mental health crisis intervention.

Schools are required by law to have a Comprehensive School Safety Plan, which is developed by a school's site council or safety committee. When advising on safety plans, SDCOE encourages schools to consider such questions as whether adequate emergency response procedures are in place, or are there places on campus where students don't feel safe. Asking such questions can help yield strategies about where improved supervision or other kinds of assistance to students is needed.

While threat assessment training is not required in Comprehensive School Safety Plans, it is recommended and offered by SDCOE. Recommended participants include school administrators, school psychologists, school counselors, school social workers, and school police officers. The training reviews a practical, site-based team approach for conducting thorough, accurate assessments of students' threats of violence.

Trainings related to school safety issues are scheduled throughout the year at SDCOE sites. School districts may also arrange to have the workshops conducted at their own sites.



## UC Residents Form Safe Aviation Watch Group

*by Stephanie Jed*

Citizens Advocating Safe Aviation was formed by a group of citizens in San Diego's University City neighborhood after the 8 Dec 2008 crash of an F-18 aircraft which killed four of our neighbors – two children and their mother and grandmother. It also destroyed several homes and narrowly missed University City High School.

The aircraft, with one engine out, had declared an emergency and was making an unusual west to east Runway 06L straight-in approach to MCAS Miramar.

This unusual and seldom used approach brought the aircraft in from the coast over La Jolla, then east over the densely-populated University City neighborhood. Aircraft on this approach overfly: Mission Bay Montessori Academy, Spreckels Elementary School, Standley Middle School, Chabad Hebrew Academy, Curie Elementary School, Kinder Care Learning Center, University City High School and Lighthouse Early Childhood Center. Approximately 4,500 children attend these schools.

The aircraft never finished its approach. It lost the remaining engine, and the pilot safely ejected over University City High School. The F-18 then crashed into homes 150 yards east of U.C. High School.

This west to east approach (straight-in to Miramar RWY-06L) used by this aircraft is not included in the Air Use Planning documents and is not normally used because it presents an unacceptable hazard to a densely-populated neighborhood. Aircraft approaching MCAS Miramar are normally routed further east of the airfield over mostly unpopulated land.

Our small group includes veterans and aviation safety experts who have been documenting, almost every single day, the multiple ways in which MCAS pilots violate their own safety rules. These violations include excessive airspeed, altitude and noise violations and –most detrimental to the safety of our neighborhood – repeated unauthorized and unsafe flight paths like the one that ended in tragic deaths in 2008 and continue to endanger the residents of our neighborhood.

Sometimes, neighbors tell us that when they hear military jets unlawfully flying over our neighborhood, they hear the “sound of freedom” and we should appreciate all the Marines do around the world to make us safer. The fact is that we are *not* a political group and we are *not* anti-military.

Our goal as a citizens group (with several retired military members) is to ensure our neighborhood's safety by insisting that MCAS leadership remain accountable to its own flight safety and noise protocols.

If you are interested in connecting with our group, please write us at [citizensadvocatingsafeaviation@gmail.com](mailto:citizensadvocatingsafeaviation@gmail.com)

## University City Planning Group (UCPG) Update

*by Chris Nielsen, UCPG Chair*

The UCPG held its meeting on September 11. Three items of note were discussed. Alice Buck, a resident board member for district 3, has resigned. A board member since 2015, Alice has moved to Arizona to be near her children and grandchildren. The UCPG board thanks Alice for her service and wishes her well. The board will appoint a replacement for Alice at its meeting on October 9. Residents of district 3 (east of Regents Rd. and north of Rose Canyon) who would like to be considered for this appointment should contact Chris Nielsen prior to the next meeting. Our board volunteers make the planning group work!

Dan Monroe, our planning group City Planner, presented details on the long-awaited University Community Plan Update. The process will begin with a kick-off meeting at the Nobel Recreation Center with City Planning staff in attendance and exhibits showing the various elements of the plan update and overall timeline, including applications to serve as a public member of the UCPG subcommittee for the plan update. Applications to serve and additional information are available at: [sandiego.gov/planning/community/cpu/university](http://sandiego.gov/planning/community/cpu/university).

Finally, in response to a question concerning the starting date for constructing Fire Station 50, located on Judicial Drive in North UC, the Mayor's office was contacted. Anthony George said that he expects final construction documents to be finished in October or November, with construction beginning shortly thereafter. I'm sure many residents of UC look forward to the completion and operation of this new Fire Station.

## Local Environmental Activist Urges City to Discontinue Use of Pesticides in Parks

*by Elizabeth Fattah*

San Diego uses glyphosate, which is better known as Roundup® on its playing fields. Are they using other toxic chemicals? Probably. Why are people concerned about these toxins? According to a pesticide Fact Sheet published by the US Environmental Protection Agency, children are more vulnerable than adults because their nervous, immune, digestive and other systems are still developing and are less capable of excreting them. This is because pound for pound, children take in more pesticides relative to body weight than adults.

The typical playing field is deluged with a mixture of poisons designed to kill fungus, weeds, and insects. Children come in direct contact with grass, and have repeated and prolonged exposures. California has become the first state to declare glyphosate as a known human carcinogen. The listing was prompted by the World Health Organization's finding that glyphosate is a probable human carcinogen. In February 2016, the Irvine City Council voted unanimously to move to organic pesticides. Other Southern California cities that have adopted similar measures include San Juan Capistrano, Encinitas, Burbank, Thousand Oaks and Carlsbad.

