

# UCCA MEMBERSHIP FORM PAGE 13

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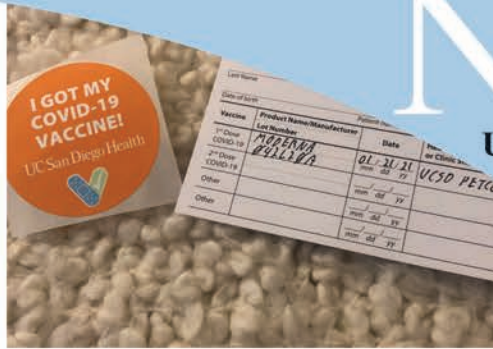
UNIVERSITY CITY...more than just a neighborhood!

# University City

## NEWS

UNIVERSITYCITYNEWS.ORG

FEBRUARY 2021



### San Diego Residents Ready for Shot in the Arm

Many residents spent much of 2020 anxiously awaiting the development of a COVID-19 vaccine. Now San Diego, and the country, is in the process of getting vaccines to those who want the shots. Two vaccines, developed by Pfizer and Moderna, are currently available for those persons eligible under Phase 1A – Tiers 1, 2, and 3, and those ages 65 and older. (See Page 2 for an explanation of the Phase/Tier system.) Both require two shots, the second to be taken 21 days later for the Pfizer vaccine and 28 days for the Moderna version.

Super Vaccine Stations have been set up at Petco Park's Tailgate Lot, 7:00am to 7:00pm, and at the old Sears building in Chula Vista located at 565 Broadway, 10:00am to 7:00pm. See page 2 for a list of additional vaccination locations. Vaccinations are also being provided to residents of long term care and skilled nursing facilities. Besides pharmacies, CalFire will be helping provide those vaccinations. The county and UC San Diego Health are also looking for volunteers with medical training, go to [sandiegocounty.gov](https://sandiegocounty.gov) for info about the County Medical Reserve Corps.

Pictured above is UC resident Rick Hagstrom, DDS, getting his first vaccine shot at Petco Park.

### COVID-19 Vaccine Resources

go to:

**SanDiegoCounty.gov**  
or  
call 2-1-1

**appointments:**

[vaccinationsuperstationsd.com](https://vaccinationsuperstationsd.com)

**vaccine info:**

[coronavirus-sd.com/vaccine](https://coronavirus-sd.com/vaccine)

County Supervisor Terra  
Lawson-Remer:  
[sandiegocounty.gov/content/  
sdc/bos/district3.html](https://sandiegocounty.gov/content/sdc/bos/district3.html)

Contact your healthcare  
provider to inquire about  
receiving a vaccine.

*See page 2 for more info*





## UNIVERSITY CITY COMMUNITY NEWSLETTER

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**Editor** Jemma Samala, [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com)

**Advertising** Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)

**Be the Eyes and Ears of UC:** The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

### Guidelines:

- Your article should be approximately 250 words or less, sent in a Word document and attached to an email.
- Include who, what, why, where, and how.
- Be as brief and concise as possible. Editing may result in errors.
- DO NOT send articles in a pdf formats.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The Editor reserves the right to edit articles as needed.
- Articles or ads considered to be political will not be accepted.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com) or [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com).

### Deadline for the MARCH issue: FEBRUARY 13, 2021

Please send your submission as early as possible. The deadline for the March issue is February 13, 2021, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

## 2021 UCCA Board Members

### Executive Board

President: Barry Bernstein, [apdrfn@aol.com](mailto:apdrfn@aol.com), 858.453.3713  
Vice-President: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)  
Secretary: Jim Beshears, [jwblaw@sbcglobal.net](mailto:jwblaw@sbcglobal.net)  
Treasurer: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)

### Appointed Positions

Beautification Chair/UCCF Liaison: Merle Langston, [merlelangston1@gmail.com](mailto:merlelangston1@gmail.com), and Barbara Gellman, Co-Chair, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
CASA Liaison/Publicity & Promotion/Webmaster: Diane Ahern, [ahern.diane@gmail.com](mailto:ahern.diane@gmail.com)  
Corresponding Secretary & Historian: OPEN  
\*Christmas Tree/Menorah Lighting Coordinator: Darlene Ventimiglia, [darlenevent2@gmail.com](mailto:darlenevent2@gmail.com)  
Membership: Hallie Burch, [UCCAmembership@gmail.com](mailto:UCCAmembership@gmail.com)  
Neighborhood Watch: Barbara Gellman, [bggellman@yahoo.com](mailto:bggellman@yahoo.com)  
Newsletter Chair/Distributor: Don Hotz, [don.hotz@yahoo.com](mailto:don.hotz@yahoo.com)  
\*Newsletter Ads: Terri Day, [uccaADS@hotmail.com](mailto:uccaADS@hotmail.com)  
\*Newsletter Editor: Jemma Samala, [UCCAeditor@gmail.com](mailto:UCCAeditor@gmail.com)  
Parliamentarian/SD Network of Town Coalitions: Mack Langston, [langstonmack@gmail.com](mailto:langstonmack@gmail.com)  
Special Events: Barbara Henshaw, [barbarahenshaw@gmail.com](mailto:barbarahenshaw@gmail.com)  
\*UCPG CPUS Liaison: Katie Rodolico, [ktnelson@yahoo.com](mailto:ktnelson@yahoo.com)  
UCSD Liaison: Deanna Ratnikova, [deanna.ratnikova@gmail.com](mailto:deanna.ratnikova@gmail.com)  
\*Non-Voting Member

## COVID-19 Vaccination Information

*information taken from [sandiegocounty.gov](http://sandiegocounty.gov)*

### VACCINATING NOW (as of January 25, 2021)

#### Phase 1A-Tier 1:

- Acute care, psychiatric, and correctional facility hospitals
- Skilled nursing facilities, assisted living facilities
- Paramedics, EMTs, and other providing emergency medical services
- Dialysis centers
- Behavioral health residential facilities
- Vaccinators

#### Phase 1A-Tier2:

- Intermediate care, for persons who need non-continuous nursing supervision, and support care
- Home healthcare and in-home supportive services
- Community health care workers
- Public health field staff
- Primary care clinics
- Behavioral health non-residential or outpatient facilities

Phase 1A-Tier 3: Other settings and healthcare, including: specialty clinics, lab workers, dental/oral health clinics, pharmacy staff, funeral workers and others.

