

**INSIDE**

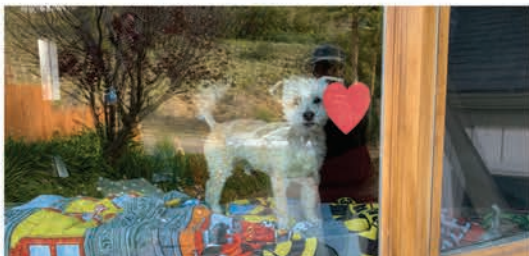
UNIVERSITY CITY...*more than just a neighborhood!*

# University City

# NEWS

UNIVERSITYCITYNEWS.ORG

APRIL 2020



## Local Parks and Trails to Remain Closed

Local parks and trails will remain closed for an indefinite time, due to preventing the transmission of COVID-19. The city libraries and recreation centers are also closed, and accordingly, events and meetings have been cancelled. Residents are still able to go outside and walk with their household members and dogs, while keeping the "six-feet apart" social distance recommendation. Friends of Rose Canyon Executive Director Debby Knight is also asking residents to please not enter Rose Canyon and Marian Bear Park. Rather, since there is so much of nature around us, send photos of birds, butterflies, insects, etc to [rosecanyon@san.rr.com](mailto:rosecanyon@san.rr.com), to share on their website [rosecanyon.org](http://rosecanyon.org).

## University City Has Heart

On NextDoor.com, UC resident Suzie Seldress relayed the message from Curie Elementary Principal, Dr. Ough, suggesting that the neighborhood put hearts out, so families would see them on their walks. University City once again, did not disappoint. We saw lots of hearts, and as Seldress said, "it's an easy way to 'love thy neighbor' from a socially responsible distance." During this "stay-at-home" season, try to find these hearts, as well as put up your own hearts, and show why University City is more than just a neighborhood.



*More than just a neighborhood*

## UNIVERSITY CITY COMMUNITY NEWSLETTER

Published by **University City Community Association**  
3298 Governor Drive #22574  
San Diego, CA 92122  
[www.universitycitynews.org](http://www.universitycitynews.org)  
858.412.0786 [universitycitynews@gmail.com](mailto:universitycitynews@gmail.com)

Distribution is 6,000 copies, 10 issues per year, hand delivered to South University City residents, schools, libraries, parks and businesses.

**Editor** Jemma Samala, [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com)

**Advertising** Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)

**Be the Eyes and Ears of UC:** The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

### Guidelines:

- Your article should be approximately 250 words or less, sent in a Word document and attached to an email.
- Include who, what, why, where, and how.
- Be as brief and concise as possible. Editing may result in errors.
- DO NOT send articles in a pdf formats.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The Editor reserves the right to edit articles as needed.
- Articles or ads considered to be political will not be accepted.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com) or [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com).

### Deadline for the MAY issue: APRIL 16, 2020

Please send your submission as early as possible. The deadline for the May issue is April 16, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

### 2020 UCCA Board Members

#### Executive Board

President: Barry Bernstein, [apdrfn@aol.com](mailto:apdrfn@aol.com), 858.453.3713

Vice-President: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)

Secretary: Jim Beshears, [jwblaw@sbcglobal.net](mailto:jwblaw@sbcglobal.net)

Treasurer: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)

#### Appointed Positions

Beautification Chair/UCCF Liaison: Merle Langston, [merlelangston1@gmail.com](mailto:merlelangston1@gmail.com), and Barbara Gellman, Co-Chair, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)

CASA Liaison/Publicity & Promotion/Webmaster: Diane Ahern, [ahern.diane@gmail.com](mailto:ahern.diane@gmail.com)

Corresponding Secretary & Historian: OPEN

\*Christmas Tree/Menorah Lighting Coordinator: Darlene Ventimiglia, [darleneven2@gmail.com](mailto:darleneven2@gmail.com)

Membership: Hallie Burch, [UCCAmembership@gmail.com](mailto:UCCAmembership@gmail.com)

Neighborhood Watch: Barbara Gellman, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)

Newsletter Chair/Distributor: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)

\*Newsletter Ads: Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)

\*Newsletter Editor: Jemma Samala, [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com)

Parliamentarian/SD Network of Town Coalitions: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)

Special Events: Barbara Henshaw, [barbarahenshaw@gmail.com](mailto:barbarahenshaw@gmail.com)

\*UCPG CPUS Liaison: Katie Rodolico, [ktnelson@yahoo.com](mailto:ktnelson@yahoo.com)

\*UCSD Liaison: Deanna Ratnikova, [deanna.ratnikova@gmail.com](mailto:deanna.ratnikova@gmail.com)

\*Non-Voting Member

## UCCA Meeting Synopsis

**March 11**

*by Jim Beshears, UCCA Secretary*



- Melanie Bognuda of the San Diego Police Department reported on their work to get cases through the system, traffic violation enforcement and graffiti control.
- Lane Woolery of the San Diego Fire Department reported on efforts to prevent the spread of coronavirus, planning for fire safety and prevention.
- Beth Binger and David McCullough of Wilmark gave a presentation on plans for Gullstrand and the golf course property. They said the golf course would not be restored but the canyon would be preserved as open space. They said the old landscaping had to be removed and would be replaced to comply with City regulations.
- Justine Murray, representative of City Councilwoman Barbara Bry, discussed the City's "Get it Done" website to report problems. She also reviewed what the City is doing concerning Wilmark development, budget issues for the City, the status of a stop light for Lakewood and Governor, and height increase of Miramar Landfill.
- Lisa Wood, Project Manager for Miramar Landfill, discussed plans to increase height of landfill by 25 feet. She also discussed efforts to control odors.
- Miller Saltzman, representative for Assemblywoman Toni Atkins, discussed the California budget, the issuance of bonds to build housing close to jobs and transportation, and "Real ID" requirements by the end of the year.
- A report from Congressman Scott Peters was read on the record. He discussed efforts to fight the coronavirus, and meeting with local community groups.
- Chris Nielsen of University City Planning Group reported on board elections with new members now on the board.
- Mark Salata of EdUCate Foundation made a request for funding the Taste of the Triangle fund raiser on May 8, 2020. (This event has been postponed.)

\*\*\*

The next UCCA meeting was scheduled for April 15. Due to the closure of the library, the Order banning gatherings of 10 or more, and the general recommendation of social distancing due to the Coronavirus outbreak, the **April meeting has been cancelled**. Keep up with local news by going on the UCCA website: [universitycitynews.org](http://universitycitynews.org), and follow UCCA on Facebook, Twitter and Instagram @universitycitycommunityassociation.



## UCCA President Barry Bernstein

Dear Newsletter Reader,

(reaching you in a new way)

April is here, and it has unfortunately brought much more than the usually welcomed "showers".

Our normal home newsletter delivery, in consideration of the welfare of our volunteers, needed to change.

These are unprecedented times, and requires all of us to think of the health and safety of others and how to modify our social interactions during these unknowing times.

I hope when reading this column, the spread of coronavirus has started to level off in our country and the rest of the world, and there soon will be a return to some level of normalcy. However, we must remain vigilant and respect the CDC, National, State, County/City guidelines. Most, if not all, public meetings have been canceled this month.

You've probably read/heard of the serious impact upon the economics of our country and how government is addressing this issue. If each of us does their part, maybe in the not too distant future we will be able to look back upon these challenging times and feel some pride in how we came together to "overcome".

April traditionally is a month for what has been a family gathering time as both Easter and Passover holidays brings many of us together to celebrate. For many these plans have needed to be changed.

Major sports events, tournaments, seasons have all be postponed or eliminated...and in Japan the Olympics has been re-scheduled for July 23 through August 8, 2021.

How this pandemic may affect our National, State, and City elections set for this November is a big question mark.

The U.S. Census survey has arrived for most...and with all that's going on, sending in your response card is still expected...so don't forget.

And of course, as I suspect you know, the filing date for our taxes has been delayed until July 15.

