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# University City NEWS

UNIVERSITYCITYNEWS.ORG

MARCH 2019

## UC Talks Podcasts

UCCA's latest project is the UC Talks podcasts, which are now available online and can be accessed via SoundCloud.com (search UC Talks), or go to [universitycitynews.org](http://universitycitynews.org) and look for the podcast link.

The hyper-local podcast will be featuring conversations, interviews, and news relating to University City. The topics covered will complement those written about in the newsletter, and will give the audience much more in-depth information about UC's issues.

UC Talks will also include recordings of the printed newsletter. This will give an opportunity to those who do not get the newsletter, those whose children go to UC schools, those who work in the UC community, and those who would rather listen to the newsletter than read it.

The first episode is a discussion with UCCA president Barry Bernstein about UCCA and affiliated organizations. If you have suggestions for future podcast topics or guests, contact Jemma Samala at [uccaeditor@gmail.com](mailto:uccaeditor@gmail.com)

## UC DEL SOL OPENS SPRING SEASON

by Perry Peters

The UC Del Sol Girls Softball League kicked off the 2019 season with their Opening Day ceremonies on Saturday, February 23. Not only did every game go down to the last at bat, but excitement was in the air as the Famous San Diego Chicken made an appearance. The Chicken was the Grand Marshal for the team parade, frolicked about during the team banner presentation and threw out the first pitch for the marquee game. Nearly every fan was able to get a selfie with The Chicken. The Standley Middle School Band also was there, performing the Ameristar March, the 'Hey Song' and the National Anthem. They did an outstanding job. For more info about the UC Del Sol Girls Softball League, go to [ucdelsol.com](http://ucdelsol.com). (Editor's Note: UC Little League Opening Day is Saturday, March 2 at Standley Park.)

Next UCCA Meeting is Wednesday, March 13, 6:00pm  
UC Library, 4155 Governor Drive



## UNIVERSITY CITY COMMUNITY NEWSLETTER

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**Advertising** Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)

**Be the Eyes and Ears of UC:** The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

### Guidelines:

- Your article should be approximately 250 words or less, typed in a document and attached to email or pasted inside the email.
- Be as brief and concise as possible. Editing may result in errors. Type in plain text format; no pdf formats.
- Include who, what, why, where, and how.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The Editor reserves the right to edit articles as needed.
- Name the file appropriately so it can be identified.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com) or [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com).

### Deadline for the April issue: MARCH 14, 2019

Please send your submission as early as possible. The deadline for the April issue is March 14, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

### 2019 UCCA Board Members

#### Executive Board

President: Barry Bernstein, [apdrfn@aol.com](mailto:apdrfn@aol.com), 858.453.3713  
Vice-President: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)  
Secretary: Deanna Ratnikova, [deanna.ratnikova@gmail.com](mailto:deanna.ratnikova@gmail.com)  
Treasurer: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)

#### Appointed Positions

Beautification: Merle Langston, Chair, [merlelangston1@gmail.com](mailto:merlelangston1@gmail.com), and Barbara Gellman, Co-Chair, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
CASA Liaison/Publicity & Promotion/Webmaster: Diane Ahern, [ahern.diane@gmail.com](mailto:ahern.diane@gmail.com)

Corresponding Secretary & Historian: OPEN

\*Holiday Tree/Menorah Lighting Coordinator: Darlene Ventimiglia, [darleneven2@gmail.com](mailto:darleneven2@gmail.com)

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Special Events: Barbara Henshaw, [barbarahenshaw@gmail.com](mailto:barbarahenshaw@gmail.com)

\*UCPG UC Community Plan Update Subcommittee Liaison: Katie Rodolico, [ktnelson@yahoo.com](mailto:ktnelson@yahoo.com); Alt. – Deanna Ratnikova



## UCCA Meeting Synopsis

### February 13

*by Deanna Ratnikova, UCCA Secretary*

- Officer Brandon Broaddus with SDPD reported on an issue regarding squatters in an Edmonton Avenue house. He personally assisted with the process and investigation, and it is now in the hands of the criminal investigation department.
- Erin Magee with Congressman Scott Peters announced he will now serve on the House Energy and Commerce Committee and the Budget Committee. She provided updates on his legislation.
- Bridger Langfur with City Councilmember Barbara Bry provided updates on Governor Drive traffic safety. He also discussed Councilmember Bry's efforts regarding micro-mobility solutions.
- Michaela Valk with Assembly member Todd Gloria discussed items from Governor Newsom's State of the State address and shared information from the Hepatitis A outbreak investigation.
- Katie Rodolico reported on the first official meeting of the University Community Plan Update Subcommittee. The next meeting is scheduled for March 19 and it will feature the consultants Dyett and Bhatia. Check the City's planning group website for exact location and time.
- Ruth DeSantis of UCCF provided an update on Marcy Park – Councilmember Barbara Bry helped them secure \$27,141 for the preliminary engineering for upgrades to the park. Ruth also reported that on Tuesday, January 29, City Council approved the undergrounding of overhead utility lines for Residential Block 1S on the southwest side of University City.
- John Lee Evans outlined Vision 2020 plans for the SDUSD properties between Standley Middle and Spreckels Elementary schools and the joint use improvements will take place at Standley Park. He discussed the pool and performance stage and walking path.
- UCCA heard funding requests from the Doyle Elementary PTA and the UCHS Music Program.
- The full minutes will be posted on the UCCA website once they are approved ([universitycitynews.org](http://universitycitynews.org)).

\*Tune in to the new UCCA podcasts, "UC Talks" by going to the UCCA website.





## UCCA President Barry Bernstein

Hi Everyone...(Have you joined UCCA for 2019?)...Wow! What a wet February so far! I wonder if we'll be establishing "back-to-back" precipitation records in 2018-2019 with the second least recorded amount to perhaps the second most recorded.

With Valentine's Day now history for 2019 and President's Day/weekend over, we can look forward to having an early Spring according to the well-known groundhog.

We might even need to start thinking about early vegetable garden planting. Do you hear that "plant-based" diet aficionados?

Padres will actually be starting their regular season games at the end of this month, Now with the costly (\$300 million contract for superstar Manny Machado), it is fair to expect some additional "wins" for the 2019 season, and locally our U.C. Little League will be underway. If it's March, it also means BASKETBALL CHAMPIONSHIPS so let's root for our hometown/and or college favorites. And how could I forget the many mahjong players in UC...watch for your 2019 players' card and "Keep on Crackin'!"

Can't keep from mentioning national politics...and the daily events that make us wonder how our great Country will be able to survive this dramatic political divide. I suppose you could say our problems could be worse if we had to face Great Britain's Brexit dilemma.

Locally, particularly here in UC, the lawsuit against the City's pure water/sewer pipelines continues to be litigated by UCCF, and the first groundbreaking of "ImagineUC 2020", (Standley Park Improvements), is tentatively set for this Fall. Our newly established "UC Talks" podcasts have been designed to bring you up to date with current issues facing University City and the City of San Diego, as well as Gemma's one-on-one interviews with locals whose efforts help make UC "more than just a neighborhood". If you haven't given it a listen, don't be hesitant to give it a try.