Phase 1B – Tier 1: persons aged 65 years and older

### VACCINATING NEXT

Phase 1B – Tier1: Those at risk of exposure at work in: Education & Childcare; Emergency Services; and Food & Agriculture

#### Phase 1B - Tier 2:

- Those at risk of exposure at work in: Transportation and logistics; Industrial, Commercial, Residential, and Sheltering Facilities Services; Critical Manufacturing
- Congregate settings with outbreak risk (includes incarcerated and persons experiencing homelessness)

#### Phase 1C:

- Persons 50-64 years of age
- Persons 16-49 years of age who have an underlying health condition or disability which increases their risk of severe COVID-19
- Those at risk of exposure at work in: Water and Wastewater; Defense; Energy; Chemical and Hazardous Materials; Communications and IT; Financial Services; Government Operations/Community-based Essential Functions

Phase 2: general population over 16 years of age

### LOCATIONS (as of January 25, 2021)

#### Partner locations:

UCSD Health Petco Park Super Station, 1235 K St., San Diego  
Sharp Healthcare South Bay Super Station, 565 Broadway, Chula Vista

Rady Children's Hospital - 8001 Frost Street, San Diego  
Sharp Grossmont Hospital - 9001 Wakarusa St., La Mesa  
Sharp Coronado Hospital - 1845 Strand Way, Coronado

#### County of San Diego – Community locations:

El Cajon – 367 N. Magnolia Ave.  
Escondido – 649 W. Mission Avve.  
Chula Vista – 690 Oxford Street  
Imperial Beach – 825 Imperial Beach Blvd.  
San Diego – 3177 Ocean View Blvd.  
National City – 140 E. 12<sup>th</sup> Street  
Oceanside – 3708 Ocean Ranch Blvd.

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Answers to the "So You Think You Know UC" Quiz on page 9: 1b, 2b, 3b, 4c, 5c, 6b, 7b, 8b, 9b, 10c...bonus question: 10 intersections





## UCCA President Barry Bernstein

2021 is here...so much has happened in the previous two months it is difficult to decide on which topic to comment. Some are obvious. At this writing, the COVID 19 virus is still running rampant, with the hope that the soon arriving vaccine immunizations will provide light at the end of this nearly one year dark tunnel. President Biden and Vice-president Harris have made this health issue their

number one priority because other important matters depend on winning the COVID battle. Our children and their teachers need to be safely back in school. There needs to be support for our businesses/economy that has been so drastically affected. Our government needs to provide financial support for the many millions of families in need get them through these very difficult times.

Americans witnessed the very disturbing events that took place earlier this year at our country's Capitol, so finding ways to "heal" our country's great political differences must be addressed so that we can move forward on the issues of social injustice, climate change, and immigration. The costs in dollars to do these things may be great, but none greater than the cost if we don't.

University City Construction Update: Major improvements at the Standley Park, ("ImagineUC 2020), the joint-use aquatic center and pavilion, are moving full-steam ahead as are the plans for both the Curie joint-use grass field/track and the planned two-year Costa Verde Mall renovation.

Our UCPG Board representatives will be monitoring these projects as well as the "Pure-Water" raw sewage pipeline project. The building of which has been experiencing various sorts of delays/legal issues and the exact date for beginning construction this year on Genesee/Nobel and Town Center Drive has yet to be announced. We will continue to provide updates as appropriate.

UCCA will be continuing to hold our meetings, (via ZOOM), at 6:00pm on the second Wednesday of the month. Our next meeting is Wednesday, February 10. I am hopeful that we will be able to resume our in-person meetings by late Spring. For those who may have received the vaccine, or soon will, please continue to wear masks, observe the recommended social distancing, and the washing of hands until we get some sort of "all-clear" from our City/County health experts.

Stay well, stay safe. Remember University City is "more than just a neighborhood". JOIN UCCA! Stay well, stay safe, Barry

*A personal note: Many University City residents have wonderful family pets...those with dogs I hope will understand my attempt to honor Lucy, (pictured with me above). She was our nearly 13 year old Border Collie, whom we lost on January 8 to a fast advancing liver/jaundice infection. She was my constant companion and was part of our family. I'd like to dedicate my column to her. Roger Caras once wrote, "Dogs are not our whole life, but they make our lives whole."*

## VIRTUAL UCCA MEETING – FEBRUARY 10

The next UCCA meeting will be held via Zoom on Wednesday, February 10, starting at 6:00pm – the regular monthly meeting time.

Since libraries are still closed, the meeting will be held virtually via Zoom.

To participate, join at [us02web.zoom.us/j/81944097621](https://us02web.zoom.us/j/81944097621)

You may also go to [zoom.com](https://zoom.com), and join meeting ID: 819 4409 7621

And you can also call in at: 408.638.0968, 81944097621#

# calendar

## BLACK HISTORY MONTH

February 1 - 28

## UC COMMUNITY PLAN COMMITTEE

Tuesday, February 9

5:30 – 7:30pm

Agendas and meeting information posted on [planuniversity.org](http://planuniversity.org)

## UCCA MEETING

Wednesday, February 10, 6:00pm  
Zoom.us, meeting ID#819 4409 7621

## PEOPLE FOR A CLEAN UC

Sunday, February 14

7:30-9:00am

Cleanup volunteers meet at Starbucks  
3202 Governor Drive, supplies provided

## VALENTINE'S DAY

Sunday, February 14

## PRESIDENTS DAY

Monday, February 15

## NATIONAL RANDOM ACTS OF KINDNESS DAY

Monday, February 15

## NATIONAL LOVE YOUR PET DAY

Monday, February 20

## UNIVERSITY CITY PARKS COUNCIL STANDLEY PARK COMMUNITY REC GROUP

Thursday, February 25

Contact Rec Center for meeting info:  
858.552.1652

## UC PLANNING GROUP

Agendas and meeting information posted on [planuniversity.org](http://planuniversity.org)

## DON'T FORGET! IT'S TIME TO RENEW YOUR UCCA MEMBERSHIP

GO TO PAGE 13 AND SEND IN YOUR  
MEMBERSHIP FORM TODAY,  
OR GO TO  
[UNIVERSITYCITYNEWS.ORG](http://UNIVERSITYCITYNEWS.ORG)





## Crimes of Opportunity

by Barbara Gellman

According to Wikipedia, "a crime of opportunity" is a crime committed without planning when the perpetrator sees that he/she has the chance to commit the act at that moment and seizes it. In other words, given the opportunity, a crime can be committed with little or no premeditation.

The following is a partial list of crimes and how to prevent them.

### Auto break in/thefts

1. Lock car in driveway or street if not in garage.
2. Leave nothing of value visible in the car including backpacks, hanging wires, laptop cases, gym bags, clothes, packages or mail with personal information.
3. Lock car even if leaving the area for a short time.
4. Be observant when placing items such as valuables in your trunk; it's best to go home and unload them instead of driving around with them.