Here's a little tidbit...since we're all home-bound and needing to create some diversions and perhaps learning some new skills at the same time...There are rumors that a six foot square mah jong/Bridge table can be ordered on Amazon with a drop-down tile/card sanitizer in the middle ... It comes with robotic-like hand-held arm extensions. All this, plus the anxiously awaited 2020 mah jong player's card and a "Bridge for the Beginners" handbook.

I could go on and on mentioning some other mundane life activities each of us has taken for granted, but that doesn't seem important these days.

Thank you to our front line health professionals and elected officials who have been working overtime to provide us with needed medical services and information. I am cautiously optimistic that based on health/city officials' recommendations that our May issue may return to our regular hard copy edition. If not, I'll be with you again, online.

The UCCA Board wishes you and yours good health and safety...and to those who observe, have a wonderful Easter and Passover. Stay well University City, where we're more than just a neighborhood. ~Barry

# calendar

**APRIL FOOL'S DAY**  
Wednesday, April 1

**WORLD HEALTH DAY**  
Tuesday, April 7

**PASSOVER**  
Begins sundown,  
Wednesday, April 8  
Ends sundown,  
Thursday, April 16

**EASTER**  
Sunday, April 12

**PATRIOT'S DAY**  
Monday, April 20

**EARTH DAY**  
Wednesday, April 22

**ARBOR DAY**  
Friday, April 24

**NATIONAL MAHJONG DAY**  
Thursday, April 30

\*\*\*

**SPRING EGG HUNT**  
Cancelled

**MONTHLY MEETINGS CANCELLED**  
(usual meeting days)

**UC Planning Group**  
(2<sup>nd</sup> Tuesdays)

**University City Community Association**  
(2<sup>nd</sup> Wednesdays)

**People for a Clean UC**  
(3<sup>rd</sup> Sundays)

**UC Community Plan Committee**  
(3<sup>rd</sup> Tuesdays)

**University City Parks Council  
Standley Park Community Rec Group**  
(4<sup>th</sup> Thursdays)



## Neighborhood Watch Deals with More Than Crime

by Barbara Gellman

Neighborhood Watch is not just about crime prevention, it covers how and why we interact with our neighbors. This health crisis is an excellent opportunity to reach out to others (while keeping six feet of social distancing); knowing each other diminishes the stress levels if one needs to ask for help.

### Feel good tips to help others:

- Early walkers: if the newspaper has been delivered, move it up to the neighbor's door.
- Making a "store" run: check with a neighbor who can't get out for one reason or another and pick up what they need.
- Do a "neighbor" check; call to be sure they are ok, it lets them know that someone cares.
- Can you walk their dog if they are unable to do this, assuming you are equipped to handle the dog.
- Recommend a movie or special program from one of the TV channels, Netflix, Streaming, etc. for kids and adults.

### What to do if stationed at home for yourself and family:

- Set up 3 boxes, one that says donate, one keep and one maybe. Start going through closets, drawers, cabinets, shelves inside the house and then the garage. Call a charity to pick up the donation boxes. Reorganize.
- Sort through old photos and decide how to store them; do it with children if they are home; you are teaching them family history.
- Read books, listen to music, dance
- Go for walks or bike rides
- Walk along the beaches
- Try a new recipe
- Teach your children how to cook AND clean up
- Craft projects

Stress compromises your immune system so, try to stay active and positive and add some of your own ideas to share with other friends or family.

## Tips to Help Prevent Bicycle Theft

Info from Officer Melanie Bognuda, Northern Division SDPD

### Tips to Help Prevent Bicycle Theft

If you lock your bicycle up correctly, thieves will pass it over and move on to an easier target that is less secured. And if you insure your bicycle, your insurer will compensate you for your loss if your bicycle is stolen after all.

#### • Lock Up Your Bicycle

Secure your bicycle frame with a heavy duty lock, such as a U-lock. Then use an additional locking system as a secondary to secure your wheels. Do some research on all the different types of bicycle locks available out there and pick what you will actually use.

#### • Secure your Bicycle Components

Replace your quick release skewer or bolt which holds your seatpost or wheels with a locking skewer. Also, check out the locking top cap bolt to secure your fork. Contact your local bicycle shop and ask for additional tricks which can thwart thieves.

#### • Park your Bicycle Correctly, Use the Bicycle Rack

Remember that when your bicycle is locked up outside, it's only as secure as the thing you've locked it to. Street sign poles are not a secure option. Thieves can remove the sign or if your locking system stretches, they simply lift your bicycle over the top of the pole to remove it.

#### • Take Your Accessories with You

If you enjoy the convenience of a bicycle light, rack, bag, or basket which can be easily removed, then you should take it with you when you lock up your bicycle on the street. Thieves want nice accessories too. They will look for goods which they can easily grab and go.

#### • Store Your Bicycle Inside

And by inside, we mean inside your residence or garage. Avoid advertising your bicycle by not storing it on your front porch or balcony. Also, use your bicycle lock while at your residence. If a thief is able to gain access, they will have one more hurdle to jump before riding away on your bicycle.

#### • Know Your Bicycle Information

If your bicycle is stolen, you will need to be able to provide the make, model, Serial Number, color, and any other distinctive features which make it stand out. Please file a police report. Call 619.531.2000 to report.

## Police and Fire Dispatchers Asking Additional Questions Related to COVID-19

San Diego Police and Fire/Rescue Departments have asked for the public's help to keep our first responders safe. Let dispatchers know if you have symptoms or are under quarantine so they can take the necessary precautions. In San Diego, call-takers for 9-1-1 Emergency will ask for additional information and are asking questions such as:

- Are you having flu-like symptoms, such as fever, cough or shortness of breath?
- In the last 14 days have you traveled to a high-risk area for transmission of COVID-19?
- Have you been in close contact with someone confirmed or being evaluated for COVID-19?

First responders report that the answers to these questions will help them be better prepared to serve those who may be infected with COVID-19 and also reduce the risk of further spread of the virus. For more information, visit the City's website at [www.sandiego.gov](http://www.sandiego.gov)

### WHEN REQUESTING EMERGENCY SERVICES

IF YOU HAVE FLU-LIKE SYMPTOMS, ARE QUARANTINED, OR UNDER SELF-QUARANTINE AND NEED EMERGENCY SERVICES, PLEASE LET THE DISPATCHER KNOW.

SHARING THIS INFORMATION WITH 911 DISPATCHERS WILL HELP OUR FIRST RESPONDERS TAKE THE NECESSARY PRECAUTIONS TO AVOID SPREAD OF THE CORONAVIRUS.



## Council President Pro Tem Barbara Bry

### COVID-19

COVID-19 is a rapidly evolving situation, so to aid the spread of timely, accurate information, the Office of Council President Pro Tem Barbara Bry will be delivering a daily update on federal, state, county, and city COVID-19 related developments. This update will be releasing via social media every day by 5:00pm. To receive these updates follow @barbarabryd1 or subscribe to email news alerts at [sandiego.gov/citycouncil/cd1](http://sandiego.gov/citycouncil/cd1).

In the meantime, stay up-to-date with COVID-19 news with the following resources:

San Diego City: [www.sandiego.gov/coronavirus](http://www.sandiego.gov/coronavirus)

San Diego County: [www.sandiegocounty.gov/coronavirus/](http://www.sandiegocounty.gov/coronavirus/)

California Department of Public Health: [www.cdph.ca.gov/](http://www.cdph.ca.gov/)

Center for Disease Control (CDC): [www.cdc.gov/](http://www.cdc.gov/)

The Office of Councilmember Bry is here and working for you, and we appreciate your patience during this time.

### Climate Emergency Resolution

On March 10, my Council colleagues and I voted to pass a Climate Emergency Resolution. I'm proud to have voted in favor of this resolution, which affirms San Diego's commitment to addressing the prevalent, pressing effects of climate change. In their annual report, the Climate Action Campaign awarded our City a silver ranking in regards to our efforts to combat climate change. While our we have made some strides, there is more to do, and I am committed as a City Councilmember to addressing this important global concern.