What are the people of San Diego to do? It is up to us to change San Diego City policy. Is there a “Non-Toxic San Diego” waiting to emerge to inspire us all? Contact your City Councilmember, the Mayor's office and Parks and Recreation; contact information is available at [www.sandiego.gov/](http://www.sandiego.gov/). Contact the writer Elizabeth Fattah at [elizfattah@yahoo.com](mailto:elizfattah@yahoo.com) for more information.



**OPINION: SUPPORTING BAN OF MATERIALS**

*Submitted by Ryan O'Connor, as part of an EPS Coalition, including Surfrider Foundation and Business for Good*

San Diegans have a clear understanding of the environmental challenges before us. We are at the forefront of a nation-wide push by major cities to address climate change and promote sustainability.

The Climate Action Plan drastically reduces greenhouse gases, promotes alternative modes of transportation, and seeks to eliminate waste. San Diego is investing is closer than ever to delivering on the promises of 100% renewable energy through Community Choice.


But our work to build a sustainable San Diego has just begun. That's why a coalition of environmental, business and city leaders have come together to introduce a measure restricting the sale and distribution of Styrofoam and limiting single-use plastic products like straws, available to restaurant customers only by request.

This proposed ordinance would restrict the sale and distribution of Styrofoam products for the use of food service ware, fish and meat trays, egg cartons, and coolers within the City of San Diego. Furthermore, the proposal would make single-use plastics, such as straws and utensils, only available to consumers through a direct request.

These harmful materials are a serious threat to our environment and San Diego's finite resources. Styrofoam is a known carcinogen for both animals and humans that breaks down into smaller pieces which are often mistaken by marine life as food. Styrofoam products consistently end up in our waterways, beaches, and food supply.

This clear threat to our health extends beyond Styrofoam. In the United States, it is estimated that 500 million plastic drinking straws are used and immediately thrown away every day, eventually making their way into our oceans.

Working together through multiple stakeholder meetings, thorough research, and a keen determination to move San Diego forward – our coalition is looking forward to approval of this proposal in October which will support San Diego's climate action goals and a greener, sustainable future.




**Learn about the POLST**  
Physician Orders for Life-Sustaining Treatment  
Friday, October 26, 2018 • 12:30 p.m.

When you are seriously ill, making sure your loved ones and doctors know what kinds of medical treatment you want as you approach the end of your life is very important. Physician Orders for Life-Sustaining Treatment (POLST) can help do just that. Learn how to use this form to help healthcare providers know your wishes and give you control over your end-of-life care.

Courtesy of the  
San Diego  
Memorial Society

University Community Branch Library  
4155 Governor Dr., San Diego, CA 92122 • 619-532-1855


**Trees 1000  
Delivers to UC  
Residents**

*by Martha  
Emerald*

Can you believe it is October, already? And what a busy summer it was, especially for the team at the Trees 1000 Foundation. You might recall Trees 1000



launched its effort to replace the 1000 trees destroyed and removed over the past four years to make way for enormous construction projects impacting our UC and UTC communities. On the 4<sup>th</sup> of July we gave away 25 trees and signed up more than 100 members who were eager to plant our free trees on their property. We are already surpassing our year one goals.

The first batch of trees is now in the ground, blooming and growing in our neighborhoods. Trees 1000 is waiting out the hot weather to end, to begin delivering and planting the rest of trees. Trees 1000 has partnered with the Davey Resource Group to advise on the species best-suited for this area. Davey will then deliver and plant those trees in November or January, when the weather is cooler.

If you signed up for a free tree from the Trees 1000 Foundation, we urge you to review the wonderful variety listed on the Foundation website, pick one early, and email your selection to Trees 1000. If you have not yet joined Trees 1000, and you live in the 92122 and a small corner of the 92037 areas, you are eligible for a free tree.

All trees are subject to availability and will be planted only on private property. Just email to us your name, address and type of tree [Trees1000.org](http://Trees1000.org). We have a short list below. Select one! Let's heal our environment together and rebuild our tree canopy in UC and UTC.

**Minimum Planting Area 2-4ft**

Flowering Trees: Western Redbud, Chinese Fringe Tree, Strawberry Tree, Strawberry Madrone, Sweetshade  
Deciduous: Silk Tree, Mimosa, Crape Myrtle

**Minimum Planting Area 4-6ft**

Flowering Trees: Desert Willow, Pink Trumpet Tree, Weeping Bottlebrush, New Zealand Christmas Tree  
Deciduous: Chitalpa, Chinese Pistache

**Minimum Planting Area 6-10ft**

Flowering Trees: Queensland Lacebark, Pink Flame Tree, African Tulip Tree  
Deciduous: London Plane, Sawleaf Zelkova  
Fruit: Lemon, Orange, Pomegranate, Fig

**Minimum Planting Area Greater than 10ft**

Flowering Trees: Tipu Tree (*Tipuana tipu*), Jacaranda, Magnolia  
Deciduous: Chinese Tallow Tree  
Evergreen: Coast Live Oak

# SAT Preparation Workshop for UCHS Students

*by Greg Hom*

As a service to UC High School students, the PTSA has collaborated with the University of San Diego to offer an SAT Preparation Workshop at a greatly discounted fee. Intended for juniors and sophomores, the course begins on October 6. For details on registration and more information, visit the PTSA website at [www.uchspts.org](http://www.uchspts.org).