### Home break ins

1. Keep all doors and windows locked; use your alarm system.
2. Lock all side gates. Consider posting a "Beware of Dog" sign even if you don't have one.
3. Keep spare keys out of reach from doors and windows.
4. Install dusk to dawn or motion detector outside lighting and timers inside.
5. Do not open doors to strangers, talk through the door, install a peep-hole if necessary. Add dead-bolt locks to doors.
6. Lock door from house to garage.
7. Remove garage door opener from car to prevent possible entry into house.
8. Change home address in GPS to a commercial location close to home. In case car is stolen, they won't know where you live.
9. Never leave bikes, strollers, lawn mowers, tools, sporting equipment unattended around your home.
10. Keep garage door closed unless working in or around area.
11. Ask neighbor to take in flyers/papers/packages if not going to be home.
12. Don't post "back at 2:00" on front door.
13. Avoid personal information on internet sites including Facebook. Don't post when you will be on vacation.

### Scams

1. Never give your Social Security number, Medicare number, birthdate, bank account number or pin number to anyone who asks for it online or on the phone.
2. Never send money to someone you don't know who claims to be traveling without money.
3. Use caller ID; pick up only if you know who it is. Listen to the message, if left.
4. If someone calls and says they are from Social Security, it's a scam. They don't call to contact, they write. Report to Officer of the Inspector General at 800.269.0271 (S.S. fraud line). How scammers get your info: frequently enter contests, mail in warranty cards, filling out surveys, personal updates on Facebook, obituaries, clipping mail to outside mailbox, and public records.

### Miscellaneous

Never leave your purse in the shopping cart or hanging on the chair or on an unattended desk at work.

Use an ATM inside. Block screen when putting in pin number.

Don't count money in public.

Meet your neighbors so you know who is a stranger.

If you witness a **crime in progress** such as a burglary, call 911 and report. **Non-emergencies call 619.531.2000**, push the \*star key to bypass phone tree and connect with dispatcher, be sure to ask for a "case number".


**Participate in Neighborhood Watch;** be part of the solution. Contact me at bggellman@yahoo.com to find out if you have a street captain and become part of the crime prevention team in partnership with our police. Help protect your family, property and neighborhood.



## Call Police When Observing Car Meet and/or Street Drifting Activity

According to Community Relations Officer Melanie Bognuda, street racing, car meet, and car club activity such as street drifting (steering so that an automobile makes a controlled sideways skid) is not permitted nor sanctioned by the San Diego Police Department. The car clubs use social media to publicize a car meet location. Very often, the sites are private and they wait until the very last minute to publish the location which leaves the police department without notice of the event.

Residents are urged to call the non-emergency number at 619.531.2000 when the groups begin to gather. When the street drifting activity is underway and presents a community danger, call 9-1-1. The faster and more consistently the community calls police as the gathering sets up, the less desirable the location will become to the Car Clubs.




## NEED 9-1-1?

## CALL IF YOU CAN


## TEXT IF YOU CAN'T

**TEXT TO 9-1-1 IS NOW AVAILABLE IN SAN DIEGO COUNTY.**


Calling is the best and fastest way to reach 9-1-1. You should text if:



**You're deaf, hard of hearing, non-verbal or have difficulty speaking**




**You're in a situation where it's not safe to call 9-1-1 for help**




**You're having a medical emergency and cannot speak on the phone**


**HOW IT WORKS**



**Enter the numbers 911 in the "To" field**



**Give the location and nature of your emergency**




**Respond to any questions and follow instructions**


Message and data rates may apply. Do not use emojis, abbreviations and acronyms. Photos and videos cannot be sent to 9-1-1. Messages sent to 9-1-1 cannot include other people.


**9-1-1**


**CALL IF YOU CAN**



San Diego County Fire Chiefs Association







THE 911 ASSOCIATION



## By Stopping Teen Dating Violence Now, We Can Prevent Abuse in Adulthood

by **Mara W. Elliott, San Diego City Attorney**

Most of us remember the innocence of dating as teens, and many of us have watched as our own children venture out on their first dates. Despite our own fond memories, there can be a dark side to teen dating that is often not discussed but potentially dangerous: behavior that is aggressive, controlling, or emotionally abusive, and which thrives in secrecy. Victims may be too embarrassed or afraid to tell family or friends, even as the behavior progresses to physical or sexual violence.

Studies have found that unhealthy teen relationships can have a lifelong impact, often leading to domestic violence in adult relationships.

Our Office provides services to victims of domestic and sexual violence and also prosecutes their abusers. We are working to break the cycle of violence by educating teachers, teens, parents, and guardians about this hidden aspect of teen dating.

Our goal is to reach these students and their families before aggression or controlling behaviors occur or escalate into violence. We recently conducted trainings on the importance of healthy relationships, and how to recognize and prevent dangerous ones, with the San Diego Domestic Violence Council and other community partners.

Together with the San Diego County Office of Education, we are reaching out to middle and high schools to host future trainings. If you'd like to see this training in your school, contact [teendv.sddvc@gmail.com](mailto:teendv.sddvc@gmail.com).

Anyone experiencing violence in a relationship can find the assistance they need at the City Attorney's San Diego Family Justice Center, which provides confidential services, free of charge. Call 619.533.6000 from 8:00am to 5:00pm Monday - Friday, the 24-hour hotline at 888.385.4657, or visit [www.sandiego.gov/fjc](http://www.sandiego.gov/fjc).



## Councilmember Joe LaCava

### Hello from your new councilmember!

Thank you, University City, for the honor and responsibility of representing you on City Council. I do not take this role lightly; I am here to serve you and will not lose sight of that commitment. University City is extremely important to the city of San Diego. It is a major employment center as an innovation, research, biotech, and retail hub and a host of several unique and beautiful natural environments. I am eager to partner with residents and stakeholders to guide and shape this flourishing community in the years to come.

My goal is to both solve old problems that have frustrated University City in the past and create solutions before problems emerge. While I have several policy priorities (COVID-19, climate change, public safety, and protecting our core services to name a few), they all stem from two core tenants that will guide my term: 1- work with and be responsive to my district; 2- get things done. I am here for you; since day one my team has hit the ground running, and we don't plan on slowing down.

If you haven't already, I highly encourage you to follow me on social media (@JoeLaCavaD1 on Twitter and Facebook, and @JoeLaCava\_D1 on Instagram) as well as to subscribe to our biweekly newsletter at [sandiego.gov/citycouncil/cd1](http://sandiego.gov/citycouncil/cd1). If you wish to chat about something, big or small, know that you can reach out to me at any time at [JoeLaCava@sandiego.gov](mailto:JoeLaCava@sandiego.gov) or contact my office at 619.236.6611.

### Hello from your new community representative!

Let's give a warm welcome to Kaitlyn Willoughby, our University City Representative! Kaitlyn will be working hard to serve the neighborhood as your go-to point person. Kaitlyn is currently a student at the University of California, San Diego studying Political Science: Data Analytics. She also has experience representing community members, and carries a great deal of knowledge, compassion, and professionalism from working for Congresswoman Susie Lee. You can contact Kaitlyn at [KWilloughby@sandiego.gov](mailto:KWilloughby@sandiego.gov) or 619.510.6875.