## Using Red Flag Law to Combat Hate Crimes

*by City Attorney Mara W. Elliott*

When a 35-year-old Clairemont man threatened on Facebook to "shoot up" a gay bar in Hillcrest and then kill himself, our Office intervened with a Gun Violence Restraining Order (GVRO) to prevent this attack. This is just one example of more than 300 situations where our Office obtained GVROs to avert potential gun violence tragedy. While most GVRO cases referred to our Office involve domestic violence or threats of suicide, we've also found them to be a valuable tool for preventing hate-fueled violence in our community.

Using California's Red Flag Law, our Office obtains GVROs to safely remove firearms from individuals who pose a danger to themselves or others. They also serve another purpose – preventing the person named in the order from acquiring new guns and ammunition. Here are other examples where GVROs prevented potential hate crimes:

- A man bumped, punched, and pulled a hijab off Muslim women in Little Italy, yelling, "Go back to your country!" When police went to his home, he answered the door with a gun in his hand.
- A man left disturbing telephone messages referencing bullets and guns at an English as a Second Language school, and tried to intimidate its students from taking a field trip to his neighborhood.
- A man vowed to commit the largest mass shooting in U.S. history and broadcast it on Instagram. He mentioned a specific school where he wanted to kill people based on their race.

Hate crimes have increased dramatically since their decade-low rate in 2014, and increasingly target individuals as opposed to property. With GVROs, we protect our most vulnerable populations, particularly those who face threats of violence because of their race, religion, national origin, gender identity or other characteristics.

As City Attorney, my job is to ensure all San Diegans feel safe in their own communities, and I rely on vigilant members of the community like you to report these kinds of threats.



**Kristin Gaspar**

## SD County Board of Supervisor, District 3

This is a really challenging time for all of us. We are navigating through uncharted times that can feel frightening and overwhelming. As a parent of three children, I understand the tremendous impact our school closures will have. With our children not being in the classroom, we MUST be vigilant and make sure they stay home.

The County Public Health Officer implemented this order because although children may not show symptoms, they can be carriers of the coronavirus. It is crucial that as parents we understand this is not an early spring break, this is a public health crisis that we are trying to contain. You might be thinking that it's ok to have your kids' friends come over, continue to have birthday parties, sleepovers and play dates. But doing so may unintentionally bring the virus into more homes and transmit it to someone's grandparent or someone whose immune system is compromised. We must all do our part to stop the spread of this powerful virus. Being the strong and resilient community that we are, it is important that we heed the advice and guidance from our public health officials and make prudent decisions for the health of our region and our families.

Our elderly relatives, friends and neighbors are among the most vulnerable in our community. As we experience one of the most challenging crises of our lives, it's so important that we remember to check on them to make sure they have enough food and are getting the proper care they need and deserve.

Thankfully, we have some community partners that are stepping up during these difficult times. The San Diego Food Bank and the North County Food Bank are continuing their food distributions and their 200 sites around the county are still open for families and seniors who need food assistance.

The County's Aging and Independence Services also continues its regular meal deliveries and now, is expanding its reach to include meal deliveries for anyone who is under a quarantine or isolation order from the Public Health Officer. To connect with AIS call: 1-800-339-4661.

Seniors may also be eligible for low cost computers from the San Diego Futures Foundation. To apply, go to [www.sdfutures.org](http://www.sdfutures.org), then to the computer section where you can fill out an application. Thank you for looking out for our elderly neighbors.

It is my honor to serve as District 3 Supervisor. Please feel free to contact me at [Kristin.Gaspar@sdcounty.ca.gov](mailto:Kristin.Gaspar@sdcounty.ca.gov) or 619.531.5533.



## It's all happening at the eLibrary

*A Message from San Diego Public Library Director Misty Jones*

As you know, all San Diego Public Libraries are closed until at least April 6 and programming and events have been postponed or cancelled. Our staff miss seeing you and we look forward to getting back to helping you in person. Our mission is to inspire lifelong learning through connections to knowledge and each other. We know that mission is best served when our outstanding Library staff can provide you one-on-one assistance.

Until that is possible again, please take advantage of the free online resources available in our eLibrary. Listed below are just some of those valuable resources. Many require you enter your Library card number. Don't have a library card? You can apply for a card online and use your temporary card number and password to login and access the eLibrary at [www.sandiego.gov/public-library/elibrary](http://www.sandiego.gov/public-library/elibrary)

- U.S. Newsstream: Read daily editions of newspapers including Los Angeles Times, New York Times and Washington Post.
- Audiobooks and eBooks: Fire up your Kindle and start downloading a library of eBooks, or download an audiobook to listen to while cooking dinner. RBDigital, enki Library, and cloudLibrary offer thousands of eBooks and digital audiobooks.
- Learn a New Skill: Gale Courses offers more than 300 highly interactive, instructor-led courses that you can take entirely online. Learn more about computer programming, criminal law, or digital photography.
- BookFlix: A literacy resource that pairs classic children's video storybooks with related nonfiction eBooks from Scholastic. This is an interactive way to build a love of reading and learning.
- Rosetta Stone: Parlez-vous français? Learn a new language for free with Rosetta Stone. Select from thirty easy-to-use language courses.
- Health and Wellness: Gale Health and Wellness offers access to full-text medical journals, magazines, and more. MedlinePlus and MedlinePlus en Español offers important information on diseases, conditions, and wellness issues, including COVID-19 updates.
- Flipster: Read your favorite magazine online. Flipster is an easy-to-use digital newsstand that offers access to bestselling digital magazines.
- Testing and EducationTesting & Education Reference Center: Prepare for tests, download test handbooks, plan for higher education, explore career paths, build a resume, and access job interview tips.
- Resources to Get Online: Two San Diego Public Library Foundation partners and Library supporters are stepping up to help San Diego children obtain low-cost computers and providing internet help for lower-income customers.
  - Computers 2 Kids San Diego (C2K) is dedicated to broadening access to computers and technology for all San Diego children and their families, regardless of their economic status. For those who qualify, C2K provides a desktop computer for \$80 and laptops for \$100.
  - Cox Communications is helping K-12 students without internet at home by offering 60 days of free internet for new participants of its Connect2Compete program. Cox is also offering a lower cost internet tier with no annual contract for those in need such as seniors and college students, and is relaxing data usage overage charges for all tiers.

For more information about Library services available through the eLibrary, visit [www.sandiego.gov/public-library/elibrary](http://www.sandiego.gov/public-library/elibrary)



## SDPL announces Spring Reading Program

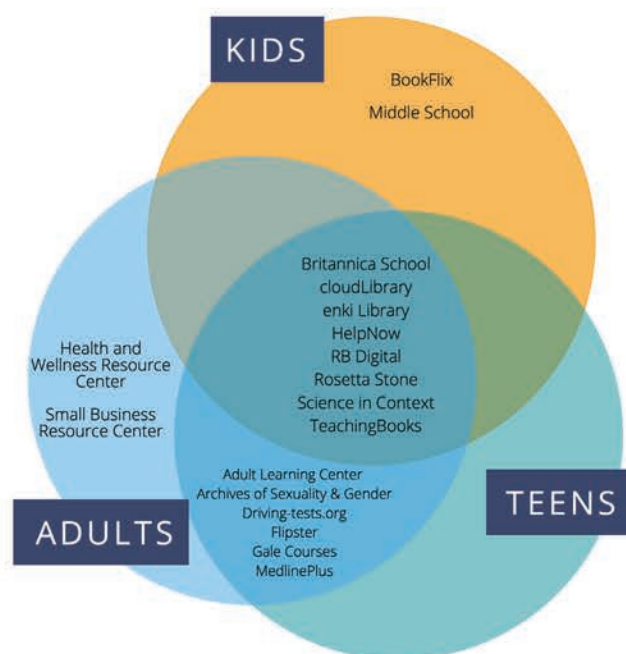
### Temporary Library Cards Available for eLibrary

Registration is now open for the San Diego Public Library's Spring into Reading Program for readers of all ages. Looking for books to read at home? Visit the SDPL eLibrary to view all of the options. The CloudLibrary app, which can be downloaded to phone or tablet, is a great place to start.