# SUICIDE PREVENTION SYMPOSIUM

*by LeeAnn Anderson*

**Save the Date:** Saturday, October 20, 9:00am-3:00pm

Rady Children's Hospital-San Diego, Education Office Building  
(EOB) 7960 Birmingham Drive, San Diego, CA 92123

## The Hero in Each of Us:

## Finding Your Role in Suicide Prevention

Suicide touches all of us. Adolescent suicide is on rise and we should all be aware of how we can help a child that is struggling, whether it is our own son or daughter, a family friend, or a student in our school. This suicide prevention symposium is designed to help educate parents on how to spot some of the danger signs, and learn how to support an adolescent who is in need. There is **no cost** to attend this important event, thanks to the generous support of 9th District PTA partner, Rady Children's Hospital and The Family Advisory Council.

**Agenda at a Glance:** Lectures, Interactive Discussions, & Workshops presented by leading experts in Suicide Prevention, School Policy & Wellness Advocacy from throughout San Diego County • Signs & symptoms of suicidal ideation • Basic strategies & resources to support youth in times of need • Family and parent roles in supporting and advocating for youth safety • School, local, and state policy implications for youth suicide prevention • Action plan brainstorm and creation.



## 40 Years of the Curie Craft Fair

The Curie Craft Fair is celebrating its 40<sup>th</sup> year! That's right, our craft fair got its start way back in the 70's and has been going strong ever since. Come help us mark this special anniversary on Saturday, November 3. As always there will be great shopping and family fun at Curie Elementary School from 9:00am to 3:00pm.

Artisans will be selling their quality handcrafted wares including holiday gifts, ceramics, jewelry, clothing, folk art, and so much more. All items for sale are handmade by local artisans, no commercial resale items are allowed, creating a unique and fun shopping experience. There will be also be plenty of exciting events for the whole family: carnival games, silent auction baskets, bake sale, lunch grill, used book tent, and more. Entry is free and proceeds benefit one of our own local elementary schools, Curie PTA! Please email us with questions at [curiecraftfair@gmail.com](mailto:curiecraftfair@gmail.com). See you there!

## Spreckels Wildcat Run

## 9<sup>th</sup> Annual Jog-A-Thon Fundraiser

A fun and healthy day for the Spreckels Elementary Wildcats on Friday, November 2, when the PTA will host its 9<sup>th</sup> Annual Jog-A-Thon Fundraiser. Would you, or someone you know, be interested in sponsoring the event? Your tax-deductible donation contributes to enhanced educational opportunities for Spreckels' students that include: enrichment programs, art instruction, physical education, classroom funds, field trips and more.

Sponsors at various support levels will have their company name or logo on a Wildcat Run t-shirt, a banner on Spreckels' fence facing Governor Drive, and recognition in all Spreckels social media and online communications. Please contact Lindsay King, [spreckelsjogathon@gmail.com](mailto:spreckelsjogathon@gmail.com), for more information. See you at the track – Friday, November 2!





## Oktoberfest in University City

Mark your calendars and join us for the 10<sup>th</sup> Annual EdUCate! Oktoberfest on Saturday, October 13, 1:00-6:00pm at Standley Park on Governor Drive.

We will have our famous beer and wine garden, a variety of food offerings, music, booths, loads of games for the kids and more. It has become an international-German festival and we sure have lots of fun raising money for the UC public schools. When you donate a Dollar-a-Day (\$180) or more, you will receive unlimited pours for two in the Oktoberfest beer garden.

Entertainment includes the sights and sounds of the UCHS and Standley Middle School Marching Bands, DJ Rick, and Rumba y Soul, which includes UCHS Band Director Brandon Corenman. And make sure to be there for the annual Principal's Challenge to see who will win the coveted crown.

The EdUCate! Foundation is a non-profit organization dedicated to supporting the five University City public schools, University City High, Standley Middle, and Curie, Doyle and Spreckels Elementary schools. Since 1993 we have funded over \$1,800,000 in teacher classroom grants, principal school-wide grants, multi-school programs like the EdUCate! Math Academy and Jr Achievement BizTown, technology improvements and scholarships. Please visit our website [uc-educate.org](http://uc-educate.org) for up to date information about EdUCate! See you there!

Thank You to EdUCate!'s 2018 Major Sponsors: Nancy Beck, Century 21 Award; Valerie Upham, Coldwell Banker; Steve Gray-[www.grayloanteam.com](http://www.grayloanteam.com); Coldwell Banker University City; Caryl Lees, Century 21 Award; and Katie Dunahoo, Coldwell Banker, and the University City Community Association (UCCA).



## Halloween Safety Tips

*Courtesy San Diego Police Department*

Halloween is CREEPING up on us. It is never too soon to begin preparing for a safe Halloween experience. Below you will find a list of Halloween safety tips. Please have a fun and safe Halloween.