### Budget Season

It is important for all residents to be aware of the severity of COVID-19's financial impacts. Like other municipalities, the City of San Diego has not been spared, and faces a historic financial loss.

The City is beginning the budget process for the upcoming year, Fiscal Year 2022 (FY22) which begins July 1, 2021. Over the next days and weeks, as we learn more about our deficit and state and federal opportunities, I will continue to refine my budget priorities to navigate this turbulent financial time and reflect my values: equity, high-value services, and human capital. I pledge to lead with my values and will take an innovative, inquisitive lens to lessen the budgetary blow.

My full budget priorities memo was made available Thursday, January 14, 2021 via the IBA, and on our website and social media. I will also be hosting two District 1 Budget Town Halls in May to hear your priorities directly from you. In the meantime, if you have any questions, please reach out to Kaitlyn.

### Have a Say in the New Gas & Electric Franchise Agreements

A hot topic at city hall right now is soliciting new agreements as our 50-year-old contracts with SDG&E expire. To elicit input from all residents and gain your perspective on what should go into those agreements, I will be hosting town halls. Thank you to everyone who attended our town halls on January 30 and February 3. For those who were unable to attend, we still want to hear your input, so please reach out to my office with questions or suggestions you may have. I look forward to hearing your input!

*Pictured above, Councilmember Joe LaCava and his team enjoy some socially distanced team building at Rose Canyon in early December.*



## How can the City Foster Healthier Neighborhoods?

**City Seeking Input for Environmental Justice Element**

The City of San Diego is in the process of updating its General Plan with a new chapter titled the Environmental Justice Element. This effort is designed to ensure that all San Diego neighborhoods are better protected from environmental and health hazards and have access to resources to facilitate a healthy lifestyle. The City is soliciting input from residents to help shape this important update.

The Environmental Justice Element will help ensure people of all races, cultures and incomes are equitably valued and protected and served by laws, regulations and policies that impact the environment around them. This includes policies regarding buildings and uses of land, transportation, parks and natural spaces, the urban landscape and city services.

The survey will be open until February 28, 2021, and is available in several languages. Learn more about the Environmental Justice Element and take the online survey at [sandiego.gov/planning/environmental-justice-survey](http://sandiego.gov/planning/environmental-justice-survey)



San Diego Public Library News and Events from University Community Branch Library Manager Melissa Martin. To find out the most current information about these programs and other events at the San Diego Public Library, follow us on Facebook or check our website: [www.sandiego.gov/public-library](http://www.sandiego.gov/public-library).

We are so glad to finally see our neighbors face-to-face at the 12 libraries that have opened for limited in-person services. If you want to try it out, the nearest libraries are the La Jolla/Riford Library, Carmel Valley Library and Mira Mesa Library.

At the University Community Library, 4155 Governor Drive, we continue to provide contactless pickup service, but look forward to the day when we can open for basic services. In the meantime, check out the programs highlighted below.



## New Year, New You @ the San Diego Public Library

by Melissa Martin, Branch Manager, UC Branch Library

When you think of the library, what comes to mind? Books and book clubs, of course, maybe craft programs and computer/printer access, just to name a few things. But did you know that the library offers many resources to help you reach your personal, educational and career goals? Check out each section below for ways to meet your goals this year. Follow the links below to the online calendar and the SDPL Virtual Hub for more exciting programs from the library.

**Personal Goals:** Do your New Year's resolutions include learning new skills, reading more and being more active? The San Diego Public Library offers a variety of fun, free programs nearly every day of the month to help you reach your personal goals! Our programs are featured on the library's online calendar of events and can be accessed through the SDPL Virtual Hub via Facebook. All programs are free, while some classes require registration.

- DIY Edible Birdhouses – Monday, February 10 at 4:00pm – Learn how to make your own easy-to-build birdhouse from natural wood. Craft kit includes edible glue recipe & ingredients, plus a variety of bird seeds to decorate with. Register by February 3 to have your kit sent to any of the pick-up or limited services locations.
- OASIS San Diego: Van Gogh at Arles, presented by Julia Fister, MA. Wednesday, February 17 at 6:00pm. The class is free, but registration is required through the OASIS San Diego website. Learn about Van Gogh and his inspired masterpieces "The Night Café" and "Sunflowers" plus other works from his time in the South of France.
- Gentle Yoga – 2nd & 4th Sundays at 9:00am – no registration required. Perfect for beginners, and no special equipment is needed. A yoga mat is recommended.
- Dance Pants Party (weekly program) – Mondays at 10:00am – registration required. Geared toward the toddler through kindergarten crowd, but anybody can join and dance along to songs such as the Hokey Pokey, Baby Shark and more!
- Art of Cartooning (weekly program) – Tuesdays at 2:00pm – no registration required. Geared toward tweens/teens, but open to everyone. Each session will feature a different animated, live action, or literary character.



- Complete the Winter Reading Challenge, which runs through February 28, by reading 5 hours or 5 books. Celebrate diversity and harness the transformative power of seeing oneself reflected in a book with this year's theme, Books Like Us.

eBooks  
Databases  
eAudiobooks  
Online Courses  
Digital Magazines



**Career/Education Goals:** Looking to restart or switch careers? Want to get your high school diploma or GED? The San Diego Public Library has many resources to help you meet your educational and career goals. Use your library card to access Career Center, Gale Resources, JobNow/VetNow, Peterson's Test and Career Prep and other valuable tools to enhance or add new skills to your resume.

- Live job coaching and real-time interview practice and resume help.
- Talk with live tutors to get help with math, science, writing, reading.
- Take free courses in QuickBooks, Microsoft Excel/Word/PowerPoint, project management software, Crystal Reports and more.
- Online high school diploma course and GED test preparation courses.
- Learn a new language using Rosetta Stone (Level 1).

The library is the place for opportunity, discovery and innovation – and all you need is a library card. Go to the San Diego Public Library website for more information on how to get a free library card today.