Hope to see many of you at our March 13 UCCA general meeting...a representative from the San Diego County Republican Party will be joining us, along with Westfield UTC Manager Ryan Perry. Also, as promised, an update on the progress of our new University City Community Plan will also be provided by Katie Rodolico. Please plan to attend. Have a wonderful month of March ~ Barry

## Change your Clocks, Change your Batteries

Daylight saving time will begin at 2:00 AM on Sunday, March 10. It's time to spring forward and set your clocks ahead one hour. It's also a great time to spring into action and change the batteries in your smoke and carbon monoxide detectors. After all, only working smoke and carbon monoxide alarms can save lives. Here's more ways you can spring into action:

- The Consumer Products Safety Commission recommends that smoke alarms be placed on every level of your home, outside sleeping areas and inside bedrooms.
- Carbon monoxide alarms should be installed on every level of the home and outside each sleeping area.
- Test smoke and carbon monoxide alarms once a month to make sure they are working.

And, don't forget to have a fire escape plan and practice it with your family.

# calendar

## UC CELEBRATION COMMITTEE 4<sup>th</sup> of JULY EVENT

Wednesday, March 6, 7:00pm  
Standley Park Rec Center

## DAYLIGHT SAVINGS STARTS

Sunday, March 10, 2:00am  
"spring forward" clocks one hour

## PEOPLE FOR A CLEAN UC

Sunday, March 10  
7:30-9:00am  
Cleanup volunteers meet at Starbucks  
3202 Governor Drive, supplies provided

## UC PLANNING GROUP

Tuesday, March 12, 6:00pm  
10300 Campus Point Drive

## UCCA MEETING

Wednesday, March 13 6:00pm  
UC Library, 4155 Governor Drive

## ST PATRICK'S DAY

Sunday, March 17

## UCPG COMMUNITY PLAN UPDATE SUBCOMMITTEE MEETING

Tuesday, March 19, 6:00pm  
Location TBD

## FIRST DAY OF SPRING

Wednesday, March 20

## SPRING BREAK (SDUSD)

Schools Closed - March 25-29

## DOYLE RECREATION

Tuesday, March 26, 6:30pm

## STANDLEY RECREATION

Thursday, March 28, 7:00pm

## CESAR CHAVEZ DAY

Sunday March 31





## HOW DO SCAMMERS KNOW SO MUCH ABOUT ME?

This is a summary of an article that ran in the February AARP Newsletter and feel it is information that can save us all some grief in the long run.

Here are some of the ways that you get on the radar of crooks.

### 1. I frequently enter contests.

Online contests are gateways to unwanted sales pitches. Along with name, address, age, they may learn other things about travel or buying a car.

### 2. I mail in warranty cards.

When you submit the card it has asked you about how much money you make. It is likely that your information is being sold to others either legitimately or as part of a scam.

### 3. I fill out lots of surveys.

Questionnaires rating your stay at a hotel or the service at a restaurant. Selling survey information is a big business; your travel preferences, type of home you own or car you drive.

### 4. I share personal updates on Facebook.

Scammers turn to social media postings to learn more about those they've targeted. Don't post personal info, narrow who can see your posts and avoid posting real-time updates about your whereabouts.

### 5. I toss my mail.

Shred all mail that has your name and address, account numbers, or other personal data.

### 6. Someone in my family has died recently.

Obituaries are prime hunting grounds for scammers, who learn the names of vulnerable widows, widowers, children or grandchildren. Personal information should be kept to a minimum.

### 7. I live in the United States

Many public records are available at the federal, state, county and city levels.

## Yard Work is Hard Work

University City Community Association may be able to help.

- Is yard work becoming too much for you?
- Are you feeling overwhelmed by weeds and overgrown plants?
- Do you know someone who can use some assistance?

For more information about how UCCA may be able to help, please contact our Beautification Committee via email at [universitycitynews@gmail.com](mailto:universitycitynews@gmail.com) or through our voice mail at 858.412.0786. Thank you for supporting our efforts to make and keep University City more than just a neighborhood.

## REMINDER

*It is recommended, by first responders, to mark your curb with your address and make sure you have a visible address on your home to save time in an emergency.*

## CANDIDATE STATEMENTS FOR UCPG RESIDENT REPRESENTATIVE

There is one contested position for the University City Planning Group for a Resident Representative position. Candidates are incumbent Nancy Groves and challenger Steve Kalvelage.

### NANCY GROVES

As a home owner and 45-year resident of south UC, I have represented District 1 for the past 6 years and would like to continue to see some projects to completion. I am currently involved with the UCSD Community Advisory Group (CAG) in giving input to the UCSD Long Range Development Plan, to be finalized by yearend. As a 41-year employee of UCSD, I am familiar with the stages of development of the university and its community interactions. The CAG and UCSD have worked together to improve transportation, biking, and parking around the campus and to complete Gilman bridge. Current construction on north campus of the Living/Learning Center with increased underground parking and a campus bike bridge to keep bikes off La Jolla Village Drive are evidence of the university's efforts. With the advent of the trolley to campus there will be more planning to continue.

In the past, I have fought to protect Rose Canyon open space and delete the bridge from the Community Plan. I have worked on the sub-committee planning Fire Station 50 on Nobel Dr., now being constructed, and urged UCSD to engage with the city in building a fire station on UC land, now in the planning stages. I worked to protect the zoning requirements for the construction of the West End Project under construction on Regents Road. The first developer wanted ingress/egress directly onto Regents, the current developer wanted to build 14 houses on the 3-acre plot by not having front home setbacks, reducing the space between homes. Informing south UC residents of these proposed deviations to zoning, resulted in the developer agreeing to build only 9 houses, and no ingress/egress onto Regents Road. My priority is to balance the wishes of the community, university, small businesses, biotechs and developers while maintaining as much open space as possible to enhance our quality of life in south UC.

### STEVE KALVELAGE

Hello University City, my name is Steve Kalvelage and I would like your vote for the current available position on the University City Planning Group representing Residential District One of UC. I purchased my home in UC six years ago and have very much enjoyed the community ever since. I am retired and have time available to spend on planning issues for our community. I have worked at a number of jobs from pizza delivery to furniture mover, but the majority of my working life was 32 years as an Environmental Specialist for Sacramento County.

As an Environmental Specialist, I was involved with county wide health issues ranging from zoning violations to being part of the response team for Rancho Seco Nuclear Power Plant. I also represented the Health Department on the County Subdivision Review Committee for five years and interacted with the Planning Department on zoning violations and lot approvals for development of septs and wells. My children and grandchildren attend first grade at Curie Elementary. I would very much like to be part of the group that is continuing to have an impact in maintaining the outstanding community that is University City. Please consider voting for me for the position on UCPG.



## District 1 Updates from Council President Pro Tem Barbara Bry



I was proud to hold my annual State of the District Address at University City High School for the second year in a row. For those of you who weren't able to attend, the video is available at [www.sandiego.gov/citycouncil/cd1](http://www.sandiego.gov/citycouncil/cd1).

One issue that I discussed at the State of the District was dockless scooters, an important topic on which I recently released a policy memo. My goal is to ensure public safety and responsible use. To read the memo in its entirety, please go to [www.sandiego.gov/citycouncil/cd1/policymemos](http://www.sandiego.gov/citycouncil/cd1/policymemos).

Dockless scooters and bikes, also known as micro-mobility solutions, began appearing on our streets over a year ago. Currently, we don't know how many there are, where they are, where they go, where they are left, and how many people have suffered injuries. My goal in regulation is to ensure public safety—for users, pedestrians and people in cars. This is one more example of the city failing to be proactive when it comes to dealing with a new technology.