- Have your children wear light- or bright-colored clothing, or reflective tape so they can easily be seen.
- Make sure their costumes fit well. Oversized costumes and footwear can cause them to trip and fall.
- Make sure hats can't slide over their eyes, and if they wear masks, that they fit securely and have eye holes that are large enough for full vision.
- If they wear face make-up, apply only nontoxic and hypoallergenic paint or cosmetics.
- Don't let them wear costumes with excessive fabric. Loose clothing can brush up against a jack-o-lantern or other open flame and cause costumes to catch on fire.
- If they carry props such as swords or knives, have them carry flexible ones. Inflexible ones can cause serious injury if they fall on them.
- Younger children should be accompanied by an adult. Attach a tag with their name, address, and phone number to their clothes in case they get separated. It is better if they trick-or-treat during daylight.
- Older children should trick-or-treat with friends. It is more fun and safer. They should carry cell phones and flashlights, have a curfew, tell you where they are going, go only to familiar, nearby neighborhoods, only visit homes with porch lights on, and remain within view from the street.
- Remind your children to stay on sidewalks and otherwise walk facing traffic. And only cross streets at intersections and look both ways before crossing.
- Tell your children not to eat any treats they collect, but to bring them home for you to examine for holes, punctures, etc. Throw away any treats that are homemade or unwrapped.
- If your child has food allergies, read all labels giving them any treats to eat.
- Feed your children a snack or light meal before trick-or-treating so they won't get hungry and sample some treats they collect.

If any treats look suspicious, call the SDPD on its non-emergency number 619.531.2000.

### HALLOWEEN CARNIVAL

FRIDAY, OCTOBER 26, 5:00 - 7:00 PM

FREE CARNIVAL GAMES, CRAFTS, FACE  
PAINTING AND JUMPER.

#### COSTUME CONTEST

0-2 YEARS OLD 5:30 P.M.

3-5 YEARS OLD 5:45 P.M.

6-8 YEARS OLD 6:00 P.M.

9+ YEARS OLD 6:15 P.M.





*Saturday T-Ball Clinic at Fort Field with Coaches Mike Siironen and Tom Cartier.*

## UC Little League Fall Ball Begins

*by Meredith Kennedy*

Fall Ball is underway! Fall ball games are played on Sundays, please see the schedule at [www.ucll.org](http://www.ucll.org) for details. T-ball clinics are Saturday mornings 9:00 – 10:00am through October 13. Come out to support UCLL players!

Registration for Spring 2018 will open on November 1. Register at the UCLL website at [www.ucll.org](http://www.ucll.org). Assessments will be held on Saturday, January 12<sup>th</sup>. Check website for more information.

UCLL is looking for game umpires for the Spring season. High school players encouraged to participate. Please contact us via the website if you are interested. For schedules and information, please check [www.ucll.org](http://www.ucll.org). Follow us on Facebook at @UCLL for updates! See you at the fields! PLAY BALL! Go UCLL!

## Nicolas Cridlig Earns Court of Honor

University City Troop 271 newest scout Nicolas Cridlig's Court of Honor took place at the Torrey Pines Church in La Jolla this Saturday, September 22, 2018. First a UC Cub Scout and then Boy Scout, Nicolas served as a Senior Patrol Leader and completed 71 merit badges.



His Eagle Scout project was to build a 30"x50" racetrack for the church daycare which totaled 1000 hours to complete and over \$7500 of donated labor and materials, namely by Selah Construction and Hanson Aggregates. His brother Alexandre Cridlig added artificial grass in the middle of the racetrack as his Life Scout project. Nicolas Cridlig himself and his family are deeply grateful to Troop 271 scouts and leaders and to the community for their help with his Eagle Scout project, celebration and reception.



## Doyle Park Celebrates 25 Years

*by Deanna Ratnikova*

On Sunday, September 16, the Doyle Park and Recreation Council celebrated Doyle Park's 25-year anniversary. In honor of Mexico's Independence Day, local children danced to 'El Son de la Negra,' which is commonly referred to as the second national anthem of Mexico. Other performances included a Brazilian guitarist, a Persian band, Sounds Divine jazz group, and the Ethnos Band.

## Library Hosts Voter Event

University Community Library hosted a voter registration event in September in conjunction with National Voter Registration Day.



Those who wish to check their registration status or register to vote online may visit the Registrar of Voters website at [sdvote.org](http://sdvote.org).

# Craft Time

## Skull Flower Pot



**Monday October 15**

**• 4:00 p.m. •**

Paint a decorative skull on a flower pot to take home for your own ofrenda for Día De Los Muertos.

Recommended for ages 12 and up.

Reserve a spot: 858-552-1655

**Presented by**

**ToshWerkS**



**University Community Branch Library**

4155 Governor Dr., San Diego, CA 92122 • 858-552-1655

[facebook.com/universitycommunitylibrary](https://facebook.com/universitycommunitylibrary)







## LIGHTHEARTED INDIE POP OF JUNIOR KNITS

Alex Coolman doesn't write songs about killers any more. He's known too many of them to find the subject romantic.