Access the Library website at [sandiego.gov/public-library](http://sandiego.gov/public-library); online events calendar at [sandiego.librarymarket.com/events/month](http://sandiego.librarymarket.com/events/month); library services at [sandiego.gov/public-library/services](http://sandiego.gov/public-library/services); and SDPL Virtual Hub on Facebook at [facebook.com/groups/sdplvirtual/](https://facebook.com/groups/sdplvirtual/)



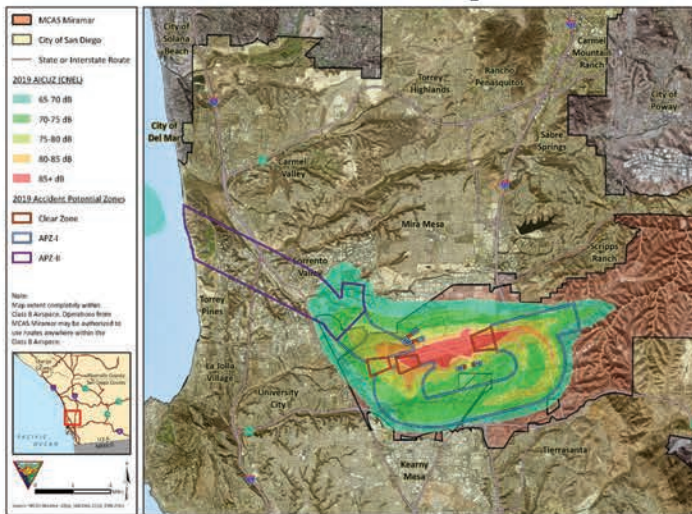
## MCAS Miramar "Winter Fury" Training Exercise Continues Through February 19

From 3rd Marine Aircraft Wing (3rd MAW): Marines with 3rd Marine Aircraft Wing (MAW), 1st Marine Division (MARDIV) and 1st Marine Logistics Group (MLG) are participating in a large-scale distributed exercise known as Winter Fury. The training exercise is expected to continue through February 19 with increased flight operations at MCAS Miramar. For more information, visit the UCCA website at: [universitycitynews.org/category/miramar/](http://universitycitynews.org/category/miramar/)

Above Photo Credit: F-35C Lightning II by Lance Cpl Juan Anaya



## 2020 AICUZ Footprint



Marine Corps Air Station (MCAS) Miramar has publicly released the 2020 Air Installations Compatible Use Zones (AICUZ) Update, which informs the local governments and communities about land uses that may be incompatible with military air operations from a noise or safety standpoint. The 2020 Update was required in order to incorporate data reflecting the arrival of the MV-22 Osprey (2010) and the F-35 Lightning (2020 and ongoing) since the 2005 Update was prepared. Environmental impacts associated with these aircraft basing decisions were analyzed in Environmental Impact Statements completed in 2009 (MV-22) and 2010 (F-35), as well as a Continuing Environmental Review Statement completed in 2018.

The AICUZ does not propose any new actions or projects for MCAS Miramar; rather, it provides land use recommendations for future development based on safety and noise criteria. The AICUZ Footprint depicts the Accident Potential Zones (APZs) and the noise contours where land use recommendations are provided.

APZs are established below flight tracks where 5,000 operations annually occur. The 2020 Update re-validated the APZ's from the 2005 Update, and no major changes were made. Flights in FAA airspace outside of the APZs are not prohibited or inherently unsafe. The AICUZ is not an aviation document and does not prescribe or control where operations may occur. It is a land use planning document, providing land use recommendations for local governments based on where most operations are expected to occur.

The State of California uses the Community Noise Equivalent Level (CNEL) as the metric for evaluating noise impacts, measuring the weighted average of noise over a 24-hour period. The CNEL noise contours remain mostly the same in the 2020 Update, however the 65+ CNEL noise contours actually contracted somewhat in a few areas.

California law requires that the local Airport Land Use Compatibility Plan (ALUCP) be consistent with the AICUZ for a military airport. The San Diego County Regional Airport Authority incorporated the 2005 AICUZ Update into its 2008 ALUCP, which the City of San Diego adopted in 2011. Based on the very minor differences between the 2005 and 2020 AICUZ Updates, MCAS Miramar believes the 2008 ALUCP remains consistent with the latest AICUZ Update.

For any questions about the AICUZ or land use development near MCAS Miramar, please contact the Community Plans and Liaison Office at 858.307.6603.



## UCSD Winter 2021 Planning, Design and Construction: What to Expect on Campus

**As posted on the UCSD Planning, Design and Construction website:** Through innovative design, UC San Diego's transformational projects inspire and deliver UC San Diego's vision of the future. With the focus on creating new and better ways of collaborating across groups and disciplines, new construction projects revolutionize the physical, cultural, intellectual, healthcare, patient care, research, residential and diversity of the UC San Diego and Hillcrest campuses.

Current campus projects include: Central Utilities Plant Expansion, Design and Innovation Building, Downtown Park & Market "The U", Fire Station, Franklin Antonio Hall, Hillcrest Outpatient Pavilion and Parking Structure, Marine Conservation and Technology Facility, North Torrey Pines Living and Learning Neighborhood, Pepper Canyon Amphitheater and Public Realm Improvements, Revelle College Seismic Improvements: Mayer Hall and York Hall, Ridge Walk Improvements, Scripps Ocean-Atmosphere Research Simulator (SOARS), Theatre District Living and Learning Neighborhood, and University Center Public Realm Improvements. Information available at [plandesignbuild.ucsd.edu](http://plandesignbuild.ucsd.edu).

**Meet UCSD's representative to the University Community Planning Group (UCPG):** Alyssa Helper is a Senior Community Planner in the Campus Planning Department at UC San Diego. Ms. Helper joined the Campus Planning team in Fall 2019 after spending 8 years in the private sector as an Environmental Planner.



Alyssa is part of the Community Planning team within Campus Planning, which is responsible for the outreach and communication of the university's capital program with internal and external campus stakeholders, including members of the public, as well as local community groups and organizations. Community Planning is also responsible for agency coordination and collaborations (governmental and non-governmental) with the City of San Diego, elected officials and their staffs, and agencies, such as SANDAG, Caltrans and the California Coastal Commission.

Ms. Helper received her B.S. in City and Regional Planning from California Polytechnic State University, San Luis Obispo and Masters in Public Administration from California State University Fullerton. When she is not working Alyssa enjoys hiking, walking along the beach, and visiting with family and friends. You may reach her by email at [ahelper@ucsd.edu](mailto:ahelper@ucsd.edu). UCSD's project website is [plandesignbuild.ucsd.edu](http://plandesignbuild.ucsd.edu).





## COOKIES FOR CAREGIVERS

Ellen Beshears is calling all bakers! She is part of a group called Cookies for Caregivers whose members bake cookies for essential workers just like the name suggests. They are just getting started and would like to invite anyone who is interested in pitching in to join us.

Even if you don't bake but would like to help, they need helpers to deliver cookies, package them up, print labels, etc. If you work at or know of a hospital, assisted living center, clinic, fire or police station, post office, daycare center or school in the area who would like some sweet treats, please let Ellen know! You can email me at [errandsbyellen@yahoo.com](mailto:errandsbyellen@yahoo.com).



## UC Brothers Host Comedy Talk Show

Let's face it, 2020 was a very stressful year and there was not much to laugh about. That's why in January of this year two local University City residents and real estate agents Mark Powell and Frank Powell "The Powell Brothers" decided to launch a comedy talk show called "My Funny House". Co-

hosting the show is Comedian Maria Herman, a native Australian and former radio personality in Australia. Maria has performed comedy all over the country in festivals, colleges, clubs and casinos and produces San Diego's 5 Star rated 'Comedy Heights' show. Maria is also an award winning journalist and voice over specialist. With 20 years of MC experience and 10 years in full time morning radio, she's professional and on the spot funny, every time.