To register, have your San Diego Public Library card handy, which begins with the digits 01336. Don't have a library card? You can apply for a card and use your temporary card number and password to login and access eLibrary.

All reading counts. For example, listening to audiobooks and watching story times online are great ways to complete your reading log. For more information on the Spring into Reading Program, visit [www.sandiego.gov/springreading](http://www.sandiego.gov/springreading)

## SD Public Library eLibrary Resources



Visit <https://www.sandiego.gov/public-library/elibrary> to access these digital resources and more!



## AT-HOME LEARNING

Where Children Matter

A CALIFORNIA PUBLIC EDUCATION PARTNERSHIP



### Learn at Home Resources from KPBS

Available During COVID-19 School Closures

In collaboration with the San Diego County Office of Education and San Diego Unified School District, KPBS has launched an at-home learning response to school closures for all children and youth in San Diego and Imperial counties. This response includes a new educational schedule for broadcast on KPBS 2, as well as free digital content for at-home learning and support for teachers and parents navigating this new learning landscape throughout the state.

KPBS is broadcasting a California state standards-aligned educational television schedule, created by PBS SoCal/KCET and the Los Angeles Unified School District. This TV schedule was developed to help schools and districts bridge the digital divide and provide equitable access to learning for all students at home, regardless of access to internet or computers. Educational programming aligned with state standards runs each weekday 6:00am to 6:00pm on KPBS 2. Grades TK-3: 6:00am – 8:00am; Grades 4-8: 8:00am -1:00pm; Grades 9-12: 1:00pm – 6:00pm. For more information, visit [www.kpbs.org/](http://www.kpbs.org/)

### Important Tips for Parents on Homeschooling

by Mark Powell, SD County Board of Education, District 1

The San Diego County Office of Education is continuing to build out their COVID-19 website with additional resources and materials to assist teachers and families during this crisis. There are also pages dedicated to mental and emotional health for students and families, as well as support resources for families. SDCOE is updating the site daily with additional materials so I encourage you to check the site regularly at [sdcoe.net](http://sdcoe.net). And with over 500,000 students across San Diego County being homeschooled parents are now taking on the role as classroom teacher. Here are some tips for parents on "The Essentials of Homeschooling":

- Create a parent chat using Facetime, Zoom or Skype for parents to discuss teaching techniques. A teleconference would also work.
- Allow your kids to do homework with their classmates online
- Monitor your kids when they are learning online
- Have a daily routine and put it in writing, make a schedule
- Create a space in the house designated for learning
- Include your children in the learning process
- Exercise and take breaks throughout the day
- Access district resources and school websites daily for information
- Monitor your email and phone messages for school updates
- Email your child's teacher with questions on assignments
- Do not be too hard on yourself or your kids and try to keep your stress level as low as possible

### UC STUDENTS WILL SUCCESSFULLY COMPLETE THE SCHOOL YEAR

by John Lee Evans, SD Unified Board President

The Superintendent and the Board of Education have approved a plan to continue the 2019-20 school year with distance learning. While this does not meet the ideal of direct contact between students and teachers, we do not want to further delay the education of our students.

High school students will receive credit for the courses they are currently taking. High school seniors will still graduate in June. If at some point we are allowed to return to our buildings we will quickly move back, but we are not going to wait around for that undetermined date.

San Diego Unified has been teaching students in the classroom for over 150 years. Now we are going to make the transition to online learning in about a month. The "soft launch" of the program will begin immediately after the traditional Spring Break on April 6. During the first three weeks we will be training teachers on best practices for online learning and we will be distributing thousands of computers to those students who do not have them at home. No one will be left out. During the first three weeks teachers can make contact with their students and practice the new system to allow students to continue progressing in the curriculum. On April 27 we will begin the formal assignments, testing and grading.

Many teachers have already been doing amazing things. One kindergarten teacher hosted a group reading on Zoom on the first day of the closure. Another teacher was delivering materials to students that same day. Teacher appreciation has gone way up as frustrated parents contend with helping their children. One said, "I have been teaching my six year old and eight year old for one hour and 11 minutes and I think teachers should be paid a billion dollars a year."

The first couple of weeks have been a challenge for everyone. Parents and students will welcome the new structure as it is gradually implemented. This is all an unprecedented challenge to our teachers, parents and students, but we are all in this together.

### SAMPLE DAILY SCHEDULE

Courtesy Mark Powell

### Daily Schedule

Second Grade - 2019-2020



8:45-9:00	Unpack & Morning Routines
9:00-9:15	Morning Meeting
9:15-10:15	Math
10:15-10:40	Writing
10:40-11:30	Special
11:30-12:20	Core Extension
12:20-1:05	Lunch
1:05-2:10	Language Arts
2:10-2:40	Phonics
2:40-3:15	Social Studies/Science
3:15-3:30	Pack Up & Dismissal Routines



Special thanks goes out to the Thygerson family for putting up one of the Spreckels Elementary class of 2020 5th grade gifts.



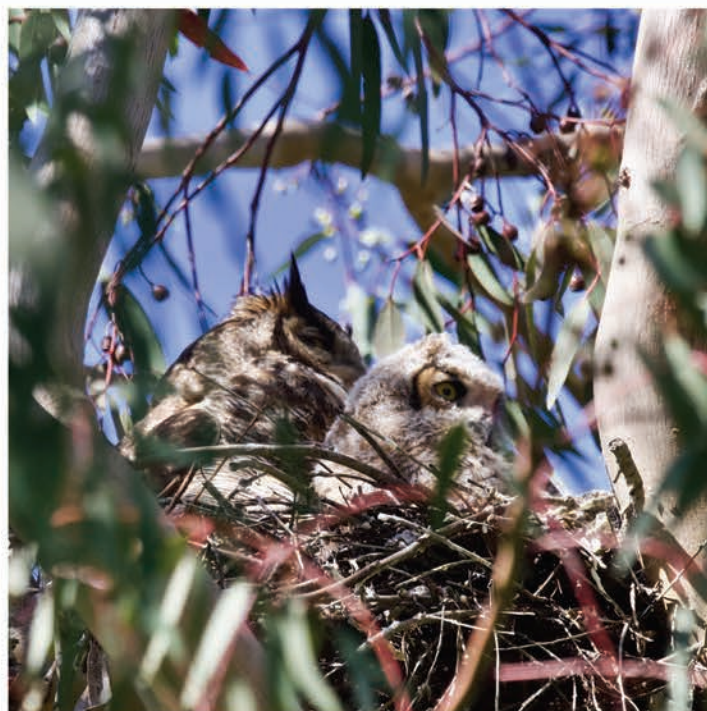
## UNIVERSITY CITY HIGH SCHOOL BOYS VARSITY BASKETBALL SEASON COMPLETED

by Marie Minnick

The UCHS boys basketball team just completed the 2019-2020 season with an appearance in the CIF Division 2 Championship final game vs San Diego High School. Though they lost in the Final game they were invited to the California State Championship tournament and won their first round game against Calexico High School.

The team traveled to Downey, California and lost to St Pius-St Mattheis High School in the 2<sup>nd</sup> round of the State Championship game to end the season at 21-10 record. Most of these boys have played together since Standley Middle School and have made UC proud.

Team members are: Zeke Cotsirilos, Wesley Clarkson, Jack O'Donnell, Jonah Doolittle, Tyler Billings, Luke Minnick, Kasen Dickerson, Jalen LeFear, Carson Truong, Dylan Pursel, Alex Kohlenberg, Franky Naguidebe, and Hansen Lee.



## Owlets Spotted at Marcy Park

Alison Dorvillier submitted the above photo, taken by her mother Frimmel Smith, of the Great Horned Owlets (baby owls) nesting at Marcy Park on Stresemann St. The nest is one vacated by a Red Tail Hawk. Placed in a nearby tree is a large owl box for the Barn Owls, a project of the University City Community Foundation. Additional boxes, all built by UC resident Robert Wiegand, are located at UC Gardens Park and Standley Park. The hope is that local owls will increase and the rodent population can be controlled naturally.

