

# **UCCA MEMBERSHIP FORM PAGE 13**

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UNIVERSITY CITY...more than just a neighborhood!

# **University City**



#### **Construction Notice:**

#### Starting March 7, Nighttime Full Closures of Genesee Avenue between Regents Road and Nobel Drive

From SANDAG: The week of Sunday, March 7, crews will begin efforts to pave and restripe Genesee Avenue. The construction activities will continue for approximately three weeks and will require full closures of Genesee Avenue between Regents Road and Nobel Drive. This work will require a full closure of the Genesee Avenue and La Jolla Village Drive intersection. The intersection closure is scheduled to take place from Tuesday, March 9 at 8:00pm through Wednesday, March 10 at 5:00pm. What to expect:

- Closure and work hours will be Sundays through Thursdays, from 8:00 pm through 5:00pm the following day
- Crews will pave Genesee Avenue in phased sections
- Following the paving activities, crews will install traffic signals and stripe the
- Driveway access will be maintained for residential properties between Eastgate Mall and Regents Road
- Please expect noise as this work is completed
- Please use caution while traveling in the area and follow signage

Due to the complexity of the work, closures can be postponed at any time without notice. View closure updates ShiftSanDiego.com, Facebook.com/MidCoastTrolley, Twitter.com/MidCoastTrolley.

#### SDUSD to Return to **In-Person Instruction**

**MARCH 2021** 

San Diego Unified School District has announced plans to reopen classrooms and return to in-person instruction the week of April 12, 2021.

The decision takes into account an encouraging trend of lower COVID-19 case rates within San Diego County and a regional effort to make vaccines available to teachers.

The reopening will apply to all grade levels and will take effect as soon as San Diego County drops back into the state's Red Tier. Teacher vaccinations could begin as soon as March 1.

School days will be modified to accommodate social-distancing and safety protocols, and students will continue with some online learning. A fully online option is available to those families who are not comfortable sending their students to in-person instruction. For updates, go to: sandiegounified.org

previously scheduled UC neighborhood BACK TO SCHOOL MARCH for March 15 will continue as planned. See page 7 for more details.



### UNIVERSITY CITY COMMUNITY NEWSLETTER

Published by **University City Community Association** 3298 Governor Drive #22574 San Diego, CA 92122

www.universitycitynews.org

858.412.0786 universitycitynews@gmail.com

Distribution is 6,000 copies, 10 issues per year, hand delivered to South University City residents, schools, libraries, parks and businesses.

Editor Jemma Samala, UCCAeditor@gmail.com

Advertising Terri Day, uccaADS@hotmail.com

Be the Eyes and Ears of UC: The University City Community Association Newsletter is comprised of information sent to the editor. The association does not have reporters, photographers or staff. You are welcome to write and submit articles and story suggestions that pertain to community and residents.

#### Guidelines:

- Your article should be approximately 250 words or less, sent in a Word document and attached to an email.
- Include who, what, why, where, and how.
- . Be as brief and concise as possible. Editing may result in errors.
- DO NOT send articles in a pdf formats.
- UCCA does not guarantee publication.
- Submitted materials may be published on the Internet.
- The Editor reserves the right to edit articles as needed.
- Articles or ads considered to be political will not be accepted.
- Attach photos separately in a picture format at high resolution or straight from camera as a jpeg or png.
- Send to UCCAeditor@gmail.com or jemmasamala@gmail.com.

#### Deadline for the APRIL issue: MARCH 18, 2021

Please send your submission as early as possible. The deadline for the April issue is March 18, 2021, but the newsletter can fill up before the deadline. Articles and news items are reviewed as they are received. Priority may be given to UCCA members and time sensitive material. Articles may also be edited for allowed space. UCCA does not discriminate against nor endorse all information in the monthly newsletter. The UCCA Newsletter receives information and advertising from a variety of sources. UCCA cannot and does not guarantee the accuracy of the information or the complete absence of errors and/or omissions, nor does UCCA assume responsibility for the same. Publication does not constitute an endorsement.

#### 2021 UCCA Board Members

#### **Executive Board**

President: Barry Bernstein, apdrfn@aol.com, 858.453.3713 Vice-President: Mack Langston, langstonmack@gmail.com Secretary: Jim Beshears, jwblaw@sbcglobal.net Treasurer: Don Hotz, don.hotz@yahoo.com

#### **Appointed Positions**

Beautification Chair/UCCF Liaison: Merle Langston, merlelangston1@gmail.com, and Barbara Gellman, Co-Chair, bggellman@yahoo.com

CASA Liaison/Publicity & Promotion/Webmaster: Diane Ahern, ahern.diane@gmail.com

Corresponding Secretary & Historian: OPEN

\*Christmas Tree/Menorah Lighting Coordinator: Darlene

Ventimiglia, darleneven2@gmail.com

Membership: Hallie Burch, UCCAmembership@gmail.com Neighborhood Watch: Barbara Gellman, bggellman@yahoo.com Newsletter Chair/Distributor: Don Hotz, don.hotz@yahoo.com

\*Newsletter Ads: Terri Day, uccaADS@hotmail.com

\*Newsletter Editor: Jemma Samala, UCCAEditor@gmail.com Parliamentarian/SD Network of Town Coalitions: Mack Langston, langstonmack@gmail.com

Special Events: Barbara Henshaw, barbarahenshaw@gmail.com \*UCPG CPUS Liaison: Katie Rodolico, ktnelson@yahoo.com UCSD Liaison: Deanna Ratnikova, deanna.ratnikova@gmail.com \*Non-Voting Member

### UCCA Meeting Synopsis February 10, via Zoom



by Jim Beshears, Secretary

#### SCHEDULED GUESTS

Mayor Todd Gloria reported: (1) The City had administered 500,000 covid-19 vaccinations, including 100,000 at Petco Park distribution center; (2) The City is now receiving doses directly rather than through the County; (3) 1,200 City employees were vaccinated last week and 1,600 this week; (4) The budget deficit through 6/30/21 is expected to be \$84 million and \$150 million for fiscal year starting 7/01/21. The City wants to preserve neighborhood services and is looking for Federal relief to balance the budget; (5) The Mayor is the vice chair of SANDAG which will benefit the City; (6) The Pure Water recycling project is expected to start construction on June 1. Nobel and Genesee will have reduced lanes during construction; (7) People trying to register for a vaccination can continue to call 211. The City is going to focus on numerous smaller sites, including mobile vaccinations, while the County is operating larger sites: (8) In response to questions/complaints about the flight patterns of Miramar Marine Corps Air Station (MCAS), the Mayor said he would communicate with the person in charge.

Officer M. Bognuda of the SDPD reported "crimes of opportunity" are up, and valuables in cars are being taken. To prevent, be sure to lock cars and to not keep garage door openers in cars to prevent home break ins. Also, keeping side gates locked helps prevent access into homes.

Harry Mathis, former City Councilman, reported that the City was working on a plan to put more utilities underground. Ruth DeSantis reported that work was underway for this on Sandberg Street.

#### **LEGISLATIVE AIDES**

Kaitlyn Willoughby, legislative aide to Joe LaCava, reported: (1) his office was working with other government agencies to solve the issue of flight plans for MCAS; (2) Town hall meetings will be set concerning SDG&E issues; (3) Wilmark has complied with fire prevention regulations on their property on Gullstrand. The issue of continuing the golf course has not been resolved: (4) Requests for repairs or problems with City property should still be reported on "Get it Done" website. (5) There is a 5 month back log for getting streetlights repaired/replaced.