The policy recommendations in my memo include:

- Reasonable fees that can be used to pay for education, enforcement and infrastructure.
- Prohibiting their use in high-pedestrian traffic areas such as the boardwalks in Mission Beach, Pacific Beach and La Jolla.
- Operational and maintenance requirements to require operators to remove scooters that are improperly parked within two hours of notice, customer service and contact information and maintenance and operations plans.
- Development of a system to ticket scooters that are improperly parked.
- Data sharing to provide the city with information on how many scooters are deployed and where they go so that we can make intelligent, data-driven decisions about where to invest in infrastructure.
- Helmet Regulation: On January 1, 2019, Assembly Bill-2989 took from local municipalities the authority to require scooter users over the age of 18 to wear a helmet. I have asked that the City's State Legislative Priorities should include an effort to amend AB-2989 to grant California municipalities the authority to regulate helmets at the local level.

Please let us know what issues are of most importance to you. I can be reached at [barbarabry@sandiego.gov](mailto:barbarabry@sandiego.gov) or 619.236.6611.

## Protecting Taxpayers from Meritless Lawsuits City Attorney Mara W. Elliott

As your City Attorney, one of my most important responsibilities is safeguarding taxpayer dollars that can be used to protect the things that matter most to us: our safety, streets, libraries, and parks, to name a few. Our city is frequently sued, and our litigators' courtroom expertise saves you millions every year. When the City bears some responsibility, we will settle a lawsuit on its merits and for an appropriate sum. When a case has no merit, we're eager to go to trial. Our Civil Litigation Division prides itself in winning cases outright or, alternatively, turning million-dollar claims into lunch-money verdicts.

Two incidents still in the news provide good examples. Both were tragedies, and heart-breaking to be sure, but not the taxpayer's responsibility.

One lawsuit began when a Scripps Ranch woman, driving while extremely high on marijuana, drove over a median barrier and into oncoming traffic. The other began when a Navy man, impaired by alcohol and texting, sped across the Coronado Bridge in his truck, lost control, and flew off the bridge and into Chicano Park below.

Both drivers were charged with felonies by the District Attorney's Office. The first was convicted of gross vehicular manslaughter, the second of vehicular manslaughter while intoxicated and driving under the influence. Yet before those criminal cases were heard, my office defended the City of San Diego from lawsuits alleging that the City had caused the accidents – and you, the taxpayer, should pay for them.

In the Scripps Ranch case, an injured motorist blamed the road design, not the driver who crossed a raised median, a still-warm marijuana pipe at her side. Though no formal settlement demand was made, the attorney boasted that his case was worth as much as \$70 million.

In the Coronado Bridge incident, eight individuals filed four different lawsuits seeking millions of dollars in damages caused by the falling truck. They claimed the City should have posted signs to warn them of the danger of falling vehicles, and placed barriers in the park anywhere a falling vehicle could land.

The good news for taxpayers: The Scripps Ranch lawsuit, and one of the Coronado Bridge lawsuits, were thrown out by a judge before trial. We are confident we will get the remaining lawsuits dismissed, too. These pre-trial dismissals were hard-fought victories for the high-performing deputy city attorneys who defend the City.

A third recent victory followed the discovery that a plaintiff invented the story of how he injured himself. He alleged he was riding his motorcycle on Black Mountain Road in Mira Mesa when he hit a center median strip, was thrown from his motorcycle, and broke his clavicle. Blaming his injuries on a poorly lighted median, he sued taxpayers for \$400,000 to pay medical bills, reimburse lost income, and repair his motorcycle.

When my office investigated, however, we discovered that he gave a different story to the Emergency Room medical staff. He never mentioned a motorcycle or a median, instead stating that he had been hurt when he fell down a flight of stairs. Confronted with this evidence, his lawyer withdrew the lawsuit. We've seen other cases we suspect are equally dishonest, though the deceit is not as easy to prove.

These are just three examples of the many lawsuits that my office stopped in their tracks, saving taxpayers tens of millions of dollars. I firmly believe that our attorneys are the most cost-effective employees anywhere. They protect the City pocketbook so your tax dollars can go to public safety, neighborhood services, and the community improvements that make San Diego a safe and beautiful place to live.



**March 2019: Library Holiday Closure; book drops will remain open.**

- Sunday/Monday March 31/April 1, CLOSED in observance of Cesar Chavez's Birthday

**University Community Branch March Highlights | 4155 Governor Drive | 858-552-1655 | [sandiego.gov/public-library](http://sandiego.gov/public-library)**

**March Featured Events**

**University City Community Association** – A community meeting featuring updates from law enforcement, fire-rescue service, legislative and other community leaders. All are welcome. Wednesday, March 13 @ 5:30 p.m. neighbor networking; @ 6:00 p.m. meeting.

**UC Book Club** will be discussing *Exit West* by Mohsin Hamid. Wednesday, March 27 @ 2:00 p.m.

**Events for Children**

**Dr. Seuss Storytime.** Join us for a special event when we will read Dr. Seuss books and do some crafts. Thursday, March 2 @ 10:30 - 11:30 a.m.

**Live! Homework Help** - A volunteer will be at the library to help with homework. Tuesday & Thursday @ 2:30 p.m. to 4:00 p.m.

**STEAM @ Your Library** - Design and create a catapult from different materials such as wooden sticks, rubber bands and a spoons. Space is limited, please call 858-552-1655 to RSVP. Wed, March 6 @ 2:00 p.m.

**Preschool Storytime for Kids;** stories, crafts, finger plays and songs. Every Thursday @ 10:30 - 11:30 a.m.

**LEGO Club** - Come build anything you can imagine with LEGO. Thursday, March 14 @ 3:00 p.m.

**ThoughtSTEM** - Kids will be learning how to code the game Frogger in MIT's Scratch programming language. In addition to creating a frog character that can be controlled with the arrow keys, students will also learn how to code a points system so they can keep track of their score! Kids will exercise their creativity while they learn foundational computer science skills. Recommended for K-3rd. Space is limited, please call 858-552-1655 to RSVP. Tuesday, March 19 @ 2:00 p.m.

**Events for Tweens/Teens**

**Video Game Fridays** - Come play video games on the Nintendo Switch with your friends. Friday, March 1, 8, 15, 22 & 29 @ 3:00 p.m.

**ToshWerkS - D.I.Y Custom Key Chain Charms:** Simply draw, trace or copy your very own design onto a Custom Transfer Sheet, bake ... and WOW! Transform any image into a hardened piece of plastic that gets 9 times thicker and can be used for a fun keychain. Space is limited, please call 858-552-1655 to RSVP. Wednesday, March 13 @ 2:00 p.m.

**Events for Adults**

**Qi Gong** (Chi Gong) is a simple preventative health method of relaxing and harmonizing the body. These gentle exercises are suitable for any age and health condition. Friday, March 1, 8, 15, 22 & 29 @ 9:30 - 11:30 a.m.

**Accordion Club** meets on the second and fourth Saturday of each month. All are welcome! Saturday, March 9 & 23 @ 9:30 a.m. - 12:30 p.m.

**OASIS: Archaeology & the Bible** - Using the archaeological record and historical events we can build a chronology for Old Testament / Hebrew Bible stories. This provides a "top-down," historical approach to Biblical scholarship, rich in context. Thursday, March 14 @ 12:30 p.m.