## Jewish Family Service Provides Food, Meals, Transportation

Jewish Family Service of San Diego (JFS) has expanded its most vital programs to serve families and individuals of all faiths, background and ages, impacted by the COVID-19 pandemic, and wants San Diegans to know: Food, meals and transportation are available for those in critical need!

Available services:

- **Foodmobile:** Expanded home-delivery meal service for homebound seniors and disabled adults. Deliveries may include hot/ready-to-eat meals, frozen meals and groceries to create home-cooked meals. For more information or to get help, call 858.637.3210.
- **Drive-Thru Food Assistance:** Those in critical need can pick up bags of fresh and non-perishable food via a new drive-thru service at the JFS Joan & Irwin Jacobs Campus at 8804 Balboa Avenue every Monday-Friday from 11:00am to 1:00pm. No appointment needed.
- **On the Go:** Older adults and/or their caregivers can schedule rides to the grocery store or medical appointments. Rides are provided by volunteer drivers and through rideshare service Lyft via JFS's On the Go Navigator service. For more information or to request a ride, call 858.637.3210

## Little Free Libraries Abound in UC

by Jemma Samala

Little Free Library is a nonprofit organization that aims to inspire a love of reading, build community, and spark creativity by fostering neighborhood book exchanges. While public libraries are closed, this would be a good time to visit, borrow, and leave a book. They are also becoming places to leave extra supplies that neighbors can leave for others (such as food items, toilet paper, etc). We took a drive around University City and put together the following guide. If we missed one, let us know. For more info about the program, go to [LittleFreeLibrary.org](http://LittleFreeLibrary.org). Also note that future UCCA newsletters will be left at each Little Free Library.



**Northwest UC** – photo above, Arnoldson Avenue (by Travers Way)

**Southwest UC**



Bothe Avenue



Sandburg Avenue

**Northcentral UC**



Both pictured above are on Mercer Lane



Wellesley Avenue



Millikin Avenue

**Southcentral UC**



Corner of Eton Avenue and Eton Court



Carnegie Street



Tulane Street

**Northeast UC**



Corner of Lipmann & Cather



Via Cinta

**Southeast UC**



Pennant Village on Erlanger Street



## Open Restaurants in University City

The following restaurants in South UC are open for takeout only/delivery or drive-thru. Best procedure is to call ahead and pay with a credit/debit card, or have delivered. For a complete restaurant guide that includes North UC, Westfield UTC, and grocery stores, go to [universitycitynews.org](http://universitycitynews.org) for a Open for Business restaurant under the Buy Local section.

### UNIVERSITY SQUARE (Governor & Genesee)

Lorna's Italian Kitchen  
858.452.0661 | [lornasitalian.com](http://lornasitalian.com)

Ahi's Sushi & Grill  
858.678.0286 | [utcahisushi.com](http://utcahisushi.com)

Ramon's Taco Shop  
858.452.9446 | [ramonstacoshop.com](http://ramonstacoshop.com)

Coffee Bean & Tea Leaf  
858.784.0286 | [coffeebean.com](http://coffeebean.com)

Carl's Jr (4199 Governor)  
858.623.8441 | [carlsjr.com](http://carlsjr.com)

### SPROUTS MARKETPLACE (Governor & Regents)

AA-harn Thai  
858.242.6389 | 858.242.6389

Round Table Pizza  
858.457.2334 | [roundtablepizza.com](http://roundtablepizza.com)

Primos Mexican Food  
858.412.4688 | [primosmex.com](http://primosmex.com)

Outcast Grill (6104 Regents Road/corner Governor Dr)  
858.202.0097 | [outcastgrill.com](http://outcastgrill.com)

Golden Donuts and Starbucks  
temporarily closed

## Area Restaurants Helping During Hard Times



Scott and Thai Slater recently opened two new restaurants, Spitfire and Head Lettuce, in the Regents Park Center (Regents Road & Regents Park Row). They recently started a new program where they are personally matching 100% of all donations to bring ready-made meals to front line medical workers and assisted living centers in UC/UTC/La Jolla Medical Center. They are also planning drops to Rady Children's Hospital, UCSD Medical Center, and the VA.

Sample deliveries for the a week included: Scripps Memorial (75 meals), San Diego VA (75 meals), Scripps Green (75 meals), UCSD Medical Hillcrest (75 meals), Acorn Senior Living (30 meals).

The Slater's are partnering with the Kavod Fund and donations can be made on their GoFundMe.com account "Ready Meals for Medical and Assisted Living". With the couple matching every dollar donated, they will be funded through all of April. Then plan to do this as long as they can!

The restaurant websites are:  
[spitfiretacos.com](http://spitfiretacos.com) and [theheadlettuce.com](http://theheadlettuce.com)



UC resident Michel Malecot, Chef and Owner of the French Gourmet in Pacific Beach, is partnering with Our Mother of Confidence Church for food delivery. The French Gourmet will deliver ordered meals to the church every day at 5:30pm, or they can be picked up directly from the restaurant too. The OMC church is located at 3131 Governor Drive. The French Gourmet has also been a continuing participating restaurant for EdUCate's Taste of the Triangle. Order at: [thefrenchgourmet.com](http://thefrenchgourmet.com).

## COVID -19 RESOURCES

The coronavirus (COVID-19) outbreak has led to a large number of government and informational sources. Rather than trying to duplicate the information, which is continuously changing daily, even hourly; UCCA has chosen to list the resources below, where more detailed information can be found. Additionally, UCCA's website master, Diane Ahern, regularly posts relevant articles at: [universitycitynews.org](http://universitycitynews.org)

### City of San Diego

[sandiego.gov/coronavirus](http://sandiego.gov/coronavirus)

### County of San Diego

[sandiegocounty.gov/coronavirus](http://sandiegocounty.gov/coronavirus)

### State of California

[COVID19.CA.gov](http://COVID19.CA.gov)

### Federal Government Task Force

[coronavirus.gov](http://coronavirus.gov)

### Centers for Disease Control and Prevention

[cdc.gov/coronavirus](http://cdc.gov/coronavirus)

### World Health Organization

[who.int/emergencies/diseases/novel-coronavirus-2019](http://who.int/emergencies/diseases/novel-coronavirus-2019)

2-1-1

[211sandiego.org](http://211sandiego.org)

**Scripps Health COVID-19 Nurse Line:** 888.261.8431

**UCSD Health COVID-19 Nurse Line:** 800.926.8273

### San Diego Access and Crisis Line

888.724.7240

**Drive-up testing at SDCCU Stadium** – with doctor referral

### COVID-19 Resources Page

created by UC resident Tama Becker-Varano  
[Changebeginswithmesite.wordpress.com](http://Changebeginswithmesite.wordpress.com)

### San Diego Unified School District

[sites.google.com/sandi.net/covid19](http://sites.google.com/sandi.net/covid19)

### PBS Learning Resources

[pbslearningmedia.org](http://pbslearningmedia.org)

### Enjoy La Jolla Shores from Home

[scripps.ucsd.edu/piercam](http://scripps.ucsd.edu/piercam)

## LIVE WELL @ HOME



**LIVE WELL  
SAN DIEGO**

San Diego County and Live Well San Diego have launched Live Well at Home, a collection of free resources aimed at helping San Diegans in maintaining a healthy mind and body while staying indoors. These resources are categorized by age group and topic to match the needs of the community. For info, go to [livewellsd.org/](http://livewellsd.org/) and click on the Live Well @ Home link.

The University City Community Association (UCCA) is proud to be a recognized Live Well San Diego partner.