Anselmo Estrada, aide to Assembly member Chris Ward, reported: (1) a new portal was established at "myturn.ca.gov" to apply for covid-19 vaccinations; (2) The Tenants Relief Act was approved June 30, 2020 and information on it is available at "housing is key.com"; (3) Under AB 11, 12 regional climate change sites have been established.

Spencer Katz, legislative aide to Supervisor Tarra Remer-Lawson, reported the County was expanding its covid-19 vaccine distribution centers and new ones are opening in Escondido and Del Mar Fairgrounds.

Jessica Brown, aide to Congress member Scott Peters, reported (1) the bill OPRA 11 regarding ocean pollution was submitted to Congress. It seeks to improve water security and cut pollution; (2) A bill was submitted to identify children in grades 6-12 needing help for suicide prevention; (3) His office was looking into noise level issues for the F35 planes.

(continued on page 14)

\* \*

Answers to the "So You Think You Know UC - Part 2" Quiz on page 9: 1b, 2a, 3c, 4a, 5c, 6b,7a, 8a, 9b, 10a, b or c bonus question: Terri Day



#### UCCA President Barry Bernstein

It's MARCH everyone, so please put a little SPRING in your step as we move forward in the ever-improving and continuing COVID 19 battle. I hope that all of you who are eligible for vaccinations have been able to either complete and/or schedule your necessary "shots". Vaccine distribution/production has had its share of "hiccups", but continues to improve as has the notable decline in the numbers of

hospitalizations and deaths associated with COVID.

As of this writing, it looks like there's a good chance that our schools, (K-8) may be able to open soon with in-person classroom instruction as long as the CDC and County protocols are met. Recently High School Athletic programs were approved. In the meantime, let's stay safe and continue to follow the CDC's recommendations for mask-wearing, social distancing, and handwashing.

Spring officially arrives on the 20<sup>th</sup>, (Padres have begun their Spring Training), after we adjust our clocks for Daylight Savings time on the 14<sup>th</sup>, and celebrate St. Patrick's Day on the 17<sup>th</sup>. Passover begins with its first Seder on the evening of the 27<sup>th</sup>, with Easter just around the corner. UC Little League and Mesa del Sol softball will also be starting up. There is some very special good news to report for our families...the UC Recreation Councils at Standley, Doyle and Nobel will be sponsoring a Spring Egg Hunt, (a drive thru event). See page 9 for date/time. Many of you who enjoy the outdoors for walks and biking, might now be thinking about the annual necessary preparations for your flower and vegetable gardens.

We were very pleased and honored that Mayor Todd Gloria participated in our February UCCA meeting. There are many serious City-wide issues to address, (COVID 19, the "homeless" population, broken/decaying Infrastructure, to name a few). With a huge looming budget deficit the City may be forced to make critical cuts in services. The American Rescue Plan being put forth by the Biden administration, if passed in its current form, will provide the city of San Diego with some relief and hope in maintaining library, rec. center, and fire protection services.

Nathan Fletcher, San Diego County Board of Supervisor President, (who formerly resided in University City), held his first "State of the County" speech recently. Under his leadership the County Board will be taking on some very important community health and social/criminal justice issues in the greater San Diego County area with an emphasis on the underserved communities. Mayor Gloria and Supervisor Fletcher emphasized their mutual support and collaboration related to these concerns. It was also important to note that both leaders took the opportunity to not only thank and recognize the many City/County workers, particularly those on the front lines in the COVID battle, but also realize the need and importance to support small businesses and to work with the various City and County workers' labor unions. Kudos to our City Councilmember Joe LaCava, who held his ground in support of keeping the integrity of our San Diego neighborhoods.

Our next UCCA (ZOOM) meeting will be held on Wednesday, March 10. Please remember an election for a South UC resident position on UCPG is taking place this week. See page 12 for voting information. Remember, University City is "more than just a neighborhood". JOIN UCCA...and support our efforts. Thank you. ~Barry

#### VIRTUAL UCCA MEETING – MARCH 10

The next UCCA meeting will be held via Zoom on Wednesday, March 10, starting at 6:00pm – the regular monthly meeting time.

Since libraries are still closed, the meeting will be held virtually via Zoom.

To participate, join at us02web.zoom.us/j/81944097621

You may also go to zoom.com, and join meeting ID: 819 4409 7621

And you can also call in at: 408.638.0968, 81944097621#

# calendar

WOMEN'S HISTORY MONTH

#### **UC COMMUNITY PLAN COMMITTEE**

Tuesday, March 9
5:30 – 7:30pm
Agendas and meeting information posted on planuniversity.org

#### UCCA MEETING

Wednesday, March 10, 6:00pm Zoom.us, meeting ID#819 4409 7621

#### **DAYLIGHT SAVINGS STARTS**

Sunday, March 14, 2:00am "spring forward" clocks one hour

#### PEOPLE FOR A CLEAN UC

Sunday, March 14
8:30-10:00am\*

(\*Note: change in regular time due to

daylight savings time change)
Cleanup volunteers meet at Starbucks
3202 Governor Drive, supplies provided

#### ST. PATRICK'S DAY

Wednesday, March 17

#### FIRST DAY OF SPRING Saturday, March 20

# UNIVERSITY CITY PARKS COUNCIL STANDLEY PARK COMMUNITY REC GROUP

Thursday, March 25 Contact Rec Center for meeting info: 858.552.1652

#### PASSOVER BEGINS

Sundown, Saturday, March 27 (ends sundown Sunday, April 4)

#### **CESAR CHAVEZ DAY**

Wednesday, March 31

#### **EASTER**

Sunday, April 4

DON'T FORGET!
IT'S TIME TO RENEW YOUR
UCCA MEMBERSHIP
GO TO PAGE 13 AND SEND IN YOUR
MEMBERSHIP FORM TODAY,
OR GO TO
UNIVERSITYCITYNEWS.ORG



#### **Domestic Violence**

by Steve Willard, Senior Analyst, SDPD Domestic Violence Unit

The San Diego Police Department (SDPD) Domestic Violence Unit (DVU) has been a community partner of the San Diego Family Justice Center (SDFJC) since its inception in 2002.

From 2010 to 2018, the SDPD coordinated the SDJFC. The San Diego City Attorney's Office now leads the day-to-day operations.

At the SDFJC, a domestic violence victim can speak to a detective in a comfortable, safe environment. When victims come to the SDFJC, they realize the DV Unit is part of a team of collaborative professionals. The SDPD recognizes that when law enforcement officials partner with other victim service providers they become a more powerful team in combatting domestic violence and increasing community safety.

Today, the DVU is led by Lieutenant Carmelin Rivera. His team, located within the SDFJC facility, consists of one clerical, one analyst, three sergeants and many detectives who investigate all domestic violence law enforcement reports in the City of San Diego.

In addition to investigating criminal cases, the DV team conducts a wide-range of duties including assisting with emergency protective orders while officers are in the field, responding to domestic violence cases, testifying as expert witnesses in court, arresting abusers, and assisting victims with law enforcement related services including U-Visa certifications. Members of the DV Unit are also part of the High-Risk Team and San Diego County's Domestic Violence Fatality Review Board among other community organizations.