**Jewelry Making,** take home something you made yourself! Make your own earrings and/or other pieces of jewelry with an experienced crafter. Space is limited, please call

858-552-1655 to RSVP. Friday, March 25 @ 10:00 a.m. & Noon.

**Zentangle!** If you can draw lines and circles, you can **Zentangle**. This class will be an introduction to Zentangle. Space is limited, please call 858-552-1655 to RSVP. Thursday, March 28 @ 12:00 p.m.

**North University Community March Highlights | 8820 Judicial Drive | 858-581-9637 | [sandiego.gov/public-library](http://sandiego.gov/public-library)****March Special Event**

**Suicide Prevention presented by Sharp HealthCare,** Tuesday, March 19 at 3:30 p.m. Learn about the warning signs and symptoms related to suicidal thinking in this free workshop led by a Sharp Mesa Vista Hospital clinician, who will share resources on how to engage in a meaningful discussion about suicide with friends, family and loved ones. District 1 Councilmember Barbara Bry is a proud supporter of this workshop.

**Events for Adults/Seniors**

**Chess Club,** Mondays at 3:00 p.m. Casual public chess meet open to all ages and skill levels.

**Knitters' Circle,** Thursday, March 7 & 21 at 1:00 p.m. All yarn enthusiasts are welcome.

**Fiction Fanatics Book Club,** Saturday, March 9 at 10:00 a.m. Title to be discussed is *The Dinner* by Herman Koch

**Guided Meditation,** Sunday, March 10 & 24 at 12:30 p.m. Guided meditation followed by tea.

**Book Lovers Book Club,** Monday, March 11 at 3:00 p.m. Title to be discussed is *Beneath a Scarlet Sky* by Mark Sullivan

**A Cup of Creation: Art Classes for Adults,** Sunday, March 10 at 1:00 p.m. Each class will utilize a different art technique to inspire the creation of unique pieces. Participants are asked to bring a small sketchbook to class; all other supplies provided.

**Events for Children/Families**

**Babies and Books,** Mondays at 10:00 a.m. This lap-sit storytime will introduce a love for books by using song, movement, rhythm and rhyme. Recommended age: Birth – 2 years.

**Music and Movement,** Mondays at 11:00 a.m. at the Nobel Recreation Center. Sing, Dance and Play! Children enjoy songs and movement activities that build motor skills and increase independence.

**LEGO Club,** Thursdays at 3:00 p.m. Make new friends and build amazing creations every week. Recommended for grades K-6

**Kids' Art Studio,** Wednesdays at 12:30 p.m. A fun art project every week! No registration required. Recommended for grades K-6.

**Preschool Storytime,** Thursdays at 10:30 a.m. Stories and songs in English promote early literacy skills.

**Fun with French,** Thursdays at 11:15 a.m. Explore the French language through song in this bilingual program.

**Sign Language Storytime,** Thursdays at 12 noon (*no storytime on March 28*). Baby Sign Language Basics author, Monta Z. Briant puts on a super-fun sign language performance for babies through preschoolers. Includes songs, fingerplays, books, fun toys and props, and bubbles!

**Chinese Storytime,** Select Saturdays at 11:00 a.m., please refer to online calendar. Ms. Nancy sings, dances, and reads books in Chinese and English.

**Yoga Storytime,** Friday, March 8 & 22 at 11:00 a.m. Stretch both your body and your mind in this unique program that combines stories, songs and simple yoga poses. Families enjoy healthy fun and bonding. Bring your own mat.

**Tiny Tots PJ Storytime,** Tuesday, March 11 & 25 at 6:30 p.m. A fun evening storytime with music.



## Mark Powell, San Diego County Board of Education Trustee, Dr

There has been countless news stories regarding the opioid Fentanyl and San Diego is where the deadly drug is being smuggled through. DEA officials have said that 85 percent of the illicit fentanyl entering the United States from Mexico is seized at San Diego-area border crossings. Most recently Border Patrol agents at the San Clemente station arrested a woman smuggling a massive 44 pounds of fentanyl. The fentanyl seizure in itself was the largest in San Diego to date. This preceded a 254 pound fentanyl seizure at the port of entry in Nogales, the largest in California Border Patrol history and enough fentanyl to kill 57 million people.

Fentanyl is a powerful opioid pain medication. It is about 100 times more powerful than morphine, and about 50 times stronger than heroin. Fentanyl is being found mixed into almost every drug on the street, whether it be heroin, methamphetamine, cocaine, counterfeit pills and even marijuana. Tainted marijuana may be to blame for a recent rash of illness felt by some in the San Diego community, including some high school students who ingested tainted marijuana and needed to be taken to the hospital. The Centers for Disease Control and Prevention says fentanyl is now the drug most often involved in fatal overdoses across the country, accounting for more than 18,000, or almost 29 percent, of the 63,000 overdose fatalities in 2016.

Ingesting drugs laced with Fentanyl can cause respiratory arrest, unconsciousness, coma and death. Luckily there is a way to combat an opioid overdose. Naloxone, also known by the brand Narcan, can reverse an opioid overdose. This life-saving medication can be administered in two forms, an injection or a nasal spray. Many local schools have trained their nurses and school police in the administration of Narcan, but when it comes to an overdose, minutes and even seconds matter. Since fentanyl is currently responsible for most of the overdose deaths in this country, we need to be proactive and not reactive when it comes to student safety and drug overdoses.

That is why the San Diego County Office of Education is actively working with partners like the Drug Enforcement Administration, public health agencies, and community partners to address the fentanyl, and other illegal drugs. Even one incident of an overdose in our schools is too many, and we're committed to working with school districts to prevent overdoses and deaths. The County Office of Education is in the process of designing curriculum for use in classrooms as well as exploring training teachers and nurses to use Narcan to reverse overdoses. Students are also playing a key part in this, through Friday Night Live clubs that focus on promoting healthy lifestyles free of alcohol, tobacco and other drug use among youth of all ages.

### SAVE THE DATE

### SPRING EGG HUNT

SATURDAY, APRIL 13

10:00AM — 12:00PM

STANDLEY PARK



## Advocate for Your Libraries

The Friends of the UC Library are asking UC residents to be advocates for the library as the City Council is preparing submission of the 2020 budget.. You can make your voice heard by contacting our city representatives with the following requests:

- \* Infrastructure Investment in Library Facilities: Ask that the proceeds of the sale of the Old Central Library be used to fund critical Library projects.
- \* Technology Upgrades: Request a \$200,000 investment in computer resources and technology to begin in FY2020.
- \* Increase the Materials Budget from FY2009 levels: The budget has remained flat for a decade. We request an increase of \$400,000/year for three years.
- \* Additional Programming Dollars: More funding needed to expand innovative library programming such as Spring into STEAM and Library Next.

Contact: Barbara Bry :barbarabry@sandiego.gov, 619.236.6611, and Mayor Kevin Faulconer:, kevinfaulconer@sandiego.gov, 619.236.6330.



### Free Health Workshop: Suicide Prevention

Presented by Sharp HealthCare

Tuesday, March 19, 2019

3:30 to 4:30 p.m.

North University Community Library

8820 Judicial Drive

San Diego, CA 92122

Learn about the warning signs and symptoms related to suicidal thinking in this free workshop led by a Sharp Mesa Vista Hospital clinician, who will share resources on how to engage in a meaningful discussion about suicide with friends, family and loved ones.