So whether you own or rent you're going to want to tune into "My Funny House" with the Powell Brothers on Saturday mornings at 11:00am on "The Answer San Diego" AM1170 or FM 96.1. Each week they bring on a new guest comedian and a new real estate topic. Tune in while the group shares hilarious real estate stories. Learn what can go "Really Right" and "Really Wrong" with home improvements and home ownership. You'll laugh until you cry.

## So You Think You Know UC

*take this informal quiz for UC nerds*

- What do the letters CPUS stand for?
  - Civic Plans for Uniting Strategies
  - Community Plan Update Subcommittee
  - Community Plan Unification Strategy
- What do the letters UCPG stand for?
  - University City Planning Group
  - University Community Planning Group
  - University City Program Group
- Which major mall in UC is beginning a major remodel in 2021?
  - The Marketplace
  - Costa Verde
  - The Renaissance Retail Center
- Who is the current chair of UCPG?
  - Barry Bernstein
  - Any Wiese
  - Chris Nielsen
- Which of these religious organizations is NOT located in South University City?
  - Grace City
  - Our Mother of Confidence
  - Temple Beth Israel
  - UC United Church
- When is the Mid-coast Trolley scheduled to begin passenger service in UC?
  - Spring/Summer 2021
  - Fall/Winter 2021
  - Spring 2022
- UCCF goes by what other name?
  - The "Foundation"
  - "Improve UC"
  - "ImagineUC 2020"
- Who replaced Barbara Bry on the SD City Council?
  - John Schindel
  - Joe LaCava
  - Will Moore
  - John Lee Evans
- What do the initials C.A.S.A. stand for?
  - Community Action Subcommittee Alliance
  - Citizens Advocating Safe Aviation
  - Community Advancement for Safe Access
- Who chairs the Fire Safe Council of UC?
  - Ruth DeSantis
  - Mark Salata
  - Diane Ahern
  - Lou Rodolico

**\*BONUS QUESTION:** How many traffic signals are there on Governor Drive? (No help on this one, you have to count them!)

*UC Quiz prepared by UCCA President Barry Bernstein. Answers on page 2, or go to [universitycitynews.org](http://universitycitynews.org).*

**JOIN UCCA for 2021...JOIN UCCA for 2021...JOIN UCCA for 2021**

**HAPPY NEW YEAR...Stay well, stay safe!**





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## Fallen Ambassador of Marcy Park

by Don Hotz

Last month Marcy Park (west UC) saw its last “ambassador” heritage pine tree fall. For years visitors to the park were greeted by three magnificent pine trees at the street entrance. In the past few years we have lost two of those three to trunk damage. The last middle “ambassador” fell on December 6 for similar reasons. Fortunately no one was hurt as it damaged a visitors car. There are currently no plans to replace these old pines.



\* \* \*

## Curie Construction Continues



The Curie Elementary School Joint Use Field Project includes installation of a new natural grass playfield, a decomposed granite walking/running path, a drinking fountain, security gates and fencing and parking lot improvements. Construction started in November 2020, which is expected to be completed in August 2021. Once grass is established, public use is expected in October or November 2021. Regular updates can be found at: [fpcprojects.sandi.net/Pages/Project.aspx?projWBS=90770051.1](http://fpcprojects.sandi.net/Pages/Project.aspx?projWBS=90770051.1).

Info provided by Lee Dulgeroff, Chief, Facilities Planning and Construction, San Diego Unified School District.



## Joint-Use Pool at Standley Park Begins to Take Shape

From Dan Chandler, Balfour Beatty construction superintendent, as shared with Diane Ahern in mid-January: Construction of the joint-use pool at Standley Park adjacent to the existing Swanson Pool continues with deep underground site excavation for under pool drainage, storm water storage, and sewer pipelines. In addition, the pool is in the fine grading stage in preparation for concrete work to begin in February. The joint-use pool will include a zero-depth ramp for wheelchair access and a no-climb fence for safety.

On the Standley Middle School side of the joint-use fields, the perimeter walking path and the pavilion foundation excavation is in process. In March, the structural steel framing for the pool buildings and the pavilion will begin to go vertical. Once the construction project on the Standley Middle School side of the park is completed, the joint-use fields will be restored to their original condition. The Spreckels Elementary whole-site modernization project is expected to get underway in July.



“It is exciting to see the ImagineUC project coming to fruition. Once completed this project in the heart of University City will give us the opportunity to watch aquatic sports, take in a concert, stroll around the park perimeter, play ball games with expanded green space—all between two schools that will be modernized. It will be a beautiful community gathering space for all ages to enjoy.” John Lee Evans, Imagine2020 and former SDUSD Board President



Editor's note: Dan Chandler is a University City resident. The Balfour Beatty construction offices are currently located in the Standley Middle School parking lot on Governor Drive. Photos courtesy Karl Cranford.





## *Plant it Again*

### **Local nonprofit aims to recycle drought tolerant plants**

Pictured above is Olivia Kries who is a junior at High Tech High Mesa. Earlier in 2020, with the help of her parents, she started Plant It Again, a 501(c)(3) nonprofit organization. The mission of Plant It Again is to recycle drought tolerant plants back into local communities while creating fulfilling careers for those with special needs.

Olivia has lived in University City her entire life and loves it here! The weather, hiking trails, and beaches are perfect for someone who loves the outdoors like Olivia. Being able to enjoy nature year-round has made her conscientious of our natural resources. Less than two years ago, her parents redesigned their yard to conserve water by utilizing drought tolerant plants.

Through this process, she learned the value of succulents. Not only are these plants beautiful and extremely easy to care for, they are drought tolerant and fire safe. They grow so fast that in no time you will have plenty to share with your neighbors and friends. Soon, her mom had too many and didn't know what to do with them.

As they say, necessity is the mother of invention so the idea of plant recycling was born. They needed a centralized location that succulent gardeners could donate their extra yard cuttings. Once they open, Plant It Again will train and employ adults with intellectual and developmental disabilities for a variety of fulfilling job opportunities.

Plant It Again just started fundraising on GoFundMe to open the first plant recycling facility. Go to their website at [PlantItAgain.org](http://PlantItAgain.org) for more info, and follow them on Instagram and Facebook, both @PlantItAgain.



## ***Little Free Libraries Provide Books for University City's Readers***

In the April 2020 edition of this University City Newsletter, we included a photo listing and location of the many Little Free Libraries in University City. Since then, a few more have popped up in the neighborhood. Our own editor's library has expanded to a bustling three libraries, and includes puzzles, DVDs, and occasional themed goodie bags. The Little Free Libraries have been very helpful in providing much needed reading materials for both adults and children, some books being helpful in completing school assignments. Make a reading tour of UC Little Free Libraries!