Does a collaborative team of enforcement, investigations, trauma informed victim services, legal services and mental health actually work? One answer could be in the numbers. In 2002, when the Family Justice Center was founded, the DVU investigated 22,000 DV cases. Last year they investigated approximately 7,000 DV cases. In the 1990's the City of San Diego routinely experienced double digit numbers of annual DV murders. In the past decade our city has not exceeded ten. While these numbers alone are impressive, it's important to remember the population of San Diego has significantly increased while the number of those being victimized has been on a downward trend.

If you are in immediate danger, please call 911 or the San Diego Domestic Violence Hotline at (888) DV-LINKS (385-4657). If you would like more information about the San Diego Family Justice Center, call the Center's toll-free Information Line at 1.866.933.HOPE (4673). The Center's trained staff and volunteers can offer help, answer questions, or give you information about the resources available to you. Come to the San Diego Family Justice Center and find safety and support!

#### **ELDER ABUSE**

If you or someone you know has been the victim of Elder Abuse please call the San Diego Police Department: 619.531.2000.

If you suspect you or someone you know has been the victim of Elder Abuse please call Aging and Independent Services for the County of San Diego: 1.800.510.2020.



### **Reporting Pothole Damage**

#### by Mark Powell

Have you noticed that the streets around the UTC area were there has been ongoing construction seem to be riddled with potholes, and some of them are fairly large. Even if you are the most skilled driver, at some point you will most likely hit a pothole which in turn means damaged tires, wheels, suspension or more.

If you do hit a pothole you could file a claim with the city for monetary damages. Once you notice damage to your car you should immediately document the damage. That includes taking plenty of pictures to have the most accurate claim possible. Whenever possible, you should take a photo of the pothole, along with pictures of the street and the nearest intersection including street signs.

Once you have taken pictures and documenting the incident you're still not completely finished with your documentation. You should then report the pothole to the San Diego City's "Get It Done" app to make sure the city knows about the pothole. This can also save another driver from hitting the same pothole that damaged your car.

All claims must be made in writing, accurately completed, printed, signed by the claimant and mailed or personally presented in hard copy format to:

City of San Diego Risk Management Department 1200 Third Ave., Suite 1000 San Diego, CA 92101

Drivers must file their claim no later than six months after the date of the incident or event. Also, it is a good idea for drivers to attach any other relevant information and estimates for repairs. If there is bodily injury, claims should be accompanied by unaltered copies of bills from treating physician(s) or other expenses incurred from the injury sustained.

Once all the information is gathered, drivers can file a claim the city's Risk Management Division where it will either be approved or denied. The Risk Management Department, Public Liability Division usually takes about 45 days to process and investigate a claim.

Any information provided will be evaluated as part of the investigative process and does not guarantee that your claim will be accepted for payment nor does it mean that the City accepts liability.

For more information on how to file a "Pothole Damage" claim you can log onto the following city website: www.sandiego.gov/riskmanagement/services/liability



#### San Diego Emergency: Stay informed before, during, and after a disaster

Did you know you can get important San Diego regional preparedness, emergency, and recovery information in the palm of your hand? The SD Emergency App provides disaster preparedness information, interactive checklists to help you to create your emergency plan, and even instructions to build an emergency supplies kit.

When disaster strikes, the SD Emergency App will keep you and your family informed with emergency updates, evacuation orders, interactive emergency maps, and shelter locations. The San Diego Office of Emergency Services (OES) created the SD Emergency App to better prepare and inform San Diego residents and visitors about disasters. With SD Emergency, the tools you need to plan, prepare, and respond in an emergency are right at your fingertips.

The San Diego Emergency app is available in English and in Spanish for iOS and Android mobile devices. Learn more about San Diego's no cost SD Emergency app at ReadySanDiego.org/SDEmergencyApp/

#### Get the Call.

Register your cell phone number & email with **AlertSanDiego** to get evacuations & other important actions you need to take to stay safe when an emergency affects your area.



Alert San Diego:

#### Get the Call

Would you like to get emergency notification messages by text or email? Register your cell phone number and email address with AlertSanDiego to get evacuation and important incident information to your cell phone and email during an emergency in the San Diego area. AlertSanDiego is a regional notification system that will send telephone notifications to residents and businesses within San Diego County impacted by, or in danger of being impacted by, an emergency or disaster.

If you have a Voice over IP (VoIP) or cell phone and would like to be notified over that device, or if you would like an email notification, you must register those telephone numbers and email addresses. For more information and to register, visit readysandiego.org/alertsandiego/

#### **Barry Bernstein Day**

Our UCCA president was honored by the San Diego City Council recently with a proclamation sponsored by our City Councilmember Joe LaCava, which designated February 21, 2021 as Barry Bernstein Day in the City of San Diego. Please join Joe LaCava in thanking Barry for all he has done and continues to do in and around University City. Congratulations Barry – an honor well deserved!



#### Councilmember Joe LaCava

#### Office Hours are In Session

I am committed to listening to the community and ensuring my staff and I are easily reachable and responsive to your needs. With this in mind, my community representatives are hosting weekly office hours for you to ask questions, get information, and share your input on community issues.

Kaitlyn Willoughby, my University City representative, is hosting office hours every Friday from 10:00–11:00am via this Zoom link: https://bit.ly/kwilloughby

This is a dedicated period for community engagement each week. Please feel free, however, to reach out directly to Kaitlyn or to my office at any time via email, JoeLaCava@sandiego.gov or phone, 619.236.6611.

#### Gas and Electric Franchise Agreements

As you all know, the City of San Diego has the once-in-a-generation opportunity to renegotiate our gas and electric franchise agreements. To ensure these agreements represent the community's values and are something that we can be proud of, my office is working hard to collect your feedback. Part of this effort were the two town halls I co-hosted with the Mayor's office last month.

Building on your input from the town halls, I released a memorandum outlining my gas and electric franchise priorities. The major headlines are that we must explore a public power alternative, protect San Diego ratepayers, preserve the city's interest, earn the public trust, and achieve our climate action plan goals. To echo Mayor Gloria, we must consider all of our options. If you already made your voice heard at one of the town halls, thank you. If you did not, it's not too late. Your input is important and can be conveyed by completing the City's official survey at https://form.typeform.com/to/R4GeGh9C or by reaching out to my office directly at 619.236.6611.

#### Calling all University City Students

It is near impossible to separate University City from University of California San Diego. With that, I am highlighting our robust student population and how I am engaging with it.

To ensure our student population is recognized and represented, my office is attending monthly student government meetings to share University City and City Council updates. I am also holding monthly community forums with both graduate and undergraduate students to help form a dialogue.

I am proud to represent so many students and provide for them as our next generation employees and residents. I look forward to hearing their ideas and uplifting their voice.

Pictured above: Residents sharing their thoughts on the upcoming franchise agreements negotiations at my second town hall on February 3, 2021.

San Diego Public Library News and Events from University Community Branch Library Manager Melissa Martin. To find out the most current information about these programs and other events at the San Diego Public Library, follow us on Facebook or check our website: www.sandiego.gov/public-library.

We are so glad to finally see our neighbors face-to-face at the 12 libraries that have opened for limited in-person services. If you want to try it out, the nearest libraries are the La Jolla/Riford Library, Carmel Valley Library and Mira Mesa Library. At the University Community Library, 4155 Governor Drive, we continue to provide contactless pickup service, but look forward to the day when we can open for basic services. In the meantime, check out the programs highlighted below.



Go love a book – Tuesday, March 2 is National Read Across America Day, aka Dr Seuss Day!