## What is UC doing to keep occupied?



*Karen Rudenberg submitted this photo of her neighbors on Dirac playing "street bingo" while social distancing*

*Ruth DeSantis finished a 1,000 piece puzzle*



*Teresa Rizzo, Terri Day, Elizabeth Bradfield, and Camille Nicole (pictured) are sewing masks*

*Guillaume & Monique Gao pulled weeds*



*Rita Newell finished a Christmas quilt*

*Davis Mills and Diane Romito tried out home barbering and is fostering some puppies*



*Angie Weathers and her children cleaned up Governor Drive from Genesee to the 805 freeway*

*Meghan Wanzek left a note for her elderly neighbors "Please call or stop by if you need anything at all!" and they wrote back "Thank you for your concern. Everything ok to date."*

## Fire Safe Council of UC South

by Jemma Samala

The Fire Safe Council of University City South will be concentrating on education to the UC community about fire safety during 2020. As part of a year-long series of fire safety articles, the following focuses on preparing an Emergency Supplies Kit. This list was originally set to be the last installment of the series, but I thought this may be a good time for everyone to get emergency kits together. Info provided by the San Diego Fire-Rescue, [sandiego.gov/fire](http://sandiego.gov/fire). Save the info below for reference.

### EMERGENCY SUPPLIES LIST

The American Red Cross recommends every family have an emergency supply kit assembled long before a wildland fire or other emergency occurs. Use the checklist below to help assemble yours. For more information on emergency supplies, visit [www.redcross.org/get-help](http://www.redcross.org/get-help).

- \_\_\_ Three-day supply of water (one gallon per person per day)
- \_\_\_ Non-perishable food for all family members and pets (3- day supply)
- \_\_\_ First aid kit
- \_\_\_ Flashlight, battery-powered radio, and extra batteries
- \_\_\_ Extra set of car keys, credit cards, cash or traveler's checks
- \_\_\_ Sanitation supplies
- \_\_\_ Extra eyeglasses or contact lenses
- \_\_\_ Important family documents and contact numbers Including insurance documents
- \_\_\_ Map marked with evacuation routes
- \_\_\_ Prescriptions or special medications
- \_\_\_ Family photos, valuable and other irreplaceable items that are easy to carry
- \_\_\_ Personal electronic devices and chargers
- \_\_\_ Keep a pair of old shoes and a flashlight handy in case of a sudden evacuation at night



### Preparing Get Home Bags

J Smith, Fire Safe Council of University City South member, has put together emergency kits for each of his cars. He's sharing his list of items with the community. One of his bags is pictured above. His list is below and is an excellent guide for your own "get home" bags for each car, which you can adjust to your own needs:

**Water:** six aluminum cans, empty water bottle

**Food:** granola energy bars, nuts, beef jerky

**Hygiene:** baby wipes, hand sanitizer, tampons/pads, toilet paper

**Illumination:** headlamp, flashlight, chem light on string

**Storage:** ziplock bags (small/large), extra small foldable bag, carabiners, long zip ties

**Clothing:** hat (wide brimmed), socks, rain poncho, facemask

**Electronics:** phone, headphones, dongle, lightning cable

**Printed Items:** local map, contact phone numbers, pictures of each family member and pets, printed list of items in "get home" bag

**First Aid:** Band Aids (small, large, knuckle), gauze (patch and roll), wound closure strips, blister bandages, moleskin, scissors, tourniquet, medical tape, eyewash, alcohol or iodine pads, burn gel, antibiotic ointment, two pairs nitrile gloves, CPR barrier, tweezers, bandana, prescription and pain meds, tiny medical guide

**Misc:** sunscreen, lip balm, P100 smoke masks (4), gloves, whistle, matches/tinder source, pole saw, notepad/super post-its, multi tool, pocket knife, large survival blade, gorilla tape, cash (\$100), 550 paracord (50 ft), crank power radio/usb charger (charge/test), survival blanket, air tight safety goggles

## WE'RE ON PULSEPOINT!

CAL FIRE / SAN DIEGO COUNTY FIRE IS NOW FULLY INTEGRATED ON THE PULSEPOINT RESPOND APP.

DOWNLOAD THE APP AND FOLLOW US TO SEE ALL OF THE INCIDENTS OUR DEPARTMENT RUNS THROUGHOUT SAN DIEGO COUNTY, IN REAL TIME.

TO FOLLOW US, SEARCH 'SAN DIEGO' AND YOU'LL FIND US LISTED AS SAN DIEGO COUNTY FD. AND THANKS FOR THE SUPPORT!



PulsePoint

### CAL Fire / San Diego County Fire Join San Diego Fire Rescue on PulsePoint

PulsePoint is a mobile phone application that allows users to view and receive alerts on calls being responded to by fire departments and emergency medical services. After downloading the app, users can follow both San Diego Fire Rescue (San Diego FR) and CAL FIRE / San Diego County Fire Authority (San Diego County FD). More information is available at [www.pulsepoint.org](http://www.pulsepoint.org)

## THANK YOU TO ALL WHO JOINED UCCA FOR 2020

February – March



### Individual

Mary Eggen  
Lloyd & Eileen Farrar  
Judy Morrison  
Paula Ries  
Dr. Robert Riffenburgh  
Aaron Sathrum  
Codi Vierra

### Supporter

Isidra Boroughs & Denise Fitch  
Diane & Dean Canterbury  
Andrew Gurney  
Barbara & Brian Haggerty  
Gene & Barbara Kading  
Kimberly Kueker  
Robert Marks  
William & Jamie Pugh  
Bob & Madeleine Robenhymer  
Roger Shorak  
Paulette Williams

### Angel

Michael & Judy Quinton  
Janet & Steve Shields  
Wilhelmina van Daelen

### Gold

Beth Crawford & Bob Crahan  
Ruth Desantis  
Clyde Hammond & Carol Mot  
Jane & John Hargrove  
Mark Powell

## REAL ID Deadline Extended

The deadline for Real ID driver's licenses and ID cards has been extended as the spread of COVID-19 forces millions of Americans to social distance and stay home.

Previously, the deadline for all states to be compliant with Real ID, which requires stricter security checks to be issued and an in-person visit to the DMV, was October 1, 2020. The extension date will be announced soon.

When the Real ID's do finally go into effect, travelers will either need their passports or the Real ID identifier to board a domestic flight. Real ID-compliant licenses feature a star in the upper portion of the ID.

But in order to receive one of these enhanced licenses, people need to visit their local DMV for an in-person meeting. Last month, the Department of Homeland Security said people can submit proof of their identity online to expedite the process, but it does not replace that in-person visit.

Administration said it would allow people to use an expired driver's license to pass through security if that traveler is not able to renew it right now.

Additionally, the TSA is allowing people to bring hand sanitizer in quantities of up to 12-ounce bottles in their carry-on luggage, increasing the liquid requirements for that item.



### Be Counted UC: Complete the Census Today

By now, your invitation to participate in the 2020 Census should have arrived at your households through the US Mail. This invitation includes instructions on how to respond to the 2020 Census online or by phone. If you haven't already done so, please respond to the 2020 Census by using the provided Census ID. No matter how you respond, it is important to do so to be counted.

That's because Census statistics help determine the number of seats California holds in the U.S. House of Representatives and how billions of dollars in federal funds are allocated to state and local communities for the next 10 years. For more information, visit [2020census.gov/](https://2020census.gov/)

Isabel Lemus, Partnership Specialist from the US Census Bureau, reminded us that, "we need community participation, Census statistics is used for many things, among them: distribution of more than 675 billions dollars for public services, representation in Congress, public schools, seniors centers and others."

## University City Community Association 2020 UCCA Membership Application\*

2020 Members will receive a 2020 membership card and a special thank-you gift for joining.

\_\_\_ \$20 Individual | \_\_\_ \$40 Supporter | \_\_\_ \$60 Angel | \_\_\_ \$100 Gold | \_\_\_ Additional donation enclosed \$ \_\_\_

Please print Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Business name \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Would you like to volunteer? We welcome your time, talent, comments and suggestions. Please let us know.**

Individual and/or Business members' names will be listed in the newsletter. Please indicate if you do NOT want your name to be listed. \_\_\_ Do NOT list my name. Please make your check payable to UCCA; mail to UCCA, 3298 Governor Drive, #22574, San Diego, CA 92122. Payment is also accepted through PayPal on our website

[www.universitycitynews.org](https://www.universitycitynews.org).