Coolman, a UC resident who makes music under the name Junior Knits, is also a post-conviction attorney, representing indigent clients convicted of murder and other serious felonies. Some of his clients await execution on California's death row.

"I've always been interested in dark and difficult things, and I used to make pretty dark music," Coolman said. "I was drawn to stuff like Bruce Springsteen's *Nebraska*, Elliott Smith, and hardcore punk rock. But with the way my career has gone, I find that I really need music to prove some kind of lightness or release."

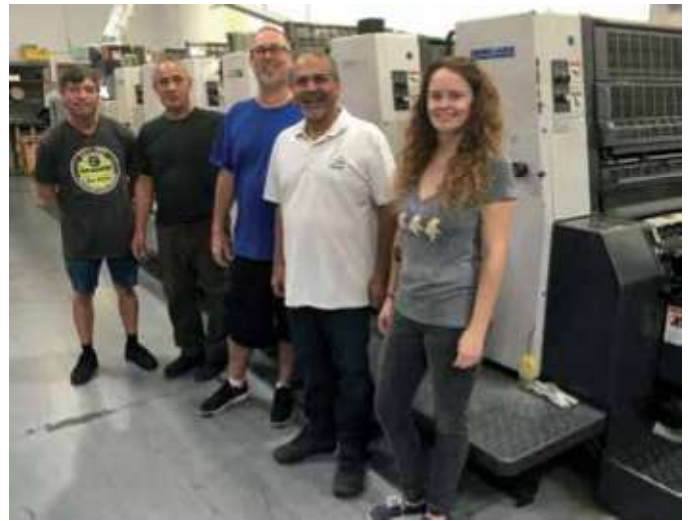
This summer, Coolman released a self-produced 5-song Junior Knits EP called "Trouble." The music is not without its shadows – several of the tracks touch on themes of emotional pain and artistic frustration – but the overall tone of the record is playful and upbeat, with sly lyrics and a synth-pop gloss. Coolman cites LCD Soundsystem, Talking Heads, and The Magnetic Fields as influences.

"I want to write music that has a playful feeling, music that acknowledges its own frivolity," Knits said. "Music doesn't solve actual problems, and is pretty powerless against the incredible amount of suffering in life, and yet it is a kind of window onto joy. Hopefully these songs capture both sides of that perspective." "Trouble" can be heard by searching for Junior Knits on any major streaming services.



## Rattlesnakes Reported at Several Area Parks and Playgrounds

It's rattlesnake season in University City and the Standley Recreation Advisory Group reports that snakes have been observed at Doyle, Nobel, Marcy and the tot lot at University Village Park. Humane Society animal control officers now respond to reports of rattlesnakes in San Diego. To access their officer dispatch system, call 619.243.3466. To help ensure a timely response, be prepared to leave a detailed voice message including the exact location of the snake. Signs warning of rattlesnakes, including the Humane Society officer dispatch phone number, have been posted at area parks.



## Meet the Newsletter Team

Last month, UCCA's newsletter team was excited to tour the print shop at Futura Color; and we appreciate all the work they do to publish our full color newsletter. Pictured above from left: Jose Calderon, Francisco Hernandez, Jason Robert, Rupesh Parekh, and Crystal Barnes.

## San Diego Coalition of Town Councils now 10 Members Strong

Several months ago, the University City Community Association (UCCA) board voted unanimously to support UCCA's membership in the newly organized San Diego Coalition of Town Councils.



Members include representatives of Town Councils and Community Associations. Originally organized to share information among community leaders related to the short-term rental debate, the Coalition now envisions its purpose expanding to sharing best practices, event ideas, funding sources, and community resources. In addition, the Coalition wishes to act as a forum for sharing concerns and to collectively address issues that affect communities throughout the City.

Besides UCCA, member organizations include Clairemont Town Council, Hillcrest Town Council, La Jolla Town Council, Linda Vista Town Council, Mission Beach Town Council, Oak Park Community Council, Ocean Beach Town Council, Serra Mesa Community Council, and Sorrento Valley Town Council. For more information, contact UCCA's liaison Mack Langston at [langstonmack@gmail.com](mailto:langstonmack@gmail.com).

## UC CLUSTER 2018-19 MEETING SCHEDULE

October 15 – UC High School  
January 14 – Doyle Elementary  
February 25 – Spreckels Elementary  
March 18 – Standley Middle School  
April 15 – UC High School  
May 13 – Curie Elementary

Meetings run from 4:30-6:00pm.  
More info at [uccluster.com](http://uccluster.com)



## Shift Program Construction Update

**Construction Term: Staging area** – A construction staging area is a physical location used for the storage of construction related equipment and materials such as vehicles and stockpiles.

**Mid-Coast Trolley Construction Along Genesee Avenue, SANDAG Project:** Pre-cast girders, which are large beams used to support the Trolley bridge, are being placed on top of the columns to build the viaduct, the structure that will carry the Trolley along its alignment. Work for the Mid-Coast Trolley girders along Genesee Avenue began September 2018 and will continue through the fall for the remaining intersections at La Jolla Village Drive, Esplanade Court, the UTC Transit Center and Eastgate Mall.