#### What can the Library do for you?

by Melissa Martin, Branch Manager, UC Branch Library

Complete the Library survey – help decide the future of your library! The San Diego Public Library wants to know what you want your library to look like. We are working with the San Diego Public Library Foundation to complete a Library Master Plan and are seeking broad public participation in a Community Survey that asks:

- What you need from the Library,
- How can the Library serve the community,
- What services, technologies, and programs would help you and your community.

The survey is open February 17 to April 17 and is available in Spanish, Arabic, Chinese, Farsi, Tagalog, and Vietnamese, in addition to English. If you have questions, would like a print survey or would like to get more information, contact the Library Foundation at office@supportmylibrary.org or call 619.236.5849. Please visit the survey webpage and complete the survey online at supportmylibrary.org/master-plan/





Lectures at the Library: 3rd Wednesday of the month. In March, it's on March 17, 6:00pm. Join us for The Power of Whole Food Plant-Based Nutrition, presented by Charlene Correia.

Lectures at the Library is a series of FREE classes with San Diego Oasis offered via Zoom. These lectures are meant to encourage learning, engagement and deep thinking about a variety of topics. You can choose which classes to attend. Registrants must sign up for a free MyOasis account at san-diego.oasisnet.org/ to attend these virtual lectures. San Diego OASIS also has helpful online resources you can view so you are comfortable using Zoom: san-diego.oasisnet.org/zoom-resources/.

#### Student EXCEL Card

The Student Digital EXCEL card gives SDUSD students access to check out 5 eBooks/eAudiobooks from our eLibrary as well as access to our research and tutoring databases by using their SDUSD issued student ID # and a pin number. Students in grades TK/K – 12th who are enrolled at a San Diego Unified School District school are automatically entered into this program. Students will need to contact their nearest library to add an email address to their account in order to receive updates on holds and due dates. Currently, this is a digital access program so no physical cards will be given out. Students who enrolled at a SDUSD school for the first time after January 25, 2017 will need to contact SDLBEXCEL@Sandiego.gov for assistance in signing up for the program. Call the University Community Library and ask for Larry if you have any questions about this program.

#### Vaccines

If you are scheduled to receive a vaccine at the Municipal Gym in Balboa Park, you might see some familiar faces from the UC Library! Two staff members, Mario and Christina, are helping the public get through the line so they can get their long-awaited vaccines. If you see them, say hello! For more information about how to sign up for your vaccine, current vaccine eligibility and other COVID-19 information, visit bit.ly/vaccinelocationssdcty

#### New craft kits for kids

Every week, the library offers new craft kits for kids that you can pick up when you visit the library. Most are simple paper crafts, suitable for 4-5 years and up. In March, we are giving out a hex nut bracelet craft that older kids might find more to their liking. Instructions and supplies are included in each craft kit, while supplies last. You will need to have scissors, glue and/or tape at home for most crafts.

For more virtual library programs: SDPL Virtual Hub on Facebook (group). To request books, DVDS, etc. through the San Diego Public Library onlie catalog, visit sandiego.gov/public-library/

Thanks and hope to see you all at the library to pick up your books and crafts!

#### **Library Master Plan**

#### by Helen Lebowitz, President FSDPL, University Community Chapter

The San Diego Public Library Foundation along with the Commission, Friends, and Library Department are working on a new Library Master Plan, the first in 20 years. This phase of the plan involves a community outreach survey. This survey and information about the Master Plan can be accessed at supportmylibrary.org/master-plan. The survey will be available February 17 through April 17, 2021. This is your opportunity to contribute your ideas and hopes for the future of our library.

# AgeWell Services: Bridge the Digital Divide with Free Technology Training for Older Adults

AgeWell Services, as well as other Parks and Recreation staff, have been and will be providing virtual program opportunities for older adults. Approximately 15 virtual programs are offered each week, in which 5-40 participants attend each program. We know there are many more older adults who are in need of socialization, cultural opportunities and fitness, but they may not currently have the technical skills to access virtual programs. AgeWell Services is ready to assist in bridging the digital divide. Please share this information with family, friends and patrons. This is a free service in which a number of older adults have already been trained and our now able to register themselves via ActivNET, participate in Zoom programs, navigate YouTube and connect with family via FaceTime.

- · Who: Older adults, 55 years ... and better!
- . What: 1-hour training appointments over the phone
- Why: To assist older adults in becoming more confident in using technology.
- When: Mondays Saturdays. Appointment times vary.
- Cost: FREE! It's a complimentary service!
- How: For an appointment call: 619.236.6906 or email: thescroll@sandiego.gov. A City of San Diego Parks and Recreation staff member will patiently assist you, at your own pace, to become a more proficient technology user.



This program was made possible thanks to grant support from The San Diego Foundation.



# Standley Middle School PTSA Fundraiser by Karen Calderon

Standley Middle School PTSA has partnered with Yasukochi Family Farms for our second Farm Fresh Fundraiser. Are you familiar with a CSA box? "Community Supported Agriculture" are boxes of local farm fresh fruits and vegetables. Boxes are sold for a reduced price keeping the supply chain between local farms and consumers open (also much fresher than typical grocery store produce). Boxes are \$25 or \$35 depending upon the size. Flower bunches will also be available to order. Details and to place an please visit the Standley PTSA website at: order, www.standleyptsa.org. Click on the green "Shop and Earn" button on the right. Orders must be received by Monday, April 5. Delivery is Tuesday, April 13 from 2:30-3:30pm in the Swanson Pool parking lot, located at 3585 Governor Drive.



#### **BACK TO SCHOOL MARCH**

by Tracy Julien

Parents from the UC Cluster have teamed up with the schools to hold a March Back to School for students, parents, and school staff. We will be marching in front of our local schools at 8:00am on March 15 to mark ONE year of school closures. We are marching in front of our schools to show our communities that we NEED change. Students NEED schools to open NOW. Students will March instead of logging on to Zoom on March 15 to show that Zoom learning is not working. Our students need an in-person school option. Remaining closed is no longer acceptable. Science shows that opening does NOT put our children at higher risk for COVID transmission. Science also shows that staying closed is putting our children at higher risk for learning loss, anxiety, depression, suicide, exploitation, and abuse. OPEN NOW AND SAVE OUR STUDENTS! We expect that people will march peacefully and safely (wear a mask). For more info: backtoscoolmarch@gmail.com

#### **COMMUNITY SHORTS**

#### **UCUC Blood Drive**

Saturday, March 13, is the next UCUC San Diego Blood Bank Bloodmobile Blood Drive at the Sprouts /Starbucks Marketplace on Governor Drive from 8:00am to 1:30pm. Good News: You get a free CATS – Covid Antibodies Test too. Bring your Driver's License and mask. You can sign up at: www.mysdbb.org. Future 2021 blood drives are: May 8, July 17, September 18, and November 13.

#### Costa Verde Center Construction Update

While it is still a ways off, Regency Centers is busy preparing for the redevelopment of the Costa Verde Center. The construction schedule is still being fine-tuned but right now we are planning to begin pre-development activities in the 4<sup>th</sup> quarter of 2021. This means that visitors to the center may start to see fences go up on parts of the property as we begin staging for demolition activities that will begin in January of 2022. During pre-development activities, Bristol Farms is planned to stay open all the way through the holiday season. Once demolition activity begins in January of 2022, expect construction to take about 30 months to complete.

#### MCAS Miramar Flying Leatherneck Museum to Close Permanently

UC resident Jennifer Martin-Roff brought to our attention that the MCAS Miramar Flying Leatherneck Museum will close permanently at the end of March. Make sure to visit before they close. Admission is free (suggested donation \$5). Petition to save the museum is at: www.change.org/p/save-the-flying-leatherneck-aviation-museum, and a GoFundMe has been set up at: gofundme.me/cf456187. Thanks Jennifer for bringing this to our attention.