*Your UCCA membership dues (and additional donation) make a big difference in our community. These funds help support our many worthwhile organizations, (i.e. public schools' fundraising, Standley Park, EdUCate, Neighborhood Watch, ImproveUC/UCCF, Buy Local) as well as many special projects and activities such as median beautification, painted utility boxes and street banners, 4th of July Celebration, Summer Concerts, December Christmas Tree and Menorah Lighting, and of course, our monthly newsletter delivered to your home and/or business.*

*(\*UCCA membership dues are not tax deductible.)*

\*This membership is valid for the 2020 calendar year. Thank you for joining UCCA.  
If you have any questions, please contact our Membership Chairperson

## Shift Program Construction Update

As construction continues in the University City area, Shift is your one-stop shop for updates on construction impacts and upcoming closures in your area. The Shift program collaborates with construction partners to collect and distribute monthly updates on the major public, private and transportation infrastructure projects. Visit [ShiftSanDiego.com](http://ShiftSanDiego.com) or follow @ShiftSanDiego on Twitter for the most up-to-date information on construction impacts in the area, as construction details are subject to change. For any questions regarding current or ongoing work, contact Shift at [info@shiftsandiego.com](mailto:info@shiftsandiego.com) or text ShiftSD to 797979 for alerts sent directly to your phone.

**Mid-Coast Trolley Construction, SANDAG Project Interstate 5 Trolley Overpass, South of Nobel Drive**  
Falsework removal at the Mid-Coast Trolley overcrossing was completed in early March. The work, which required full overnight closures of Interstate 5 (I-5), progressed ahead of schedule and was completed four days earlier than anticipated. Crews are continuing to remove falsework along the west side of I-5, moving north from the overcrossing. Once complete, slope work underneath the Trolley bridge will begin. This will include hauling soil on and off site and will require lane closures.



Crews wrap up falsework removals over southbound I-5 lanes

### Along Genesee Avenue

Mid-Coast Trolley crews continue to remove falsework along Genesee Avenue. The final section of falsework is tentatively scheduled to be removed from the future UTC Terminus in mid-April and may require overnight partial and full closures of Genesee Avenue between La Jolla Village Drive and Nobel Drive. Traffic controls and detour routes will be in place. Storm drain work along Eastgate Mall and Executive Drive is in progress, but schedules may change due to inclement weather. The latest details, including impacts and timing, will be posted to [ShiftSanDiego.com](http://ShiftSanDiego.com) in advance of the closures.



Aerial view of construction progress at the future UTC Trolleys Station along Genesee Avenue

## Adopt a block! Be a University City street steward!



### Street Stewards looking for volunteers in UC

Contributed by Diane Ahern: This information came in recently through UCCA's Facebook page from Aaron Null, the founder and driving force behind Street Stewards, a group of volunteers who clean up neighborhoods block by block. Given its success in communities such as Ocean Beach, Pacific Beach, North Park, and Point Loma, Street Stewards has created a University City map and would like to invite residents to participate. The idea is simple: adopt a street or two around your home and go out about once a week to clean your block. There are currently two ways to Adopt a Block:

- "Like" the University City Street Stewards Facebook page at [www.facebook.com/UniversityCityStreetStewards](http://www.facebook.com/UniversityCityStreetStewards) and add a comment to let Aaron know you'd like to adopt your street; don't forget to include the name of your street.
- Send an email directly to Street Stewards at [streetstewards@gmail.com](mailto:streetstewards@gmail.com) with name, email, and address.

UCCA is providing information to the community; this activity is not endorsed or sponsored by UCCA. It's up to you (or any resident) to decide to adopt a street for cleanup (or not). I personally think it's a very good idea ... and I've volunteered to clean up my block in University City. In this time of social distancing, it's a nice way to walk outside with a family member and do some neighborhood cleanup. For more information, visit the Street Stewards website at [streetstewards.com/](http://streetstewards.com/)

## What's the Plan for the Costa Verde Revitalization Project?

The draft environmental impact report (EIR) is now available for public comment through April 27, 2020. The project includes retail and dining areas, hotel, and office space as well as parking for cars and bikes. The Costa Verde Revitalization Project No. 477943 draft Environmental Impact Report is accessible on the City of San Diego website at [www.sandiego.gov/ceqa/draft](http://www.sandiego.gov/ceqa/draft)

## Community Plan Update Mobility Vision Presentation Available Online

Due to conditions caused by COVID-19 restrictions, the March 2020 in-person meeting was cancelled. Instead of meeting in person, the scheduled presenters recorded the scheduled "Mobility Vision Presentation". To view the presentation, and submit comments or questions, please go to [www.PlanUniversity.org](http://www.PlanUniversity.org) and check for the presentation link in the "UPDATES" category.

# REMCON

DESIGN BUILD

ONE STOP SHOP FOR ALL YOUR  
REMODEL NEEDS



UP TO  
**10% OFF**  
YOUR NEXT  
PROJECT!



Plans & Permits • Kitchen & Bathroom Remodels • Room Additions  
ADUs • Grannyflats • Outdoor Spaces • Hardscaping

CALL NOW FOR A **FREE ESTIMATE!**

7154 Convoy Ct | San Diego, CA 92111 | 858.874.8779 | [RemconDesignBuild.com](http://RemconDesignBuild.com)



**TERRI DAY, Realtor®**

BRE Lic# 01734707

For All Your Real Estate Needs

**858-775-8377**

[ucrealtors@gmail.com](mailto:ucrealtors@gmail.com)

UC Resident Since 1981



Stay Safe. Be Strong.



PUT OUR *Experience, Knowledge,*  
SERVICE AND *Professionalism*  
TO WORK FOR YOU

## Siri Thai Bodywork

Thai Massage  
Thai Stretching  
Thai Therapeutic Massage  
Thai Traditional Massage  
Thai Herbal Compression  
Cupping

**First Visit \$10 OFF**

[sirithaibodywork.com](http://sirithaibodywork.com)

3232-D Governor Dr, San Diego 92122  
In UC Marketplace

**(858) 291 0311**



By Siri Binley  
CMT, HHP, BA  
UC Resident



3 SPECTACULAR HOMES **SOLD** BY NANCY BECK

Stay  
healthy  
during these  
unprecedented  
times!



**JUST SOLD**

**3470 Syracuse Ave - Sold for \$874,000**  
3 BEDROOMS | 2 BATHROOMS | 1,378 SQFT  
ABSOLUTELY CHARMING SINGLE STORY HOME



**JUST LISTED**

**4726 Governor Dr - Listed for \$780,000**  
3 BEDROOMS | 2 BATHROOMS | 1,254 SQFT  
REMODELED SINGLE STORY HOME



**IN ESCROW**

**4225 Porte De Merano #94 - Listed for \$699,000**  
3 BEDROOMS | 3 BATHROOMS | 1,378 SQFT  
SPACIOUS TWO-STORY TOWNHOME

*For all of your buying and selling needs, contact Nancy Beck*



**Nancy  
BECK**



**858-945-LIST (5478)**

[www.NancyBeckRealtor.com](http://www.NancyBeckRealtor.com)

[NancyBeckRealEstate@gmail.com](mailto:NancyBeckRealEstate@gmail.com)

RE DRE #01229297

**CENTURY 21  
FINE HOMES  
& ESTATES.**

Award

*University City Specialist!*

This is not intended to solicit listed property. If your property is currently listed for sale with a broker, please disregard.



**College? Retirement?  
Find out how to afford  
both.**



**Ashley A. Leightner**  
Financial Advisor

6265 Greenwich Dr Suite 115  
San Diego, CA 92122  
858-658-0532

[edwardjones.com](http://edwardjones.com)

**Edward Jones**  
MAKING SENSE OF INVESTING

Member SIPC



Providing Insurance and Financial Services

**Michael A. Cohen, Agent Lic. #0506499**

**Linda Cohen LUTC, Marketing Rep.**

Lic. #0732318

3232 Governor Drive, Suite G

San Diego, CA 92122-2931

**Bus 858.457.3520 Fax 858.457.1488**

[Michael@MichaelACohen.com](mailto:Michael@MichaelACohen.com)

[Linda@MichaelACohen.com](mailto:Linda@MichaelACohen.com)



**Youth Sports  
Coach for 25 Years**

**Thank you for your loyalty. We appreciate you.**



**Dr. Craig A. Ditzler, D.C.**  
Gonstead • Nutrition • Spinal Health

**DITZLER FAMILY CHIROPRACTIC**

3202 Governor Drive Suite 200 • San Diego, California 92122

[www.ditzlerchiropractic.com](http://www.ditzlerchiropractic.com)

**858.452.2202 • Fax 858.452.2379**

# BLACK MOUNTAIN PLUMBING

Proudly Serving San Diego Since 1993

**Our goal is to earn your business...  
...and keep it for life!**



As accredited members of the Better Business Bureau and the Plumbing Heating & Cooling Contractors Association, we keep informed with the latest code changes.