### **UC's Free Little Libraries:**

#### **Northwest:**

2851 Arnoldson Ave (pictured above, follow on Facebook @littlefreelibraryonarnoldson)  
6215 Stresemann Street (new)

#### **Southwest:**

5454 Bothe Avenue  
5163 Bothe Avenue  
5469 Bloch Street  
5458 Sandburg Avenue  
Corner of Haber Street & Passy Avenue

#### **Northcentral:**

3134 Mercer Lane  
3362 Mercer Lane  
3286 Millikin Avenue  
3463 Wellesly Avenue

#### **Southcentral:**

6115 Radcliffe Drive (new)  
5615 Tulane  
5663 Carnegie St.  
Corner of Eton Avenue & Eton Court

#### **Northeast:**

4523 Cather Avenue (the first one in UC)  
6434 Lipmann Avenue

#### **Southeast:**

6136 Erlanger Street  
5147 Via Cinta

For more info, go to [LittleFreeLibrary.org](http://LittleFreeLibrary.org). And if there is a little library not on the list, please contact [jemmasamala@gmail.com](mailto:jemmasamala@gmail.com).





## How to Create a Fire Break Around Your Home with Defensible Space

*by Bill Beck, retired New York Fire Chief  
and Fire Safe Council of UC Member*

Looking for a winter project? Take a walk around the outside of your home. No matter where you live, keeping the 5 feet closest to your home clear of flammable materials greatly improves the chance your home surviving a fire. If flammable materials such as vegetation, a garage, a shed, or your neighbor's house are closer than 30 feet, it's smart to take steps to reduce your home's risk of fire. Defensible space helps to create a fire break which interrupts the spread of fire to your home.

From 0 feet to 5 feet from your home, decks, and other structures, the goal is to prevent a fire caused by blowing embers.

- Use noncombustible materials such as rock, stone pavers, cement, bare earth, gravel, or sand.
- Remove all plants and shrubs near windows.
- Remove leaves and needles from your roof and rain gutters.
- Clear vegetation and items that could catch fire from around and under decks.
- Remove dead branches that overhang or touch your roof. Keep branches 10 feet away from your chimney.
- Remove all leaves, needles, or other debris that fall in this zone.

From 5 feet to 30 feet from your home, decks, and other structures, the goal is to reduce heat and movement of flame.

- Remove all dead plants, grass, and weeds.
- Actively prune live shrubs.
- Relocate woodpiles outside of this zone.
- Avoid extensive use of mulch, which can convey fire to the house.
- Limit fallen leaves, needles, twigs, bark, cones, and small branches to a depth of 2 inches.
- Move all gas and propane tanks outside of this zone.

For more resources, visit University City Fire Safe Council at [UCFireSafeCouncil.com](http://UCFireSafeCouncil.com).

*University City Fire Safe Council is currently gathering information to develop its assessment and planning tool known as the Community Wildfire Protection Plan (CWPP). If you are interested in learning more about our local University City Fire Safe Council, please search Fire Safe Council on UCCA's website at [UniversityCityNews.org](http://UniversityCityNews.org), email us at [UCFireSafeCouncil@gmail.com](mailto:UCFireSafeCouncil@gmail.com) or visit our website at [UCFireSafeCouncil.com](http://UCFireSafeCouncil.com)*



**FireSafe Council**  
**UNIVERSITY CITY**

## Fire Safe Council of UC Hosts Information Sessions

*by Diane Ahern, FSC of UC President*

The University City Fire Safe Council hosted its first Information Session via Zoom in January. Featured speakers included Britney Munoz and Kevin Soland with the Resource Conservation District and the San Diego County Fire Safe Council; Marci Garcia and Steve Macias with the San Diego Fire Rescue Department; MCAS Miramar Community Liaison Officer Kristin Camper and Asst. Fire Chief Dan Hernandez with Miramar Fire Department; and Kaitlyn Willoughby with Councilmember Joe LaCava's office.

Diane Ahern, University City Fire Safe Council, provided an overview including area's emergency response responsibility, burn history, and fire threat.

The San Diego County Fire Safe Council was founded in 1997 by the Resource Conservation District of Greater San Diego in partnership with local, state, federal, and tribal fire agencies. The County Fire Safe Council provides workshops, education, and public outreach; sponsors fuel reduction programs; encourages and supports the development of local Fire Safe Councils; and assists in the development of local Community Wildfire Protection Plans.

Although San Diego Fire has Emergency Response Responsibility in the vast majority of the University City Fire Safe Council area, MCAS Miramar Fire is responsible for a small area adjacent to the MCAS Miramar boundary near the 805 and Miramar Road. San Diego Fire representatives spoke of the Ready, Set, Go program and brush management efforts. MCAS Miramar Fire representatives spoke of mutual aid agreements among fire agencies including response to fire calls outside its federal property and air support during wildfires provided by active-duty Marines.

Kaitlyn Willoughby with Councilmember Joe LaCava's office led a discussion related to Fire Safe needs in the University City community including brush management cleanup, concern about exit routes out of dead-end street and neighborhoods, the danger of flying embers to fire spread, the added danger of house-to-house fire spread in residential neighborhoods, need for more inspection services for home owners interested in making their homes more fire resistant, and fuel reduction in homes and yards.

Diane Ahern mentioned that education will continue to be a focus in 2021 with articles in the print newsletter and website about various aspects of fire safe practices. The Council hopes to participate in events such as the UC Celebration and Oktoberfest once COVID restrictions have eased.

For more information about the Fire Safe Council of University City, visit [UCFireSafeCouncil.com](http://UCFireSafeCouncil.com) or send an email to: [UCFireSafeCouncil@gmail.com](mailto:UCFireSafeCouncil@gmail.com). Presentations and support materials for the Fire Safe Council Information Session are available on UCCA's University City News site at [UniversityCityNews.org](http://UniversityCityNews.org).



## THANK YOU TO ALL WHO JOINED UCCA FOR 2021 NOVEMBER-DECEMBER-JANUARY MEMBERSHIPS

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Ben Aguilar  
Katherine Alix  
Gregory Barnes  
Linda Bjork  
Avril Butbul  
Robert & Diane Estus  
Iris & David Gimbel  
Aili Hiltunen  
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The Friends of University  
Community Library  
Kathy & Bill Wallace  
Matthew Wuest

**ANGEL**

Alcala Family  
Feroza Ardeshir  
Linda & Chris Beresford  
George & Sally Berg  
Megan Bryden  
Jennifer Crabill & Dr. David  
Stiffler  
Rianldo de Jong  
Gerald & Bozier Demaree  
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Sunni Farkas & Bob Treidler  
Astrid J. Lacy  
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**CORPORATE**

California Coast Credit Union



### University City Community Association 2021 UCCA Membership Application\*

2021 Members will receive a 2021 membership card and a special thank-you gift for joining.

\_\_\_ \$20 Individual | \_\_\_ \$40 Supporter | \_\_\_ \$60 Angel | \_\_\_ \$100 Gold | \_\_\_ Additional donation enclosed \$ \_\_\_\_\_

**Please print Name(s)** \_\_\_\_\_

**Address** \_\_\_\_\_

**Business name** \_\_\_\_\_

**Phone** \_\_\_\_\_ **E-mail** \_\_\_\_\_

***Would you like to volunteer? We welcome your time, talent, comments and suggestions. Please let us know.***

Individual and/or Business members' names will be listed in the newsletter. Please indicate if you do NOT want your name to be listed.