# Mid-Coast Construction Alerts include UTC Trolley Parking Structures

From TransNet: Continuing through November 2021, construction activities will take place in the surface parking area of University Towne Centre (UTC Mall), near Macy's, as crews build a parking structure for the UTC Transit Center. Work hours will be Mondays through Fridays, from 7 a.m. to 5 p.m. each day. Please use caution when traveling near the work area. The Mid-Coast Trolley Expansion is expected to be open to the public by late 2021. Area residents will soon see trolley rail cars on the tracks, crews testing their progress, and employees training before opening to the public. More info at keepsandiegomoving.com/Mid-coast/midcoast-notices.aspx

#### Youth Sports to Start Playing Games in March

For info about registration, practices, games and updates go to local youth sports sites:

University City Little League – ucll.org UC Del Sol Girls Fastpitch Softball – ucdelsol.com

#### **Driveway Concert**

Greg Zinser, who collaborated with Tom Ventimiglia on the UC Songs More than Just a Neighborhood and Happy Days are Here Again, will host his next Concert in the Driveway on Saturday, March 13, starting at 2:00pm. His driveway is located at the corner of Hurd Ct. and Willard St. Zinser and his musical guests will perform a combination of familiar favorites and songs you may not have heard in a long time. Bring a lawn chair, or listen from your car.



### How to Escape a Home Fire

by William Beck, retired New York Fire Chief and Fire Safe Council member

Over 50% of all fatal home fires happen when people are asleep. Smoke and carbon monoxide detectors save lives! Do you have them? If not, purchase them and install them outside every sleeping area and on every level of your home.

Always sleep with bedroom doors closed as it helps hold back heat and smoke, which contain deadly gases. Have a phone by your sleeping area.

If you suspect a fire, test doors with the back of your hand before opening them. If it feels warm, use the alternate escape route. If it feels cool, open with caution, if you see smoke or flames shut it.

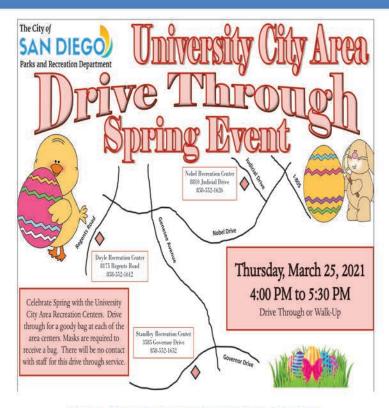
Do not stand, crawl keeping your head low to the floor and cover your mouth and nose with a wet cloth if possible.

If you are trapped on an upper floor, close all doors between you and the fire. Place towels or other items around the doors to keep the smoke out, wet items are best. Wait at a window and signal for help with a flashlight or by waving a cloth. If you must escape, use a fire-resistant fire escape ladder. Don't jump, but hang from the window sill, extend your arms thereby shortening the drop to the ground.

In case of a fire, don't try to rescue possessions or pets! Go directly to your meeting place, and call the fire department. Once you are out of your home, STAY OUT! If people are trapped, the firefighters have the training, and protective equipment needed to enter and rescue someone.

#### A Fire Safety Check List

- o Do you have working smoke and carbon dioxide detectors in your home?
- o Are smoke detectors located outside each sleeping area and on each level of the home, including the garage?
- o Unless they are hard wired, do you test your smoke alarms at least once a month? Note, if your detector is older than 10 years, you need to replace it.
- o Do you change their batteries twice a year? Note, some detectors batteries cannot be changed, so replacing the entire unit is necessary.
- o Does everyone know the sound your smoke alarm makes?
- o Does your family have a home fire escape plan, (E.D.I.T.H. Exit Drills In The Home)?
- o Do you and all family members practice your escape plan?
- o Does your plan have two ways out of each room?
- o Do you keep exits in your home clear of trash, toys, etc.?
- o Does your plan include a meeting place outside the home that everyone knows to go to in an emergency?
- o Do you keep your cell phone near your bed so you are able to call the police and/or fire department?
- o Does everyone in your family know how to call the police and/or fire department?
- o Do you and all family members know not to re-enter the home? Once Out Stay Out'!



#### GIRLS EMPOWERMENT CAMP

Registration is now open for the 2021 SD Fire-Rescue Empowerment Camp. The camp takes place Saturday and Sunday, April 17 and 18, 2021, from 7:00am to 5:00pm each day. Campers must attend both days, must show up on time, and stay for the duration of the day. Please note that the Girls Empowerment Camp is a free, two-day camp for teens of all genders who are between the ages of 14 and 18. Registration required. More information available at sdfirerescue.org/gec/



#### So You Think You Know UC Part 2

take this informal quiz for UC nerds

- 1. What is the name of our current Standley Park Swimming Pool?
  - a) John Walsh Pool
  - b) Edward Swanson Pool
  - c) Mark Spitz Pool
- 2. What is the name of the Canyon forming UC's southern boundary?
  - a) San Clemente Canyon
  - b) Miramar Landfill Canyon
  - c) Rose Canyon
- 3. Who is the Standley Park Rec. Center director?
  - a) Berenice Garcia
  - b) Melissa Martin
  - c) Roger Hughes
- 4. Who is the organizer/leader of the bi-monthly People for a Clean UC?
  - a) Vince Reardon
  - b) Andy Freeburn
  - c) Ryan Ahearn
- 5. Which of these schools is NOT located in South UC?
  - a) Curie Elementary
  - b) Standley Middle School
  - c) Doyle Elementary
- 6. Who is the principal of University City High School?
  - a) Sabrina Bazzo
  - b) Jeff Olivero
  - c) Mark Powell
- 7. What is the name of the ball field at Governor and Gullstrand?
  - a) McElroy Field/Park
  - b) Dinosaur Park
  - c) Parham Tot Park/Field
- 8. Which of these neighborhood shopping areas is NOT in South UC?
  - a) Westfield UTC
  - b) The MarketPlace
  - c) University Square
- 9. What do the letters MCAS stand for?
  - a) Marine Corps Aviation Systems
  - b) Marine Corps Air Station
  - c) Miramar Community Aviation Service
- Who was the special guest speaker at our February 10, 2021UCCA ZOOM meeting? (I made this easy)
  - a) Mayor Todd Gloria
  - b) Mayor Todd Gloria
  - c) Mayor Todd Gloria

#### \*Bonus question:

Who is the UCCA newsletter advertising coordinator?

UC Quiz prepared by UCCA President Barry Bernstein. Answers on page 2, or go to universitycitynews.org.

#### UCPG District 1 Residential Candidate Statement



# Georgia Kayser

I am Dr. Georgia Kayser. I decided to run for the board of the UCPG (the University Community Planning Group) in order to contribute to our community and its future. I am a UC community member, a parent of UC public school children, and an assistant professor in the Herbert Wertheim School of Public Health at UC San Diego.

I am running because I want to preserve so many of the wonderful aspects of UC that so many people have worked together to build. I also want to help build a stronger, safer, healthier and more sustainable community for all of us and our children.

I enjoy recreating and excercising in the parks and canyons here in UC with my husband and children. I have coached t-ball on the baseball fields and taught my kids to swim at Swanson pool. We love biking to Standley park, playing on the playground, and exploring the beautiful canyons.