This phase of construction requires closures of east and westbound traffic at impacted intersections. Left hand turns will be closed across Genesee Avenue at each intersection, but traffic will be able to turn right onto north or southbound Genesee Avenue. On the weekend and weeknights, one northbound lane will be open on Genesee Avenue, and the impacted cross street will be closed from 9:00pm to 5:00am.

On weekdays, two northbound lanes and two southbound lanes are open on Genesee Avenue and the impacted cross street will be closed from 5:00am to 9:00pm. View closure updates at [KeepSanDiegoMoving.com/MidCoastTrolley](http://KeepSanDiegoMoving.com/MidCoastTrolley), [Facebook.com/MidCoastTrolley](https://www.facebook.com/MidCoastTrolley), or @ShiftSanDiego on Twitter.

**Lane Reduction on La Jolla Village Drive, SANDAG Project:** Crews began restriping lanes on La Jolla Village Drive in early September between Costa Verde Boulevard and Executive Way, reducing the number of east and westbound lanes. This work is required in order to complete the Trolley bridge construction. The lane reduction will be in place 24 hours a day and is anticipated to be in place through mid-to late 2019.

**Gilman Drive Bridge, SANDAG Project:** Falsework, the temporary support structures used during construction, for the Gilman Drive bridge is tentatively planned for complete removal by the end of October 2018. This effort will reveal the bridge's form for the first time since work began in November 2016. Visit [KeepSanDiegoMoving.com/GilmanDrive](http://KeepSanDiegoMoving.com/GilmanDrive) to learn more about the Gilman Drive bridge project.

University City residents can visit [ShiftSanDiego.com](http://ShiftSanDiego.com) or follow @ShiftSanDiego on Twitter for the most up-to-date information. For any questions regarding current or ongoing work, contact Shift at 844-SHIFT-SD.

## UCCA welcomes new Buy Local business partner Gary Moore



Gary Moore is President and Principle Coach & Trainer at ScrumVirtuoso Inc. and a University City resident for 12 years. As a certified Agile practitioner (Scrum Framework, Scrum at Scale, Scaled Agile Framework, Agile Leadership) and a certified Agile coach (International Consortium for Agile), he has been coaching and guiding individuals, teams, company leadership, and entire organizations with their adoption of Agile values, principles and practices for over ten years. More recently, Gary added life coaching services to address the growing need for guidance with personal and professional development, and work/life balance challenges.

At ScrumVirtuoso, their goal is to partner and collaborate with you as you achieve the goals you set for yourself, your team, or your organization. They recognize that you are creative and resourceful, and might want some coaching or mentoring to get to that next level. As an active member of the International Coach Federation (ICF), Gary Moore adheres to the elements and principles of ethical conduct as defined by the ICF Code of Ethics. This assures his clients that they will receive the highest level of quality in professional coaching.

ScrumVirtuoso is now offering 30% off individual coaching sessions for UCCA members. If you are ready to make an investment in your future, your first individual coaching session is FREE. Learn more and book your session at [www.scrumvirtuoso.com](http://www.scrumvirtuoso.com).

## Thank You Advertisers

Did you know? The print version of the University City newsletter, published by UCCA, is offered at no cost to area residents and businesses through the generous support of our advertisers. Please take a look through the advertising section of our newsletter to learn more about our many local businesses partners.

###

## Advertising Price Increase Effective November 2018 Newsletter

No one likes to talk about raising prices and that includes those of us who volunteer on UCCA's newsletter committee. However, rising costs to publish our community newsletter have prompted us to review our advertising rates and to institute a price increase effective with the November issue.

- **Business Card (inside) 3.5" x 2" – \$80**
- **Quarter Page (inside) 3.5" x 4.5" – \$180**
- **Half Page (inside) 7.5" x 4.5" – \$360**
- **Half Page (back cover) – \$500**
- **Full Page (back cover) – \$1000**

With a distribution of 6000 copies, our full-color print newsletter is delivered to homes, businesses, libraries and recreation centers throughout University City. It's also posted online at [www.UniversityCityNews.org](http://www.UniversityCityNews.org). If you are interested in supporting University City and UCCA through advertising your business in our publication, please contact Terri Day at [UccaAds@hotmail.com](mailto:UccaAds@hotmail.com) for specifications and to reserve space.





## Three Ways UCCA can Help Support University City Businesses

- **Advertise in our newly designed, full color print newsletter:** The newsletter, published by UCCA, is hand delivered to homes in south University City, posted online, and available throughout University City at public libraries and recreation centers. Print circulation is 6,000 print copies per issue, 10 times per year.
- **Participate in our Buy Local program:** Buy Local with UCCA connects your business to the UCCA community member, providing the support you need for success. Register your special offer for UCCA members with UCCA and it will be listed on the UCCA website and promoted in the UCCA newsletter. Each business is limited to one offer at a time.
- **Sponsor online content:** Write and submit an article to be posted on UCCA's website that features the unique services and/or products your business offers.

For more information about Advertising, Buy Local, and Sponsored Content, visit UCCA's website and click on the Advertising page at [www.UniversityCityNews.org](http://www.UniversityCityNews.org).

## It's Time! Time to Join or Renew your UCCA Membership for 2019

Why Join UCCA? Your UCCA membership dues help UCCA provide donations to many worthwhile local organizations, public schools, events and projects. And this year, you have the opportunity to make an additional donation to support your preferred activity. Please refer to the membership coupon in this issue for more information and to join UCCA.