\_\_\_ Do NOT list my name. Please make your check payable to UCCA; mail to UCCA, 3298 Governor Drive, #22574, San Diego, CA 92122.

Payment is also accepted through PayPal on our website [www.universitycitynews.org](http://www.universitycitynews.org).

*Your UCCA membership dues (and additional donation) make a big difference in our community. These funds help support many worthwhile organizations (i.e. public schools' fundraising, Standley Park, EdUCate!, Neighborhood Watch, ImproveUC/UCCF, Buy Local).*

*Plus special projects and activities such as median beautification, painted utility boxes, street banners, 4th of July Celebration, Summer Concerts, Christmas Tree and Menorah Lighting, and our monthly newsletter delivered to your home and/or business.*

*(\*UCCA membership dues are not tax deductible.)*

\*This membership is valid for the 2021 calendar year. Thank you for joining UCCA. If you have any questions, please contact our Membership Chairperson Hallie Burch at [UCCAmembership@gmail.com](mailto:UCCAmembership@gmail.com).





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**Prime Rib** WED. & SAT. - Hot and ready to serve  
12 oz. serving with Twice baked Potato, sautéed vegetables, au jus, creamy horse radish (ready hot by 4:30pm) **\$29**

### Cold REHEATABLE Meals

*After removing the lid, Warm up in container at 225° for 30 to 60 min. or Microwave 3 min.*

**Local Fresh Halibut (\$24) or Rock Snapper Filets (\$16)**

Sautéed Tomato, Caper & Basil Relish, Mixed Wild Rice, Glazed Carrots and Blue Lake Green Beans

**Italian-style Meat Lasagna served with garlic bread \$21 (serves 2-3)**

**Pan Seared Jumbo Scallops Rissotto (\$26)**

Individual Meals	Each	Family Style (4)
<b>Boneless Pork Loin Chop</b>	<b>\$16</b>	<b>\$54</b>
<i>Brined, topped with apple chutney</i>		
<b>Meatloaf (serves 1-2)</b>	<b>\$15</b>	<b>\$50</b>
<i>Whipped red bliss potatoes, sautéed vegetables</i>		
<b>Coq au Vin (Leg and Breast)(serves 1-2)</b>	<b>\$24</b>	<b>\$80</b>
<i>Carrots, onions, mushrooms, red wine sauce, garnished with mashed potatoes</i>		
<b>Salmon Dijonnaise</b>	<b>\$19</b>	<b>\$64</b>
<i>Fresh salmon filet baked with mustard, citrus, and tarragon topping. Mixed wild rice pilaf with glazed carrots and green beans</i>		
<b>Chicken Piccata or Marsala</b>	<b>\$15</b>	<b>\$50</b>
<i>Boneless chicken breast sautéed with a lemon caper sauce or mushroom sauce. Mixed wild rice pilaf and sautéed green beans.</i>		
<b>Braised Boneless Short Ribs</b>	<b>\$23</b>	<b>\$75</b>
<i>Bourguignonne-Style in a red wine sauce with pearl onions, mushrooms and glazed carrots. Whipped red bliss potatoes and sautéed green beans.</i>		
<b>Duck Confit</b>	<b>\$17</b>	<b>\$58</b>
<i>Slow-braised, duck leg in a light currant demi-glace, wild rice pilaf and sautéed glazed carrots and green beans. (Extra leg \$7)</i>		
<b>Ratatouille</b>	<b>\$12</b>	<b>\$40</b>
<i>A light stew of eggplant, zucchini, onion, garlic, tomato, and bell peppers over steamed quinoa</i>		
<b>Kids Meal</b>	<b>\$8</b>	<b>N/A</b>
<i>Chicken tenders from scratch! Mac-n-Cheese, glazed carrots and Ranch dressing</i>		
<b>Chicken Pot Pie</b>	<b>\$7</b>	<b>N/A</b>
<i>Tender chicken, peas, carrots, mushrooms, savory sauce, golden crust</i>		

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Inquire for the day's offerings.

1qt

**\$8 (serves 3-4)**

**House-made Quiche: Lorraine, Spinach, Mushroom and Chili Verde**

Pie pan size (serves 4-6)

**\$24**

Large (serves 8-10)

**\$36**

Individual serving **\$6.50**

**Whipped Red Bliss Potatoes with butter & cream**

**\$7/lb**

**Mixed Wild Rice Pilaf with garlic herb butter**

**\$11/lb**

**Steamed Blue Lake Green Beans with garlic herb butter**

**\$8/lb**

**Glazed Carrots & Blue Lake Green Beans with garlic herb butter**

**\$8/lb**

**Mac-n-Cheese Elbow pasta with rich cheddar cheese sauce**

**\$6/lb**

**Savory Baked In Croissants:**

Turkey & Cheese, Ham & Cheese, Spinach & Cheese

**\$4.75 ea**

**Assorted Baguette Sandwiches:**

*Ham & Swiss: Cheese, Turkey & Cheese, Vegetarian, Tuna Salad, Chicken Curry Salad (add avocado \$1)*

**\$7 ea**

**Fresh Fruit**

**\$6/pint**

**Caesar Salad Romain lettuce, Parmesan cheese, garlic croutons, creamy Caesar dressing**

(serves 1-2)

**Small \$6**

**Large (serves 4-6) \$18**

**Mixed Green Salad mushrooms, (serves 1-2) Small \$6 Large (serves 4-6) \$18**

*tomatoes, cucumber & carrot, vinaigrette on side*

**Tuna Salad**

**\$12/lb**

**Chicken Curry Salad**

**\$12/lb**

**Rainbow Primavera Pasta Salad**

**\$8.50/lb**

**Dill Potato Salad**

**\$8.50/lb**

**Roasted Vegetable Farro Salad**

**\$9.50/lb**

**French Gourmet Vinaigrette**

**\$6/pint**

**Baguette**

**\$2.50 ea**

**French Breakfast Rolls**

**from \$2.75 ea**

*(Croissant, pain au chocolat, Almond croissant)*

**Sabayon - cold dessert cream-based topping**

**\$6/pint**

**Individual dessert: Fruit tarts, Napoleon, cake slice**

**from \$5**

**Celebration Cakes - Birthdays, etc.**

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