My number one priority is the safety, health, and well-being of our community. I am interested in improving walkability, bikability, and safety, and in how we can preserve green space, protect the environment, and mitigate climate change. I am especially interested in seeing Governor Drive be a safer place for our children to walk to and from school, bike to the playground, and scooter to their baseball and soccer practices. I care about our air quality, our public and green spaces, our public schools, and how our planning can improve human health and wellbeing.

#### UCPG District 1 Residential Candidate Statement



### Louis Rodolico

I live in Southeast UC with my spouse Katie, we have two children. I have been a UC resident for 20 years, Katie is a UC native. I am a member of UCPG, UCCA and The Fire Safe Council.

I have worked to improve UC in many ways; if you Google: Collisions at Governor and Genesee, an article will come up showing my work to correct that intersection. The trees blocking the ambulance signal were trimmed but we should still consider the additional sensor.

Only one of South UC's three main roads is complete. We need to confront the retailers on the Genesee corridor and their paid lobbyists who work to keep all the cars/traffic/customers on Genesee. This may be good for corporate shareholders but it results in 7 additional deaths each year due to extended ambulance service times. Google: Universities Unfinished Roads and Missing Train Station

The upcoming 4 foot diameter high pressure raw sewage lines will exhaust sewer gas at Governor and Genesee, with Curie Elementary downwind. These foul gases should be piped to the sewer processing facility to produce electricity, as Pure Water originally promised. A strong community voice is important here. Google: Louis Rodolico Pure Water Ethics

We have not had an East of Genesee resident on the UCPG board for a decade. I am your neighbor and have been a community advocate for forty years.

I hope you will support my candidacy for the UCPG Board.



Home-delivered Meals Available to Homebound Residents in University City from La Jolla Meals On Wheels

Since 1974, La Jolla Meals On Wheels (LJMOW) has served homebound University City residents with nutritious homedelivered meals. Whether it is recovery after a hospitalization, difficulty with meal preparation, or a desire for a more balanced diet, LJMOW offers home-delivered affordable, good-tasting meals by the organization's dedicated volunteers.

Two low-sodium, diabetic-friendly meals (a cold lunch and a hot dinner) and daily beverage of choice are delivered to clients' homes Monday through Friday. Meal costs are waived for low-income households unable to pay.

"Frequently, the volunteer delivering meals may be the only person the client sees all day, providing human contact and a safety net, particularly for those seniors living alone," said Jane Semelsberger, program director.

With this year's COVID-19 pandemic, the demand for homedelivered meals increased over 40% in April through December 2020 from those served during the same time period in 2019.

LJMOW has modified its practices since the pandemic to protect its clients, staff and volunteers by reducing possibility of exposure to COVID-19. Volunteers and staff members are all required to wear masks.

Semelsberger added that LJMOW adheres to social distancing guidelines recommended from the County of San Diego's Health and Human Service Agency.

For more information about La Jolla Meals On Wheels, to sign-up for home-delivered meals or for volunteer opportunities, call (858) 452-0391 or visit www.lajollamealsonwheels.org.





#### A Look from the Inside

Progress continues on the new joint use pool, and UCCA's Diane Ahern was able to capture some photos from the inside. Cement and upright structure work should occur in March. Work also goes forward on the pavilion and walking path.





#### UC Cars and Coffee Meets Every Month

The UC Cars and Coffee Meet-Ups have returned to meeting the fourth Saturday of the month at the Sprouts Marketplace on Governor Drive, from 8:00-10:00am. Anyone is welcome to bring their wheels to showcase, or come by to check out the automobiles. Follow "UC Cars and Coffee" on Facebook. The photo above of the February 27 event is courtesy of Richard Pachett, a born gear head.

# University Community Planning Group Notice of Elections for the Executive Board March 9, 2021

The University Community Planning Group (UCPG) will hold its election for three residential and three business seats for three-year terms beginning April 13, 2021. (See Residential District 1 Candidate statements on page 10.)

#### Where can I get a ballot?

Ballots will be available on the UCPG's City web site beginning February 24 here:

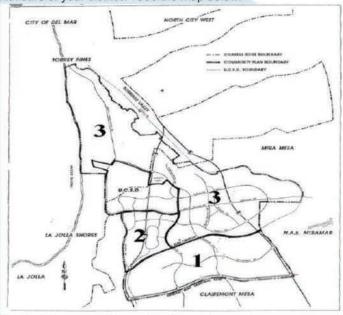
sandiego.gov/planning/community/profiles/university/agendas

Which ballot do I use? (You may choose only one) Residential Seat Ballots:

2021\_UCPG\_Ballot\_District\_1\_RESIDENT\_SEAT\_B 2021\_UCPG\_Ballot\_District\_2\_RESIDENT\_SEAT\_B 2021\_UCPG\_Ballot\_District\_3\_RESIDENT\_SEAT\_B Business Seat Ballots:

2021\_UCPG\_Ballot\_District\_1\_BUSINESS\_SEAT\_B 2021\_UCPG\_Ballot\_District\_2\_BUSINESS\_SEAT\_B 2021\_UCPG\_Ballot\_District\_3\_BUSINESS\_SEAT\_B

#### Not sure of your district? See the map below.



District 1 is south UC: south of Rose Canyon between I-5 and I-805 and north of SR-52.

District 2 is north of Rose Canyon between I-5 and Regents Road, south of La Jolla Village Drive.

District 3 is north of Rose Canyon, everything in the plan area not covered by District 2.

#### How do I fill out the ballot?

- Download the correct ballot.
- Print the first page of the ballot.
- Make your vote selection on the TOP half of the ballot.
- Write your name and address LEGIBLY on the bottom half of the ballot.
- · Cut the sheet along the indicated line on the ballot.
- Place the TOP half of the ballot into a sealed envelope that you provide.

- Place the BOTTOM half of the ballot and the sealed envelope with the top half of the ballot into a second envelope that you provide.
- Place the SECOND envelope into the BALLOT BOX, located at 10300 Campus Point Drive at the west entrance of the building. See below.

10300 Campus Point Drive



#### Where do I drop my ballot?

A ballot box will be available OUTSIDE the west entrance of the Alexandria building at 10300 Campus Point Drive. This building is where we held our in-person UCPG meetings. Not sure where this is? See the map above.

#### When can I drop off my ballot?

Four opportunities to drop off your ballot have been provided below in addition to in-person voting that will occur on the date of the March 9 UCPG Meeting (similar to previous years). The opportunity to drop off ballots is also available on that day.

March 2, 3, 4 and 8 - from 11:00am to 6:00pm, **Drop off ONLY**; voting site not staffed.

Tuesday, March 9 from 5:00pm to 8:00pm. In person voting is available. Ballots are available. Drop off is available.

#### How can I vote In Person?

For those who would like to vote "in person", UCPG Election Committee - staffed voting tables will be available on Tuesday March 9 from 5:00pm to 8:00pm at the Alexandria location above.

#### **COVID Reminders**

Voting procedures are governed by COVID guidelines from the City and State; masks and social distancing are REQUIRED for any inperson interactions. You must adhere to these guidelines to be allowed to turn in your ballot.

#### Counting the Vote

All votes, early and in-person, will be tabulated on March 9 and reported after the close of the election, shortly after 8:00pm at the UCPG meeting. The City mandates all results from planning group elections be reported prior to the end of the March 2021 meeting.