University City Community Association (UCCA) is a non-profit (501c4) organization funded through membership dues, which provides and promotes the civic, cultural, social, educational and recreational development and improvement in University City; and provides a forum where the interests of residents may be expressed and contributions made to the protection of life and property in the community. UCCA is the source for University City News.



## THANK YOU TO ALL WHO HAVE ALREADY JOINED UCCA FOR 2019

### INDIVIDUAL

Alexandra Dudine  
Jocelyn Luciano  
Christopher Nielsen

### COMMUNITY SUPPORTER

Amy Butros & Mark Kasimatis  
Bob & Sarah Esch  
Julian & Bonnie Ortega  
Georgina Randolph

### COMMUNITY ANGEL

Jim & Claudia Prescott

### GOLD

Diane & Thomas Ahern  
Hallie Burch  
Tina & Ian Grover  
Bonnie MacRitchie  
Rita Lim-Wilby

### University City Community Association 2019 UCCA Membership Application\*

2019 Members will receive a 2019 membership card and a special thank-you gift for joining.

\_\_\_ Individual \$20 | \_\_\_ Supporter \$40 | \_\_\_ Angel \$60 | \_\_\_ Gold \$100 | \_\_\_ Additional donation enclosed \$ \_\_\_\_\_

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Address \_\_\_\_\_

Business name \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Would you like to volunteer? Please share your comments: \_\_\_\_\_

Individual and/or Business members' names will be listed in the newsletter. Please indicate if you do NOT want your name to be listed. \_\_\_ Do NOT list my name. Please make your check payable to UCCA. Payment is also accepted through PayPal on our website [www.universitycitynews.org](http://www.universitycitynews.org)

*Your UCCA membership dues (and additional donation) make a big difference in our community. These funds help support our many worthwhile organizations, (i.e. public schools' fundraising, Standley Park, EdUCate!, Neighborhood Watch, ImproveUC/UCCF, Buy Local) as well as many special projects and activities such as median beautification, painted utility boxes and street banners, 4th of July Celebration, Summer Concerts, December holiday tree and menorah lighting, and of course our monthly newsletter delivered to your home and/or business.*

\*This membership is valid for the 2019 calendar year. Thank you for joining UCCA.  
If you have any questions, please contact our membership chairperson Hallie Burch at [UCCAmembership@gmail.com](mailto:UCCAmembership@gmail.com).

**October 2018: Library Closed October 11**

Library will be closed October 11 for Staff Development Day.  
Book drops will remain open.



**University Community Branch October Highlights | 4155 Governor Drive | 858-552-1655 | [sandiego.gov/public-library](http://sandiego.gov/public-library)**

**Adults**

**Concert: The San Diego Jewish Men's Choir** will perform a variety of well-loved Jewish songs in the Hebrew, Ladino, English, and Yiddish language. Wednesday, October 3 @ 6:30 p.m.

**Qi Gong (Chi Gong)** is a simple preventative health method of relaxing and harmonizing the body. These gentle exercises are suitable for any age and health condition. Friday, October 5, 12, 19 & 26 @ 9:30 - 11:30 a.m.

**University City Community Association** - This is a community meeting featuring updates from law enforcement, fire-rescue service, legislative and other community leaders. All are welcome. Wednesday, October 10 @ 6:00 - 8:00 p.m.

**Henna** - Suchita will create beautiful designs with Henna. Space is limited, please call (858)552-1655 to RSVP. Monday, October 15 @ 10:30 a.m. - 12:00

**Skull Flower Pot** - Paint a decorative skull on a flower pot to take home for your own ofrenda for Dia De Los Muertos. Recommended for ages 12 and up. Space is limited, please call 858-552-1655 to RSVP. Monday, October 15 @ 4:00 p.m.

**Classics Book Club** will be discussing *The Death of Ivan Ilych* by Leo Tolstoy. Monday, October 22 @ 2:30 p.m.

**OASIS: Exploring Dia de los Muertos** - Julia Pfister explores the many traditions associated with the Day of the Dead, including creation of altars (ofendas), making special foods, and delves into other creative customs. Tuesday, October 23 @ 1:00 p.m.

**UC Book Club** will be discussing *News of the World* by Paulette Jiles. Wednesday, October 24 @ 2:00 p.m.

**Coffee with Counsel** - Do you have consumer fraud questions you want to ask a lawyer? Get general information and ask questions at this educational program. Thursday, October 25 @ 9:30 - 10:30 a.m.

**Learn about the POLST (Physician Orders for Life-Sustaining Treatment)** - Learn how to use this form to help healthcare providers know your wishes and give you control over your end-of-life care. Friday, October 26 @ 12:30 - 2:30 p.m.

**Children**

**Preschool Storytime for Kids**; stories, crafts, finger plays and songs. Every Thursday @ 10:30 - 11:30 a.m.

**Halloween Craft** in the community room. All ages are welcome. Wednesday, October 24 @ 3:00 - 4:00 p.m.

**Live! Homework Help** - Volunteer will be at the library to help with homework. Tuesday & Thursday @ 2:30 p.m. to 4 p.m.