To register, call 1-800-82-SHARP (1-800-827-4277) or visit [sharp.com/citywellness](http://sharp.com/citywellness).

Sharp HealthCare is proud to be the official Health and Wellness Partner of the City of San Diego.

District 1 Council President Pro Tem Barbara Bry is a proud supporter of this workshop.



## Recreationally Speaking

by Diane Ahern, Recreation Council

- Swanson Pool opened for the season on February 24. As one of the few heated pools in San Diego, Swanson offers water fitness classes as well as lap swimming and swim lessons. For more information, call the pool office at 858.552.1653 or visit the City's website at [SanDiego.gov](http://SanDiego.gov) and search for 'Swanson Pool'.
- The 4<sup>th</sup> of July UC Celebration committee held its first meeting in February. Their next meeting will be March 6 at the Recreation Center. For more information, contact Randall Tonini at [randalltonini@icloud.com](mailto:randalltonini@icloud.com)
- The Recreation Council is seeking a SD County grant to help offset costs of Summer events including the UC Celebration and the Summer Concerts.
- Speaking of Summer Concerts, there will be seven this year instead of the usual eight; this is because the 4<sup>th</sup> of July holiday occurs on a Thursday and the Celebration features music throughout the day and ends in a concert. The Summer Concert committee, chaired by Andy Freeburn, is busy working on the schedule now. Contact him at [promovstar@aol.com](mailto:promovstar@aol.com)
- UC Little League baseball, UC Del Sol softball, and Mesa Soccer are all fielding teams this Spring and anxious to practice and begin their schedules.
- Three new accessible parking spots are to be installed at the western end of the Standley Recreation Center parking lot near the courts.
- And speaking of courts, pickleball is now offered two days a week. Contact Brad at the UC Racquet Club at 858.452.5683.
- Don't forget! Standley's Spring Program begins March 1. Copies available at the Recreation Center and online; visit the City's website at [SanDiego.gov](http://SanDiego.gov) and search 'Standley Park'.
- Save the Date: Standley Park's Annual Spring Egg Hunt is Saturday, April 13, 10:00am to 12:00noon. Bring your own basket.



### UC BLOOD DRIVE

On Saturday, March 16 there'll be another UCUC San Diego Blood Bank Bloodmobile Blood Drive at the Sprouts Marketplace on Governor Drive from 8:00am to 1:30pm. You can sign up in advance at [mysdbb.org](http://mysdbb.org). Slowest times are between 10:00am and 1:00pm. The last Blood Drive in January produced 38 successful pints, anything above 30s is above-average. UC's most prolific blood donors are: Justina F., Jennene H. and Nellie P. Prior to donating try to eat your beans and greens, plus drink plenty of water before and after donating. The remaining 2019 blood drive dates are: May 11, July 13, September 14 and November 9.

## Save the Date for Music and Fun!!

Are you a supporter of music in the schools? Do you love a good talent show? Then save the date for the 5<sup>th</sup> Annual Sights and Sounds Showcase hosted by the University City High School Music Boosters. This wonderful community event gives our local youth the opportunity to show their talent while raising money to support the music program at the high school. Music, dance, singing and a concert by salsa band Rumba Y Sol. Come enjoy music, food, dessert buffet, and an amazing silent auction. Join us on April 19 from 6:00-10:00pm at the Lawrence Family Jewish Community Center, Jacobs Family Campus. If you are a local business or community member that would like to support the Music Boosters and this event with an item for our silent auction or a sponsorship, please contact Christine Mailloux at [uchsshowcase@gmail.com](mailto:uchsshowcase@gmail.com). See you at the show on April 19.



## Free Spring Concert

**Pacificares & Cedar Center Chorus Concert**  
**Saturday, April 6, 4:00pm**  
**First Baptist Church of Pacific Beach**  
**4747 Soledad Mountain Rd.**

Two local community choral groups are bringing to San Diego the renowned music director of the Texas Bach Festival, Dr. Barry Williamson, as guest conductor for a spring concert featuring the choral works of beloved British composer John Rutter. Dr. Williamson has been invited to direct "Requiem", a hauntingly moving Rutter's masterwork. The program also includes several other popular Rutter pieces, directed by Ms. Eunice Williams, including his stirring arrangement of "When The Saints Go Marching In". An orchestral ensemble will accompany the choruses. You are cordially invited to attend. The concert is FREE.

The groups have been singing together for more than 35 years; older adults who love to sing. Members that live in UC include: Tom Cosgrove, Jean Creek, Kelvin Cell, Norma Kellogg, Stephen Cagle, Mike Wenck, Denny Howe, and Jane Hoey.

## FOOD DRIVE

**Saturday, March 16**  
**10:00am to 1:00pm at Standley Park**

Enjoy a morning of Bounce House fun, face painting with Frannie the Clown, donuts, and much more.

**All that is asked in return is bring two non-perishable food items, and you will also be entered into a raffle to win a new iPad. All food items will be donated to the San Diego Food Bank.**

**The Food Drive is being organized by the Ryan Ahearn Team.**

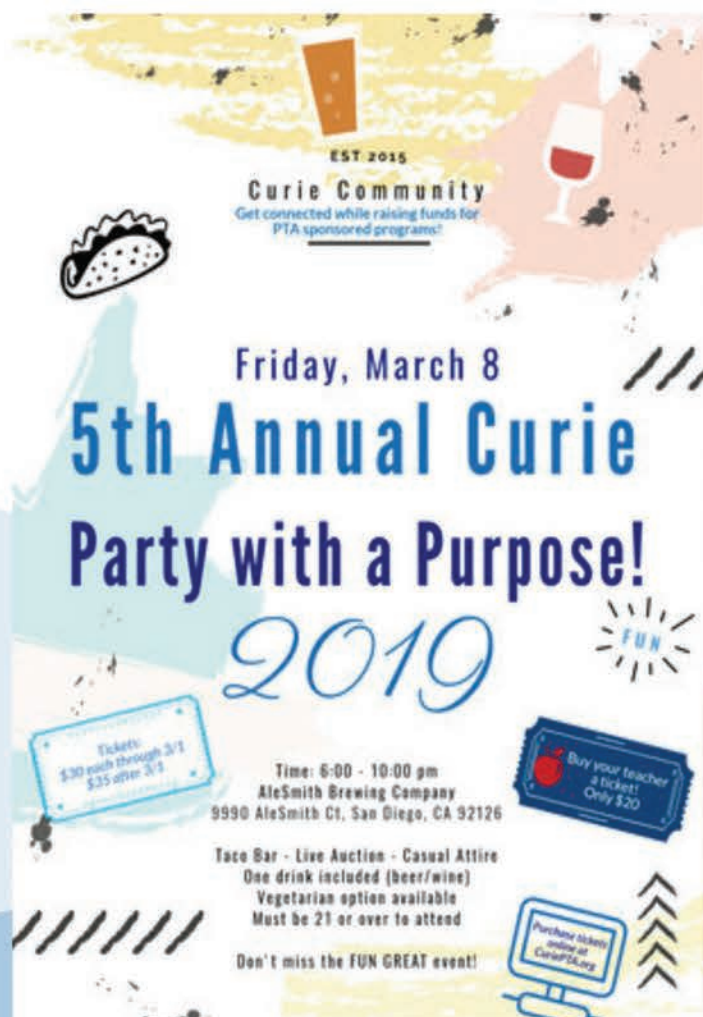


## UC Kids Like to Move It, Move It

by Jody Newlander

"Y'all ready for this?!" Several local children will be starring in JCompany Youth Theatre's production of "Madagascar: A Musical Adventure." Based on the DreamWorks animated movie, "Madagascar" revisits favorite characters as they escape from their home in New York's Central Park Zoo and find themselves on an unexpected journey. Kids ages 7-15 will take on roles like the showman, Alex the Lion; the dreamer, Marty the Zebra; the silly hypochondriac, Melman the Giraffe; and the chic beauty, Gloria the Hippo. There are plotting penguins, leaping lemurs and famished foosas that make the adventure memorable. This musical features a lively 1990's soundtrack, including the popular dance hits, "Move It, Move It!" and "Get Ready for This."