# THANK YOU TO ALL WHO JOINED UCCA FOR 2021 JANUARY – FEBRUARY MEMBERSHIPS

#### INDIVIDUAL

Irene Anuskiewicz Jason Arack Iris Clauss Lloyd & Eileen Farrar Elizabeth Y. Koehler Elaine Koenig Catherine McKechnie Enrique Melgar DeNae Schraeder Margaret Watkins

#### SUPPORTER

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Chung Law Firm, LLP
Shirleymae Davis
Edward deRoche
Dean & Joyce Dickau
Margaret Hsu
Kim Knouse
Jan & Gary McNamara
Bridget Poizner
Sharleen Sherwin
Betsy Sickels
Stephen Smith
Nils & Briia Tafvelin
Lisa Takayama & Suzanne Lane
Dorit Yates

Monica & Al Zabrocki

#### ANGEL

Vickie Beaty
John Lee Evans & Terri Cobo
Marsha Harvey
Barbara W. Henshaw
Debbie Kretchmar
Chris & Karen Landwair
Mimi Lee
Beth Mahu
Tim Schneider
Skip & Kerrie Shank
Christine & Jim Simon
Dan Squiller

#### GOLD

Peggy & Dave Cadena
Beth Crawford & Bob Crahan
Iraj Hashemzadeh
Charles & Ana Kohlenberg
Eric Langner & Anna Hurtado
Karen Martinez
Lisa & Anders Nyberg
Judy Porter
Mark Powell
Beverlee & Steve Ring
Bill & Mary Sefton
Katerina Semendeferi
Charlie & Sandy Smith
Denise Sneag
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# University City Community Association 2021 UCCA Membership Application\*

2021 Me	mbers will receive a	2021 membersh	nip card and a sp	pecial thank-you gift for joining.	
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Would you like to volunteer? We welcome your time, talent, comments and suggestions. Please let us know.

Individual and/or Business members' names will be listed in the newsletter. Please indicate if you do NOT want your name to be listed.

\_\_\_ Do NOT list my name. Please make your check payable to UCCA; mail to UCCA, 3298 Governor Drive, #22574, San Diego, CA 92122.

Payment is also accepted through PayPal on our website www.universitycitynews.org.

Your UCCA membership dues (and additional donation) make a big difference in our community. These funds help support many worthwhile organizations (i.e. public schools' fundraising, Standley Park, EdUCate!, Neighborhood Watch, ImproveUC/UCCF, Buy Local).

Plus special projects and activities such as median beautification, painted utility boxes, street banners, 4th of July Celebration, Summer Concerts, Christmas Tree and Menorah Lighting, and our monthly newsletter delivered to your home and/or business.

(\*UCCA membership dues are not tax deductible.)

\*This membership is valid for the 2021 calendar year. Thank you for joining UCCA.If you have any questions, please contact our Membership Chairperson Hallie Burch at UCCAmembership@gmail.com.

### UCCA Meeting Synopsis February 10, via Zoom



by Jim Beshears, Secretary

#### (Continued from page 2)

Alyssa Helper, a community rep for UCSD, reported a vaccination site was opening in the REMAC complex on campus with capacity of up to 5,000 a day once fully operable. Up to 100,000 vaccinations have occurred in the Petco Park site managed by UCSD Health. Development for a parcel on campus is planned. Information is available on the UCSD website real estate section. "Smart" traffic signals that react to traffic load are being installed in the areas around the campus.

Helen Liebowitz, from the City library, reported curbside pickup and drop off is available at 12 libraries in the City, including the one on Genesee in UC. Some also have limited access inside. Budget cuts of 12% were announced by the Mayor's office.

#### **COMMITTEE REPORTS**

Chris Nielsen, president of the UCPG, reported as follows: (1) A draft EIR for a project in La Jolla was underway; (2) A Pure Water Project relaunch community working group was formed; (3) A more specific plan for the UTC Sears and Crate and Barrell property was requested and the UCPG was opposed until received; (4) Lou Rodolico and Georgia Kayser are running for District 1 of the City Planning Group. Voting is March 2-4.

Ruth DeSantis reported the pine trees on Genesee will be replaced as part of the Pure Water project and replaced with smaller (24" containers) and drought tolerant trees. The current pine trees will have to be removed due to adjacent trenching. Also, the number of pumping stations is unresolved.

Katie Rodolico of CPUS, reported that next Tuesday (Feb. 16), starting at 5:30pm there would be a zoom meeting to discuss mobility issues.

Hallie Burch (through Barry Bernstein) reported there were 557 members with 446 families.

Don Hotz submitted the Treasurer's report for January 2021. On Motion by Mack Langston and second by Merle Langston, it was unanimously approved. A onetime payment of \$500 to Jemma Samala to thank her for her work on the Newsletter was approved. Diane Ahern reported that 4 banners were destroyed in the last storm. They will need to be replaced in the fall/winter at a cost of \$570. No further grants from the County covering the expenses for the banners are expected for this fiscal year. She also reported that Standley Park cannot plan summer events due to covid-19. She is also trying to get staff of the local parks to better maintain them.

Barbara Gellman of Neighborhood Watch (NW) reported: (1) NW was continuing to replace faded signs; (2) Trying to expand curb painting; (3) Crime mapping to be more accurate as to location of crimes.

Don Hotz gave the Treasurer's report and the financial statements for the months of November and December 2020 were approved by the Board.

Mack Langston reported the City had meetings to address the Short-Term Vacation Rentals issues. No City regulations have yet to be approved. There is a working group meeting scheduled for February 23.

Barry Bernstein reported that the cement work on the pool at Standley Park will soon commence. The park will also have retaining walls and a walkway around the school and park.

The next meeting will be held on March 10, 2021 via zoom at 6:00 pm.

### Community Plan Update Meeting February 17, 2021

#### by Katie Rodolico

Agenda and supporting documents for this meeting, and previous meetings can be found at:

www.sandiego.gov/planning/community/cpu/university/subcommitt ee-university-documents

or the new plan update website: www.planuniversity.org/

The meeting was held as a webinar.

#### Non Agenda Comment:

**Debby Knight** invited people to attend a Zoom lecture on biodiversity and MSCP being presented on March 4th.

**Louis Rodolico** announced he was running for a seat representing Area 1 (south UC) on UCPG. He is concerned about road safety and the Pure Water project.

#### Agenda Items:

**Katie Witherspoon** presented four draft goals regarding the mobility section of the community plan. The group made suggestions on changes. Katie Witherspoon is taking the input to redraft the goals.

The zoom attendees then broke out into three working groups to discuss ideas the traffic department had come up with for improvements to roads, bike lanes, flex lanes, etc.

After an hour of brainstorming in the breakout groups the leaders of the discussions from the city traffic department, planning department, and Kimley Hom reported back to the larger zoom group.

The next University Community Plan Update meeting will be on March 16, 2021 at 5:30pm.

#### The Latest on 5G: News From China

#### by Roger Cavanaugh

Nowhere has the rollout of 5G been more rapid than in China. To have a more balanced picture that contrasts with what is advertised to us by telecom companies, here a few recent developments in China. In Wuhan, the city that is a demonstration project for 5G, the service is turned off from 9:00pm to 9:00am because of low use and very high energy requirements. A spokesperson for the industry in China has asked for government subsidies, saying that energy costs are many times profits and firms need compensation or 5G technology will fail. More than 70% of Chinese consumers say they do not have plans to buy a 5G phone and do not see a need for the new technology. Download speeds have been monitored and in many instances are not greater than 4G. Huawei's founder agrees, saying, "It is difficult for ordinary consumers and industry users to see the long-term benefits and rewards of 5G." The Chinese Academy of Information and Communications Technology issued a statement "It is difficult for ordinary consumers and industry users to see the long-term benefits and rewards of 5G."