**Makerspace Craft Station** is available in the Children's Area with a different craft each week. Daily, Monday - Saturday.

**Tweens/Teens**

**Video Game Fridays**, Wii gaming with your friends, Get your game on! Every Friday @ 3:00 p.m.

**Paint Skulls** for Day of the Dead or Halloween. Space is limited, please call (858)552-1655 to RSVP. Tuesday, October 10 @ 2:00 p.m.

**Girls Who Code Club** - These are programs for 6th to 12th grade girls to explore coding in a fun and friendly way. Space is limited, please call (858)552-1655 to RSVP. Tuesday, October 2, 9, 16, 23 & 30 @ 4:00 - 5:00 p.m.



**North University Community Branch October Highlights | 8820 Judicial Drive | 858-581-9637 | [sandiego.gov/public-library](http://sandiego.gov/public-library)**

**Events for Children/Families**

**Babies and Books**, Mondays at 10:00 a.m. This lap-sit storytime will introduce a love for books by using song, movement, rhythm and rhyme. Recommended age: Birth - 2 years.

**Music and Movement**, Mondays at 11:00 a.m. at the Nobel Recreation Center. Sing, Dance and Play! Children enjoy songs and movement activities to build motor skills and increase independence.

**LEGO Club**, Thursdays at 3:00 p.m. Make new friends and build amazing creations every week. Recommended for grades K-6

**Kids' Art Studio**, Wednesdays at 12:30 p.m. A fun art project every week! No registration required. Recommended for K-6.

**Preschool Storytime**, Thursdays at 10:30 a.m. Stories and songs in English promote early literacy skills.

**Fun with French**, Thursdays at 11:15 a.m. Explore the French language through song in this bilingual program.

**Sign Language Storytime**, Thursdays at 12 noon. Baby Sign Language Basics author, Monta Z. Briant puts on a super-fun sign language performance for babies through preschoolers. Includes songs, fingerplays, books, fun toys and props, and bubbles!

**Chinese Storytime**, Saturdays at 11:00 a.m. Ms. Nancy sings, dances, and reads books in Chinese and English.

**Yoga Storytime**, Friday, October 12 & 26 at 11:00 a.m. Stretch both your body and your mind in this unique program that combines stories, songs and simple yoga poses. Families enjoy healthy fun and bonding. Please bring your own mat.

**Tiny Tots PJ Storytime**, Tuesday, October 9 & 23 at 6:30 p.m. A fun evening storytime with music.

**Events for Adults**

**Chess Club**, Mondays at 3:00 p.m. Casual public chess meet open to all ages and skill levels.

**Knitters' Circle**, Thursday, October 4 & 18 1:00 p.m. All yarn enthusiasts are welcome.

**Dramatic Readers Group**, Wednesday, October 10 at 3:00 p.m. Experience a play through oral reading in a minimalist setting—no scenery, no props, no lighting or stage direction, just books and voices. The group will be assigning roles for the November 14 reading of Neil Simon's *The Prisoner of Second Avenue*.

**Fiction Fanatics Book Club**, Saturday, October 13 at 10:00 a.m. Title to be discussed is *The Paying Guests* by Sarah Waters.

**Guided Meditation**, Sunday, October 14 & 28 at 12:30 p.m. 20 minute guided meditation followed by tea.

**Cinema Café**, Wednesday, October 17 at 6:00 p.m. Enjoy refreshments while watching and discussing a thought-provoking movie. Please call the library for the month's selected feature.

**A Cup of Creation: Art Classes for Adults**, Sunday, October 21 at 1:00 p.m. Each class will utilize a different art technique to inspire the creation of unique pieces. Participants are asked to bring a small sketchbook to class; all other supplies provided.

**Notes:** Many thanks to the Friends of the Library for their generous sponsorship. You, too, can be a Friend; ask at the Check Out Desk. Please call the libraries for more information and to confirm any given program. Changes are rare, but may occur. **Check with libraries about holiday closings.**





## Home-Delivered Meals

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## Tidepool Volunteer Training

**October 20, 2018**

9:30am to 4:30pm

RSVP by October 16, 2018



Are you interested in learning about life in the tidepools, new and ongoing local research, and the important role of the Tidepool Protection Education and Restoration Program (TPERP)? Join us on Oct. 20<sup>th</sup> to learn the responsibilities of a TPERP Volunteer and get a chance to meet other Volunteers-In-Parks (VIPs).

We need volunteers to be tidepool educators both in and out of the tidepools. Our tidepool educators help provide visitors with information and are instrumental in restoring the sensitive habitat. It's through education that the tidepools are also protected from human impacts. We need your help!

Please RSVP by October 16, 2018 to Bonnie Phillips, TPERP Volunteer Coordinator, at [bonnie\\_phillips@nps.gov](mailto:bonnie_phillips@nps.gov) or call 619-557-5450 x4586.

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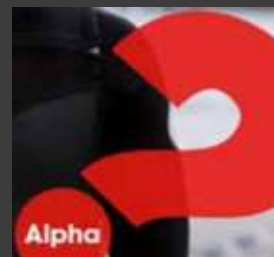
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So pack up the family, grab your pooch and we will see you there!



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