JCompany Artistic Director, Joey Landwehr, explains, "In the 1990s we had some of the best power dance music ever written. I know it, you know it and -- what is even funnier -- is that the lemurs of Madagascar know it. This show is pure fun with its exciting, high energy, romp through the jungles of Africa. But it is also pure joy as it shines the light on the important power of friendship when you need it most." This show runs March 8-24 at the Lawrence Family Jewish Community Center. Showtimes are 8:00pm on Saturdays, are 1:00 and 4:30pm on Sundays. Tickets information available by going online at [sdjc.org/jc/](http://sdjc.org/jc/) or by calling the box office at 858.362.1157.



EST. 2015  
Curie Community  
Get connected while raising funds for PTA sponsored programs!

Friday, March 8

# 5th Annual Curie Party with a Purpose! 2019

**Tickets:**  
\$30 rush through 3/1  
\$35 after 3/1

**Time:** 6:00 - 10:00 pm  
AleSmith Brewing Company  
9990 AleSmith Ct, San Diego, CA 92126

**Taco Bar - Live Auction - Casual Attire**  
One drink included (beer/wine)  
Vegetarian option available  
Must be 21 or over to attend

Don't miss the FUN GREAT event!

**Buy your teacher a ticket! Only \$20**

**Purchase tickets online at Curie.org**



Saturday,  
March 9

6:00-9:00pm

Silent Auction  
Raffle  
Teacher Auction  
Food Live Music

Current and former Spreckels parents, teachers and friends are invited to enjoy a fun night of sipping and bidding.

Tickets:

\$75 Fun Pack - 2 admissions, 2 concessions tickets, 5 raffle tickets

\$50 Couples - 2 admissions, 2 raffle tickets

\$25 - single admission

\$25 Sponsor a Teacher

Auction goes live March 4, go to [spreckels.givesmart.com](http://spreckels.givesmart.com) or text "SPRECKELS" to 52182, Teacher Auction is online bidding only.

There are also several instant buy auction items.

## Shred-Fest returns to University City

Back by popular demand for the 14<sup>th</sup> year! Have your files taken on a life of their own? UC Coldwell Banker is sponsoring their 14<sup>th</sup> annual (free) Shred-Fest on Saturday, March 16, 9:00am to 12:30pm, in the parking lot behind 3959 Governor Drive.

Their new location is in the rear parking lot behind Vons and the Coldwell Banker office on the southwest side of the shopping center. They have rented a huge, super-fast shredding machine. You are welcome to stay and watch your documents get chewed to pieces. Please limit documents to be shredded to three boxes. For more info, contact John Schindel at [John.Schindel@camoves.com](mailto:John.Schindel@camoves.com).

**VOLUNTEERRS ARE ALWAYS NEEDED TO HELP  
PUT ON ALL THE SPECIAL EVENTS AT THE  
STANDLEY PARK RECREATION CENTER.**



**VOLUNTEERS HELP US TO CONTINUE TO  
PROVIDE FREE AND FUN SPECIAL EVENTS TO  
THE U.C. COMMUNITY. IF YOU ARE  
INTERESTED IN VOLUNTEERING PLEASE CALL  
THE STANDLEY PARK FRONT OFFICE AT:  
858-552-1652**





## Scouts Earn Eagle Rank

by Laura Cartier and Katie Simas

In 2018, University City's own Troop 11 had six Boy Scouts earn Scouting's highest honor, that of Eagle Scout. To obtain the rank of Eagle Scout, a Scout must earn a minimum of 21 merit badges, be active in his troop and community, hold positions of leadership within the troop and organize and complete a service project. These Scouts service projects benefited our local Little Leagues, the Bennington Memorial Oak Grove in Balboa Park and Whittier Academy, a local school for children with special needs. Troop 11 is San Diego's second oldest Boy Scout Troop (102 years old) and has helped numerous past Scouts achieve Eagle Scout. We are excited that additional Scouts are already on track to finish their Eagle Scout rank in 2019! Thank you to University City and its community for your continued support.

Scouts pictured above, clockwise from top left: Eamon Goodnough, Max Thomson, Jack Moore, Andrew Rosener, Luke Cartier, and Nathan Simas.



## LEGO Club

Thursday, March 14, 2019 • 3:00 p.m. • Community Room

Have fun with other kids while you build different things. Come build anything you can imagine with LEGO.

LEGO pieces will be provided.



University Community Branch Library

4155 Governor Drive, San Diego CA 92122 • 858-552-1655



## BizTown Program Continues to be Funded by EdUCate!

by Jemma Samala

The Jr. Achievement BizTown program is more than just a field trip for 5<sup>th</sup> grade students to the Mission Valley location. It's the culmination of a four-week economy curriculum program, where the students learn about practical education, such as:

- How to write and deposit checks.
- How to interview for a job.
- How to become a respected employer or employee.
- How to demonstrate hard work at their assigned jobs.
- How to endorse and cash their paychecks.
- How to spend money to keep the economy flowing.

Spreckels Elementary Principal Michel Cazary commented that "This was my fourth opportunity to attend BizTown and it was as awesome as ever! Watching the students buzz around and feeling empowered is so wonderful to see. I also had the great pleasure of meeting the brand new CEO of BizTown who wanted me to extend his deepest thanks to EdUCate! for funding such a unique and powerful learning opportunity for our 5<sup>th</sup> graders. I echo his sentiments. It is really an incredible experience!"

Local 5<sup>th</sup> grade students are able to attend the BizTown program through grants provided by EdUCate! For more info about the program and EdUCate!, go to [uc-educate.org](http://uc-educate.org). And...

Save the Date

**EdUCate!**  
**Taste of the Triangle**

FRIDAY, MAY 3RD -  
PIRCH SHOWROOM, UTC MALL





### *Trees 1000 Planting in UC*

The Trees 1000 Foundation is very proud to announce that to date, since their start in July, about 130 trees have been planted in the UC community. The goal is to plant at least 1,000 free canopy trees in the University City community to help replace removed trees due to area construction projects.

Trees 1000 will be giving away small trees to children under age of 14 on Arbor Day - April 21 Sunday, from 1:00 to 4:00pm at the Ralph's grocery store patio on Nobel Drive and Villa La Jolla on the west side. Trees 1000 will be giving planting lessons and lessons about the value of trees. Flyers will be distributed at the elementary schools. For more information about Trees 1000, email [info@trees1000.org](mailto:info@trees1000.org). Trees are important!