The former Chinese Finance Minister had advocated using fiber optic cable rather than "immature and quite expensive" 5G technology. In the meantime industry planners are focused on 6G, said to be due by 2030 And, finally, Chinese authorities, citing the addictive and distracting impact of cell phones on students, has banned them from schools.

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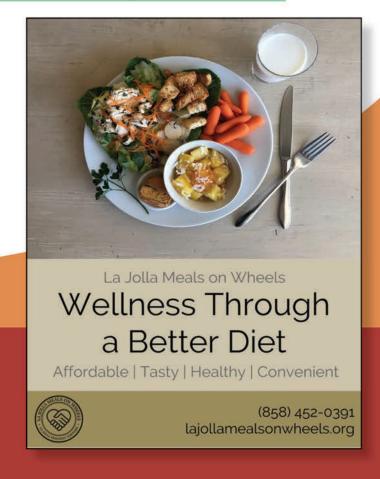
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Next issue: April 2021 Deadline: March 20, 2021





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Next issue: April 2021 Deadline: March 20, 2021

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12 oz. serving with Twice baked Potato, sautéed vegetables, au jus, creamy horse radish (ready hot by 4:30pm)

#### Cold REHEATABLE Meals

After removing the lid, Warm up in container at 225° for 30 to 60 min. or Microwave 3 min.

#### Local Fresh Halibut (\$24) or Rock Snapper Filets (\$16)

Sauteed Tomato, Caper & Basil Relish, Mixed Wild Rice, Glazed Carrots and Blue Lake Green Beans

Italian-style Meat Lasagna served with garlic bread \$21 (serves 2-3) Pan Seared Jumbo Scallops Rissoto (\$26)

#### Beef Wellington (\$35)

dressing

7oz. Filet, with Mashed Potatoes, Green Beans & Carrots

/oz. Filet, with Mashea Potatoes, Gr	oz. Filet, with Masnea Potatoes, Green Beans & Carrots				
Individual Meals	Each	Family Style (4)			
Boneless Pork Loin Chop (GF) Brined, topped with apple chutney	\$16	\$54			
Meatloaf (serves 1-2) Whipped red bliss potatoes, sautée	\$15 d vegetables	\$50			
Coq au Vin (Leg and Breast)(serves Carrots, onions, mushrooms, red wit	(serves 1-2) \$24 \$80 red wine sauce, garnished with mashed potatoes				
Salmon Dijonnaise (GF) Fresh salmon filet baked with n Mixed wild rice pilaf with glazed c					
Chicken Piccata or Marsala Boneless chicken breast sautéed w sauce. Mixed wild rice pilaf and sa					
Braised Boneless Short Ribs Bourguignonne-Style in a red win and glazed carrots. Whipped red b					
Duck Confit Slow-braised, duck leg in a light sautéed glazed carrots and green b					
Ratatouille (Vegan & GF) A light stew of eggplant, zucchini, over steamed quinoa	\$12 onion, garlic,	\$40 tomato, and bell peppers			
Kids Meal Chicken tenders from scratch! Me	\$8 ac-n-Cheese, g	N/A lazed carrots and Ranch			

Daily Drop-off 5pm Mon-Sat; Noon Sundays OMC Church Parking Lot - 3131 Governor

Place your order by 3pm 3 ways: https://shop.thefrenchgourmet.com (858) 488-1725 x3 by 3pm catering@thefrenchgourmet.com



# MAKE IT A DELICIOUS CELEBRATION THE FRENCH GOURMET

Assorted Soups - Made from scratch, such as: Cream of Broccoli, Cream of Watercress, Red Bell Leek, French Onion, Butternut Squash, Tomato Ba. Clam Chowder (\$10).								
Inquire for the day's offerings.	\$8 (s	\$8 (serves 3-4)						
House-made Quiche: Lorraine, Spinach, Mushroom Pie pan size (serves 4-6) \$24 Large (s Individual serving \$6.50	and Chili V erves 8-10)	erde \$36						
Chicken Pot Pie		\$7						
Tender chicken, peas, carrots, mushrooms, savory sauce, golden crust  Whipped Red Bliss Potatoes with butter & cream \$7/lb								
Whipped Red Bliss Potatoes with butter & cream								
Mixed Wild Rice Pilaf with garlic herb butter		\$11/lb						
Steamed Blue Lake Green Beans with garlic herb bu	tter	\$8/lb						
Glazed Carrots & Blue Lake Green Beans with garlic	ıerb butter	\$8/lb						
Mac-n-Cheese Elbow pasta with rich cheddar cheese	sauce	\$6/lb						
Savory Baked In Croissants: Turkey & Cheese, Ham & Cheese, Spinach & Cheese	;	\$5.50						
Assorted Baguette Sandwiches: Ham & Swiss: Cheese, Turkey & Cheese, Vegetarian, T Chicken Curry Salad (add avodaco \$1)	una Salad,	\$7 ea						
Fresh Fruit		\$6/pint						
Caesar Salad Romain lettuce, Parmesan cheese, garli creamy Caesar dressing (serves 1-2) Small \$6		4-6) \$18						
Mixed Green Salad mushrooms, (serves 1-2) Small \$6 tomatoes, cucumber & carrot, vinaigrette on side	Large (serves	4-6) \$18						
Tuna Salad		\$12/lb						
Chicken Curry Salad		\$12/lb						
Rainbow Primavera Pasta Salad	inbow Primavera Pasta Salad \$							
Dill Potato Salad	Pill Potato Salad \$							
Roasted Vegetable Farro Salad	\$	9.50/lb						
Baguette	\$	2.75 ea						
French Breakfast Rolls (Croissant, pain au chocolat, Almond croissant)	from \$	2.75 ea						
Individual dessert: Fruit tarts, Napoleon, cake slic	e fron	\$5.50						
Celebration Cakes - Birthdays, etc.	Call to	Inquire						
NE CH. I	610.61	- 0						

#### 960 Turquoise Street, San Diego, CA 92109

from \$10-\$15 & up

Wine of the day

Prices and Menu subject to change email catering@thefrenchgourmet.com for possible update



# **Elevating** COMMUNITY

Safe, legal cannabis. Educational resources. Giving back.

#### **EDUCATION**

Dr. Beth has a Ph.D. in Molecular Biology and Biochemistry and is a cancer survivor. She is available for private consultations with our customers who are looking to cannabis for cancer or chronic conditions.

Utilizing the latest research and publications, our blog (torreyholistics.com/blog) offers information on anything you wanted to know about cannabis.

Knowledgeable cannabis consultants are available to help you find the right product for recreational or wellness use.

#### PHILANTHROPY

Thanks to you, we collected hundreds of jars of peanut butter to benefit the FEEDING KIDS FIRST project.



In February, we collected new, unopened boxes of feminine hygiene products to be donated to the Women's Resource Center, a San Diego rape crisis/domestic abuse resource.

In the past, we've donated face masks and hand sanitizers to hospitals, hosted neighborhood clean-ups, and much more!  $20^{\%\,\mathrm{OFF}}$ 

YOUR NEXT PURCHASE OF \$100 (pre-tax) OR MORE.

Use Promo Code: UCCA20 | Offer valid March 1 - March 31, 2021 for delivery and curbside pick-up orders. Cannot be combined with other offers.

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