Our staff is fully trained and certified for competent diagnosis, repair and installation of new and existing residential & commercial plumbing.

All service vehicles are fully stocked with the necessary supplies to complete most tasks in a cost effective manner.

**We are fully licensed as a C-36  
Plumbing Contractor and  
Litigation Support Team.**

**Visit our Website**


[www.BlackMountainPlumbing.com](http://www.BlackMountainPlumbing.com)

- ➔ Download Discounts
- ➔ Read Testimonials
- ➔ Preventative Maintenance Tips
- ➔ Schedule Appointments

**Serviceman On Call - 24/7  
(858) 536-4161**

9909 Hibert St., Suite E, San Diego, CA 92131


License No. 782799



La Jolla Meals on Wheels

## Wellness Through a Better Diet

Affordable | Tasty | Healthy | Convenient



(858) 452-0391  
[lajollamealsonwheels.org](http://lajollamealsonwheels.org)

# UC



# YOU

To any and all who  
are giving of themselves  
to support our community,  
we are forever grateful!



VALERIE UPHAM,  
Realtor®, SRES®  
858.761.7890  
[Valerie.Upham@compass.com](mailto:Valerie.Upham@compass.com)  
DRE# 01406912  
[valerieuphamrealtor.com](http://valerieuphamrealtor.com)



VALERIE  
UPHAM  
REALTOR

COMPASS



**6737 Welmer Street  
University City**

**SOLD!** Canyon view 4 BR  
2 BA home with remodeled baths,  
vaulted ceilings & great location.  
**\$969,000**



**3066 Mercer Lane  
University City**

**In Escrow!** Stunning, remodeled &  
redesigned 3+ BR home with an  
outstanding view & cul-de-sac lot.  
**\$1,180,000-\$1,239,990**

## Committed to the Community

**Kathleen  
Williams**  
619.944.6520  
CalRE#00909208

**Lydia  
Hwang Vosovic**  
858.472.0608  
CalRE#01445033

**Katie  
Dunahoo**  
858.775.1239  
CalRE#00694822

**June  
Kubli**  
858.353.0406  
CalRE#00911089



**3959 Governor Drive**

**coldwellbankeruc@gmail.com**



## UC Pest Control

**U See em... We'll Get em!**

UC Pest Control is Your pest  
control company.

- ⇒ Termite and Pest Inspections
- ⇒ Escrow Inspections
- ⇒ Pest Control Services

### SPECIALS!

**8% off Termite Work Completed OR**

**8% off Annual Pest Control Service**

Expires 6/30/20

**858-352-6603    mike@ucpestcontrol.com**



Mike Lawson  
Owner/UC Resident



**www.UCPestControl.com**



**Steve Lyons**  
Agent

5090 Shoreham Place, Ste 108  
San Diego, CA 92122-5934  
Bus 858 455 9440 Fax 858 455 6524  
steve@stevelyonsinsurance.com  
Insurance License #0637001



**Walk In, Mail In, Call In, Click In®**



### Free Placement and Consulting Services for Elders and Their Families

Assisted Living	Independent Living
Medicare	Medi-Cal
Alzheimers	Dementia
Veterans Benefits	Spouse's Benefits
In-Home Care	Respite

**Merle Langston, Consultant    619-772-1125**  
Merlelangston1@gmail.com  
betterthanhomeplacement.com



- San Diego Native
- Long-time UC Resident
- CA State Cont. Lic. #509021
- B.S.—Ornamental Horticulture  
Cal Poly - San Luis Obispo

**Daniel A. Dew**  
Owner  
(619) 235-4431



**www.TreeTechSD.com**

## WE FIX YOUR COMPUTER!

**We come to you or  
you come to us for the lowest rates!**

**Call Robert**

**858-449-1749**



• GLASSES • CONTACTS  
• EYE EXAMS • LASER VISION CORRECTION

**www.GTOptometric.com**

4009 Governor Dr. San Diego, CA 92122 (858) 453-0444

**"The American Dream Makers" Do It Again!****Listed &/or Sold In UC By Caryl Lees & Linda Bernstein**

**6275 Caminito Araya**  
 1 Bedroom / 1 Bath, 868 SF  
 Offered @ \$412,000



**Caryl Lees**  
 858.449.7760  
[caryllees@gmail.com](mailto:caryllees@gmail.com)  
 BRE# 00558976

**Century 21 Award**

**6183 Stetson Place**  
 5 Bedrooms / 3 Baths, 2383 SF  
 Offered @ \$1,030,000



**Linda Bernstein**  
 858.245.6711  
[lindahomes21@gmail.com](mailto:lindahomes21@gmail.com)  
 BRE# 00857298

**Multi-Million Dollar Producers**

*As The Top Team In The Top Office In The Golden Triangle,  
 We Have Listed &/or Sold More Homes In UC  
 In The Last 30 Years Than Any Other Team!*

**Ask for Caryl & Linda Today!**


**SAVAGE  
 PAINTING**  
**858-231-7653**

35 YEARS IN SAN DIEGO AS A PAINTING CONTRACTOR  
 Patrick Savage • Cameron Savage • Cody Savage  
[savage.patrick24@gmail.com](mailto:savage.patrick24@gmail.com) Lic.# 1049470

**Interested in Advertising  
 In our Publication?**

Email Terri Day at

[uccaAds@hotmail.com](mailto:uccaAds@hotmail.com)

for more information including size, rates,  
 format requirements and deadline.

[www.universitycitynews.org](http://www.universitycitynews.org)

Professional &amp; Reliable

Doug Hackley, CEO

**Bay Park Moving**

Free Estimates

Cal # T-190145

6495 Lipmann Street, San Diego, CA 92122  
 (858) 535-1911 Fax (858) 535-9192 Cell (858) 472-4123  
 email: [bpmove@aol.com](mailto:bpmove@aol.com)

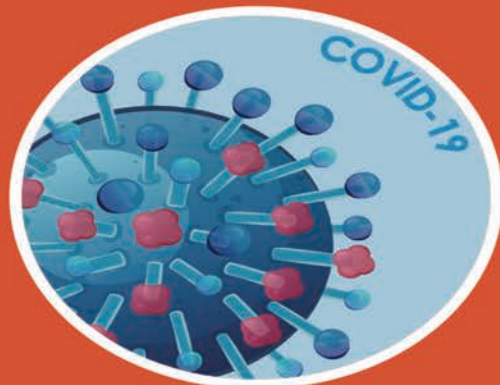
**Mark Lathom****Home Improvement and Repair**

858-452-0479

Lic.# 733833



# HELP PREVENT THE SPREAD OF NOVEL CORONAVIRUS (COVID-19)



COVID-19 is a respiratory illness caused by a new coronavirus.

**Symptoms include coughing, fever and shortness of breath.**

To help prevent the spread of the virus and protect yourself, follow these recommendations:

For questions talk to your health care provider or call 2-1-1



Wash your hands or use hand sanitizer often.



Avoid sharing personal household items.



Avoid touching eyes, mouth and nose with unwashed hands.



Cover your cough or sneeze with a tissue, then throw it in the trash and wash your hands.



Stay home and keep your distance from others in the home if you are sick.



Avoid close contact with people who are sick.



Eat healthy foods and drink plenty of fluids.



Clean and disinfect household surfaces often.

For latest updates, visit:

**[www.coronavirus-sd.com](http://www.coronavirus-sd.com)**