### *Take a Look!*

*A mega-ton girder is installed on Genesee at La Jolla Village Drive as Trolley construction continues.*

The Mid-coast Trolley Project continues in University City. Recently, SANDAG crews set 60-foot-long concrete girders, or beams, to construct the elevated guideway for the future Mid-Coast Trolley. SANDAG's time lapse video of crews hoisting the 95-ton precast girders using a crane and set the girders on the columns that were built at the intersection is available on YouTube on the SANDAGRegion station.



### *UC Garden Club Revives Meetups*

The University City Garden Club had their first 2019 meetup on February 23. Following a brief business meeting, the host spoke on her magnificent one-third acre property, located along Rose Canyon.

The property on Gobat Ave. is landscaped certified Wildlife Habitat, National Wildlife

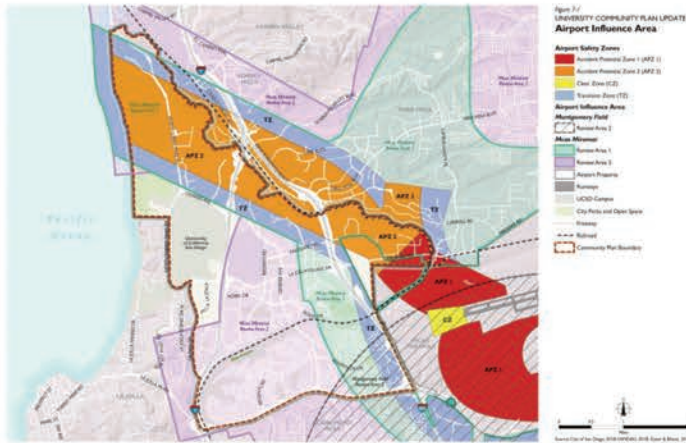
Organization; with native California plants created during the past seven years. There are 100 species and 300 to 400 plants. A limited number of potted plants were raffled, and others were available for sale. Property plants include massive Staghorn Ferns, Bromeliads, orchids, ferns, and much, much more.



Information was also given out about Spring Seminars "Urban to Suburban – Gardening within your Space" presented by the Master Gardener Program of San Diego County, on March 16, 8:00am to 3:30pm. For complete class schedule, workshop descriptions, and speaker bios, go to: [MasterGardenerSD.org/seminar](http://MasterGardenerSD.org/seminar).







## UC Not an Accident Potential Zone

by Diane Ahern, Miramar Community Leaders Forum

As illustrated in the University City "Existing Conditions Community Atlas" published by the Planning Department for the Community Plan Update Subcommittee, the residential areas of University City are not a designated Accident Potential Zone (APZ) for aircraft departing Miramar Airport. This is because standard departure procedures developed and mandated by the Department of Defense, the FAA, and the Airport Authority all require that flights departing Miramar Airport make a climbing right turn upon departure. Every time an aircraft from Miramar flies west of the 805, it puts the University City community into an Accident Potential Zone. This increases noise, decreases safety in the community, and increases the chance of a crash in University City. Following standard procedures keeps Miramar aircraft safely east of the 805 on departure and in the designated Accident Potential Zones. This not only decreases noise, but it also increases the margin of safety for the pilot and the people and property on the ground.

For info about flight operations at MCAS Miramar Airport, contact the Operations Duty Officer at [miramarmcas.odo@usmc.mil](mailto:miramarmcas.odo@usmc.mil). For more information about the University City community plan update, and a link to download the Community Atlas, visit [sandiego.gov/planning/community/cpu/university](http://sandiego.gov/planning/community/cpu/university).

## UC 2019 Capital Improvement Projects

by Roger Cavanaugh, Chair UCPG CIP Subcommittee

The UCPG is taking suggestions for a list of proposed Capital Improvement Projects to be submitted to Councilmember Barbara Bry. These proposals may include parks, playgrounds, fitness courses, dog runs, and other public benefit projects that contribute to the quality of life in our community.

If you would like to make a suggestion, please be specific as you can. You may submit your proposals to the chair of the UCPG CIP at [rogercavanaugh@gmail.com](mailto:rogercavanaugh@gmail.com), or to the UCPG chair, Chris Nielsen at [cn@adsc-xray.com](mailto:cn@adsc-xray.com). You may attend a UCPG meeting on March 12 or April 9 to better support your proposal. Any UCCA members who would like to help compile the list of CIP proposals please contact Roger.

**REMINDER: UCPG Elections** will be held at the March 12 meeting, starting at 6:00pm. Anyone who was registered as a member before February 12 will be allowed to vote. The meeting is at 10300 Campus Pointe Drive.

## Shift Program Construction Update

**Fire Station 50** (to be located on the southeast corner of Nobel Drive and Shoreline Drive) is currently in its design and permitting phase. Building construction is anticipated to start in late summer 2019. Meanwhile, grading (ensuring a level base for the project's foundation) on the project site will start soon, and the wet utilities (water and sewer connections) will begin shortly after the site grading. Stay tuned for more information about this project in the coming months.



**Gilman Drive Bridge, SANDAG & Caltrans Project:** celebrated its official opening in early February. Finishing work, including sand blasting and patching blemishes, has been completed. Additional striping, sidewalks and crosswalk improvements adjacent to the project site will be conducted as part of the Medical Center Drive South Improvement Project.

**Mid-Coast Trolley Construction Along Genesee Avenue, SANDAG Project:** Work for the Mid-Coast Trolley at the Genesee Avenue and La Jolla Village Drive intersection is complete. This work involved setting and securing four mega-ton girders at the intersection. The construction schedule for the girder installation at the final intersection in this area (at the UTC Transit Center) will be provided in the coming weeks. Due to the complexity of the work, closures can be postponed at any time without notice. For closure updates: [KeepSanDiegoMoving.com/MidCoastTrolley](http://KeepSanDiegoMoving.com/MidCoastTrolley).



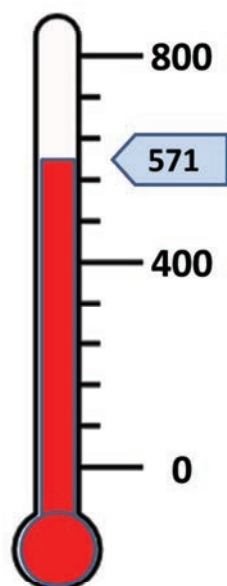
**Torrey Pines Golf Course:** A South Course remodel is slated to begin this month. The remodel will include a new irrigation system, improved bunker infrastructure and improved turf on approaches. In addition, two holes will undergo a minor transformation to improve shot values that both San Diego residents, visitors and Tour players alike can all enjoy.

Let us know what projects you're most interested in receiving information about by contacting [info@ShiftSanDiego.com](mailto:info@ShiftSanDiego.com) or 1-844-SHIFT-SD. Visit [ShiftSanDiego.com](http://ShiftSanDiego.com) to sign up for email alerts about major construction updates and access the map of all the ongoing projects.



## THANK YOU TO ALL WHO HAVE ALREADY JOINED UCCA FOR 2019

### January – February Memberships



UCCA Membership is currently at 571 with a goal of 800. Can we count on your support for University City this year? If you haven't had a chance to join or renew for 2019, there is still time. Don't delay – submit the form today!

#### Individual

Gregory J. Barnes, Esq.  
Thomas Bauer  
Ann Cunin  
James DeShazo  
Liz Fort  
Betty Koehler  
Jo-Ann Middleman  
Jessica Middleton  
Alvard & Martha  
Munevar  
Kathy Niess  
Nina Podhorsky  
Crystal Ruse  
Captain Dominic  
Salerno  
Anita Scuderi  
Rosemary G. West  
Anita Wilson  
Leora Zalman

#### Supporter

Doyle Elementary  
School PTA  
Jonathan & Alma  
Geiger  
Richard & Irene  
Harrington  
Judy Hood  
Meredith Kennedy  
Pat & Jody Kewley

Ron & Mona Kuczenski  
Helga Marchione  
Charles & Beverly  
Marvin  
Carl & Marilyn Mehr  
Rosemary Norling  
Nils A. & Britta I.  
Tafvelin  
University City Little  
League (UCLL)  
Mr. & Mrs. James  
Warner

#### Angel

James & Ellen Beshers  
Herbert Greiner  
Marsha Harvey  
Brenda Holman  
Kim Knouse & Imad  
Glandour  
Chris & Karen Landwair  
Mimi Lee  
John & Anna Lewis  
Helga Marchione  
Dave & Linda Ponsford  
Michael & Judy Quinton  
Kevin & Dusty Reisch  
Art & Tricia Samora  
Margaret Watkins

#### Gold

Judy & Harvey Amster  
Mary Beebe & Charles  
Reilly  
Toby & Skip Giesting  
Lisa Heikoff & David  
Katzner  
Bill & Delores Huston  
Steve & Mari Kalveloge  
Michael & Cathie Lester  
Kimberly Morch  
Roland & Lynnette  
Newman  
Roxane Roberts  
Craig & Connie Rooten  
Bill & Mary Sexton  
Fred & Gail Shatsky  
James & Sally Syren  
Greg & Cheri Zinser

#### Corporate

Scripps Health  
Southwest Strategies/  
Costa Verde Mal  
Westfield UTC

#### University City Community Association 2019 UCCA Membership Application\*

2019 Members will receive a 2019 membership card and a special thank-you gift for joining.

\_\_\_ \$20 Individual | \_\_\_ \$40 Supporter | \_\_\_ \$60 Angel | \_\_\_ \$100 Gold | \_\_\_ Additional donation enclosed \$\_\_\_\_\_

Please print Name(s) \_\_\_\_\_  
Address \_\_\_\_\_  
Business name \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_

***Would you like to volunteer? We welcome your time, talent, comments and suggestions. Please let us know.***

Individual and/or Business members' names will be listed in the newsletter. Please indicate if you do NOT want your name to be listed.  
\_\_\_ Do NOT list my name. Please make your check payable to UCCA; mail to UCCA, 3268 Governor Drive, Box 121, San Diego, CA 92122. Payment is also accepted through PayPal on our website [www.universitycitynews.org](http://www.universitycitynews.org).

*Your UCCA membership dues (and additional donation) make a big difference in our community. These funds help support our many worthwhile organizations, (i.e. public schools' fundraising, Standley Park, EdUCate, Neighborhood Watch, ImproveUC/UCCF, Buy Local) as well as many special projects and activities such as median beautification, painted utility boxes and street banners, 4th of July Celebration, Summer Concerts, December holiday tree and menorah lighting, and of course, our monthly newsletter delivered to your home and/or business.*

\*This membership is valid for the 2019 calendar year. Thank you for joining UCCA.  
If you have any questions, please contact our Membership Chairperson  
Hallie Burch at [UCAmembership@gmail.com](mailto:UCAmembership@gmail.com).



## BUY LOCAL UC Member Spotlights

### MIKE COHEN by Sandy Lippe

Mike Cohen's 40 years with State Farm Insurance began in the 1970s. The longtime agent was recently honored by the national office of State Farm for his dedicated four decades of service. He received lots of emails of congratulations across the country from people he had met climbing that ladder of success. Mike is a people kind of person, a soft shoulder with good advice, something that can't be taught in college. He credits his wife Linda, his partner in business and the office manager, for his success. He also appreciates his hard working staff. Way back in 1980 he opened his office in the Sprouts Shopping Center, 3232 Governor Drive, Suite G. Besides being a talented insurance agent, Mike turned his love of sports into volunteering as a coach for youth sports. Both of his adult children, Todd and Robin, and their friends played on teams coached by Mr. Cohen. Mike could be found at Standley Park for 25 years with his winning soccer teams, baseball, and basketball teams. Mike also helped EDUCATE get started and he worked on UC Celebration. He coached University City High School girls soccer team. Mike Cohen loves this U.C. community and its motto, "more than just a neighborhood," a place to live, play, and work.



### AAHARN Opens in UC by Barbara Gellman

Aaharn pronounced Ah-ham, means food in Thai and is a modern Thai restaurant tucked in the far right corner of the Sprouts Shopping Center at 3324 Governor Drive. Yarfon (Fon) Pattiya is one of the working owners who is ready to welcome UC locals to try the cuisine. She is effusive in her praise of the food and the locals who dine here.

Aaharn is open Monday through Thursday for lunch from 11:00am to 4:00pm. Dinner is served from 4:30-9:00pm. Friday and Saturday hours are 11:00am to 3:00pm for lunch, and 5:00 to 9:30pm for dinner. On Sundays, only dinner is served from 4:00 to 9:00pm. Yarfon reminds her customers there are different levels of spice. She laughs when she says there are "warning signs" and someone new to Thai food might opt for a mild sauce. UCCA welcomes this new restaurant to the neighborhood.

## C Yoga Studio and Teacher Training Facility Now Open



UCCA is happy to welcome Yoga Teacher Trainer Colin Wolpert and the C Yoga Studio to University City, located at 3232 Governor Drive, upstairs at Suite B. Colin found yoga after years of running a high tech computer corporation. He ultimately realized that another car, another holiday and another grey hair was not serving anyone, including himself. He knew there had to be another way.

Fast forward several years and Colin is now a Yoga Alliance certified E-RYT500 Yoga Teacher Trainer, Instructor and Pre-Natal teacher (R-PYT). Colin brings unique shrada (faith) to his classes and believes that by breathing freely, without resistance, we can fully trust the process of life. C Yoga Studio offers yoga classes, kids classes, workshops, teacher training, and much more. Visit their website at [www.cyogastudio.com](http://www.cyogastudio.com) for more information and to pre-register for an upcoming class.



## Some UC Streets to Get Slurry Seal

The City performed a street condition survey in 2011 and updated the survey in 2015, assigning an Overall Condition Index (OCI) number to each street. Based on the OCI and other factors, many streets in University City, most of which are north of Governor Drive, are scheduled to get a slurry seal this year. To find out if your street is on the list, click on the Future/Ongoing Work link at [streets.sandiego.gov/](http://streets.sandiego.gov/).



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# the QUINTESSENTIAL FESTIVAL

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UnionBank

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UNITED CAPITAL

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(age 21 or over with valid ID only)

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**NOBEL ATHLETIC FIELDS & RECREATION CENTER**  
8810 Judicial Drive, San Diego, CA 92122—West of I-805 from Nobel Drive  
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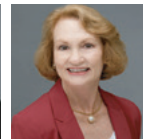
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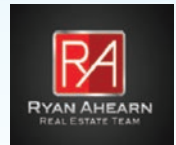


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